



UK Health
Security
Agency

Communicable Disease & Epidemiological methods

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Session Learning Objectives

- Understand the basic principles, concepts and practice of communicable disease surveillance
- Understanding of the uses of surveillance information in effective public health practice
- Recognise the components of a surveillance system

What is surveillance?

“close observation, especially of a suspected spy or criminal”

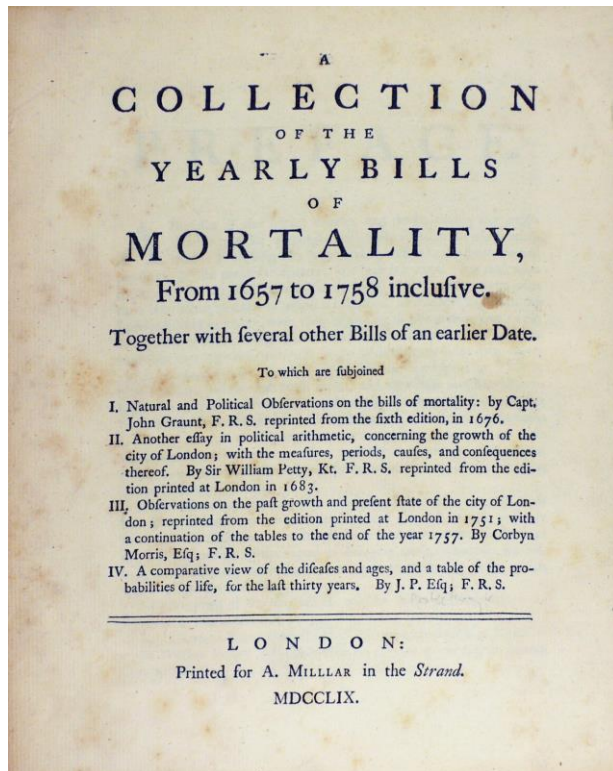


What is public health surveillance?

“Systematic ongoing collection, analysis, and interpretation of data and timely dissemination to those who need to know so that action can be taken”

“Information for action”

London Bills of Mortality



The DISEASES and CASUALTIES this YEAR.

A Bortive and Stillborn	407	Diabetes	1	Measles	136	BROKEN Limbs	1
A Abscesses	24	Dropsy	865	Miscarriage	1	Bruised	4
Aged	1562	Eaten by Lice	1	Mortification	223	Burnt	7
Ague	4	Evil	7	Palpitation of the Heart	1	Choaked	7
Apoplexy and Suddenly	238	Fevers of all kinds	2908	Palsy	79	Drowned	1
Asthma and Phthifick	437	Fistula	3	Pleurisy	22	Excessive Drinking	120
Bedridden	2	Flux	10	Quinsy	5	Executed *	5
Bleeding	14	French Pox	14	Rash	5	Found Dead	11
Bursten and Rupture	21	Gout	84	Rheumatism	5	Fraçtured	9
Cancer	57	Gravel, Stone, and } Strangury	12	Scurvy	4	Frighted	3
Chicken Pox	2	Grief	3	Small Pox	1461	Frozen	5
Childbed	170	Headmouldshot, Hor- } shoehead, and Water } in the Head	72	Sore Throat	4	Killed by Falls and several } other Accidents	59
Colds	6	Head-ach	79	Sores and Ulcers	6	Killed by Fighting	4
Colick, Gripes, and } Twisting of the Guts	8	Jaundice	4	Spasm	6	Killed themselves	31
Consumption	4695	Jaw Loeked	4	Stoppage in the Stomach	4	Murdered	4
Convulsions	3931	Inflammation	557	Surfeit	6	Poisoned	3
Cough, and Hooping } Cough	428	Lethargy	4	Swelling	1	Scalded	5
Cramp	1	Livergrown	4	Teeth	333	Shot	3
Croup	14	Lunatick	127	Thrush	3	Smothered	5
Despair	1			Vomiting and Loosens	1	Starved	1
				Worms	9	Suffocated	1
						Total	269

What is public health surveillance?

Ongoing: routine over some period, perhaps indefinite

Systematic:

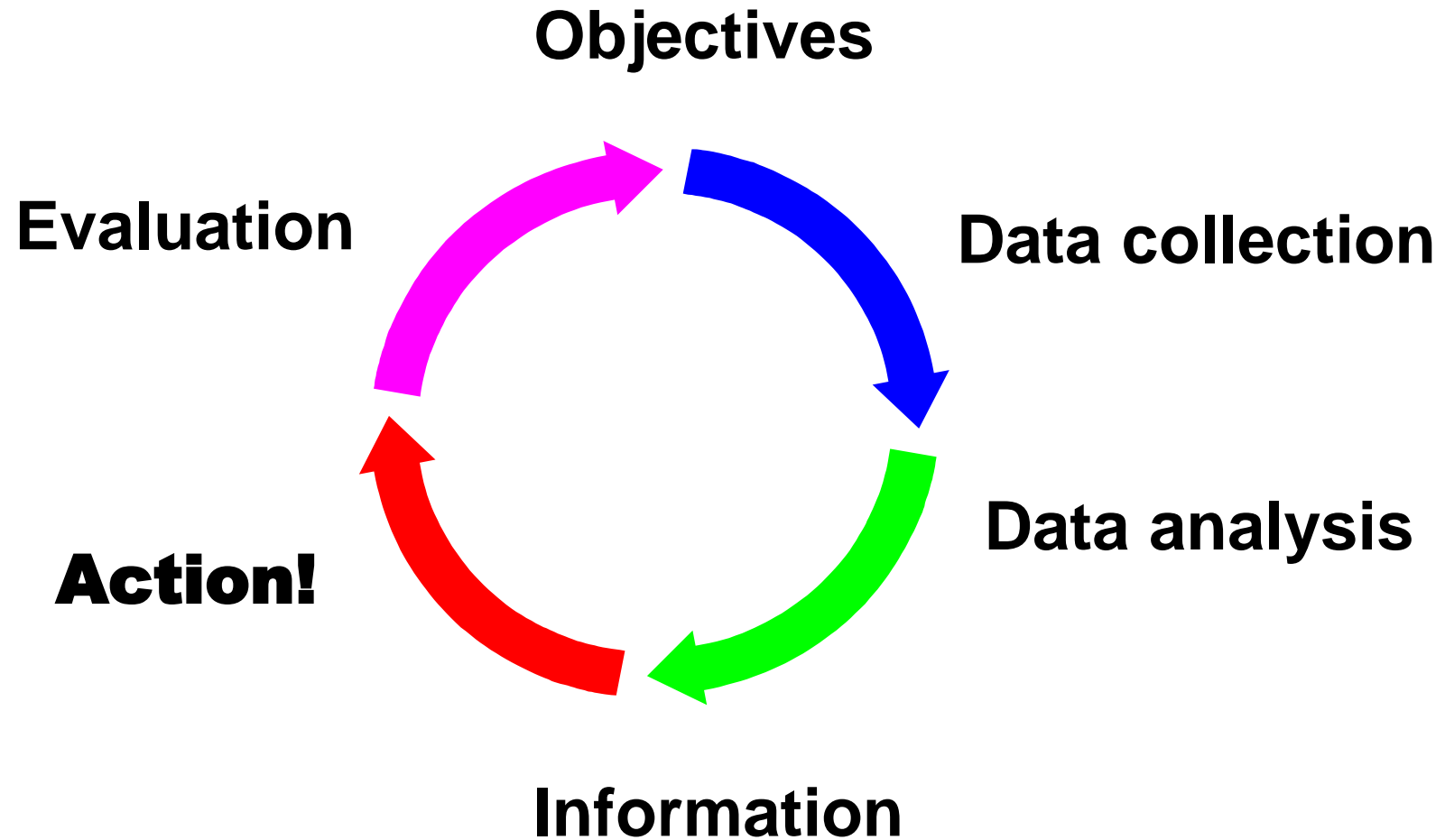
- All necessary information, same definitions, same format

Collation: from multiple sample points

Analysis and interpretation: based on understanding of object of surveillance

Dissemination: information to those who need to know

The surveillance loop



Why Surveillance is Required

- Underpins our reactive public health response
- Monitoring trends and estimate magnitude of health problem (Burden of disease on populations)
- To detect sudden changes in disease occurrence or patterns (Outbreak detection and alert function)
- To monitor trends in disease and risk factors (time / person / place)
- To increase understanding of disease epidemiology

Why surveillance is Required (2)

- Estimate future disease impact (e.g. Emergency planning, epidemic preparedness)
- Guide public health policy/ (e.g. Hepatitis C strategy)
- Evaluate interventions (e.g. Effectiveness of vaccination policy)
- Support Research
- Goal: reduce morbidity and mortality through control and prevention of disease

Surveillance is NOT research

Surveillance

- Applies **existing knowledge** to guide health authorities in the use of known control measures
- Directly relevant to monitoring and control needs
- **Generate** hypotheses e.g. regarding disease causation

Research

- Pursues **new knowledge** from which better control measures will result
- **Test** hypotheses

Categories of Surveillance I

Indicator vs Event Based

Hospital LIMS vs media reports
(e.g PROMED)

Passive vs Active

Laboratory report of measles vs.
actively phoning doctors'
surgeries to look for measles
cases

Sentinel (sample) vs
Universal
(comprehensive)

Flu swabs at major airport vs lab
reported measles in UK

Categories of Surveillance II

Syndromic vs
Traditional

Syndromes vs Diseases

Participatory

Mobile phones, apps...

Surveillance data sources

Infectious disease reporting:

- Physician diagnoses (notifiable diseases & informal, primary and secondary care)
- Laboratories

Syndromic surveillance

- Other Health Care Activity e.g.
 - GP consultations
 - Hospital episode statistics
 - Calls to 111
- Many others e.g. medicines sales, web searches, school absences
- Vital statistics (birth/death registrations/population estimates)

Characteristics of infectious disease data

- Large amount of PII
- Requires constant review to detect changes that might signal need to intervene
- Turnaround time
- Informed interpretation required
- Exposure and outcome data routinely collected
- Local / National / International dimension
 - E.g. COVID, Food poisoning

Infectious vs non-infectious disease epidemiology

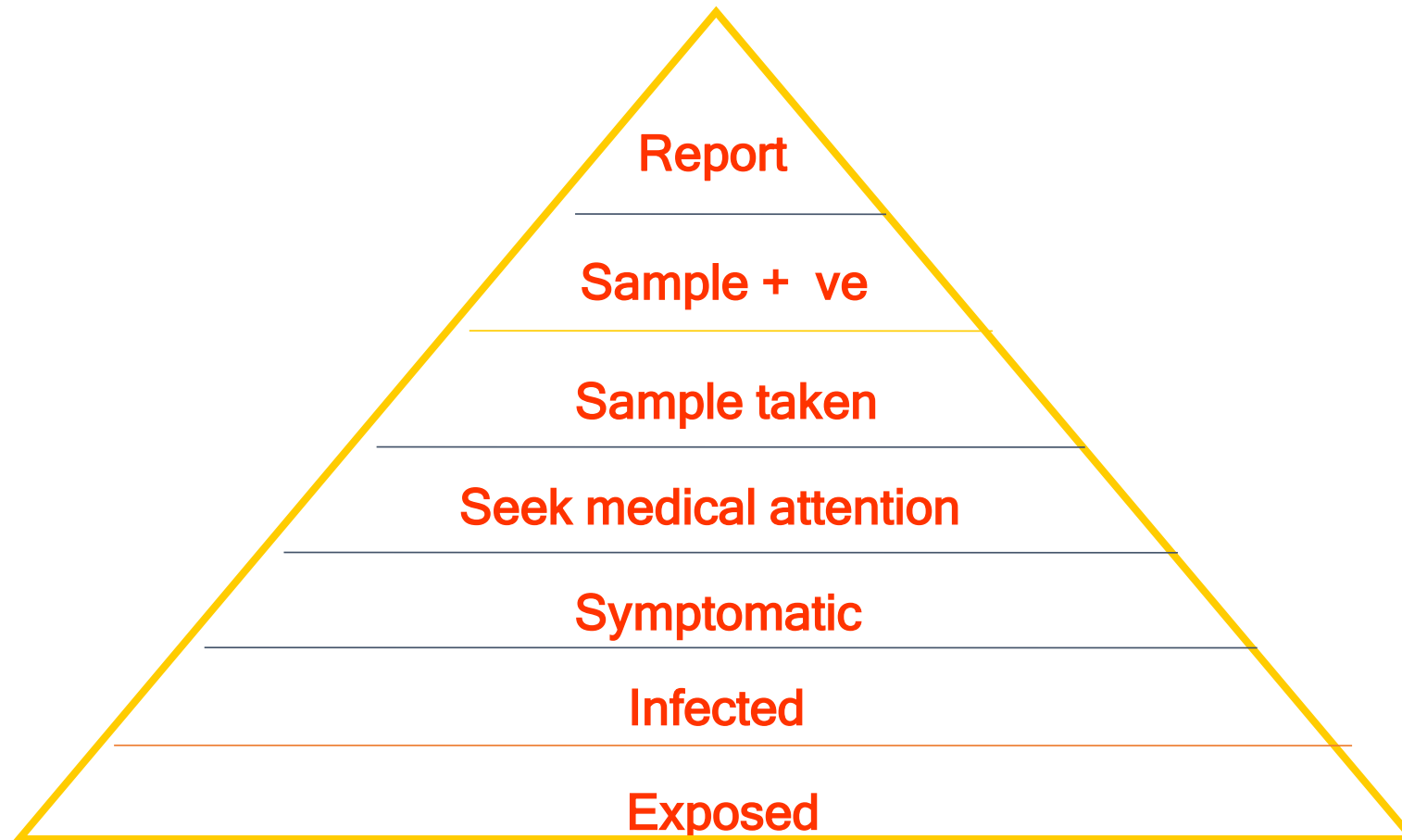
Same

- General rationale
- Terminology
- Ways of collecting data (blood samples, questionnaires, registries)
- Analysis (statistics)

But some special features

- A case may also be a risk factor
- People may be immune
- A case may be a source without being recognised as such
- There is sometimes a need for urgency
- Complexity of data sources

The surveillance pyramid

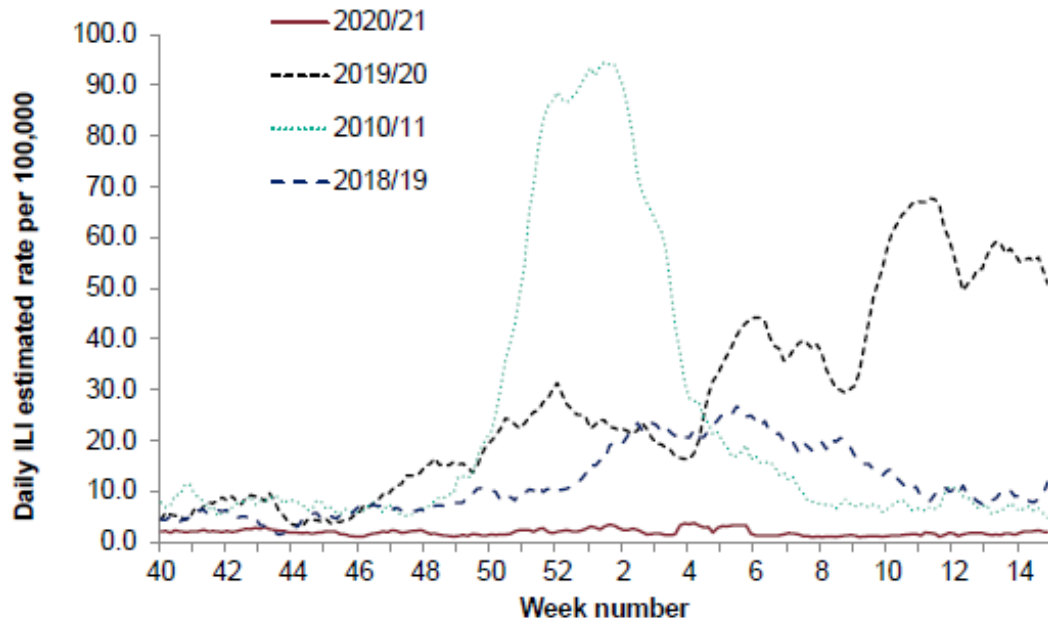


Surveillance data sources

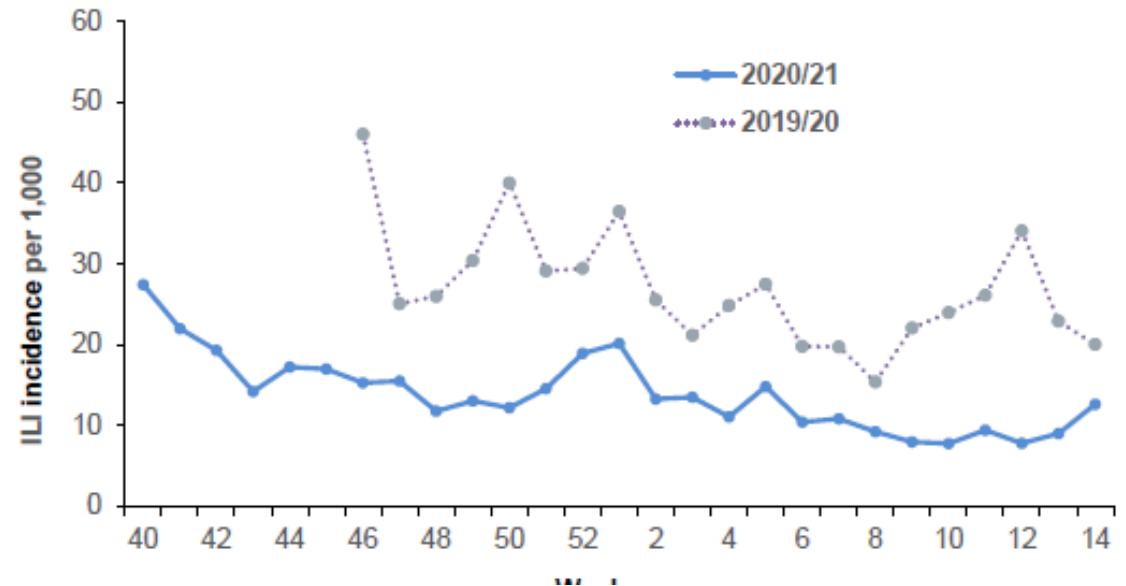
Q: Which data sources can we capture surveillance data to monitor influenza activity?

Community surveillance

Daily Google search query rates

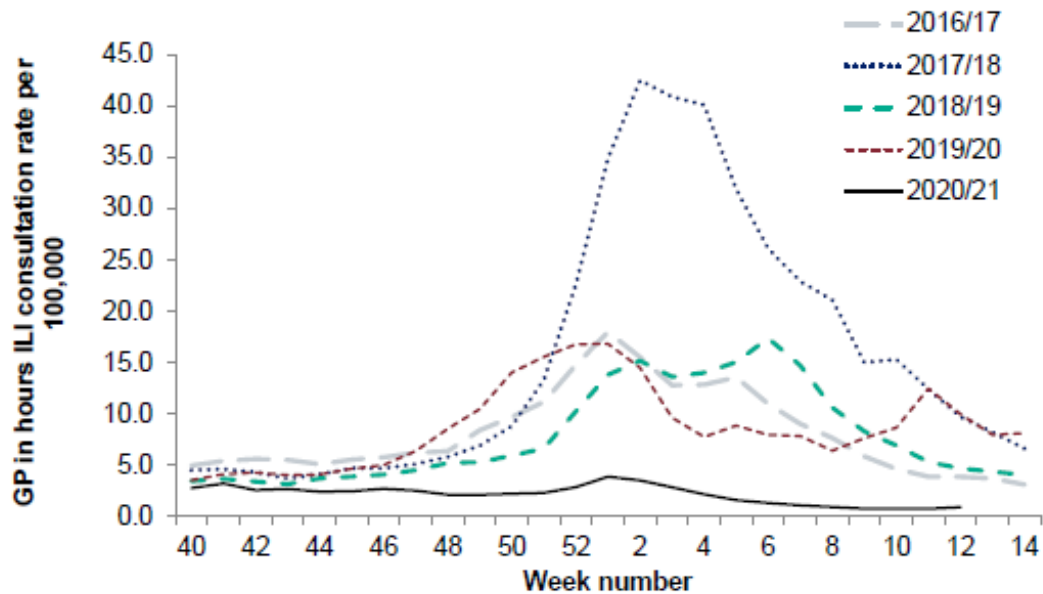


Weekly ILI reported in FluSurvey

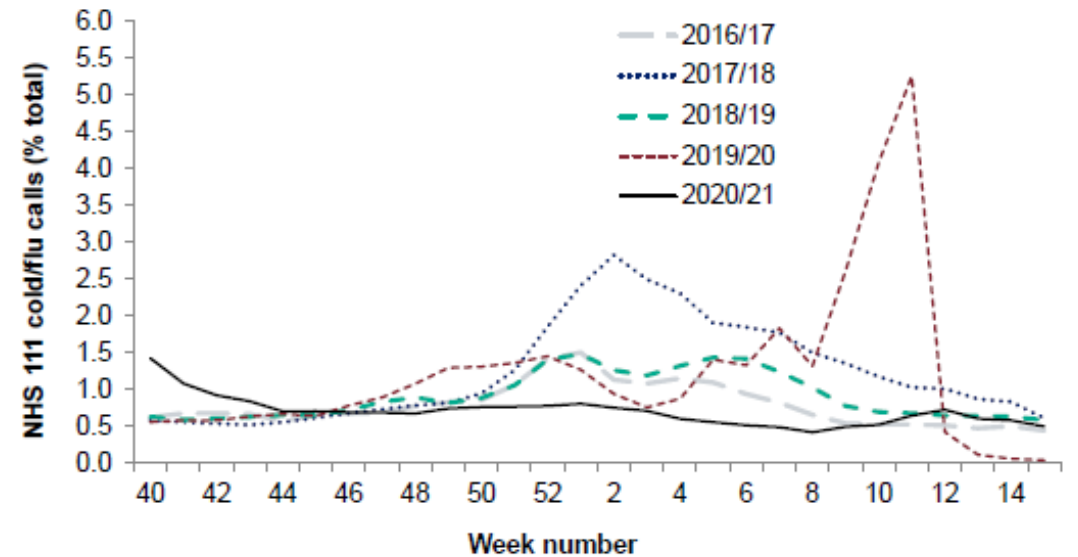


Syndromic Surveillance

NHS 111 cold/flu calls

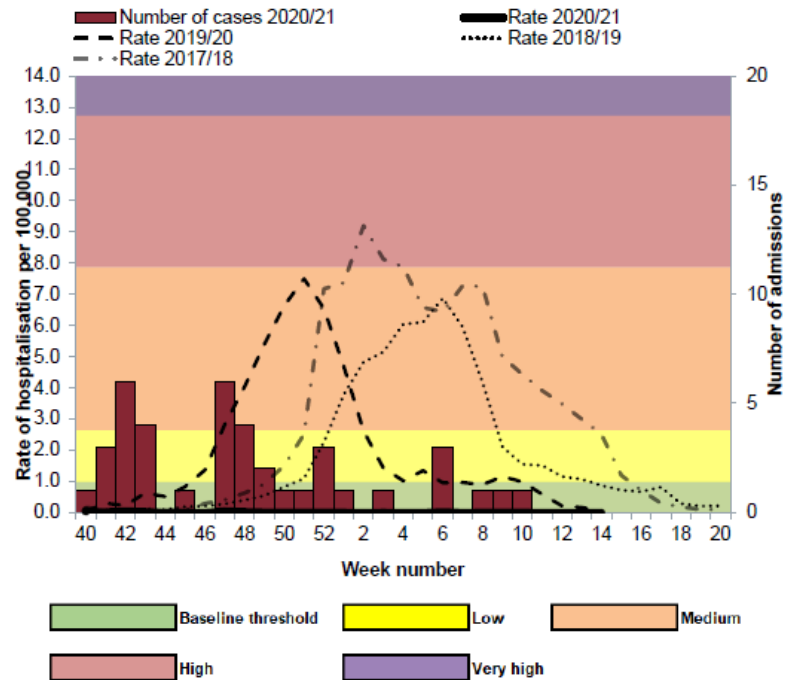


GP consultations (influenza-like illness)

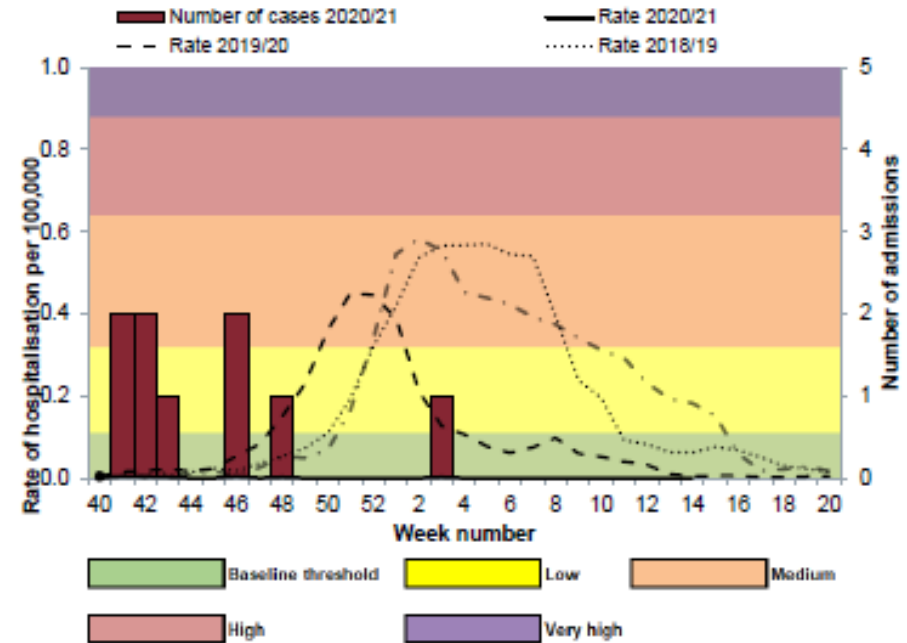


Hospital Admissions

Influenza hospital admissions

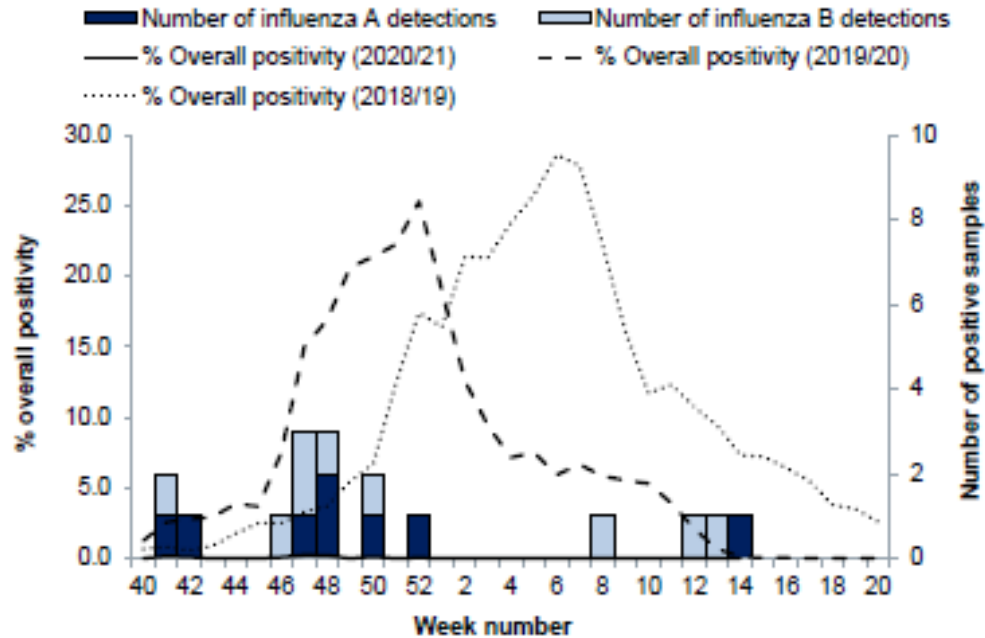


ICU/HDU influenza admissions

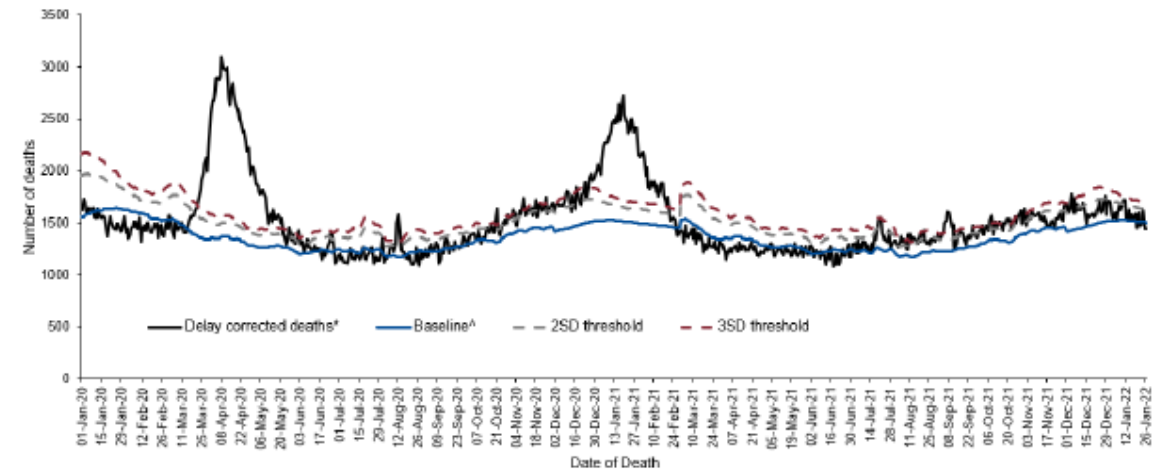


Laboratory Reports & Death Registrations

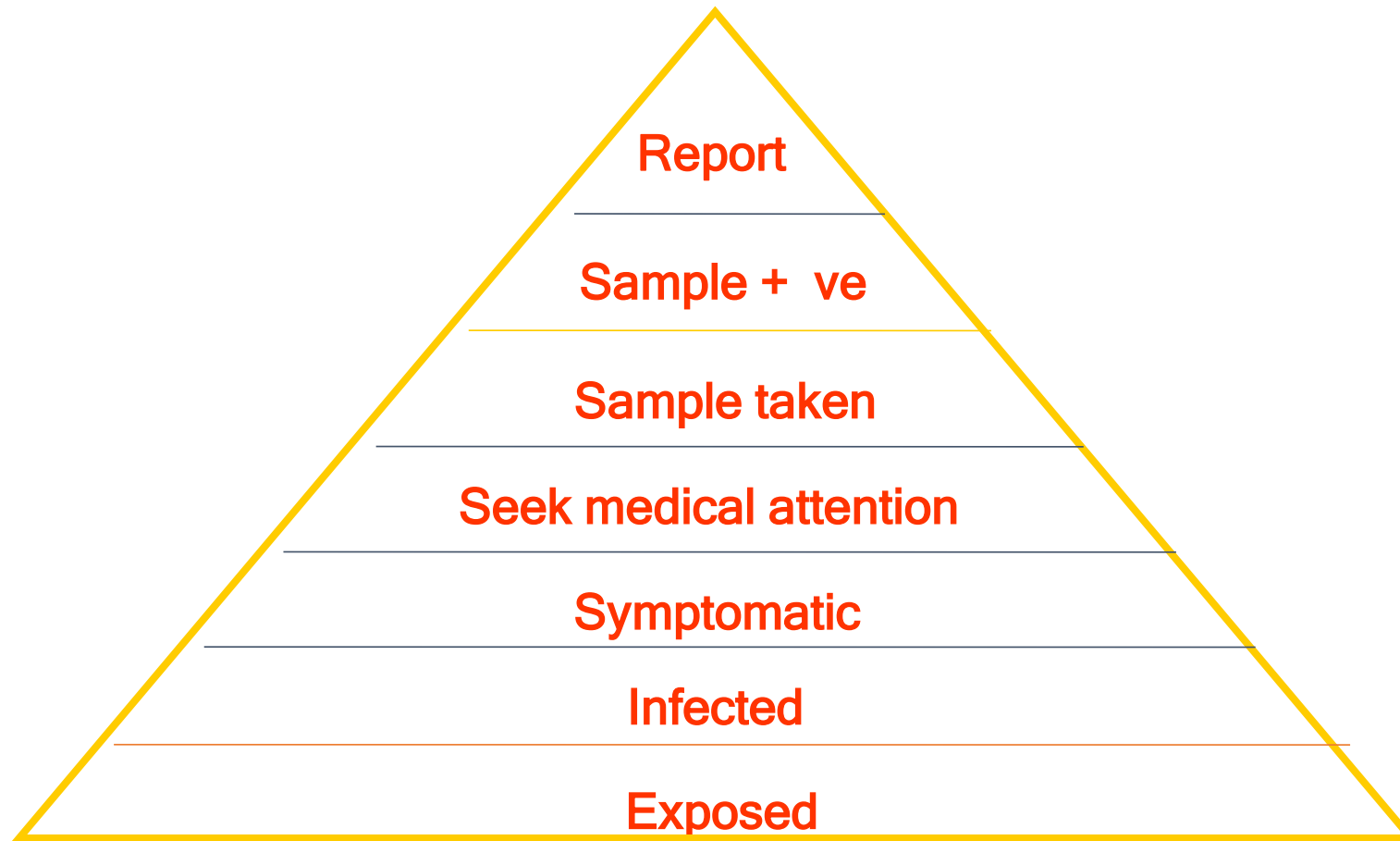
Laboratory reports



All cause deaths



The surveillance pyramid



Analysis and interpretation



SGSS Key information provided

- Patient ID numbers (hospital or NHS)
- Laboratory specimen number and date
- Organism (Antibiotic Resistance)
- Patient age, gender
- Patient location (i.e. patient or GP postcode)
- Specimen types
- Test methods

Aim of analysis

- Process raw data into information that can be used for decision-making e.g. should we investigate an increase in cases
- Generation of **hypotheses** e.g. possible common exposures
- Detection of **outbreaks** or unexpected increases / decreases in disease occurrence
- Assurance of **lack of impact** during incidents

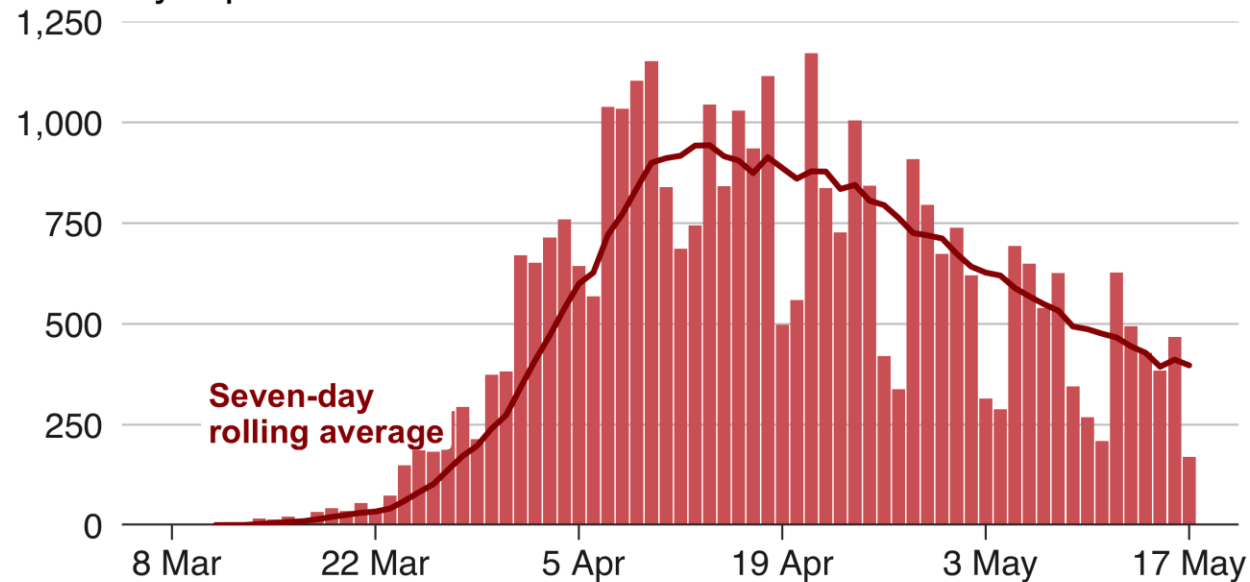
Requires

- Regular analysis using a standard approach
- Customized approaches may be required under specific circumstances
- Human interpretation in order to determine whether any additional action is necessary (e.g. familiarity with people and disease patterns in a particular community and the reporting system in use)

Issues with interpreting surveillance data

New deaths continue downward trend

UK daily reported deaths with coronavirus



Figures include only those who tested positive for coronavirus. Deaths recorded up to 16 May 17:00 BST

Source: Department of Health and Social Care

BBC

BBC News, <https://www.bbc.co.uk/news/uk-52699483>

Exceedances

Statistical algorithm;

- Generates a 'baseline' number of reports (or 'cases')
- Generates a predicted 'threshold' or upper limit
- An 'exceedance' happens when the number of reports is above the predicted upper limit
- In England, exceedance algorithms run weekly
- Available at <https://connect.phe.gov.uk/sites/how-to/story/3592/laboratory-reporting-surveillance>

[Online J Public Health Inform.](#) 2013; 5(1): e148.
Published online 2013 Apr 4.

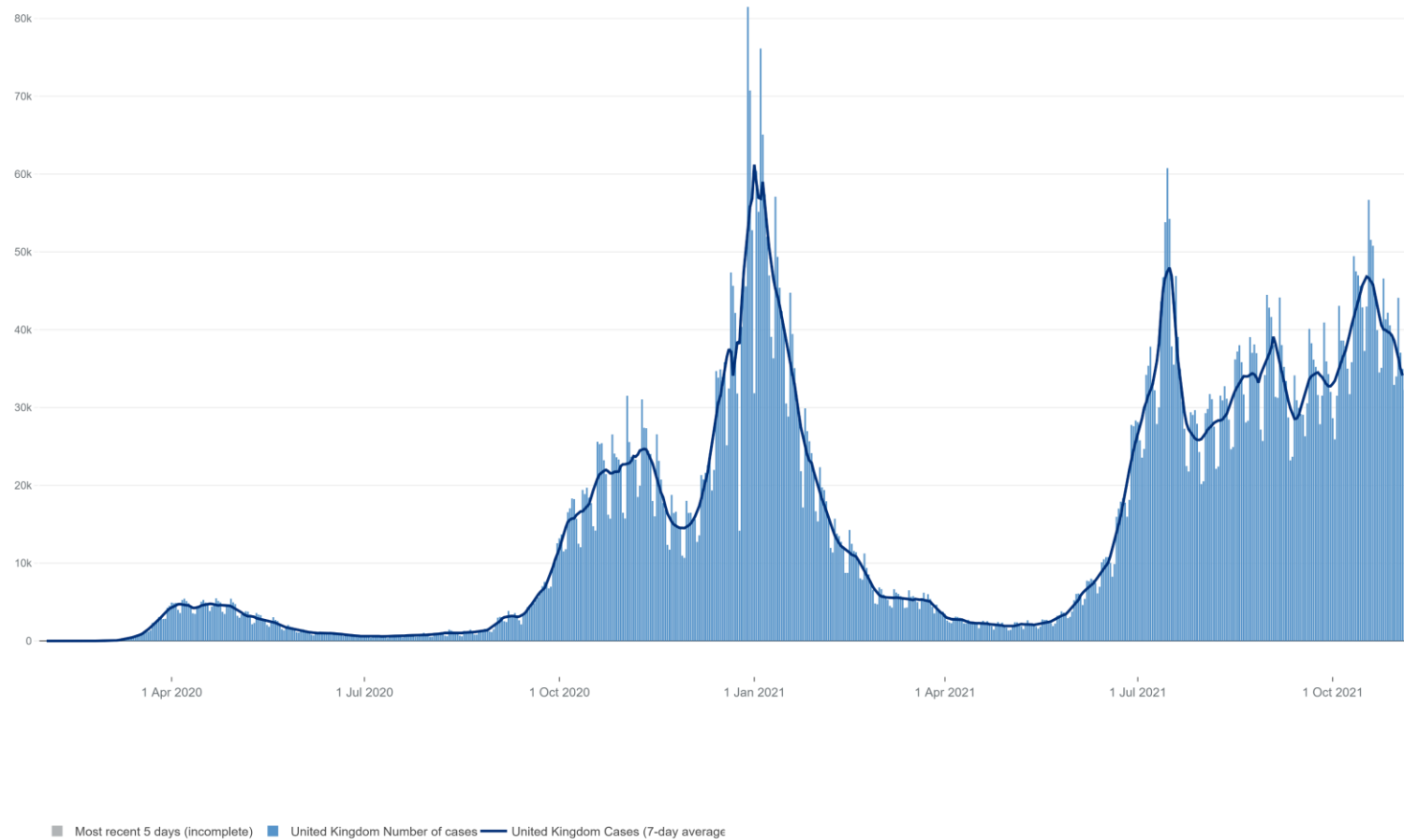
PMCID: PMC3692796

An Improved Algorithm for Outbreak Detection in Multiple Surveillance Systems

[Angela Noufaily](#),^{*1} [Doyo Enki](#),¹ [Paddy Farrington](#),¹ [Paul Garthwaite](#),¹ [Nick Andrews](#),² and [Andre Charlett](#)²

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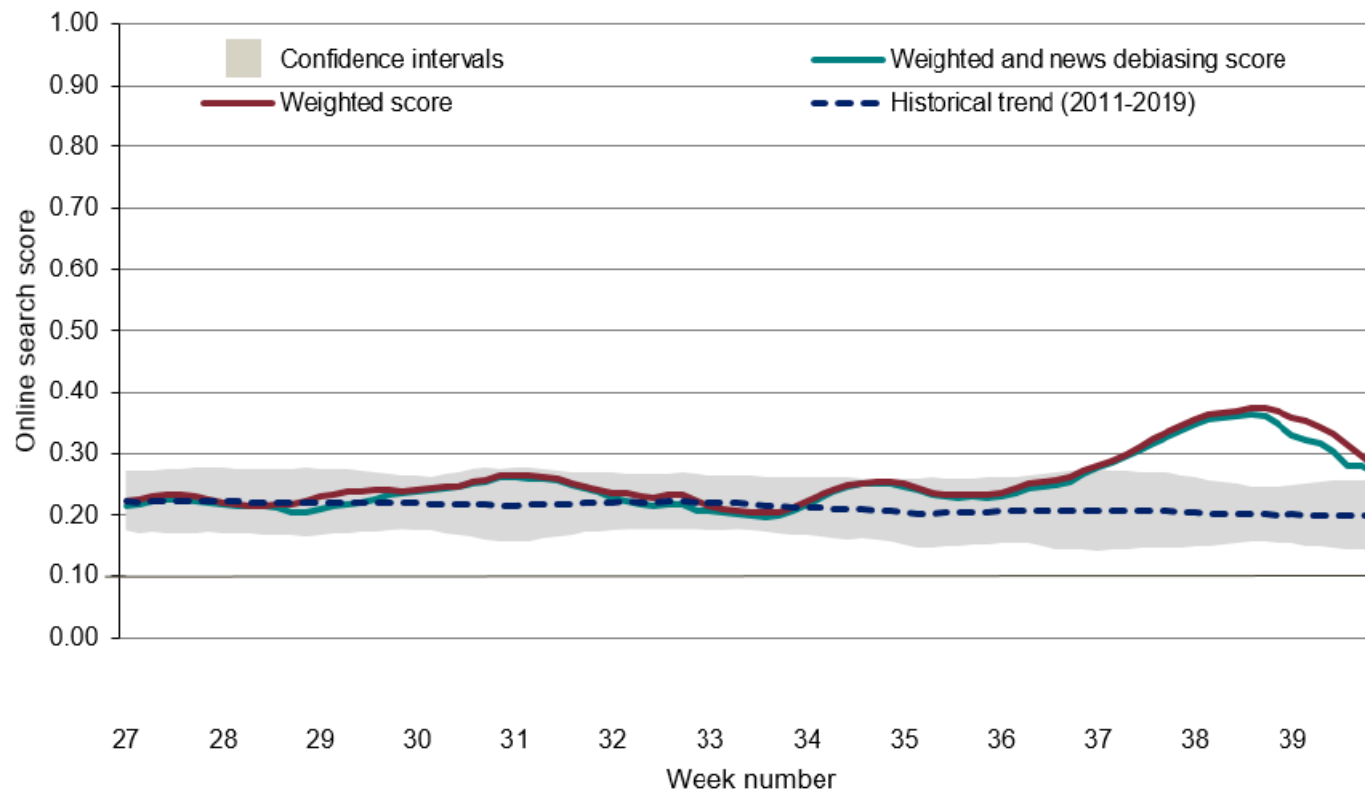
Spot the exceedance...



COVID cases by specimen date, <https://coronavirus.data.gov.uk/details/cases>

Google searches

Figure 26: Normalised Google search score for COVID-19 symptoms, with weighted score for media-debiasing and historical trend, England



<https://www.gov.uk/government/publications/national-covid-19-surveillance-reports>

Dissemination of surveillance data

Ad-hoc and Routine Reports

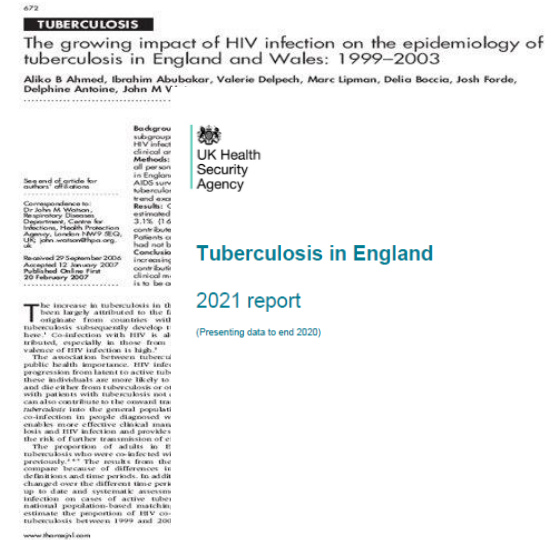
Routine (weekly, monthly or quarterly) epidemiological summaries (bulletins, dashboards)

Web Based Datasets / Summaries

Special Reports, guidelines, briefings and queries

Media (in collaboration with partners)

Research Articles



Tuberculosis in England

2021 report

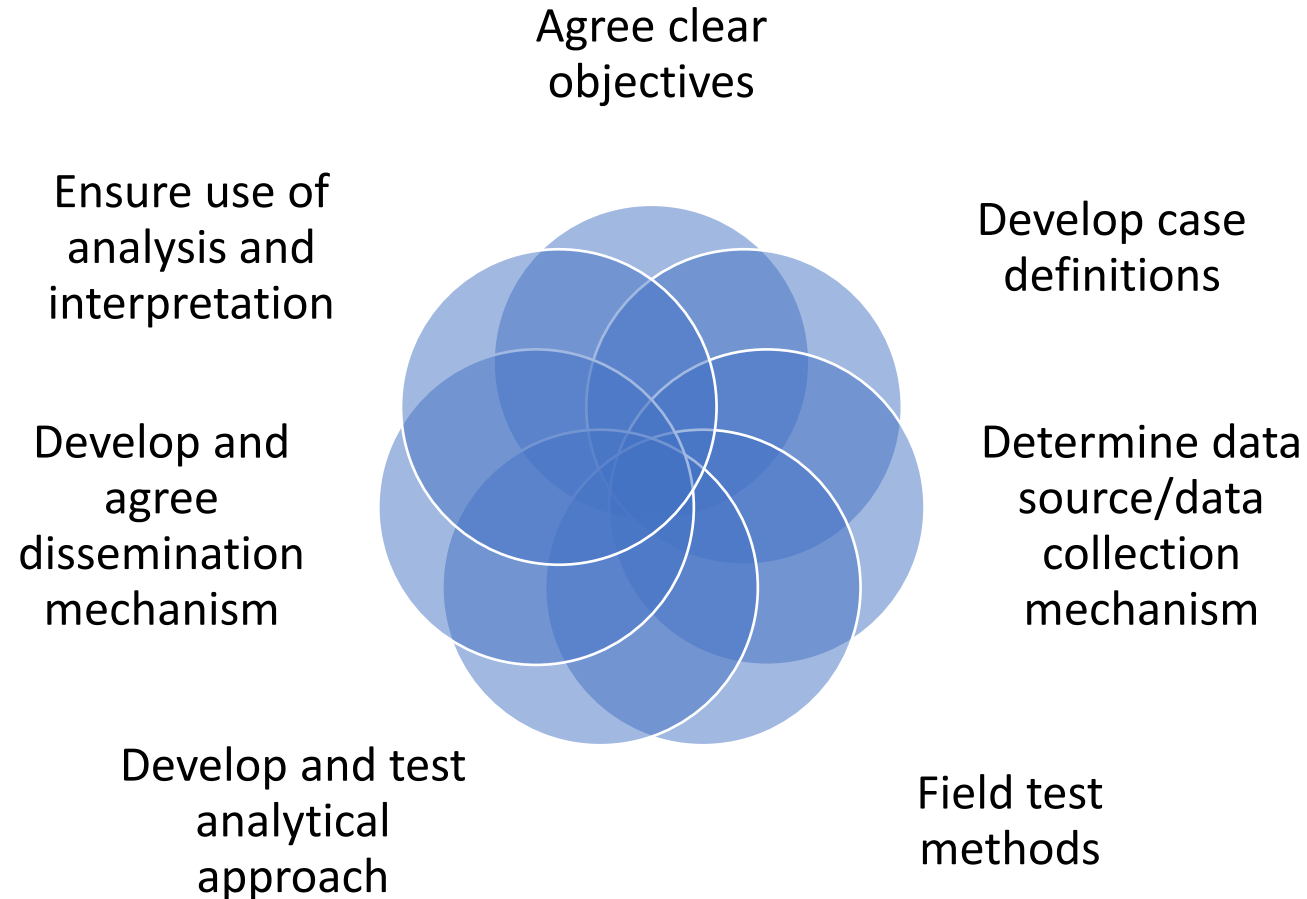
(Presenting data to end 2020)

influenza and other
ratory viruses in the UK
2021

Ethics / governance

- Data provider – approval/support
- Patient information
- Data security / Caldicott Guidelines
- Reporting (anonymised/small numbers)

Planning a surveillance system



Evaluation

Simplicity

Flexibility

Data quality

Acceptability

Sensitivity

Predictive value
positive

Representativeness

Timeliness

Stability



MMWR[™]

Morbidity and Mortality Weekly Report

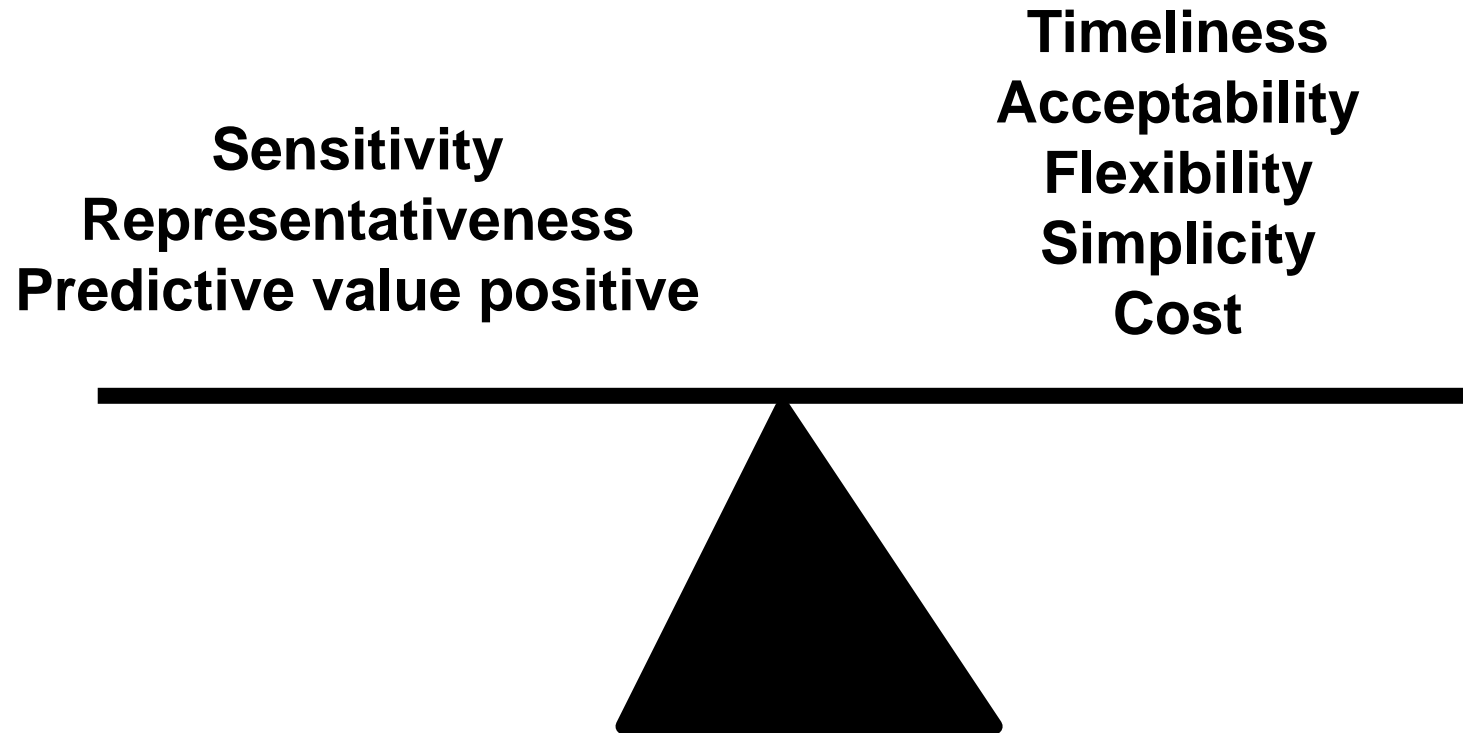
Recommendations and Reports

May 7, 2004 / Vol. 53 / No. RR-5

**Framework for Evaluating Public Health Surveillance
Systems for Early Detection of Outbreaks**

Recommendations from the CDC Working Group

Buehler's balance of systems attributes



Questions?