



# Yorkshire & Humber Healthier and Resilient Food Systems Network

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*Healthy weight is only one part of the picture!*

## Why Local Food Strategies?

Food has impacts across a wide range of determinants  
Local expertise essential to design useful strategies around food

### Survey of Yorkshire & Humber Local Authorities Sept 2020 (n=15)

67% (n=10) reported having no active food strategy  
76% (n=16) councils in YH declared climate emergency since Jan 2019 <sup>1</sup>

## What did we find?

- 🍏 A need to focus on the health and resilience of the food system
- 🍏 Need to develop healthier more sustainable local food systems
- 🍏 Opportunity to contribute to emerging evidence base and wider understanding of the public health approach to sustainable food systems



Inclusive Sustainable Economy



Healthy food & healthy weight



Urban growing & green spaces



Climate Change



Environment & Sustainability



Food Insecurity

LOCAL FOOD STRATEGY

## What are we doing?

- 🍏 Developing a regional network of food partners - local authorities, food partnerships, VCS sector, academic partners
- 🍏 Reflecting and responding to local need based on continuous network feedback and co-design of agenda
- 🍏 Producing resources and case examples for shared learning
- 🍏 Building regional capacity to engage with food strategy as a means to address core public health priorities (e.g., net zero, healthy weight, resilient economies, levelling up)



## What has the YH Network accomplished so far?

- 🍏 Food insecurity data will be included in Fingertips and food bank data reported on WICH from April 2022
- 🍏 Theme-based action cards as resource for development of local food strategies
- 🍏 Webinar series: food insecurity, data, the national food strategy, food waste, sustainable diets to share national and local good practice and insights. Available at <https://www.yhphnetwork.co.uk/links-and-resources/healthier-resilient-food-systems/>

1. Full list of council who have declared a climate emergency. Climate Emergency UK. Accessed 09/12/21 <https://www.climateemergency.uk/blog/list-of-councils/>

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