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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 19: June 2017

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Alison Iliff and Gemma Mann) |

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| Healthy Rating Scheme  Due to the forthcoming general election, DfE is required to follow standard pre-election guidance which affects government activities during this period. DfE has completed pre market testing, but the original timeline of issuing an invitation to tender to suppliers in May and having a soft launch in Sept will be affected by purdah/general election.  You're Welcome standards refresh  The British Youth Council (BYC), the Association for Young People’s Health (AYPH) and Youth Focus North West have been piloting refreshed ‘You’re Welcome’ standards from Feb-April 2017. The project includes piloting a self-assessment toolkit and a process of young people verifying services – you can take a look [here](http://www.youngpeopleshealth.org.uk/yourewelcome/). They are now seeking feedback from services with this [short survey](https://www.surveymonkey.co.uk/r/2FL3M67).  Publication of report: Children and young people’s mental health – the role of education  Health and Education Committees:[Children and young people’s mental health – the role of education](http://www.parliament.uk/business/committees/committees-a-z/commons-select/health-committee/inquiries/parliament-2015/children-young-people-mental-health-education-inquiry-16-17/)  Pupils should have more time for well-being, say MPs  Schools and colleges struggle to provide adequate time and resource for pupils’ well-being, according to the Health and Education Committees in a joint report published today: [Children and young people’s mental health – the role of education](https://www.publications.parliament.uk/pa/cm201617/cmselect/cmhealth/849/849.pdf) (HC 849)  As part of a joint inquiry into children and young people’s mental health, the Committees found that financial pressures are restricting the provision of mental health services in schools and colleges. The next Government must review the effect of the budget reductions in the education sector, the report adds.  The Committees say an increasing number of education providers are having to cut back on mental health services, such as in-school counsellors, despite a growing prevalence of mental ill health among children and young people. The report notes that half of all cases of mental illness in adult life start before the age of 15 and that one in 10 children aged between 5-16 have had a diagnosed mental disorder.  Schools and colleges have a front line role in promoting and protecting children and young people’s mental health and well-being but, the Government also has a significant part to play. Both Committees welcome the Government’s commitment to make personal, social, health and economic education (PSHE) mandatory in schools and colleges but, the promotion of well-being cannot be confined to PSHE lessons.  The Committees support the need for a whole school approach that embeds the promotion of well-being throughout school and college culture, including changes within the curriculum and the training and continuing professional development of teachers and support staff. The Committees recommend that this approach to mental health and well-being should be properly taken into account and reflected in Ofsted’s inspection regime and reporting.  Strong partnerships between the education sector and mental health services improve the provision of care for children’s mental health and well-being. However, during their inquiry, the Committees saw evidence of significant variation in how well schools, colleges and Child and Adolescent Mental Health Services (CAMHS) work together and that such partnerships simply do not exist in many local areas. The Committees call on the Government to commit sufficient resource to ensure effective services are established in all parts of the country.  Whilst there are benefits of social media, excessive social media use is also associated with sleep deprivation and depression in children and young people. Social media providers must not be allowed to duck their responsibilities for harmful content, which affects children and young people’s online safety and well-being.  **Chair of the House of Commons Health Committee, Dr Sarah Wollaston MP, said:** “With half of all mental illness starting before the age of 15, and three quarters by aged 18, the Government and educators must ensure sufficient time is allowed for activities in schools and colleges that develop the life-long skills children and young people need to support their wellbeing.”  **Neil Carmichael MP, Chair of** the **House of Commons Education Committee, said:** “Schools and colleges have a front line role in tackling mental ill health and promoting well-being among children and young people. We have heard, however, that financial pressures are restricting their ability to run services. Schools and colleges must be well resourced to provide on-site support and make referrals where necessary.  The report will be available on the website of committees, [www.parliament.uk/healthcom](http://www.parliament.uk/healthcom)  and [www.parliament.uk/education-committee](http://www.parliament.uk/education-committee).  Information for children and young people following events in Manchester  Greater Manchester Authority has pulled together [some useful information](http://www.nhs.uk/manchesterattack/Pages/help-and-support-after-the-manchester-attack.aspx) following the recent events in Manchester; the information is also applicable for use following any major incident that may have potentially caused widespread trauma and/or fear. There is public facing information and also information for professional organisations. There is also more general information around the incident [here.](https://www.gov.uk/guidance/manchester-attack-may-2017-support-for-people-affected) |
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| Living Well |
| Public Health Outcomes Framework, Health Profiles,  Local Tobacco Control Profiles, Local Alcohol Profiles for England and Wider Determinants of Health Profiles  On 5th May 2017, the [Public Health Outcomes Framework](https://www.gov.uk/government/statistics/public-health-outcomes-framework-may-2017-data-update) (PHOF) quarterly data updates were published with stats looking at the year 2015/2016. The online [Health Profile](https://www.gov.uk/government/statistics/health-profiles-may-2017-data-update), [Wider Determinants of Health tool](https://www.gov.uk/government/statistics/wider-determinants-of-health-may-2017) and [Local tobacco control profiles](https://www.gov.uk/government/statistics/local-tobacco-control-profiles-for-england-may-2017-data-update) were also updated.  10 Things you need to know about your back  On 5th May 2017, the Chartered Society for Physiotherapy launched [resources](http://www.csp.org.uk/publications/10-things-you-need-know-about-your-back) to encourage patients and health professionals to reset the whole conversation on back pain.  The campaign aims to encourage positive messaging instead of the fear-inducing language which can lead many to ‘catastrophise’ non-serious cases of back pain; empowering people to manage their health better.  Shops agree to limit sugary drinks sales in hospitals  NHS England has asked all retailers with hospital outlets to limit sugary drinks to no more than 10% of the total beverages they sell by next April. WHSmith, Marks & Spencer, Subway, Greggs, Medirest, ISS and the Royal Voluntary Service have already agreed to reduce the number of sugary drinks they sell in their hospital shops in England, including fruit juices and milk drinks with added sugar and coffees with sugar syrup.  Read more on our [blog.](http://elink.clickdimensions.com/c/4/?T=MzQ4MzAxMzI%3AMDItYjE3MTMyLTI2ZDlhOTZiMGMyZjQyYTViMmE5MTg2Y2VkN2E3Y2Nl%3Abmljb2xhLmNvcnJpZ2FuQHBoZS5nb3YudWs%3AY29udGFjdC0zM2QzOWNkMTg2ZjNlNjExODBjZTAwNTA1NmFkMGJkNC01MDhkMmY4MGM5NDE0YTU1OTMyYjViNjg2MGE5ODhjYw%3AZmFsc2U%3ANw%3A%3AaHR0cDovL3d3dy5mb29kZm9ybGlmZS5vcmcudWsvd2hhdHMtaGFwcGVuaW5nL25ld3MtYW5kLWJsb2dzL25ld3MtcG9zdC9zdWdhcnktZHJpbmtzLXNhbGVzLWluLWhvc3BpdGFscz9fY2xkZWU9Ym1samIyeGhMbU52Y25KcFoyRnVRSEJvWlM1bmIzWXVkV3MlM2QmcmVjaXBpZW50aWQ9Y29udGFjdC0zM2QzOWNkMTg2ZjNlNjExODBjZTAwNTA1NmFkMGJkNC01MDhkMmY4MGM5NDE0YTU1OTMyYjViNjg2MGE5ODhjYyZlc2lkPTIzYjYxODM4LTg1MmEtZTcxMS04MGQyLTAwNTA1NmFkMGJkNA&K=9F76dVecOJxgmIO021fVhQ)  State of Musculoskeletal Health 2017  We are delighted to inform you the **State of Musculoskeletal Health 2017** is now live. You can find it on the Arthritis Research UK website [here](http://www.arthritisresearchuk.org/arthritis-information/data-and-statistics/state-of-musculoskeletal-health.aspx)  Developed by Arthritis Research UK, the compendium will be updated annually.  It is a comprehensive one-stop data source of information and statistics on the prevalence, incidence, risk factors, comorbidities and impact of the most prevalent musculoskeletal conditions in the UK.  What conditions are included?  1. **Inflammatory conditions**  - Axial Spondyloarthritis (including ankylosing spondylitis)  - Gout  - Juvenile idiopathic arthritis  - Rheumatoid arthritis  2**. Musculoskeletal pain**  - Osteoarthritis  - Back pain  3. **Osteoporosis and fragility fractures**  For feedback and comments please email:  [s.steinberger@arthritisresearchuk.org](mailto:s.steinberger@arthritisresearchuk.org)  Tackling Obesity (H&WB Team Lead: Nicola Corrigan)  Food for Life – Hospital e-bulletin  Please [click here](http://elink.clickdimensions.com/m/1/34830132/02-b17132-26d9a96b0c2f42a5b2a9186ced7a7cce/1/406/c1faefd5-f5bc-47a7-af5d-4f5452c2cd4a) to view the May 2017 e-bulletin.  Nutrient analysis of fruits and vegetables  The ['Nutrient analysis survey of fresh and processed fruit and vegetables with respect to fibre'](https://www.gov.uk/government/publications/nutrient-analysis-of-fruits-and-vegetables) is part of a series of projects analysing the nutrient content of different food types. The main purpose is to generate reliable information on the nutrient content of foods.  This is used to calculate nutrient intake information from the food consumption data collected in surveys such as our National Diet and Nutrition Survey (NDNS) and to update the UK food composition tables. This update will provide robust new information on the fibre content of foods, following the definition recommended in the SACN Carbohydrates and Health report. The data will support wider work to develop advice and interventions to reduce premature deaths and ill health associated with poor diet.  Child Obesity data  Data on child obesity and excess weight at small area level.  PHE has released official statistics on [child obesity and excess weight at small area level](https://www.gov.uk/government/statistics/child-obesity-and-excess-weight-small-area-level-data). The series of spreadsheets provides trend data on the prevalence of excess weight (overweight including obesity) from 2010/11 to 2015/16 and obesity from 2008/09 to 2015/16. Three years combined data from the National Child Measurement Programme (NCMP) is presented for 2011 Middle Super Output Areas (MSOA), 2015 Electoral Wards, 2015 Clinical Commissioning Groups (CCG), 2013 local authorities and England for comparison. The data can help monitor excess weight in children, to assist the planning and delivery of services and the targeting of resources to tackle child obesity. The release includes a short guidance document to help interpret the statistics.  POWeR  Positive Online Weight Reduction-information leaflet attached, more information available on the [Healthy Weight and Physical Activity KHub](https://khub.net/group/yorkshire-and-humber-healthy-weight-and-physical-activity-community-of-improvers/activity) site    Everybody Active Every Day (H&WB Team Lead: Nicola Corrigan  PHE Healthy Place KHub site  [PHE Healthy Places KHub](https://khub.net/group/healthypeoplehealthyplaces/activity) site- National healthy Places team pages to share evidence and promising practice  Yorkshire and Humber Physical Activity Knowledge Exchange  [Yorkshire and Humber Physical Activity Knowledge Exchange](https://plus.google.com/u/0/communities/110492124691975402201) to join follow the attached instructions  Green Spaces and health and Wellbeing conference at Leeds Beckett University Headingly Campus 12th June 2017 (flyer attached)    [FUSE Physical Activity workshop](http://www.fuse.ac.uk/events/fusephysicalactivityworkshops/8thfusephysicalactivityworkshop.html)  [FUSE Physical Activity workshop](http://www.fuse.ac.uk/events/fusephysicalactivityworkshops/8thfusephysicalactivityworkshop.html) (programme attached)    Clinical Champions programme  Yorkshire and Humber has been chosen as one of the 4 pilot sites for the enhanced Physical Activity Clinical Champions programme for the next 12 months.  We will have 2 doctors, 2 nurses and 1 allied health professional who will deliver training on the importance of physical activity to any healthcare professional and will also be supported by local authority leads who will deliver the signposting element of the training at the same time.  A flyer will be coming out son and mapping is currently underway to identify areas of highest need for the training.  This is a national programme which is coordainted at a local level and Primal Kaur will be in touch with local authority leads to discuss their input on an authority by authority basis.  Reducing Smoking (H&WB Team Lead: Scott Crosby)  Undercover Investigation Finds 9 In 10 Vape Shops Prepared to Sell to Non-Smokers  This investigation reveals results of an undercover investigation showing that almost nine in 10 stores (87%) are either knowingly or unwittingly prepared to sell e-cigarettes to people who have never smoked or vaped.  The investigation into 100 of the UK’s 1,700 specialist vape shops in February 2017 found that: almost half (45%) of stores did not check whether new customers were current or former smokers. Three quarters (76%) of those that did check continued to encourage the customer to start vaping, even once they knew they were a non-smoker. [Click here](https://www.rsph.org.uk/about-us/news/undercover-investigation-finds-9-in-10-vape-shops-prepared-to-sell-to-non-smokers.html?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=8179057_NEWSL_HMP%202017-04-11&dm_i=21A8,4VB01,FLWQCU,IF3XL,1) to view report.  Smoke Free in Prisons  Please find attached ‘Smoke Free Update - Yorkshire and the Humber - May 2017’.    Reducing Harmful Drinking (H&WB Team Lead: Liz Butcher)  Alcohol statistics published  Three new data reports on alcohol have been published together in one compendium, [Statistics on Alcohol, England](http://digital.nhs.uk/pubs/alcohol17), 2017, by NHS Digital. The report acts as a reference point for health issues relating to alcohol use and misuse by providing information obtained from a number of sources, including PHE’s Local Alcohol Profiles England, NHS Digital’s Hospital Episode Statistics (HES) and ONS’s Adult Drinking Habits.  [PHE’s Local Alcohol Profiles](https://www.gov.uk/government/statistics/local-alcohol-profiles-for-england-may-2017-data-update) has updated information on alcohol-related hospital admissions; and [ONS’s Adult Drinking Habits](https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/drugusealcoholandsmoking/bulletins/opinionsandlifestylesurveyadultdrinkinghabitsingreatbritain/2005to2016) is based on the Opinions and Lifestyle Survey. Other topics in the report include deaths related to alcohol, alcohol use among children and expenditure on alcohol.  Mental Health (H&WB Team Lead: Corinne Harvey)  Surviving or Thriving? The State of the UK's Mental Health  Many of us are not thriving as much we would want to be. We cannot thrive individually or as a nation until we take steps to remedy this. Each of us can act to strengthen our own mental health and reduce the risks of becoming unwell. We can help our friends and families to do the same. We can also call on those who make national and local policy to understand the drivers of poor mental health, to take action to combat these and to strengthen the resilience of our communities.  This report, released to coincide with Mental Health Awareness 2017, aims to understand the prevalence of self-reported mental health problems, levels of positive and negative mental health in the population, and the actions people take to deal with the sources of stress in their lives.  [Click here](https://www.mentalhealth.org.uk/sites/default/files/surviving-or-thriving-state-uk-mental-health.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=8232843_NEWSL_HWBB%202017-05-08&dm_i=21A8,4WGI3,FLWQCU,IOFZE,1) to download repot.    Yorkshire and the Humber Mental Health Network News - Issue 17, May 2017  Please [click here](http://mailchi.mp/db5422559dc7/yorkshire-and-the-humber-mental-health-network-news-issue-17?e=955474ce8a) to read Issue 17 of the Yorkshire and the Humber Mental Health Network News.  Sexual Health (H&WB Team Lead: Sharron Ainslie)  STI and NCSP Annual Data Release  The STI & NCSP Annual Data Tables are set for publication on the [.gov webpage](https://www.gov.uk/government/statistics/sexually-transmitted-infections-stis-annual-data-tables) on June 6th, along with the annual report and infographic poster.  The [Sexual and Reproductive Health profiles](https://fingertips.phe.org.uk/profile/sexualhealth/data) will also be updated that day.  2016 Quarter 1 conception data  On Tuesday 23rd May, ONS published the under-18 conception data for Q1 2016.  New Clinic Codes  The Joint BASHH-FSRH information group in liaison with the Adolescent Sexual Health SIG has been working to introduce new clinical codes that will capture specific vulnerabilities in our patients. The aim is for consistent recording across our services for case complexity and specific interventions. In addition this will support surveillance for our local safeguarding boards and beyond.  The codes were formulated as below, because they best reconcile the need to capture sufficient detail with ease of coding. PHE are supportive but cannot yet incorporate these SHHAPT codes into the GUMCADv2 dataset until agreement with NHS Digital.  In the interest of time and ease of coding we advise members to adopt these as local codes from this point. This will at least support national and regional surveillance and audit in the meantime.  **Code Meaning**  DV Current concern of domestic violence (or abuse)  FGM FGM of any type noted  CSE1 CSE concerns raised at internal multidisciplinary meeting  CSE2 CSE concerns raised with safeguarding professionals within our organisation  CSE3 CSE case referred to Local Authority Multi Agency Safeguarding Hub/Service  RCGP e-learning course on contraception  The Royal College of General Practitioners has developed [a free e-learning course on contraception,](https://cas.rcgp.org.uk/cas/login?service=http%3A%2F%2Felearning.rcgp.org.uk%2Flogin%2Findex.php)with support from Public Health England and the Faculty for Sexual and Reproductive Health. The course should be helpful in ensuring non-specialist practitioners have basic but accurate information about the range of contraception methods.  Please note, you do not have to be a member of the RCGP to access on-line courses.  RCGP's short summary of the course: Women discuss their contraceptive options with many different people: their partner, family and friends and professionals from a variety of backgrounds. Often women are incorrectly told that there are only a few forms of contraception that are suitable for them.  The aim of this course is to inform professionals so that they can give accurate information and dispel any myths the patient may have heard. It is not intended to form a comprehensive reference. Details about contraindications and risk factors would always need to be discussed with the prescribing professional. |
| Ageing Well (H&WB Team Lead: Alison Iliff, Dementia: Melanie Earlam) |
| Dementia and Older People’s Mental Health Bulletin May 2017  Please [click here](http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/Bulletin/2017/Dementia%20e-bulletin%20May%20Final.pdf) to read May’s edition of the Dementia and Older People’s Mental Health Bulletin. |
| Data, Documents, Letters, Reports & General Information |
| Minding the Gap News Brief  Please contact [icopley@wakefield.gov.uk](mailto:icopley@wakefield.gov.uk) to subscribe the newsletter. |
| Upcoming Meetings and Seminars |
| PHE National Webinar: Wellbeing, resilience & community-centred asset based approaches  Public Health England will be hosting a national webinar for people involved or interested in developing/commissioning community wellbeing and resilience that involves building upon local assets.  The webinar will take place **on Monday, 19th June 2017 from 1.30 to 3.00 p.m.** using the Skype for Business platform.  The ***attached*** flyer provides details of the webinar format, the learning outcomes expected and the key contributors.  Our speakers will provide insight to key concepts, models, evidence, tools and asset based approaches that will inform and enable participants as to how they can best develop a wellbeing and resilience framework with their local communities.  If you would like to join this webinar please register your interest by emailing [Maggie Noble.](mailto:Maggie.Noble@phe.gov.uk)  Maggie will then send you joining details via an Outlook meeting request, which you will need to accept.  It will include a link to join the meeting by Skype and the telephone dial-in numbers for those who cannot join from a Skype for Business device.  In advance of the webinar Maggie will also send all registered participants the presentations so those phoning in can follow the slides as presented.  HealthMatters: Child dental health  Telephone conference and question and answer session  Wednesday 14 June 2017  12.45pm – 1.30pm  We have now rescheduled the launch of Public Health England’s Health Matters on Child dental health. The original date in April had to be postponed because of the general election.  Please join Sandra White, National lead for Dental Public Health at Public Health England (PHE) for the launch of this latest edition of Health Matters. She will be joined by Jenny Godson, National Lead for Oral Health Improvement at PHE.    **Why you should attend**: The teleconference will outline how local authorities, the NHS and health professionals can help prevent tooth decay in children under 5 as part of ensuring every child has the best start in life. The session will be of particular value to health and wellbeing boards, local authority commissioners, public health professionals, dental teams, CCGs, health visitors, midwives, children’s centres, pharmacists and the voluntary sector.  **Dial-in details:**  Please dial in 10 minutes prior to start time, using the number and conference code below:  National free phone – United Kingdom: 0800 279 7204  Local call rate: +44 (0)330 336 9411  Conference code: 2028835  Child sexual abuse: How can health professionals best help?  Tuesday 27th June 2017  Royal Society of Medicine, 1 Wimpole Street, London, W1G OAE  This one day meeting at the RSM aims to update delegates on current and future concepts and practice in child sexual abuse in the context of how health care professionals can be positively involved in management.  Please [click here](https://www.rsm.ac.uk/events/events-listing/2016-2017/sections/sexuality-sexual-health-section/seh03-child-sexual-abuse-how-can-health-professionals-best-help.aspx) for more information.    Older People in IAPT  The Yorkshire and the Humber Clinical Network, in conjunction with the National IAPT Programme, is delighted to be hosting an event focussing on Older People in IAPT services.  The event intends to enable attendees to develop their understanding around how IAPT services can increase access for older people and share best practice examples of current work being undertaken with older adults and carers.  The event will be chaired by Professor Alistair Burns, National Clinical Director for Dementia and Older Peoples’ Mental Health at NHS England.  The event will be held on Thursday 22 June 2017  10:00-16:00,  Hilton Leeds City, Neville Street, Leeds, LS1 4BX.  To book your place click [here](http://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=9ca23fda3b&e=955474ce8a).  North East, Yorkshire and Humber Social Prescribing Network  This free inaugural meeting of the Yorkshire, Humber and North East Social Prescribing Network is for anyone who is interested in social prescribing, GPs, VCSE organisations, CCG commissioners, STP leads, public health and local authority leaders who are working to develop social prescribing programmes. We aim to create a supportive network of collaborators who can work together, share good practice, ask for help, learn from each other and be part of building the social prescribing movement across health and care.  This network is led by commissioners and practitioners across the region, supported by the National Social Prescribing Network (hosted by the University of Westminster) and NHS England. Demand for places at the event is likely to be high. Please book early [here.](https://www.events.england.nhs.uk/events/1099/yorkshire-humber-and-north-east-regional-social-prescribing-network) Please see attached programme of the day:    National TB Nurses Conference  Friday 23 June 2017  09:30 to 16:30  London    This one-day conference, hosted by Public Health England and NHS England, will focus on the impact of implementing the *Collaborative Tuberculosis Strategy for England: 2015-2020* on the workforce. This includes the latent tuberculosis infection (LTBI) programme, managing patients with complex needs, improving access and early diagnosis and ensuring comprehensive contact tracing. The day will also provide updates on implementation of the recommendations in the TB nursing workforce review.    This conference is free to attend for TB nurses, allied professionals, TB service managers, TB Control Boards and commissioners including CCGs. Registration and refreshments will be from 09:00 to 09:25 and the conference will run from 09:30 to 16:30. The conference will take place at the Congress Centre, 28 Great Russell Street, Bloomsbury, London WC1B 3LS. To see full details about the programme and to book your place, please visit the [conference website](https://www.phe-events.org.uk/hpa/frontend/reg/homepage.csp?pd=54817&msID=6854&eventID=694).  Achieving the 5 Year Forward View in Perinatal Mental Health Services  Monday 3rd July 2017  De Vere West One Conference Centre, London  Our forthcoming CPD certified conference[**‘Improving the Quality of Perinatal Mental Health Services'**](https://mxm.mxmfb.com/rsps/m/6PE83-XvVi5cE63yZTE9vsoF6217y7F72PHloBK9lLs)taking place in London on Monday 3 July 2017 will provide you with practical information to take back to your organisation and utilise in implementing and improving perinatal mental health care in line with the 5 Year Forward View.  Perinatal Mental Health – What do I need to know? Urgent Care and General Adult Mental Health Conference  The Monastery Manchester, Manchester  Gorton Lane, Manchester, M12 5WF, United Kingdom  20th June 2017, 9:30 – 16.15  <https://www.events.england.nhs.uk/events/2492/perinatal-mental-health-what-do-i-need-to-know-urgent-care-and-general-adult-mental-health>  “Our objectives are that delegates leave the conference with the ability to recognise serious mental illness and emergencies in perinatal mental health and develop awareness of:   1. features and risks of serious mental illness additional to other adult mental illness presentations; 2. actions that need to be taken to ensure the woman and child receive timely and appropriate care; 3. actions to be taken to safeguard the wellbeing of the infant; and 4. assessment and management of psychiatric emergencies in the perinatal period.   Speakers will include but are not limited to:   * Dr Angelika Wieck, Perinatal Mental Health Clinical Lead at the Strategic Clinical Network Greater Manchester and Eastern Cheshire and Consultant in Perinatal Psychiatry * Dr Margaret Oates OBE – the following film pays tribute to the outstanding work Dr Oates created for her RCPsych Lifetime Achievement Award 2013     There will be facilitated table top discussions between short presentations to allow delegates the opportunity to apply knowledge to clinical scenarios and benefit from interdisciplinary experience.”  **Benefits of attending**  This conference will enable you to:   * Network with colleagues who are working to increase specialist perinatal mental health support * Learn from outstanding practice in meeting the recommendations of the NICE Guidelines * Effectively implements and improve perinatal mental health care in line with the 5 Year Forward View * Reflect on lessons from Trusts who have developed a successful perinatal mental health service * Understand how to work with staff to reduce perinatal mental health * Identify key strategies for improving infant mental health * Gain CPD accreditation points contributing to professional development and revalidation evidence   **A 20% discount\* is currently available *quote hcuk20pmh when booking*** To secure your place, please register using one of the following options:  1. Book your place [**online**](https://mxm.mxmfb.com/rsps/m/6PE83-XvVi5cE63yZTE9vhooRTHohfbtRwDX9L2psWg)  2. Email [**Jayne@hc-uk.org.uk**](mailto:jayne@hc-uk.org.uk)  3. Download the [**conference brochure**](https://mxm.mxmfb.com/rsps/m/6PE83-XvVi5cE63yZTE9vnBfJccSyHMwyoYVVOmimfY) and booking form |
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