

# North Yorkshire Healthy Schools & Early Years Award Programme

## Why did we develop the award ?

- ❖ Schools asked for support around issues such as healthy eating and mental health
- ❖ To provide a **framework** based on evidence-based best practice **around 4 key themes**:  
Active Lives, Food in Schools, Emotional Health & Wellbeing and Personal, Social, Health Education (PSHE) which includes RSHE
- ❖ To **recognise achievement**: by celebrating schools gaining Bronze, Silver and Gold level awards
- ❖ To also provide a framework around **staff wellbeing and pupil voice**
- ❖ To support 15 **target schools** identified using Public Health data including NCMP and those in Lower Super Output Areas



## How did we do it?

- ✓ Funded by NYCC Public Health, the scheme launched in October 2019, and is **free of charge to all NY schools**, including secondaries, special schools and academies
- ✓ Have just launched (November '21) a new bespoke **Healthy Early Years award** to widen our reach
- ✓ Online-based around our **website** [Home - Healthy Schools North Yorkshire](#) where schools and early years providers can log in and download action plans and criteria
- ✓ Schools **map themselves against criteria** and submit action plans (**showing how they will address gaps**) along with evidence such as policies
- ✓ We set up a **partnership group** to quality assure submissions from schools and early years settings. Submissions are assessed termly. Current awarded schools can be viewed at: [Hall of Fame - Healthy Schools North Yorkshire](#)
- ✓ During the pandemic we developed **online teacher training** which has continued to run throughout to support schools to apply for an award and to focus in-depth on each theme

## How do we know it's working?

- By September 2021, over 60% of NY's schools were registered and 35% of these schools had achieved an award.
- Over **half of the target schools** are currently engaged and one has achieved Gold
- Continued to **increase engagement during the pandemic**, with **53** new schools signing up (academic year September 2020-July 2021)
- We held our first online pupil celebration event in June 2020 and **1652 pupils** attended, feedback was overwhelmingly positive: e.g "The children have really enjoyed it. It has been "amazing!" Lots of great advice for us to follow. Thank you!"
- Louise Wallace Director Of NY Public Health congratulated the awarded schools live at the online event

## What's next?

- Run **staff training** around the new **Healthy Early Years Award**
- New topic in Spring 2022 on **sustainability / climate change**
- Continue to Support **target schools** to achieve awards
- **Online pupil event** on Emotional Health & Wellbeing 8<sup>th</sup> March 2022

