



Office for Health
Improvement
& Disparities

Yorkshire and the Humber Monthly Update

Issue: 75, April 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: tyler.leech@dhsc.gov.uk



Healthy Places and Sustainable Communities

Team Lead: Nicola Corrigan

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Healthy Places and Air Quality

Lead: Karen Horrocks

Creating resilient and revitalised high streets in the 'new normal'

This [report](#) by the Local Government Association (LGA) was informed by 30 video interviews and identifies a checklist of 35 pre-pandemic trends across the six 'PESTLE' (Political, Economic, Social, Technological, Legal and Environmental) categories that will impact high streets going forward.

World Health Organisation: Built Environment Resource Repository

This new [repository](#) is a living resource, open to modifications and additions, and is automatically updated each time new products become available. It covers topics such as urban planning, housing, environmental issues, transport and mobility, nutrition, physical activity, COVID-19 and many others. The search engine allows users to access existing WHO materials by health topic category, product type, geographical area and year of publication/development.

Active Travel England to Launch

The Department for Transport is to create a new executive agency, Active Travel England (ATE), with its headquarters in York. Active Travel England builds on government commitment to boost cycling and walking and deliver a healthy, safe and carbon-neutral transport system. The agency will become fully operational later in 2022. More details [here](#)

How transport offers a route to better health - The Health Foundation

This [long read](#) examines the challenges of shifting towards a transport system that better supports health. It sets out how transport affects health, the difficulties in moving towards greater use of public transport and the effects of COVID-19 on travel patterns.

FREE National Housing Consortium Levelling Up Conference

The [conference](#) takes place Thursday 14th July at Hilton Leeds City will include keynote speakers, good practice case studies, and a core focus on networking and collaboration.

Webinar: Social and Economic Research Institute 29th March

This is a free [Webinar](#) presenting work in Yorkshire and Humber which explored the barriers and facilitators for active travel among residents and then designed a new intervention that uses behaviour change techniques to address those key barriers and facilitators **Using behaviour change**



techniques to encourage active travel across the Yorkshire and Humber region

Physical Activity and Community Based Approaches

Lead: Karen Horrocks and Nicola Corrigan

NIHR: Major UK study to assess the impact of community organisations on public health

The positive impact community organisations have on health and wellbeing is to be examined for the first time as part of a major new study funded by the NIHR. Led by Glasgow Caledonian University (GCU), the £1.5million project, entitled Common Health Assets, is the first in-depth study of the links between community, health, and wellbeing across the UK. Read more [here](#).

Young Foundation Research into Volunteering Activity During Covid 19.

This [research](#), commissioned by the Department for Digital, Culture, Media & Sport and conducted by The Young Foundation, seeks to improve understanding of the ways in which volunteers were mobilised at local authority levels in England during the COVID-19 pandemic, with the overarching aim to support future policy development on volunteering. Chapter 5 may be of most interest to community development practitioners and champions.

Start with People Conference 28th April

The [Start with People virtual conference](#) delivered by the Public Participation team at NHS England and NHS Improvement is the main event for people working in the NHS and wider health and care sector with an interest in improving public involvement with people and communities.

My Active Future

Activity Alliance with support from Sport England, commissioned specialist education research agency EdComs to undertake the study.

Disabled children aged 5 to 16 years and their parents and guardians were involved in the report. A total of 760 disabled children and parents took part in the online survey, along with 921 non-disabled children and their parents. This allowed a comparison of experiences.

The new findings reinforce the activity gap between disabled and non-disabled children. Disabled children are less active than their peers and experience more barriers. The report complements Sport England's annual Active Lives Children and Young People Survey.

UK Active- 'Leading the Change: an insight to social prescribing in the fitness and leisure sector'

- The report, called 'Leading the Change: social prescribing within the fitness and leisure sector', calls for the Government and its agencies to help unlock the potential of fitness and leisure facilities to serve more people through social prescribing

#EasierToBeActive - co-created resources

- One in three of us in England live with a health condition and we are twice as likely to be amongst the least physically active, yet we know that being active can help to manage our



conditions and increase our quality and length of life. The #EasierToBeActive project explored the ways in which we help people with long-term health conditions lead a more active lifestyle.

Sense: research report person centred approach to engaging children in physical activity

- The report 'Understanding the physical activity needs of families who have children with complex disabilities' highlights key findings and recommendations for all sports providers to consider when delivering sport and physical activity for children with complex disabilities.
- Report produced in partnership with UKActive Research Institute and Sport England.

She Got Game: increasing girls' engagement in physical activity

- Over the last 2 years, StreetGames have played an important role in the She Got Game partnership: an international project, funded by Erasmus+, which aims to provide coaches and leaders with the tools to engage women and girls in physical activity sessions.
- The partnership is made up of three sports NGOs, a university, and a governmental sports organisation, covering 4 European countries: Belgium, Denmark, the Netherlands and the UK.

Reframing sport for teenage girls: Tackling teenage disengagement

- Ahead of International Women's Day, Women in Sport has found that more than one million teenage girls (43%) who once considered themselves 'sporty', disengage from sport following primary school. A fear of feeling judged by others (68%), lack of confidence (61%), pressures of schoolwork (47%) and not feeling safe outside (43%) were some of the reasons given for not wanting to participate for this group of girls.

Exploring Whole Systems Approaches

'Putting It into Practice' learning series which has been developed by a mix of colleagues across Active Partnerships, Local Delivery Pilots and Sport England. We will be convening a session that will explore whole systems approaches to tackling inactivity. The time we will spend together is designed to

- Bring clarity to language being used across the sector to describe whole systems approach
- Share stories and examples of whole systems approach in practice
- Help you make connections to your own practice and experiences

This session will be a two-hour online workshop on the 28th April 2022 at 10am. [Sign up here](#) before 19th April 2022

Get Yourself Active

- This is the roundup of what the Disability Rights UK Get Yourself Active team and our partners have been up to during the month of February, and what to look forward to in March. Along with some opportunities, news and insight that we hope will be of interest. You'll hear more from us next month!



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

Commercial Determinants of Health/Alcohol

During March, the Institute of Alcohol Studies launched the report on [‘The Marketing and Consumption of No and Low Alcohol Products in the UK’](#) from Dr Emily Nicholls, following the earlier presentation of findings which can still be accessed [online](#). The report contains some useful infographics which summarise the scope of the study and its findings – a double-edged sword, with NoLos providing a useful alternative supporting reduced consumption of alcohol, but this being somewhat undermined by marketing practices and the way that they continue to normalise drinking in everyday situations.

If you missed the fourth in a series of sustainability webinars from the IAS, you can still view the recording of [‘Alcohol and Human Rights’](#), including presentations from investigative journalist Olivier van Beeman on ‘Heineken in Africa’. The seminar examines issues such as workers’ rights, industry practices, gender and health inequality, and how human rights litigation can be used as a last resort control policy.

Alcohol education

Following the previous circulation of a [report](#) from Dr May van Schalkwyk and Prof Mark Petticrew analysing school education resources funded by alcohol industry, it has come to light that the Alcohol Education Trust has recently been promoting such resources produced by organisations funded by or associated with the alcohol industry. Organisations include the Wine and Spirit Education Trust (founded by the Wine and Spirits Trade Association which opposes many of the most effective harm reduction policies), and Community Alcohol Partnerships (who receive funding from companies such as Diageo and Heineken as well as many of the major retailers). Furthermore, it is noted that the AET Chief Executive Helena Conibear, leads an organisation of researchers called AIM (Alcohol in Moderation), which aims to ‘promote the responsible drinking message’ – aligning with the inappropriate framing and messaging promoted by the alcohol industry. We are keen for public health partners to promote an ‘alcohol-free childhood’ with consistent messaging and school curricula, avoiding the use of any industry-influenced resources which are compromised by a consumer approach to alcohol. These commonly apportion individual responsibility for control of drinking and its impacts, largely ignoring the influence of industry in shaping behaviour and the need for action which protects at population level.



Commercial Determinants of Health/Food

Research published this February by [Yau et al \(2022\)](#) demonstrated an association between restrictions of outdoor advertising of products high in fat, salt and sugar across the Transport for London estate in public spaces, and subsequent purchase of those products by 1,970 households. There was a relative reduction in the average weekly household energy purchased from HFSS products of 1,001 kcal (or 6.7%) with the largest relative reduction for chocolate and confectionery.

Gambling-related harms

The recent Cheltenham Festival provided another opportunity for promotion and normalisation of gambling in the media, heavily advertised across all news publications. In response, Leeds City Council teamed up with NHS Northern Gambling Service and Leeds Community Gambling Service to refresh the 'Beat the Odds' campaign, first introduced in 2017. The campaign aimed to raise awareness of gambling issues in Leeds and direct those impact to the right support, and was promoted widely across Leeds, including through social media, screens in the city centre and stalls in Trinity Shopping Centre. More information on 'Beat the Odds' can be found [here](#) or direct from Leeds City Council.

Gambling treatment

During February NHS England announced the intention to cease the dual commissioning and funding arrangement with GambleAware for NHS treatment of gambling harms. This will move to general NHS funding from 1st April 2022. The decision has been largely influenced by the concern from patients and clinicians alike around the conflict of interest in acceptance of funding from the gambling industry.

Statistics on incentives to gamble

An online survey from the Gambling Commission conducted during June 2021 was reported during February, detailing '[Consumer experiences and attitudes to Free Bets and Bonuses](#)'. Adult gamblers on the panel completed the survey, with almost 2 in 3 receiving an incentive from a gambling company in the last 12 months. Almost half received this through email and a fifth through targeted social media. Incentives more commonly related to online betting (73%); online slots, bingo and casino promotions were mostly received by around 1 in 3 – among the most addictive products. Across all activities including lottery, respondents said they had received on average seven incentives over seven days. Worryingly, 35% of those gambling at problem level had received daily incentives or offers (vs 7% for each of low and moderate risk). Free bets or bonuses had encouraged 31% to gamble more than intended, and 28% gambled for the first time.

Gambling regulation and enforcement update

The [Gambling Commission](#) reported fines issued to three gambling businesses during March 2022 totalling more than £13m. The largest (£9.4m) of these was in respect of online operator 888 facing enforcement for a second time, the last being £7.8m in 2017 for failing to protect vulnerable customers. Recent failures included allowing large deposits with no check on source of funds; not identifying players at risk of harm and not carrying out customer interactions or placing restrictions on customer accounts of concern.



Online gambling business Bonne Terre Ltd, trading as Sky Betting and Gaming, was issued a £1.17m fine for sending promotional emails to customers who had self-excluded or opted out of marketing. Similarly, Camelot UK was fined for failures, one of which was messaging 65,400 apps users who had self-excluded or been identified as showing signs of gambling harm.

Tobacco Control: Smokefree 2030

Lead: Dave Jones

Independent review of tobacco control in England

The Secretary of State for Health commissioned Javed Khan to undertake an independent review of tobacco control in England, to look at how the Smokefree 2030 ambition will be achieved.



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Healthy Ageing

Lead: Alison Iliff

The Centre for Ageing Better has published its annual [State of Ageing report](#), a snapshot of how people in the UK are ageing, looking at past trends and prospects if no action is taken. This year's report finds that a financially secure and healthy later life is becoming increasingly unlikely, with almost 1 in 5 older adults (c.2 million people of pension age) now living in poverty. Years lived in good health is declining and employment rates in those approaching retirement age are at the lowest levels since 2016.

A webinar exploring the key themes from the report will take place on Tuesday 5th April, 9.30-10.30. Further information and registration can be found [here](#).

The British Society of Gerontology has published an [article](#) outlining ways to improve co-research with older adults.

The National Audit of Inpatient Falls (NAIF) hosted its first live and interactive webinar, discussing the NAIF autumn 2021 annual report (2020 clinical and 2021 facilities audit data), on Thursday 24 March, 6–7.15pm.



Public Mental Health & Suicide Prevention

Lead: Laura Hodgson

Some Key Updates:

Churchill Fellowship report, supporting children after a parent dies by suicide

- This Churchill Fellowship [report](#), authored by Anna Wardley, shares the research she carried out across three continents and two years focused on improving the support for children bereaved by parental suicide. She visited organisations and experts in Australia, Denmark, Sweden and the USA in order to bring back ideas and inspiration to improve the provision of care in the UK.
- Anna is also calling on the government to collect and publish data on how many children lose a parent to suicide, via [petition](#).

IAPT

On **6th April 2022, at 9:30am-12:30pm** the Yorkshire and the Humber Clinical Network will host an event focused on giving an overview and insight into:

- How we can support Older Adults to access psychological therapies
- Recognising the signs and symptoms of depression and anxiety
- Sharing facts and dispelling Myths about depression and anxiety in older people
- Discussing system challenges and sharing best practice as a region.

Please [join here](#) or email heather.stonebank@nhs.net for an invitation

Long Term Conditions inc NHS Health Check and COVID-19

Lead: Alison Iliff

Recent publications of interest relating to long Covid:

- Impact of mild [COVID on CVD](#)
- COVID impact on brain size, independent of hospitalised disease, peer-reviewed and published in Nature and used a UK based cohort (UK Biobank).
- ONS has released data on the [Prevalence of ongoing symptoms following coronavirus \(COVID-19\) infection in the UK - Office for National Statistics \(ons.gov.uk\)](#).
- [NHS Guidelines for supporting NHS staff with Long Covid have](#) been published.
- The NIHR webinar on Long Covid held on 16th February with an update on NIHR funded programmes can be accessed [here](#).

New online IAPT Long Term Conditions (LTC) training module for long-Covid

HEE, eLearning for healthcare and NHS England and Improvement have come together to develop new online learning which will help IAPT staff to treat and care for patients and service users with long COVID.



- An estimated 1.2 million people in the UK (1.9% of the population) were experiencing self-reported long-Covid (symptoms persisting for more than 4 weeks after the first suspected COVID-19 infection that were not explained by something else) as of 31st October 2021.
- The [LTC Long Covid e-learning](#) is available to the entire IAPT workforce, including administrative staff. The new module, which has been developed by a group of subject matter experts, will explore the physical and psychological impact of long COVID and outline low- and high-intensity interventions for use within IAPT services.
- The modules enable and support the NHS Long Term Plan ambitions related to supporting long-term conditions services and delivering more evidence-based talking therapies to provide access to services for 1.9 million people by 2023/24.



Inclusion Health

Leads: Cathie Railton and Andy Maddison (Rough Sleeping & Homelessness)

Key Talking Points:

- Ukraine
- OHID migrant health guide - Ukraine
- A new section has been added for Ukraine [here](#) . More national advice and guidance will follow.

ONS data

The ONS have released [preliminary data](#) from the Census 2021 to support local areas co-ordinate support for communities affected by the conflict in Ukraine. They have released counts of country of birth by local authority for Ukraine and neighbouring or relevant countries as of census day (21 March 2021).

[Resource](#) from Schools of Sanctuary, Ireland for schools and parents: Speaking with children about the War in Ukraine.

There are further resources available on the Yorkshire and Humber Public Health Network website [here](#) which we will continue to develop.

New Local Migration Data Dashboards by Migration Yorkshire - Now Live!

On Migration Yorkshire's statistics webpage under the 'interactive data dashboards' section. You can follow the links to find a dashboard with accompanying video and text user guide for:

- Refugees arriving through a government resettlement scheme
- Children who arrived here unaccompanied and are seeking asylum
- People who are seeking asylum
- Applications and outcomes in relation to the European Union Settlement Scheme [EUSS]



Modern Slavery Research Consortium

The consortium produces briefings etc on modern slavery. To be added to the mailing list, please email gary.craig@galtres8.co.uk.

Doctors of the World new resources:

Translated leaflets on how to use the NHS: DOTW and Bevan have produced a set of leaflets about how the NHS works and translated these into 18 different languages. You can access these [here](#).

DOTW briefing: Asylum seeking children housed in initial accommodation centres (IACs) and contingency accommodation across England: A briefing on safeguarding, healthcare and education provision available [here](#)

New NICE [guidance](#): **Integrated health and social care for people experiencing homelessness.** This guideline covers providing integrated health and social care services for people experiencing homelessness. It aims to improve access to and engagement with health and social care, and ensure care is coordinated across different services.

Homeless Link's [policy briefing](#), Facing up to homelessness among non-UK nationals: The challenge and opportunity since 'Everyone In'.

Published in January, it was produced as part of their partnership project with NACCOM, Finding local solutions to non-UK national homelessness.

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

HIV pre-exposure prophylaxis (PrEP) Monitoring and Evaluation Framework

The UK Health Security Agency (UKHSA) has published a [monitoring and evaluation framework for the delivery of HIV pre-exposure prophylaxis \(PrEP\) in England](#)

The framework consists of a set of indicators to inform service improvement in PrEP commissioning and delivery, as well as the elimination of HIV transmission and broader STI control. The indicators will be published within existing HIV and STI surveillance outputs starting later in 2022, once a full year of data has been reported to UKHSA through the GUMCAD STI Surveillance System.

While data for 2021 are not yet complete, provisional data for January to June 2021 suggest that at this time, there is likely to be under reporting and inconsistent use of PrEP surveillance codes reported through the GUMCAD STI Surveillance System. Consequently, these data underestimate PrEP activity. Robust evaluation of PrEP delivery is essential to understand the effectiveness of PrEP and its place within wider HIV combination prevention strategies. However, ongoing monitoring and evaluation is dependent on the completeness and quality of data.

Sexual Health Services and local authorities have a critical role to play in ensuring that PrEP data collected through GUMCAD and reported to UKHSA is complete and accurate. UKHSA is actively working with local providers to support PrEP reporting and the quality of coding, and [guidance on PrEP activity coding](#) is available.



National Chlamydia Screening Programme documents published

UKHSA have published the following NCSP documents which are available on the [NCSP collection page](#) - this webpage has also been refreshed removing/ updating out of date content and links.

[NCSP Standards \(8th Edition\)](#) - NCSP standards support an evidence-based and cost-effective approach to delivering chlamydia screening. This document outlines the minimum standards and should be used by commissioners and providers to form the basis for implementing local screening plans.

[NCSP Talking with young people about changes to chlamydia screening](#) - This guide provides suggestions on how to talk about and support the offer of opportunistic chlamydia testing outside sexual health services as part of the NCSP.

[NCSP Patient Information Leaflet](#) – NCSP leaflet in PDF format for local use or printing when offering opportunistic chlamydia testing.

England to return to pre-pandemic system for early abortions

See this press release: [England to return to pre-pandemic system for early abortions](#) and statement: [Written statements - Written questions, answers and statements - UK Parliament](#)

This is the link to the consultation outcome: [Home use of both pills for early medical abortion](#).



Health Inequalities

Lead: Kristin Bash

The Royal Society for Public Health (RSPH) Health and Wellbeing Awards 2022 are open for entries. There are seven categories representing the breadth and reach of public health projects and programmes



Data, Documents, Letters, Reports and General Information

- Arts & Health
- Community Health Development
- Health & Wellbeing in Workplaces
- Health at Every Age
- Healthier Lives
- Health Equity
- Public Mental Health & Wellbeing

Further information about how to enter can be found [here](#)



UKHSA Bulletin: Highlights

Issue 23/03/2022

The Committee on the Medical Effects of Air Pollutants (COMEAP) has published an update to its July 2021 advice to Defra

The update is regarding health evidence relevant to setting targets for fine particulate air pollution (PM2.5) under the Environment Act.

This update reflects the publication, by the World Health Organization, of revised Air Quality Guidelines in September 2021. COMEAP has also updated its recommendations for quantifying mortality associated with long-term exposure to particulate air pollution and hospital admissions associated with short-term exposure to air pollutants. COMEAP's publications are available here: [COMEAP: reports and statements - GOV.UK \(www.gov.uk\)](#)

Defra has also published its public consultation on Environment Act 2021 targets here: : [Consultation on environmental targets - Defra - Citizen Space](#). The deadline for responses is 11th May 2022.

NOIDs report

- For the latest report please click [Weekly Statutory Notification of Infectious Diseases \(NOIDs\) Report](#)

COVID Data:

- Weekly publications of COVID-19 surveillance reports can be found [here](#).

Variants of Concern:

- Weekly (every Friday) publications of this report can be found [here](#)

World TB Day: 24th March 2022:

UKHSA and WHO held the annual World TB Day – which promotes seeking medical advice if they have a persistent cough (lasting more than 3 weeks) and fever so they can access effective treatment.

For further information on this please click [here](#) and to view provisional TB data for 2021 here: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1055985/TB_Quarterly_Reports_SOP_v2.2.pdf

New Blogs:

- Thunderstorm asthma and public health – looking back to move forward - UK Health Security Agency
- Powering our nation's health security with world leading science - UK Health Security Agency