

Healthier Homes for Healthier Children

Healthy homes in all our policy and strategy - webinar

Dr. Claire Gilbert, Public Health Registrar
claire.gilbert7@nhs.net

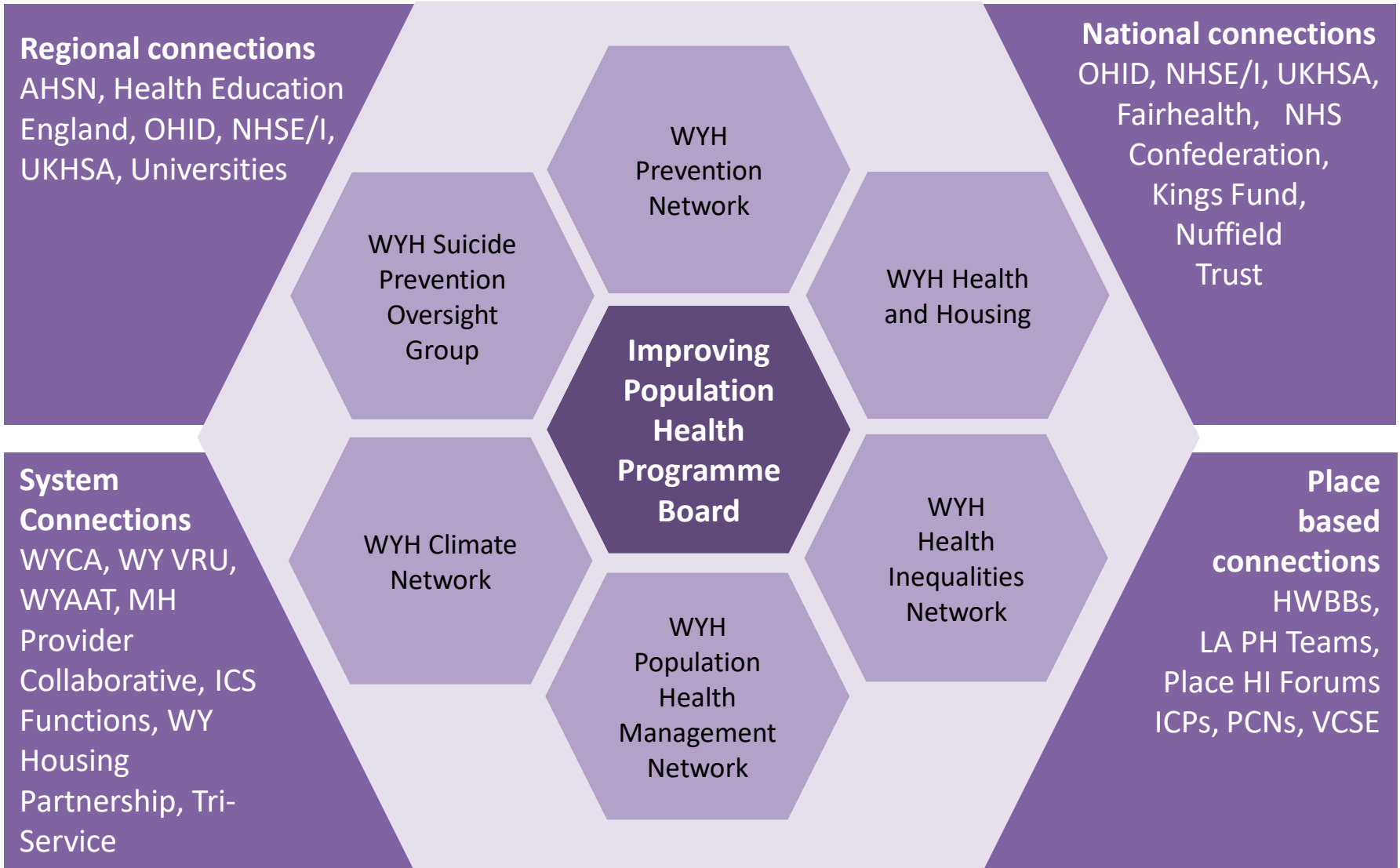
10 February 2022



Healthier Homes for Healthier Children

- New workstream within the Housing for Health network, part of the Improving Population Health Programme
- [Webinar 1: All our Homes: All our Health](#): Introduction – role of integrated care systems and healthier homes for healthier children – making every contact count

Improving Population Health Programme Network Structure



Why is Healthier Homes for Healthier Children relevant to the West Yorkshire Health and Care Partnership?

- Poor housing could be costing the NHS £1.4 billion a year¹
- A survey of 266 Paediatricians in 2017 found more than two thirds reported homelessness or poor housing contributes to the ill health of the children they work with²
- Poverty affects 30% of children and COVID-19 has widened inequalities for many children³
- Pre-COVID estimates suggest poor housing affects around 3.6 million children⁴

References:

1. Building Research Establishment (2021) [The Cost of Poor Housing in England](#)
2. Royal College of Paediatrics and Child Health (2017) [‘Views from the frontline’](#)
3. Royal College of Paediatrics and Child Health. (2020). [State of Child Health in the UK.](#)
4. National Children's Bureau. (2016). [Housing and the Health of Young Children.](#)

Why is Healthier Homes for Healthier Children relevant to the West Yorkshire Health and Care Partnership?

- ‘Damp, mould and overcrowding cause flaring of respiratory conditions like asthma and bronchiolitis’
- ‘For sickle cell patients, cold homes can precipitate painful crises and admission to hospital’
- ‘Newly diagnosed diabetic [child] who was living in a bedsit and homeless at the time of diagnosis’²

References:

2. Royal College of Paediatrics and Child Health (2017) [‘Views from the frontline’](#)

What opportunities does working as an integrated care system level bring?

- Working at scale
- Complex issues
- Share best practice

Winter Warmth

- £1 million being invested by the Partnership to keep people warm – pledge that no one living across West Yorkshire should suffer due to fuel poverty
- Contact details and leaflets for support services on the West Yorkshire Health and Care Partnership website for [children living in cold homes](#)

6 tips for keeping warm

1 Aim to keep your home at 18 to 21°C (that's 65 to 70°F)

2 Keep bedroom windows closed on cold nights



3 Layer clothing and wear gloves and scarves when outside



4 Keep as active as you can



5 Contact one of the support services listed in this leaflet to find out if you are eligible for financial support to pay your heating bills or to make home improvements to keep your home warm

6 Have your heating and cooking appliances checked by a Gas Safe Registered engineer to check they are operating safely



What support is available?

- [Mecclink website](#) has contact details for each local authority housing service, duty to refer contact details and affordable warmth resources

MECC Link - Simple Signposting to Better Health and Wellbeing

[Home](#) » Yorkshire & Humber

Location view

Wellbeing view

[Affordable Warmth](#)

[Alcohol](#)

[Covid-19 Support](#)

[COVID-19 Vaccinations](#)

[Memory Problems/Dementia/Carers](#)

[Falls and Frailty](#)

[Financial Inclusion](#)

[Fire Safety and Prevention \(Safe and Well\)](#)

[Healthy Diet and Healthy Weight](#)

[Housing and Homelessness](#)

Webinar – please promote



West Yorkshire
Health and Care Partnership

We're helping
to keep people
warm this winter

Signposting Families to Affordable Warmth and
Housing Services in WY

Signposting families to affordable warmth and housing services in West
Yorkshire.

www.eventbrite.co.uk

- 30 minute webinar for any health and care staff across West Yorkshire working with families and carers with children and/or young people whose health might be affected by cold homes or poor living conditions to know what services are available and how to access them
- [Signposting Families to Affordable Warmth and Housing Services in WY Tickets, Wed 16 Feb 2022 at 13:00 | Eventbrite](#)

Consultation and awareness raising

- [Poster](#) at the Association of Directors of Public Health Sector-Led Improvement Conference

- Speaking at webinars –

[All our homes: all our health](#)

Healthy homes in all our policy and strategy

- Networking and stakeholder consultation
 - Housing for Health Network
 - Health Inequalities Network
 - West Yorkshire Housing Association Partnership
 - Young Carers Steering Group
 - Community of Practice: Inequalities in Maternity and Preconception
 - Academic partners
 - Yorkshire tuberculosis clinical network
- Trauma, Adversity and resilience strategy

Children and Young People's Needs Assessment

- Part of the Children and Young People Programme
- Aim to identify system priorities for children and young people
- Draft chapter for the needs assessment submitted

Children and Young People's Needs Assessment themes

- Increase identification of children and young people at greatest need
- Invest in interventions that improve outcomes
- Identify opportunities and approaches to match interventions with those at greatest risk of adverse health outcomes
- Evaluate the impact of interventions
- Raise awareness, knowledge and skills related to the impact of poor living conditions on child health across the system
- Influence partner organisations to prioritise the health of children and young people and the impact poor quality housing has on this
- Share best practice and reduce variation across the system

Joint healthcare and housing asthma policy

- NHS England and NHS Improvement National Bundle of Care for Children and Young People (CYP) with Asthma
- Integrated Care System (ICS) leads should develop a joint policy between healthcare and the local housing association to ensure CYP with asthma do not live in conditions that might exacerbate their symptoms
- ICS' should work together to lobby council services to ensure housing quality is not impacting on the health of CYP
- CYP at risk of or diagnosed with asthma should be placed in alternative housing if indoor air quality is identified as poor



Why is this needed?

- 1 in 11 children and young people living with asthma in the UK⁵
- UK has one of the highest prevalence, emergency admission and death rates for childhood asthma in Europe⁵
- Outcomes are worse for children and young people living in the most deprived areas⁵
- Significantly more hospital admissions for children with asthma in West Yorkshire than the national average⁶
- Two-thirds of asthma deaths could be prevented⁷
- Extreme temperatures (hot and cold weather) and damp conditions are known to worsen symptoms and linked to asthma attacks

References

5. *National Bundle of Care for Children and Young People with Asthma: Phase One*

6. *Office for Health Improvement Public Health Profiles* <https://fingertips.phe.org.uk/>

7. *National Review of Asthma Deaths (2014)*

Themes so far

- Poverty
- Complex systems under significant strain
- How best to identify those in need and link them with suitable services
- Opportunities for upstream interventions e.g. signposting to resources and services
- Housing stock in housing associations tends to be better quality than private rental sector
- Support people to live in their existing homes, rehousing should be last resort
- We have already come a long way by having opportunities for housing and health colleagues to work together



Consultation events

- Housing for Health Network (7th February)
- Asthma Long Term Conditions Group – any interested clinicians welcome to attend 4th March 2022, contact claire.gilbert7@nhs.net for details
- Winter Warmth Task and Finish Group
- West Yorkshire Housing Association Partnership Health and Housing
- Public Consultation – if you are linked in with any suitable groups please share details with me claire.gilbert7@nhs.net