

# Minding the Gap

Improving Health & Reducing Inequalities



## Yorkshire and the Humber Health and Wellbeing Monthly Update

Issue 98 – February 2024

Welcome to the Yorkshire and the Humber Health and Wellbeing Monthly Update. This update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update forms part of the Minding the Gap newsletter.

This update is structured around four overarching themes:

- ❖ **populations**
- ❖ **determinants of health and risk factors**
- ❖ **priority conditions and equitable services and**
- ❖ **workforce development.**

If you have received this and are not already on the Minding the Gap distribution List, **please sign up to our newsletter [here](#).**

*Disclaimer: Please note, the Minding the Gap programme is led and funded by the Yorkshire and the Humber Association of Directors of Public Health (YH ADPH). This programme is co-ordinated by the Yorkshire and the Humber Health and Wellbeing Team in the Office for Health Improvement and Disparities (OHID) and does not reflect the position or views of OHID or the Department of Health and Social Care.*

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# POPULATIONS

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**Improving outcomes and reducing inequalities for children & young people**

**Regional Lead: Gemma Mann**

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## **Academy of Medical Sciences report on child health**

The Academy of Medical Sciences has released a stark [report](#) highlighting wide-ranging evidence of declining health among children under five in the UK and calls on policymakers to take urgent action to address the situation.

It warns Government that major health issues like infant mortality, obesity and tooth decay are not only damaging the nation's youngest citizens and their future, but also its economic prosperity, with the cost of inaction estimated to be at least £16 billion a year.

The authors make five recommendations for governments and policymakers to urgently start addressing the issues raised. These include:

1. Implementing effective early years interventions to improve child health and wellbeing and promote research to identify further approaches.
2. Establishing a unifying vision across Government for the early years to coordinate policies and resources.
3. Addressing the decline in child and family health workforce and fragmentation across sectors to deliver effective services.
4. Improving collection and access to data on the wider determinants of child health to enable research and policy implementation.
5. Ensuring diverse voices of children, parents and carers are represented in developing early years policies and interventions.

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**Promoting healthy ageing across the lifecourse**  
**Regional Lead: Ali Iliff**

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### **Dementia Surveillance Factsheets**

These show disparities in the diagnosis of people with dementia and the care they receive in the period of April 2023 to November 2023:

- The NEY region appears to have the second highest dementia diagnosis rate at 68% after North West (but none of the NHS regions are statistically above the national ambition of 66.7%). But rates vary widely by ICBs and sublocations. E.g. HNY ICB is significantly below the national ambition at 59% and South Yorkshire at 75% is significantly above the national aspiration as well as the England average (no statistically significant differences for NENC and WY ICBs compared to England).
- The region's estimate equates to over 35,000 people with dementia in NEY not formally diagnosed and registered.
- The diagnosed dementia prevalence in ages 65 and over in NEY is at 4.2%, similar to the England average, but again varies by ICBs and sublocations. HNY ICB is significantly lower than the England average, whereas in South Yorkshire and West Yorkshire ICBs the prevalence stands significantly above the national average (NENC again the same as England).
- Since 1 April 2023, 12.7% of dementia assessments in England were referred to specialist memory assessment services. The North East and Yorkshire region had significantly higher percentages, reaching 15.4%, which is the second-highest after East of England. Within NEY, South Yorkshire was statistically similar to the England rate, but three other ICBs were significantly above the national average. However, within ICBs, there is a wide variation in sublocation rates; for instance, within NENC, rates range from 3.4% to 33.5%.
- In November 2023, 6.4% of people with a diagnosis of dementia in England also received a prescription for antipsychotic medication in the preceding 6 week period to treat people with dementia who may develop behavioural and psychological symptoms (BPSD) including agitation, aggression, distress, and psychosis. North East and Yorkshire rate overall at 6.6% is not statistically different from the national prescribing levels, but for example in West Yorkshire ICB sub locations the proportion ranged from 4.9% to 14.3%.

- [Dementia surveillance factsheet for England](#)
- [Dementia surveillance factsheet HNY](#)
- [Dementia surveillance factsheet NENC](#)
- [Dementia surveillance factsheet South Yorkshire](#)
- [Dementia surveillance factsheet West Yorkshire](#)

### **NIHR Healthy Ageing Policy Research Unit webinar series**

The [NIHR Policy Research Unit in Older People and Frailty / Healthy Ageing](#) is launching a new webinar series to showcase a broad range of research delivered by the Unit informing health and social care policy and practice. Sessions will be of interest to those working across policy in national government, regional combined and local authorities, health and social care practitioners, public health, voluntary, community, faith and social enterprise sectors, professional bodies, think tanks, large charities and anyone interested in the health and wellbeing of those in mid to later life. See below the first three webinar themes, dates and times – please book for each webinar separately to secure a place. If you have any questions or concerns about accessibility, please contact [linda.welch@manchester.ac.uk](mailto:linda.welch@manchester.ac.uk)

- *Frailty, receipt of care and hospital admissions due to falls and fractures* (Wednesday 13<sup>th</sup> March, 12-1pm). For more information and to register click [here](#).
- *Preferences for new models of social care for people with high care needs* (Wednesday 17<sup>th</sup> April, 12-1pm). For more information and to register click [here](#).
- *Digitalisation of health and social care services for older adults: learning from COVID-19* (Wednesday 15<sup>th</sup> May, 12-1pm) For more information and to register click [here](#).

Follow on webinars will be shared via the [PRU website](#).

### **Fracture Liaison Service Database (FLSDB) annual report**

The latest [FLSDB annual report](#) has been published. It collects, measures and reports on the care provided by fracture liaison services (FLSs). Since it began in January 2016, nearly 500,000 patient records have been entered by FLSs across the NHS in England, Wales and Northern Ireland. This annual report presents the results of secondary fracture prevention care received by over 65,000 patients aged 50 and older following a fragility fracture between January and December 2022 from 69 FLSs.

Nationally, between 2021 and 2022, despite the significant pressures on the NHS, there was a major improvement in identification of patients and falls assessment. There was little improvement in time to DXA or monitoring. The reporting also found there has been no improvement in assessment or monitoring, and inequity is demonstrable with poor FLS governance.

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**Improving outcomes and reducing inequalities for inclusion health groups**  
**Regional Lead: Cathie Railton**

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### **Resources and guidance**

**Friends, Families & Travellers release educational resources aimed at teachers to help increase understanding of Gypsy, Roma and Traveller traditions and cultures in the classroom**

Please find more information [here](#).

**Tackling TB in inclusion health groups: a toolkit for a multi-agency approach - GOV.UK**

UKHSA have refreshed the previous guidance (published in 2017 and revised 2019) and has now developed [this updated toolkit](#).

**DHSC and DLUHC guidance: Discharging people at risk of experiencing homelessness**

This new guidance for staff in care transfer hubs and others involved in planning discharge of patients at risk of or experiencing homelessness. Included is guidance on those with No Recourse to Public Funds (NRPF), expressly stating that services should be commissioned to help patients access immigration and welfare rights.

You can read the guidance in full [here](#).

### **Learning and events**

**Training on understanding harmful practices - honour based abuse / forced marriage, FGM, breast ironing and gender selection, Tuesday 26<sup>th</sup> March 2024 (Teams)**

This training is for anyone working within LAs, police, health and social care, fire service and partner organisations. The cost to attend this training is £75 plus VAT.

More info can be found [here](#).

**UKHSA Y&H Health Protection and Migrant Health Event - Materials**

The presentations from the event in Leeds in January 2024 are now available [here](#).

### **Research**

**Experiences of displaced young people living in England: January to March 2023**

Qualitative research exploring the experiences of displaced young people (aged 14 to 19 years) living in England due to reasons including conflict, discrimination, and poverty has recently been [published on the ONS website](#).

You can watch a video: '[Experiences of displaced young people living in England](#)', which covers the main findings. Subtitles for the video are available in English, Arabic, Pashto, Spanish and Ukrainian.

### **Sustain survey findings: Food insecurity among families with NRPF**

From September to October 2023 Sustain ran a survey to local frontline health professionals and community support workers to understand the experiences of families on low incomes with No Recourse to Public Funds (NRPF) in accessing nutritious food in pregnancy, and for their babies and young children. It also explored NRPF families' experiences accessing Healthy Start Scheme payments where they are eligible. Further details available [here](#).

### **Various**

#### **Primary care template to assist with asking and documenting human rights abuses**

There is now a template available through Ardens for SystmOne users which links to a letter that can be printed out. If the SystmOne user has access to Ardens then they just need to search for it in the auto consultations. For non-Arden users, to access the template see [this article](#). To access it, search in the bottom left of SystmOne or add to your F12 favourites.

For further information contact Jo Miller [Jo@tortureid.org](mailto:Jo@tortureid.org).

#### **NRPF Connect Data**

[NRPF Connect data](#) for the financial year 2022-23 from the No Recourse to Public Funds (NRPF) Network shows that the costs to social care services of providing vital support to households with [no recourse to public funds](#) increased by 22% to £77.6 million at the year-end. The data is broken down to LA level and the [report](#) provides recommendations for both local councils and central government.

#### **Home Office drops plan to remove housing protections from asylum seekers – Guardian article**

Please read [here](#).

#### **Health Needs Assessment – Leeds Observatory**

Leeds have carried out a HNA about the needs of the Roma community. The HNA is now available [here](#).

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# DETERMINANTS OF HEALTH & RISK FACTORS

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**Creating and developing healthy and sustainable places and communities**  
Regional Lead: Karen Horrocks

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## **Brownfield sites planning Government consultation**

[A consultation on these proposals](#) has launched and will run until Tuesday 26 March.

## **Consultation on changes to various permitted development rights**

Today (13 February), DLUHC has launched a [consultation seeking views on changes to several existing permitted development rights](#)

## **School Streets North Conference 15<sup>th</sup> March in Bradford**

This one-day event aims to showcase best practice and offer practical guidance. This conference will bring together professionals from a range of disciplines. The conference is being held on 15<sup>th</sup> March in Bradford but there are only 2 free places for each Local Authority.

It's being organised by It's been arranged by West Yorkshire Mayoral Office/Sustrans via LandorLinks. [Click here to register](#)

## **Housebuilding, planning and development**

This [report from the TCPA](#) proposes changes to the planning and development system in order to strategically create health, sustainable housing to meet the population's needs.

## **Disability Action Plan**

The [Disability Action Plan](#) sets out the immediate actions the government will take in 2024 to improve disabled people's everyday lives and lays the foundations for longer-term change. It includes some actions relevant to Healthy places portfolios, including improving the accessibility and inclusivity of playgrounds.

## **Prevention in Health and Social Care: Healthy Places**

The Health and Social Care Committee are carrying out a major inquiry on Prevention in health and social care. They announced ten workstreams that will form the basis of that inquiry, of which "[healthy places](#)" is one.

## **Climate Heath**

Online Events

## **28 years of COP: What does it mean for action on climate change and the role of public health? (Friday 15<sup>th</sup> March, 10am)**

The Faculty of Public Health is presenting the third in our series of Distinguished Lectures focussing on the future of public health. This lecture focuses on the COP process and what it means for future action on climate and health.

Speakers:

- **Dr Maria Neira**, Director of the Department of Environment, Climate Change and Health at the World Health Organization (WHO)
- **Kevin Fenton**, FPH President
- **Mala Rao**, Senior Clinical Fellow at the Department of Primary Care and Public Health, Imperial College London and Medical Adviser to NHS England on Workforce Race Equality
- **Paul Johnstone**, Chair of the FPH Climate & Health Committee
- **Deborah Harkins**, Director of Public Health, Calderdale Council
- **Maria van Hove**, Public Health Speciality Registrar

Register [here](#)

### **Fair Energy Futures Launch Event (Wednesday 27<sup>th</sup> March 10:30am)**

The Fair Energy Futures group at the University of Leeds focuses on supporting an equitable and sustainable energy transition through robust evidence and expertise from various university disciplines. Their research encompasses diverse themes like bioenergy, energy efficiency, hydrogen, just energy transitions, low-carbon future policies, and smart energy systems.

The initiative is part of a broader research community dedicated to exploring sustainable energy solutions and addressing fuel poverty and global energy inequalities. We hope this initiative will help us to discover and speed up the implementation of urgently needed solutions that provide clean, secure, and affordable energy systems as we transition to Net Zero. For more detailed information, you can visit our website [here](#).

The event will open with a high-level panel discussion at 11am featuring representatives from government, industry, and civil society. In the afternoon, there will be two discussion sessions tackling first, what we can learn from the past and second, how can we make change in the future. These will bring all attendees together across disciplines, specialisms, and experiences.

Please register [here](#).

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## **Achieving our Smokefree 2030 ambition**

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### **Engagement with the tobacco industry: guidance for local government**

This [guidance](#) from the LGA sets out how local councils can manage interaction with the tobacco industry, in line with the requirements of article 5.3 of the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) and in accordance with the WHO Guidelines for implementation of article 5.3.

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## **Preventing Gambling-Related Harm Regional Lead: Simone Arratoonian**

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No updates this month.

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**Taking a whole systems approach to healthy weight**  
**Regional Lead: Nicola Corrigan**

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### **Citizen Scientists present FSM findings to MPs**

In a groundbreaking event on November 29th, 2023, citizen scientists participating in The Food Foundation and FixOurFood programme took centre stage in the UK Parliament. Their mission: to present comprehensive findings and insights regarding the Free School Meal allowance, aiming to drive critical changes in national policy.

The collaborative initiative empowered young people to test the limits of the Free School Meal system. Their research shed light on the lived experiences and challenges faced by families dependent on this support. [Read more about this work here](#)

### **Food Active Newsletter**

Articles in January 2024 edition include

- new evidence to support restricting energy drinks sales to children
- Food access support for low-income households
- Barriers to accessing weight management services

Sign up to join their mailing list and hear more about the campaigns and resources available [here](#)

### **Fix Our Food**

Updates and information from the Fix Our Food Team at York University. Find out more and sign up to their mailing list [here](#)

### **House of Lords Food, Diet & Obesity Committee**

Watch the Obesity Health Alliance, Food Foundation and Sustain give oral evidence to the HoL committee on 8<sup>th</sup> February [here](#) and Henry Dumbleby and Dr Chris van Tullenken give oral evidence on 22<sup>nd</sup> February [here](#)

### **Talk about food-related ill health: another way to shift the conversation**

Join Frameworks UK for insights and tips to help shift the conversation on children's health and food in ways that boost support for vital change. [Register for this webinar on 27<sup>th</sup> February here](#)

### **YORA Spring Webinar**

The next Yorkshire Obesity Research Alliance (YORA) webinar will focus on Children and Young People's Research and Practice. This is a fantastic opportunity for professionals, researchers, educators, and anyone interested in the wellbeing of our younger generation. The event offers thought-provoking presentations and the opportunity for insightful discussions. Please register for your free place [here](#).

### **Turning the tide on childhood obesity**

In this webinar from UCL Faculty of Population Health Sciences Dr Oliver Mytton, Clinical Associate Professor and Honorary Public Health Consultant at the UCL Great Ormond Street Institute for Child Health discusses childhood obesity.

[Watch the recording here](#)

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**Reducing inequalities through action on drugs and alcohol**  
**Regional Lead: Andy Maddison**

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### **Ramadan and Recovery 2024**

Forward Leeds Lead Practitioner Nazia Latif has some tips and advice for people who have experienced or are experiencing issues with alcohol or other drugs as we approach Ramadan (Monday, March 11 until Wednesday, April 10).

- Nazia Latif advice video: <https://youtu.be/VsbTMJWArX0?si=qZGqI3-I2wtGum82>
- Forward Leeds Ramadan information page: [Advice for Ramadan - Forward Leeds](#)

### **Unlinked Anonymous Monitoring (UAM) survey of people who inject drugs (PWID) in England, Wales, and Northern Ireland**

The UAM survey of people who have ever injected drugs (PWID) aims to monitor the prevalence of HIV, HBV and HCV infections, as well as associated risk and protective behaviours among PWID. It is an annual, cross-sectional, bio-behavioural survey that recruits PWID through specialist agencies within England, Wales and Northern Ireland. Respondents are asked to answer a questionnaire and provide a dried blood spot. Results refer to 2022.

Main messages of data include:

- The median age of UAM participants continues to increase, indicating an ageing group of people who inject drugs (PWID).
- HIV prevalence among UAM survey participants has remained low and stable over the past decade.
- The proportion of UAM survey participants with HCV antibodies (a marker of ever HCV infection) has increased significantly over the past decade and is higher in the older cohort. This suggests continued exposure to HCV and a treatment effect, with increased uptake of HCV treatment resulting in those recruited to the UAM who are ever-infected living longer. However, there is evidence for a reduction in chronic prevalence alongside with the scale-up of direct acting antivirals since 2015.
- The proportion of participants testing positive for HCV antibodies who were aware of their infection, had seen a specialist nurse or doctor (hepatologist) for their HCV and reported having been offered and accepted treatment has increased.
- Hepatitis B remains uncommon in PWID but vaccine uptake needs to be improved, particularly among people in younger age groups and people who have recently initiated to injecting where the uptake of vaccination is particularly low.
- Cases of bacterial infections among PWID dropped in 2022. However, there remains an unmet need for easy-to-access wound management services to improve skin and soft tissue infection diagnosis and treatment before they become severe.

- The recent increase in the sharing and re-use of injecting equipment observed among PWID participating in the survey is of concern.
- Changes in psychoactive drug preferences could lead to riskier injecting practices, particularly the continued high levels of injection of crack cocaine in England and Wales and increase in injection of powdered cocaine in Northern Ireland.

Rates of both fatal and non-fatal overdose are at an all-time high in the UK. This is in the context of improved availability of naloxone and increased self-reported carriage of take-home naloxone among PWID.

The report package is available [here](#).

### **Substance misuse treatment for young people: 2022 to 2023**

Alcohol and drug treatment data for young people under 18, from the National Drug Treatment Monitoring System (NDTMS) were published on 25/01/2024

There were 12,418 young people (under the age of 18) in contact with alcohol and drug services between April 2022 and March 2023. This is a 10% increase from the previous year (11,326) but a 13% reduction in the number in treatment since 2019 to 2020 (14,291).

All data and information can be found [here](#).

### **Substance misuse treatment in secure settings: 2022 to 2023**

Statistics for alcohol and drug misuse treatment in prisons and other secure settings from the National Drug Treatment Monitoring System (NDTMS) were published on 25/01/2024

All findings can be viewed [here](#).

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**Promoting physical activity**  
**Regional Lead: Nicola Corrigan**

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### **Yorkshire Sport Foundation Weekly**

[Sign up here](#) to receive weekly updates from Yorkshire Sport Foundation, the Active Partnership covering West and South Yorkshire

### **New Ramadan PE Guidelines**

[Ground-breaking Ramadan guidance](#) developed by Dr Irfan Khawaja at Birmingham City University will create a more inclusive environment in schools for Muslim students and staff engaging in physical education.

The guidance, thought to be the first of its kind in the United Kingdom, gives schools practical advice for supporting fasting Muslim students and staff so they can continue to take part in PE sessions during the Holy month of Ramadan.

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## Tackling racism, discrimination and their outcomes

Regional Lead: Abi Brown

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### **Pursuing Racial Justice in Mental Health: Centre for Mental Health Report**

Previous research has shown that racism can cause psychological trauma, anxiety and depression, as well as stopping people from getting help when they need it.

This report highlights the barriers people from racialised communities encounter and how the role of the voluntary sector can support communities most in need that may be less likely to access support. Insights are shared from people in Bradford District and Craven as part of this report.

Please find the report [here](#).

### **Consensus Statement on breast screening inequalities: Race Equality Foundation**

The current NHS breast screening programme does not give everyone who is eligible an equal opportunity to get screened. There are barriers that prevent certain groups from participating, especially those who are from deprived areas, minority ethnic communities, disabled people, people experiencing homelessness, or people who are part of the LGBT+ community.

To explore further, Breast Cancer Now held a roundtable with organisations, including the Race Equality Foundation, working to address health inequalities.

This statement is the result of that roundtable discussion and represents the collective view that breast cancer screening needs to become a more inclusive and accessible service for all.

You can read the statement [here](#).

### **Experiences of therapy of Black, gay, bisexual and other men who have sex with men: Advert and call for participants for research study**

Psychotherapist Ben Amponsah (Glasgow Caledonian University) is looking for participants to take part in a research study understanding the experiences of therapy for Black, gay, bisexual and other men who have sex with men (GBMSM).

This will be a 1-1 interview, in a format preferred by the participants.

For more information please read the advert [here](#), or email Ben directly: [bampon200@caledonian.ac.uk](mailto:bampon200@caledonian.ac.uk).

### **Reform of Mental Health Act needed to address racial injustice: Race Equality Foundation article**

Following NHS Digital's release on latest figures on Mental Health Act detentions, the Race Equality Foundation have written an article commenting on the statistics.

The figures show that Black people are nearly four times more likely to be detained under the Act.

Please read more [here](#).

### **Risk of death 12% higher for non-White infants in England**

A University of Bristol-led study shows inequalities for non-White babies in England.

The analysis shows that these infants are at a greater risk than their White counterparts in outcomes.

Please read more [here](#).

### **Black Children with Special educational needs and disabilities (SEND) face systemic barriers in schools**

A report by Black Child SEND reveals that Black children with SEND face barriers receiving support in schools.

Factors contributing to this include links between poverty and educational outcomes.

Find out more and read the report [here](#).

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## **Creating fair employment and good work for all**

**Regional Lead: Nicola Corrigan**

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### **Employment Advisers in MSK Services**

The Spring Budget (2023) announced funding over four years to introduce Employment Advisers (EAs) into Musculoskeletal (MSK) services. The project aims to improve health and work outcomes, reduce health disparities, and optimise clinical time. The Joint Work and Health Directorate are developing a prospectus and guidance for the Proof of Concept (PoC) phase 1 part of roll out, due to launch in 2024. Potential applicants are invited to complete a light touch [Expression of Interest Form](#) to indicate interest in applying for the PoC phase.

### **WHISPAs Network**

WHISPAs provide information, advice, activities, and/or accreditation about workplace health and wellbeing, such as guidance on policies about flexible working and caring responsibilities, mental health support, and fitness classes. They are free at the point of use for workplaces, usually because they are funded by local government or voluntary and community organisations. Free at the point of use means that participating workplaces do not need to pay anything to take part. Please read more [here](#).

### **Faculty of Public Health/ Society of Occupational Medicine webinar 08/03/24: Work and health**

Please find recording and pdf slides hyperlinked in the text below.

Recording [here](#). Slides [here](#). Please join as a SOM member online [here](#).

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**Ensuring a healthy standard of living for all**  
**Regional Lead: Toni Williams & Karen Horrocks**

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**Statement of Levelling Up Missions published**

25th January 2024, DLUHC published [the Statement of Missions, as required by the Levelling Up and Regeneration Act, setting out the government's Levelling Up missions](#) and the metrics against which they will be measured.

In the statement, DLUHC details the definitions and metrics they will use to assess the two exploratory missions, Well-being, and Pride in Place.

Since these missions were set out as exploratory in the [Levelling Up White Paper](#) published on 2 February 2022, DLUHC has also provided an accompanying narrative – setting out the development of the definitions and metrics and the rationale behind some of the decisions taken during the exploratory phase.

**Inclusive Wellbeing Economies CPD The Health Foundation's building a healthy society: webinar (18<sup>th</sup> March, 12pm)**

The health of the UK's working-age population is facing significant challenges, with around 2.8 million people now out of the labour market due to health issues. In this upcoming CPD webinar Christopher Rocks (Lead Economist) and Jo Bibby (Director of Health) from the Health Foundation will present their latest research on the working-age health trends, focusing on the links between health, work, and the economy. They will also share emerging insights from the Health Foundation's new Commission for Healthier Working Lives and local partnerships aimed at promoting health and reducing inequalities. Join us to explore the evidence and discuss how it can inform the development of more inclusive wellbeing economies in Yorkshire and the Humber.

The Health Foundations work in this area. You can read more [here](#).

Please register for the event [here](#).

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# PRIORITY CONDITIONS AND EQUITABLE SERVICES

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**Promoting public mental health and wellbeing**

**Regional Lead: Ali Iliff**

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## **The Burnout Report 2024**

This [report](#) from Mental Health UK is a new benchmark annual study exploring the experience and prevalence of high or extreme pressure and stress in our daily lives, and the factors that contribute towards or alleviate the risk of burnout.

## **Innovation Exchange: mental health prevention**

Health Innovation Yorkshire & Humber will be hosting a virtual Innovation Exchange Event focused on Mental Health Prevention on **Thursday 7th March** from **9.30am - - 1.30am**.

This will focus on bringing innovators together with regional colleagues to talk about some of their fantastic solutions for unmet needs within mental health services and we will also be hosting some excellent guest speakers from the system. Register for the event [here](#).

## **West Yorkshire Health and Care Partnership (WYHCP) new podcast series: 'Surviving Crisis: Learning from Lived Experience'**

WYHCP has launched a new podcast series which has been produced with the aim of supporting staff working with people in mental health crisis across West Yorkshire.

The five-episode series, called 'Surviving Crisis: Learning from Lived Experience' has been created by volunteers on West Yorkshire Health and Care Partnership's [Suicide Prevention Coproduction Project](#), who all have experience of suicidal crisis.

The series uses insights from frontline health and care staff who were asked in advance to share their thoughts on what they would like discussed.

You can listen to the podcasts [online on the suicide prevention website](#). Episode one discusses questions staff might want to ask a person with experience of suicidal ideation that they feel they can't ask in every day work.

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**Improving sexual and reproductive health**

**Regional Lead: Georgina Wilkinson**

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## **Fingertips Sexual & Reproductive Health Profile – update**

A number of the indicators in the [Reproductive Health domain](#) have been updated with the most recent data on contraception. In addition, the Summary Profile of Local Authority Sexual Health (SPLASH) report for County and UA areas have been updated to include the most recent data available for each indicator. The reports are available

in the [‘Reports’ section](#). Previous years’ reports also remain available. Select your area from the drop-down tab under Geography.

### **HIV Prevention England – HIV Stigma Symposium: 15th March**

This free national event will bring together experts, activists, healthcare professionals, and affected individuals to discuss the impact of HIV stigma and explore effective stigma reduction strategies. The topics that will be discussed include:

- Stigma within different communities
- Structural or institutional stigma
- Stigma in healthcare
- Ensuring policy is put into practice

Further details and link to register is [here](#).

### **New briefing paper on HIV PrEP and Women**

The [briefing paper](#) reviews relevant guidance and research relating to types of PrEP available to women, if/how PrEP affects contraception, menstrual cycle, pregnancy, and menopause, access to PrEP, and the barriers to PrEP use for women.

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**Improving health and reducing inequalities through health and care services**

**Regional Lead: Toni Williams**

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No updates this month.



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# WORKFORCE DEVELOPMENT TO TACKLE HEALTH INEQUALITIES

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Regional Lead: Chris Sharp

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## Events

Registration is now open for both the below events, please register for each day separately if you would like to attend both.

Please be advised, places on both days are limited.

### **Day 1: Global Public Health: issues, insights and priorities**

**(Monday 4th March, indicative timings 9:30am – 4pm, University House, Leeds)**

The aim of the day is to introduce public health professionals from across the region to global health through: exploration of the global health landscape, key players, and relationships of power and influence; deep dives into global health priorities; insights from professionals working in the field; and networking opportunities. We hope to encourage participants to reflect on actions they could take in their current roles to advance global health agendas and to increase their awareness of opportunities to work in the global health space.

Please register [here](#).

### **Day 2: Climate Change & Public Health**

**(Tuesday 5<sup>th</sup> March, indicative timings 9:30am – 4pm, University House, Leeds)**

Human health goes hand in hand with the planet's health. The activities that drive climate change are the same things that drive poor health outcomes. The role of fossil fuels in driving climate change is undebatable; we cannot stop or reduce the scale of climate change without addressing the powerful fossil fuel industry. Grant Ennis, the author of *Dark PR How Corporate Disinformation Harms our Health and the Environment*, joins us, alongside Greg Fell, ADPH President, to explore the playbook of tactics and powerful framing, used by the industry, which have distracted and delayed effective policies to slow climate change. We will take time to reflect and consider our roles, be it as public health professionals, public sector leaders, or as elected members, to respond, thinking about our own framing and strategies to take action locally. This will include actions to reduce emissions and achieve net zero, as well as adapting to the effects of climate change which are now inevitable.

Please register [here](#).

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## ANY OTHER RELEVANT PUBLICATIONS

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### **What's love got to do with it? Exploring social love and public health – RSPH research article**

This research article discusses the definition of social love and it's potential to add value to public health systems and the populations they serve. Read more [here](#).

### **Moving Mindsets**

Mindsets are deep, enduring patterns of thinking that underlie surface attitudes and opinions. When mindsets move, they open up new possibilities for changes in behaviour, policy, and institutions.

The [Frameworks Institute](#) reflects on how we can counter the mindset of individualism.