


NIHR funding for Housing & Health projects

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On behalf of the PHPES & PHR Review teams



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- Evaluation of **Housing Support Coordinators** – Wakefield District Housing working with Fieldhead and Pinderfields hospitals
- The **impact of housing insecurity on the health and wellbeing of children and young people**: a systematic review

Overall aims of intervention and evaluation:



- Facilitating hospital discharge through housing support – potential benefits to patients and to the health service through facilitating more timely discharge and more appropriate housing
- To understand whether, and through what mechanisms and to what extent, the HSC support has an impact on service users (e.g. health and wellbeing/housing situations) and the process of hospital discharge (e.g. reduction in non medical delays to discharge).



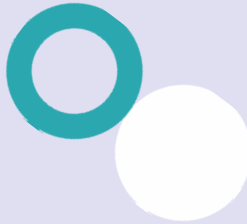
Study design and methods:



- Mixed methods process evaluation to understand the nature of the role and its potential impact. Including:
- Survey data collection and routine data analysis from Wakefield District Housing
- Economic evaluation to assess costs
- Interviews with the HSC's in each site, key Wakefield District Housing staff, as well as service users and hospital staff in Fieldhead Hospital (mental health trust) only



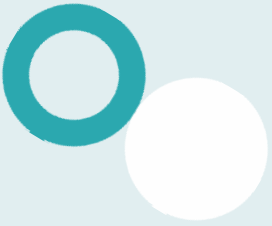
Preliminary findings:



- Housing related issues have a great impact on the mental health of service users and the hospital discharge pathway
- Hospital staff at all levels credit the service for alleviating '*pressure*' and '*stress*' on over stretched health care services
- Key to the success of the service is housing support staff understanding the needs of their service users and the context that lead to their admission, being placed within a multidisciplinary team with oversight and management from the health service, and the availability of appropriate housing stock and wider support systems to support people post discharge



Impact of “housing insecurity” on the health and wellbeing of children and young people



Many related terms that convey different aspects of housing insecurity

- *Insecure housing*
- *Unstable housing*
- *Precarious housing*

Some can be used to quantify the impact in terms of actual moves

- *Spatial insecurity*
- *Residential mobility*
- *Residential transience*


Review aims and objectives:



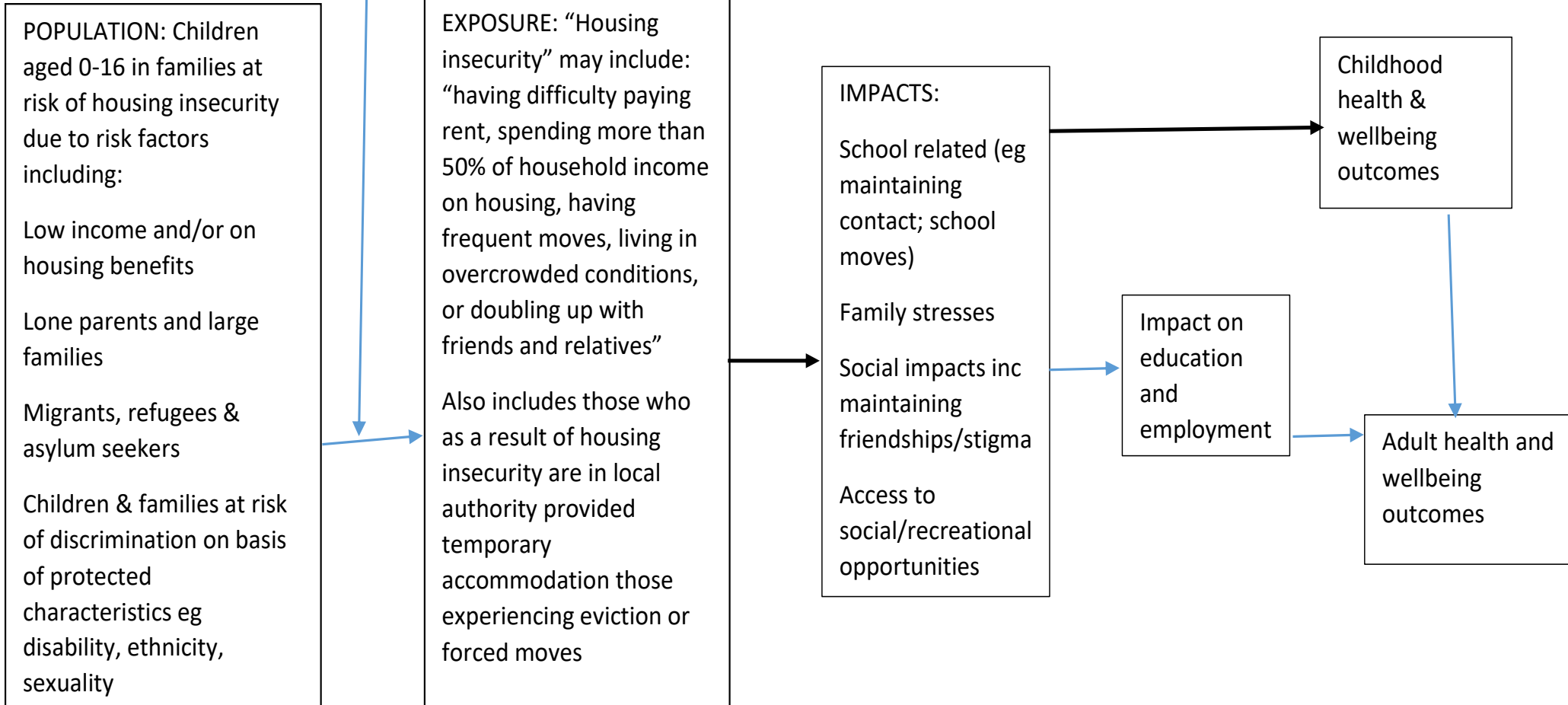
Aim:
Identify, appraise and synthesise research evidence on the relationship between housing insecurity and the health and wellbeing of children and young people, including relevant causal mechanisms

- Objectives:**
1. Produce a conceptual framework
 2. Conduct a systematic review to identify, appraise and relevant research evidence
 3. Identify evidence-based recommendations for housing policy and practice, and future research



A priori conceptual framework for relationship between housing insecurity and the health and wellbeing of children and young people (based on stakeholder consultation and review of policy documents) Focus of this review represented by thicker arrows ()

POLICY CONTEXT: trends that have increased the number of families with children exposed to housing insecurity: trends in poverty and inequality exacerbated by Covid pandemic; changes in housing market (increase in investment properties; loss of social housing); increased numbers of low income families in private rental sector; insecure or short term tenancies; increasing housing costs (and fuel/food costs) and lack of affordable properties

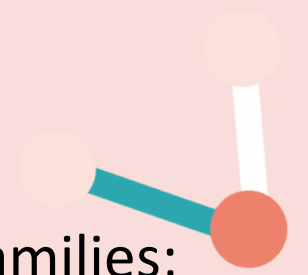


Stakeholder consultation & public engagement

Children & young people – engaging directly with children, young people and families; youth organisations supporting those experiencing housing instability or homelessness

Local authorities and third sector organisations – working to provide support and/or signposting for tenants in both private rental and social housing sectors; families that are homeless, needing temporary accommodation

National government – housing policy and regulation; provision of affordable housing for low income families and populations at risk



Next steps will include:

Stakeholder consultation

Development of a conceptual model

Identification and synthesis of relevant evidence

Dissemination of report and evidence briefings tailored for specific audiences





Want more information on these projects?

Housing support coordinators (evaluation): e.holding@sheffield.ac.uk

Impact of housing insecurity (review) emma.hock@sheffield.ac.uk



Want support with NIHR funding proposals?

The Yorkshire & Humber Research Design Service
(Based in Sheffield. Leeds & York)

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Y&H PaRC (Practice & Research Collaborative)

<https://www.parc-hub.co.uk/>

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