



Webinar: Work and Mental Health Matters

Thursday 10th February 2022

Chair: Debs Harkins, Director of Public Health at Calderdale Council and Y&H Association of Directors of Public Health Network Lead for Inclusive & Sustainable Economies

#WorkMentalHealth22

Housekeeping

- Recording throughout to widen access to shared learning
- Please stay on mute and keep cameras off unless asking a question
- Questions & Comments into Teams chat, we will pick them up as we go and in the Q&A
- Evaluation and link to presentations to follow event
- www.menti.com Joining code: 7090 0224
- If you need any additional support a list of organisations [here](#) will be shared in the chat.

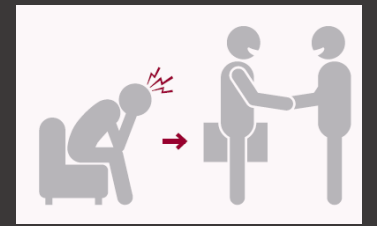


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Menti Survey

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Nature of the problem

What key challenges/barriers do you experience in your role in relation to work and health?

Opportunity for shared learning and good practice

What are you doing in this area that you are most proud of?

Do we know about what communities say they want and need in relation to mental health and work?

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Event Programme



Content	Speaker
10.00 – 10.05 Welcome and introduction	Debs Harkins , Director of Public Health at Calderdale Council and Y&H Association of Directors of Public Health Network Lead for Inclusive & Sustainable Economies
10.05 – 10.20 Why work and mental health?	Professor Peter Kelly , Regional Director for North East & Yorkshire Region, Office for Health Improvement and Disparities (OHID)
10.20 – 10.35 The Joint Work and Health Unit's Activities concerning Workplace Mental Health	Sam Taylor-Wilmshurst , Head of Employer Obligations & Mental Health in the Workplace & Nicola Moss , Analyst for Mental Health in the Workplace, Joint Work and Health Unit, OHID
10.35 – 10.50 What Works for promoting good mental health and wellbeing in the workplace?	Joanne Smithson , Head of Implementation & Learning, What Works Centre for Wellbeing
10.50 – 11.05 Sustainable return to work following mental ill health sickness absence	Dr Jo Yarker , Reader in Occupational Psychology, Department of Organisational Psychology, Birkbeck University of London
Q&A - An opportunity for participants to share experiences and raise questions	
11.15 – 11.25 Select Session 1, join call & break (instructions will be provided)	
11.25 – 11.40 Session 1: Regional Examples of practice – Collaboration between Work & Health Services (you will pick an option from 1a, 1b or 1c: see detail in programme guide) 1a. Jobcentre Plus Youth Hubs: Work & Mental Health 1b. Working Win: Work & Wellbeing Services in South Yorkshire 1c. Employment Advisors in Improving Access to Psychological Talking Therapies (IAPT) Services	
11.40 – 11.55 Session 2: Regional Examples of practice - Voluntary & Community Sector Partnerships (you will pick an option from 2a or 2b: see detail in programme guide): 2a. Workplace & Employability Programme: Hull's Work Well Service 2b. Employment & Mental Health Services: Leeds Mindful Employer Network & Inclusive Recruitment	
11.55 - 12.10 Session 3: Regional Examples of practice - Workplace Wellbeing & Retention (on the day you will pick an option from 3a, 3b, 3c or 3d: see detail in programme guide): 3a. Mental Health Productivity Pilot 3b. Workplace Health - Supporting wellbeing - Mental health and resilience 3c. Thriving at Work 3d. Sheffield Occupational Health Advisory Service: Delivering job retention services	
12.10 – 12.25 Breakout discussions	
12.25 – 12.30 Closing Remarks	Debs Harkins , Director of Public Health at Calderdale Council and Y&H Association of Directors of Public Health Network Lead for Inclusive & Sustainable Economies



Work and Mental Health Matters

Why are we here today?



- 23-27% of workers in poor quality work
- Work related stress, depression and anxiety doubled since 2010
- Employment inequalities for people with poor mental health





Panel Q&A



**BEFORE A BREAK please choose one of the following for session 1,
JOIN CALL using link in chat box**



11.25-11.40 - Session 1: Regional Examples of practice Collaboration between Work & Health Services

Please pick an option from one of these sessions:

- a. **Jobcentre Plus Youth Hubs - Work and Mental Health** - This session will share information on why Jobcentre Plus built strong Partner and Stakeholder relationships to establish community based Youth Hubs for young people. It will also share how they developed wraparound support to help address mental health barriers to work amongst young people and how the services move young people into or closer to employment or training (Mandy Austin, Customer Service Leader, Department for Work and Pensions - NEYH) - [Click here to join the meeting](#)
- b. **Working Win: Work and Wellbeing Services in South Yorkshire** – This session will outline a trial programme that tested whether Individual Placement and Support (IPS) was effective in supporting people with mild to moderate mental and/or physical health issues into employment and to remain in employment . The South Yorkshire Mayoral Combined ran the programme in partnership with the government’s Joint Work & Health Unit and NHS England and was delivered by South Yorkshire Housing Association Limited. The session will also share information about other partnerships and opportunities that have developed as a result of the trial (Niall O’Reilly, Head of Work and Wellbeing, South Yorkshire Housing Association Limited) - [Click here to join the meeting](#)
- c. **Employment Advisors in Improving Access to Psychological Talking Therapies (IAPT) Services** – This session will provide an overview of the Yorkshire & Humber EA in IAPT sites, focussing on the successes and challenges in the introduction and ongoing provision of combined IAPT treatment and employment support within the North Yorkshire and York IAPT services. Employment advisors were introduced into the services in January 2018 as part of a national project evaluating whether the combined provision of IAPT treatment and employment advice enables primary care level IAPT clients to achieve better mental health and employment outcomes. (Shirley Gennery, Senior Employment Adviser, Vale of York IAPT Service, Tees, Esk And Wear Valleys NHS Foundation Trust) - [Click here to join the meeting](#)



Select Session 1 (see chat),
join call
&
BREAK



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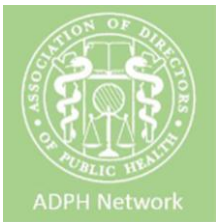
11.40-11.55 - Session 2: Regional Examples of practice Voluntary & Community Sector Partnerships



Please pick an option from one of these sessions:

- a. **Workplace and Employability Programme: [Work Well](#) Service in Hull** - This session will outline a programme of work being delivered by Hull and East Yorkshire Mind, commissioned by Hull City Council as part of the Prevention and Promotion Fund for Better Mental Health, to support individuals and employers in Hull. Our brand new Work Well service helps individuals to improve their mental health, raise aspirations, and achieve their personal goals. This includes: Start Well - helping young people aged 16-24 into education, training or employment; Stay Well - helping people already in work to improve their mental health and retain their employment; Recruit Well - engaging with local employers to help them to make mental health a priority in the workplace (Sally Barlow, Public Health Lead - Communities & Partnerships, Hull City Council & Jack Moore, Marketing & Communications Lead, Hull and East Yorkshire Mind). - [Click here to join the meeting](#)

- b. **Employment and mental health services at Leeds Mind** - Leeds Mind runs a range of services, initiatives and training opportunities to support mental health at work and in this session George and Laura will talk about two of these. (1) 'Workplace Leeds' supports individuals who are working with Secondary Mental Health Teams using a person-centred and mental health-focused approach to help clients find and retain work that is conducive to positive mental health. The service also engages with local employers to highlight the barriers that people with poor mental health face and how they can improve recruitment practices and wellbeing support. (2) 'Leeds Mindful Employer Network' is unique in being (as far as we are aware) the only locally commissioned network for employers committed to improving mental health at work. The network provides opportunities for a wide range of businesses to come together to share good practice, support and learn from each another and Laura will provide examples of how members are making changes to improve the mental health and wellbeing of their workforces (Laura McCullagh, Mindful Employer Coordinator & Georgia Ellis, Inclusive Recruitment, IPS Employment Specialist, Leeds Mind) - [Click here to join the meeting](#)



11.55-12.10 - Session 3: Regional Examples of practice Workplace Wellbeing & Retention

Please pick from one of these sessions:

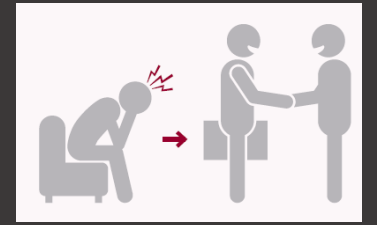


- a. **Mental Health Productivity Pilot** – The Mental Health and Productivity Pilot (a Midland's Engine initiative) offers structures and resources to help organisations across the Midlands improve the mental wellbeing of our communities. In this session, Sally will share the latest research data, some of the trials and pilots and their initial findings as well as resources, top tips and case studies of organisations making a positive difference to the place they work (Sally Newnham, Project Manager – MHPP, Centre for Organisational Resilience, University of Lincoln). - [Click here to join the meeting](#)
- b. **Workplace Health - Supporting wellbeing - Mental health and resilience:** Phillips 66 Refinery (based in North East Lincolnshire) has a diverse workforce with varying departmental demographics, which impact on the mental health and wellbeing of employees. This session will outline how following an internal staff wellbeing poll the organisation was supported to address training and development needs to support staff across the organisation (Adam Johnston, Wellbeing Programme Lead, North East Lincolnshire Council) - [Click here to join the meeting](#)
- c. **Thriving at Work** – This session will provide details on a project which aims to support more people to thrive at work. It has a particular focus on supporting inclusive workplaces that can unlock the potential of staff who are neurodiverse or experience mental health challenges (Vicky Waterson, Health Improvement Manager, North Yorkshire County Council) - [Click here to join the meeting](#)
- d. **Sheffield Occupational Health Advisory Service** – Sheffield Occupational Health Advisory Service (SOHAS) has been delivering job retention services in Sheffield for the past 40 years. We provide advice and support on mental health and physical health issues and have expertise in helping people with moderate to severe health conditions to stay in work. Nick, will present on the challenges for job retention services and employers during the pandemic (Nick Pearson, SOHAS Manager) - [Click here to join the meeting](#)



Breakout discussion

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Closing Remarks