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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 20: July 2017

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Alison Iliff and Gemma Mann) |
| Health Matters: Child dental healthPHE has published its latest edition of [Health Matters: Child Dental Health](https://publichealthmatters.blog.gov.uk/2017/06/14/health-matters-child-dental-health/), a resource for local authorities and health professionals, which this month brings together the important facts and figures on child dental health and evidence of effective interventions to prevent tooth decay in children under five.PHE Children, Young People and Families Monthly update – June 2017Please see attached update.Health Behaviour in School-aged Children reportsOn Thursday 22nd June, PHE launched the following [three reports](https://www.gov.uk/government/publications/health-behaviour-in-school-age-children-hbsc-data-analysis) focusing on the health behaviour in school age children: * Cyberbullying: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014
* Wellbeing of adolescent girls: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014
* Intentional self-harm in adolescence: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014

The [reports](https://www.gov.uk/government/publications/health-behaviour-in-school-age-children-hbsc-data-analysis) draw on an analysis of the Health Behaviour in School-aged Children Survey to:* summarise key statistics on self-reported levels of cyberbullying and self-harm and the wellbeing of adolescent girls
* highlight a range of factors operating in young people’s family, peer, school and community environments that potentially buffer against poor mental wellbeing
* signpost to useful sources of support and further information.

Key messages:* There are factors operating in the context of children and young people’s family, school and wider community that can offer a protective buffer in promoting young people’s mental wellbeing. These include
* within the context of family life “important issues being regularly spoken about in my family”, and that “someone listens to me”
* at a school level: personal and social skills being covered well in PSHE, feelings of belonging, perceptions of safety within school and the quality of relationships with their teachers and peers
* at a community level “feeling safe in the area in which I live”, “having good places to spend your free time” and “being able to trust people around here”.
* The interaction of protective factors across these domains of young people’s lives should be considered and reflected in local prevention strategies.

Audience:The reports are intended for a range of audiences interested in promoting children and young people’s mental wellbeing, including, for example: local public health specialists, school nurses, head teachers and college principals, CCG leads, local councillors, CAMHS leads, mental health strategic clinical networks, local children and young people’s mental health commissioners, voluntary and community sector with an interest in children and young people’s mental health and wellbeing2016/17 Smoking at time of delivery data On Thursday 15th June, NHS Digital published the 2016/17 Smoking at Time of Delivery data. The points below provide a summary of key information, with the full details available [here](http://www.content.digital.nhs.uk/catalogue/PUB24222):* The percentage of women recorded as smokers at the time of delivery for the year 2016/17 was 10.5%.
* This is a slight reduction from the annual rate last year (10.6%). However, although not statistically significant, each quarter in 2016/17 has seen an increase, from 10.2% in Q1 to 10.8 in Q4.
* There were large geographical differences. Between CCGs this ranged from 2.3% in NHS West London to 28.1% in NHS Blackpool. Amongst all NHS England Regions, this varied from 16% in Lancashire to 4.8% in London. This is a similar pattern to previous years.
* The national ambition in the previous Tobacco Control Plan was “to reduce rates of smoking throughout pregnancy to 11 per cent or less by the end of 2015”. A new Tobacco Control Plan with a refreshed ambition is expected in 2017.
* The quality of this data remains a cause for concern, with 2% of maternities having an unknown smoking status (compared to 1.4% in 2013/14, although this is an improvement on the 2015/16 rate of 3.1%).
* TO NOTE: from April 2017 the number of maternities with an unknown smoking status will be excluded from the baseline calculations; if this was applied to the current data the overall rate would increase to 11% - the same as the previous national ambition. This may impact on rates published for Q1 2017/18 (in September).

Also to note in other recently published data: Smoking prevalence in England fell 1.4 percentage points between 2015 and 2016 to 15.5% (from 16.9%). This is the biggest fall in a decade. Full details available [here](http://www.content.digital.nhs.uk/catalogue/PUB24228).10 minute shake ups launching soonWe are pleased to announce that this summer we are returning with 10 Minute Shake Ups from Change4Life with Disney to help get children active. We will also soon be announcing new partnerships and will be keeping you posted on these exciting developments.This year, children in the majority of state funded primary schools will receive a 10 Minute Shake Ups suitcase worksheet to use in school, plus a passport and stickers to help them embark on a Shake Ups adventure with Disney over the summer. These have been arriving in schools since the 12th of June. The campaign will officially launch on the 17th of July. New Disney inspired 10 Minute Shake Ups and adventure timers will be released each week from the 17th of July over the summer holidays on the Change4Life website. Shake Ups will feature characters from Disney Pixar’s latest animation Cars 3, as well as Disney's Beauty and the Beast, Moana, Frozen, Zootropolis, and The Lodge. There will also be a summer activity finder available on the Change4Life website and we will be writing to you shortly about how to include events happening in your area.Further information including how to order resources, can be found on the [Campaign Resources website](https://campaignresources.phe.gov.uk/resources/campaigns/48-10-minute-shake-ups). Status of Minds publicationThe Royal Society of Public Health and the Young Health Movement have published [#StatusOfMind](https://www.rsph.org.uk/our-work/policy/social-media-and-young-people-s-mental-health-and-wellbeing.html), examining the positive and negative effects of social media on young people’s health.Child & adolescent mental health: key factsThe Royal College of Nursing has published [Child and adolescent mental health: key facts](https://www.rcn.org.uk/professional-development/publications/pub-006021). This publication follows a debate at Royal College Nursing Congress 2016 which focused on the **current state of children and young people’s mental health** across the UK.  This publication calls for a range of actions in relation to these concerns and highlights examples of good practice.Transition between inpatient mental health settings and community or care home settingsNICE has launched [two new resources](http://nhs.us14.list-manage.com/track/click?u=be883359cdd4ff1644d269783&id=e0e566ce3a&e=6775fd6597) to support the **improvement of mental health transition**: Working with young people to plan person-centred care and support for admission to and discharge from inpatient mental health settings.BDJ study shows inequalities are compounded in children who require general anaesthetic to remove bad teethPlease see below a recently published study into health inequalities and children’s oral health, co-authored by one of PHE’s Consultants in Dental Public Health, Jeyanthi John. APPG on Hunger and Food Poverty publish report on Holiday HungerHungry Holidays, a report by the All Party Parliamentary Group on Hunger and Food Poverty, presents the results of a short enquiry conducted between February and April 2017 into the scale and causes of holiday hunger in the UK. Some key findings include:* Up to an estimated three million children risk being hungry in the school holidays.
* A significant proportion of teachers and school staff notice children returning to school hungry on the first day after the holidays.
* Many parents will go hungry to ensure their children ‘eat something, anything, each day.’

The full report can be read [here](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMTc%3A%3AaHR0cDovL3d3dy5mcmFua2ZpZWxkLmNvbS91cGxvYWQvZG9jcy9IdW5ncnklMjBIb2xpZGF5cy5wZGY_dXRtX3NvdXJjZT1UaGUlMjBLaW5nJTI3cyUyMEZ1bmQlMjBuZXdzbGV0dGVycyZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9jYW1wYWlnbj04MjMyODQzX05FV1NMX0hXQkIlMjAyMDE3LTA1LTA4JmRtX2k9MjFBOCw0V0dJMyxGTFdTTlgsSUwzQk4sMSZfY2xkZWU9Ym1samIyeGhMbU52Y25KcFoyRnVRSEJvWlM1bmIzWXVkV3MlM2QmcmVjaXBpZW50aWQ9Y29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZCZlc2lkPTdlMjg2OTBkLTYzNDEtZTcxMS04MTJjLTAwNTA1NmFkMGJkNA&K=GH8v-UEy36uT8SlCVvbv_Q).Help to shape healthy weight gain interventions for pregnant womenAs part of the workforce childhood obesity work programme, the following research which has gone through Warwick university and PHE ethics processes is being undertaken, please forward to appropriate colleagues: This [online questionnaire](https://surveys.phe.org.uk/TakeSurvey.aspx?SurveyID=74403m25) is intended to be completed by practicing midwives. The aim of the research is to access midwife perspectives regarding healthy weight gain during pregnancy and to understand how midwives can be best supported to provide brief advice on Healthy weight gain to pregnant women. The participant information sheet, included on page 2 of the survey, will describe the study in more detail.If you are a practicing midwife, we would be extremely grateful if you could complete the questionnaire. It has been designed to be user friendly and should take you around 15 minutes. All responses will be treated anonymously. Please feel free to pass this on to others that you think might be interested and in scope. The closing date is **Wednesday 26th July.**  |
| Living Well  |
| Life Chances FundWe are delighted to announce that the [Life Chances Fund](http://data.us10.list-manage.com/track/click?u=c2a393fd8d7fda90d20a02cda&id=95fcc88772&e=a68e7c4514) is now open for Expressions of interest (EOIs) for Social Impact Bonds for all six themes including two new themes: Older People's services and Healthy Lives. As a reminder here are the six policy areas in which we are seeking proposals: 1. Drug and Alcohol
2. Children's Services
3. Young People
4. Early Years
5. Older People
6. Healthy Lives

Expressions of Interest must be submitted by noon 15th September 2017 via the [LCF website](http://data.us10.list-manage.com/track/click?u=c2a393fd8d7fda90d20a02cda&id=35a736435e&e=a68e7c4514) where you can find more information and guidance on the policy areas. Tackling Obesity (H&WB Team Lead: Nicola Corrigan)The Sustainable Restaurant Association launches #KidsEatVeg campaignThe Sustainable Restaurants Association is [campaigning](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMTQ%3A%3AaHR0cHM6Ly93d3cuZm9vZG1hZGVnb29kLm9yZy9zL2NhbXBhaWduI2ExUTJBMDAwMDA3NlNYQ1VBMj9fY2xkZWU9Ym1samIyeGhMbU52Y25KcFoyRnVRSEJvWlM1bmIzWXVkV3MlM2QmcmVjaXBpZW50aWQ9Y29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZCZlc2lkPTdlMjg2OTBkLTYzNDEtZTcxMS04MTJjLTAwNTA1NmFkMGJkNA&K=9L5Y4aR2wEu-J76EpbQ_dA) for restaurants to change their children’s menus to include two portions of veg on every plate in an attempt to get children to eat more vegetables. They explain that, “if every dish on the children’s menu has two portions parents can relax and let their kids veg out.” Food for Life’s Out to Lunch team has contributed to a [toolkit](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMTU%3A%3AaHR0cHM6Ly93d3cuZm9vZG1hZGVnb29kLm9yZy9zL2NhbXBhaWduI2ExUTJBMDAwMDA3NlNYQ1VBMj9fY2xkZWU9Ym1samIyeGhMbU52Y25KcFoyRnVRSEJvWlM1bmIzWXVkV3MlM2QmcmVjaXBpZW50aWQ9Y29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZCZlc2lkPTdlMjg2OTBkLTYzNDEtZTcxMS04MTJjLTAwNTA1NmFkMGJkNA&K=acsyQyXrblUT3GyOgrtVPw) for restaurants which aims to help restaurants implement this change. Find out more about why Out to Lunch is supporting the #KidsEatVeg Campaign [here](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMTY%3A%3AaHR0cHM6Ly93d3cuZm9vZG1hZGVnb29kLm9yZy9zL2Jsb2c_bWNfY2lkPTc1NmQ0NjZjYTQmbWNfZWlkPTBmNDlkYTNhMjkjYTFTMkEwMDAwMDd4RHhCVUFVJl9jbGRlZT1ibWxqYjJ4aExtTnZjbkpwWjJGdVFIQm9aUzVuYjNZdWRXcyUzZCZyZWNpcGllbnRpZD1jb250YWN0LTJlNzY4NjQ0MDZiMGU2MTE4MGNlMDA1MDU2YWQwYmQ0LWY5YWY4OGIyYjc4OTRiNmQ5NjgyMjkxNTMzMzU2OGZkJmVzaWQ9N2UyODY5MGQtNjM0MS1lNzExLTgxMmMtMDA1MDU2YWQwYmQ0&K=KSLDVNP4hM2Cs7TwOrXXfw).Reducing Smoking (H&WB Team Lead: Scott Crosby)[PHE continues to promote Smokefree NHS​](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/i00r597dbkhm8jrolgsvwu?email=true&a=1&p=474286&t=171936) PHE exhibited at the NHS Confederation annual conference in Liverpool (14-15 June) with a stand promoting our Smokefree NHS campaign.We also launched a new toolkit, which contains guidance and resources to assist NHS trusts in implementing and maintaining smokefree grounds. It can be viewed on our Campaign Resource Centre using the link below (provided you have registered for access). Since the campaign launched NHS England has published [*Next steps on the NHS five year forward view*](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/bha77dfwhl9m8jrolgsvwu?email=true&a=5&p=474286&t=171936), which includes a commitment to identify people who smoke and support them to quit, as well as creating smokefree NHS estates by 2019/20. [View the toolkit on Campaign Resource Centre](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/i00r597dbkhm8jrolgsvwu?email=true&a=2&p=474286&t=171936) Mental Health (H&WB Team Lead: Corinne Harvey)Innovative Working in Y&HHumberside Fire and Rescue Service and Hull CCG has unveiled their [‘Five Ways to Wellbeing’ fire engine](http://nhs.us14.list-manage1.com/track/click?u=be883359cdd4ff1644d269783&id=4ac156e50e&e=6775fd6597) to promote **five ways to better mental health** and wellbeing. Sexual Health (H&WB Team Lead: Sharron Ainslie)Annual Data releasePublication of the annual STI/NCSP data release can be found on the following pages: [Sexually transmitted infections (STIs): annual data tables](https://www.gov.uk/government/statistics/sexually-transmitted-infections-stis-annual-data-tables), [National chlamydia screening programme (NCSP): data tables](https://www.gov.uk/government/statistics/national-chlamydia-screening-programme-ncsp-data-tables). PHE has released its 2016 report on [Sexually Transmitted Infections (STIs) and Chlamydia Screening in England](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/617025/Health_Protection_Report_STIs_NCSP_2017.pdf).**Few key points of the publication are :** * In 2016, there were approximately 420,000 diagnoses of sexually transmitted infections (STIs) made in England, a decline of 4% compared to 2015.
* There were 5,920 diagnoses of syphilis reported in 2016, a 12% increase relative to the year prior and the largest number of diagnoses reported since 1950.
* There were 1,171 diagnoses of first episode genital warts in 15 to 17 year old girls in 2016, a 74% decrease relative to 2009.
* Over 1.4 million chlamydia tests were carried out and over 128,000 chlamydia diagnoses were made among young people aged 15 to 24 years.
* The impact of STIs remains greatest in young heterosexuals 15 to 24 years, black ethnic minorities and gay, bisexual and other men who have sex with men (MSM).

LGA Conference: Sexual and reproductive health: building strong relationships, meeting local needs, 13th July 2017, Central LondonThis is a reminder that the Local Government Association is hosting a one day conference for council officers and members on Sexual and Reproductive Health on the 13th July 2017 in Central London. There are still spaces available so please follow the link below to sign up your attendance. Registration is at 09.30am, with the conference starting at 10:15am, finishing at 4:30pm.Delegates will hear expert speakers talk about a range of issues including commissioning of services, policy developments and will have the opportunity to debate current issues and to explore best practice. The event is free for LGA members. Further information and booking information can be found [here](https://lgaevents.local.gov.uk/lga/frontend/reg/thome.csp?pageID=119326&eventID=364&traceRedir=2&eventID=364). Please note: This event is open to local authority officers and members only**.**Centenary of sexual health services The British Association for Sexual Health and HIV (BASHH) are delighted to mark the centenary of sexual health services in the United Kingdom and we wanted to let you know about our activities in this area.In 1913 a Royal Commission on Venereal Disease was set up and its recommendations were incorporated into the 1916 Public Health (Venereal Diseases) Regulations.  One year later, in 1917, the Venereal Disease Act was passed by Parliament.At the time venereal diseases were high with syphilis death rates of 22-46 per million.  Added to this was the explosion of sexual infections seen amongst troops in World War One.  Soldiers were much more likely to contract a sexual infection than to develop trench foot!These two pieces of remarkable legislation worked together to enable free, confidential diagnosis and treatment for sexually transmitted infections (STIs) by qualified people through a network of clinics across the UK and prohibited the advertising of ‘remedies’.We have worked with a number of partners to develop a series of events and materials to raise awareness amongst professionals and the public about this milestone, the fantastic achievements that have taken place over the past hundred years and to highlight the importance of sustaining this momentum in the years to come.A core focus has been the development of a partnership with The National Archives.  This has allowed us to make the legislation come to life in a series of National Archives’ [blogs](http://blog.nationalarchives.gov.uk/blog/protecting-health-venereal-disease-act-1917/) and a unique theatrical podcast inspired by the first recorded prosecution against the Venereal Disease Act.  It includes narration from Stephen McGann (Doctor Turner in Call the Midwife, Blood Brothers, Footloose) and a host of other talented actors.  It will be accessible from the [National Archives](http://www.nationalarchives.gov.uk/) and [BASHH](https://www.bashh.org/) websites.This complements our animated short video, produced in conjunction with the Terence Higgins Trust, as a whistle stop tour of the last hundred years, which will be posted on the [BASHH](https://www.bashh.org/events/bashh-centenary-2017/) website and YouTube.You may also be interested in our historical vignettes in the journal Sexually Transmitted Infections and the BASHH blog ‘[Sexual health - what happened 100 years ago was remarkable](https://www.bashh.org/news/blogging-4-bashh/sexual-health-what-happened-100-years-ago-was-remarkable/)’.Looking ahead, BASHH have a number of other events and activities that are being planned in recognition of the centenary, and we look forward to being in touch with more details on these in the coming weeks.Please do keep an eye on the BASHH website and our Twitter feed ([@bashh\_uk](https://twitter.com/#!/BASHH_UK)) for first sight of the forthcoming podcast and video. If you like these please help to spread the word and promote these on your own social media channels, and do get in touch with simon.whalley@mandfhealth.com (0207 089 6116) if you have any questions or comments.Drugs Recovery (H&WB Team Lead: Liz Butcher)The dangers of Xanax misuse[A news story](http://www.talktofrank.com/news/dangers-xanax-misuse) has now been published on FRANK which includes information on the effects and risks of misuse of Xanax and other benzodiazepines.  NHS Health Checks (H&WB Team Lead: Melanie Earlam)NHS Health Checks - four years on The NHS Health Check Q4 2016-17 and cumulative data from 2013- 2017 data is now available on the [NHS Health Check website](http://www.healthcheck.nhs.uk/commissioners_and_providers/data/admin/). Since 2013, over 5.5 million people have had an NHS Health Check, but compared to previous years the number of checks being offered and received in 2016-17 has been on the decline.  Latest QRISK3 toolQ Research have published their latest QRISK3 tool in the British Medical Journal today. More information can be found [here](http://www.bmj.com/content/357/bmj.j2099%20). |
| Ageing Well (H&WB Team Lead: Alison Iliff, Dementia: Melanie Earlam) |
|  Social Isolation AppJulie Owen from Wakefield Council has been asked to investigate the possible use of app’s to address social isolation, and has provided the information below:About AmiThis app is developed in Oxfordshire as a social value project of the ICT company OCC.The app is designed around the technologies of ‘dating’ websites, but without that expectation/burden. It is designed to contribute a cross-generational solution joining the needs of the old and vulnerable to the motivation and enthusiasm of the young, social media generation.The impact in Oxfordshire has been reported as significant because the VOs in Oxfordshire have more than doubled the number of volunteers they get since they started promoting Ami. You can find Ami at [www.withami.co.uk](http://www.withami.co.uk)   Julie would appreciate any information from anyone who might have pursued the potential of apps, or who might have some knowledge of the Ami app.  Please respond directly to Julie.  |
| Data, Documents, Letters, Reports & General Information  |
| One You Update and Stoptober InformationAttached is latest update from PHE Communication team. Be Clear On Cancer respiratory symptoms – a reminder of the roadshow calendar for Yorkshire and Humber below. Your nominated Communications leads have also had this information.* Huddersfield      Friday 14 and Saturday 15 July
* Bradford           Monday 17 and Tuesday 18 July
* Doncaster         Wednesday 19 and Thursday 20 July
* Grimsby            Friday 21 and Saturday 22 July

Box Chicken: providing healthy competition to fast food outletsPublic Health England has featured a case study on a pilot project aimed at providing a healthy and affordable fast food alternative for local schools. Box Chicken wanted to provide an alternative to existing fried chicken outlets to encourage school children and local communities to make healthier choices. Read more [here](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMjE%3A%3AaHR0cHM6Ly93d3cuZ292LnVrL2dvdmVybm1lbnQvY2FzZS1zdHVkaWVzL2JveC1jaGlja2VuLXByb3ZpZGluZy1oZWFsdGh5LWNvbXBldGl0aW9uLXRvLWZhc3QtZm9vZC1vdXRsZXRzP19jbGRlZT1ibWxqYjJ4aExtTnZjbkpwWjJGdVFIQm9aUzVuYjNZdWRXcyUzZCZyZWNpcGllbnRpZD1jb250YWN0LTJlNzY4NjQ0MDZiMGU2MTE4MGNlMDA1MDU2YWQwYmQ0LWY5YWY4OGIyYjc4OTRiNmQ5NjgyMjkxNTMzMzU2OGZkJmVzaWQ9N2UyODY5MGQtNjM0MS1lNzExLTgxMmMtMDA1MDU2YWQwYmQ0&K=OULuNYnM2RHoF5a0MiM_6w).Eating Better: The future of eating is flexitarianA new report from Eating Better has highlighted companies leading the way to a more sustainable future by serving less and better meat. Food for Life’s Out to Lunch Campaign is highlighted for its impact on Benugo’s restaurant at the Natural History Museum. In response to the 2016 survey Benugo launched a new and improved menu for adults and children including more veg, more meat free options and a greater diversity of proteins. The report can be read [here](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTU3LTFjNDdjNzliNzFlODRjODE4M2QwZWVlZGY4Zjg2NzJh%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0yZTc2ODY0NDA2YjBlNjExODBjZTAwNTA1NmFkMGJkNC1mOWFmODhiMmI3ODk0YjZkOTY4MjI5MTUzMzM1NjhmZA%3AZmFsc2U%3AMTg%3A%3AaHR0cDovL2VhdGluZy1iZXR0ZXIub3JnL3VwbG9hZHMvRG9jdW1lbnRzLzIwMTcvRWF0aW5nJTIwQmV0dGVyX1RoZSUyMGZ1dHVyZSUyMG9mJTIwZWF0aW5nJTIwaXMlMjBmbGV4aXRhcmlhbi5wZGY_X2NsZGVlPWJtbGpiMnhoTG1OdmNuSnBaMkZ1UUhCb1pTNW5iM1l1ZFdzJTNkJnJlY2lwaWVudGlkPWNvbnRhY3QtMmU3Njg2NDQwNmIwZTYxMTgwY2UwMDUwNTZhZDBiZDQtZjlhZjg4YjJiNzg5NGI2ZDk2ODIyOTE1MzMzNTY4ZmQmZXNpZD03ZTI4NjkwZC02MzQxLWU3MTEtODEyYy0wMDUwNTZhZDBiZDQ&K=Im9ecP5wwXZ00grEc9z6Cg).Everyday Interactions reportA new report ‘Everyday Interactions’ was recently published by PHE and RSPH and is available on the [RSPH website](https://www.rsph.org.uk/our-work/policy/measuring-public-health-impact.html). The report focusses on the public health impact of four of the key healthcare professions within the wider workforce: nurses and midwives, dentists, allied health professionals and pharmacists and aims to support these healthcare professionals as they record and measure their public health impact. |
| Upcoming Meetings and Seminars |
| Alcohol & DrugsCommunity of ImproversTuesday 4th July 201710.00 – 13.00Blenheim House, LeedsFor more information, please contact Tom Mapplethorpe. Healthy Weight and Physical Activity Community of ImproversWednesday 19th July 201710.00 – 12.30Blenheim House, LeedsFor more information, please contact Primal Kaur. PHE annual conference 2017: bookings openThe [PHE annual conference](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=260264&eventID=659&traceRedir=2&eventID=659) takes place at Warwick University on 12 and 13 September 2017. The PHE annual conference brings together over 1400 participants from a wide range of organisations, to learn, and share knowledge and experience to help improve public health. This year’s conference focuses on 3 key themes: promoting world-class science and evidence, making the economic case for prevention, working towards a healthier, fairer society. The full conference programme is now available on the [website](https://www.phe-events.org.uk/hpa/frontend/reg/tDailyAgendaAlt.csp?pageID=261118&ef_sel_menu=2535&eventID=659&eventID=659). North of England Health Inequalities Conference 2017Thursday 12th and Friday 13th October 2017Darlington This year’s conference theme is *Inclusive Work: Inclusive Growth*, comprising presentations, workshops and discussions exploring the public health potential of inclusive work from central government to local authorities, and to communities, through community-centred approaches, to tackle the causes of inequality.Keynote speakers include Rt Hon Alan Milburn, chair of the Social Mobility Commission, Anne Longfield OBE, Children’s Commissioner for England and Professor Dame Margaret Whitehead, WH Duncan Chair of Public Health, University of Liverpool. Registration and coffee for a pre-conference masterclass will be from 12:30 to 12:55 on Thursday 12th October, and the masterclass will run from 13:00 to 17:00. On Friday 13th October, registration will be from 09:15 to 09:40 and the conference will run from 09:45 to 16:00. The conference will take place at Mercure Darlington Kings Hotel, 9-12 Priestgate, Darlington, County Durham DL1 1NW. To see full details about the programme and to book your place, please visit the [conference website](https://www.phe-events.org.uk/hpa/frontend/reg/homepage.csp?pd=54817&msID=7018&eventID=704).  |
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