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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 22: September 2017

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Alison Iliff and Gemma Mann) |
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| Child health profiles feedback survey  Earlier this year, the National Child and Maternal Health Intelligence Network published [Child Health Profiles 2017](https://fingertips.phe.org.uk/profile-group/child-health/profile/child-health-overview) for each top tier local council in England. They give a picture of child health in each local area and are designed to support local government and health services to improve children's health and reduce health inequalities.  We are currently reviewing the content to help us develop profiles which continue to provide the common core information users need. We are keen to hear from those who have used the profile and what priorities they would like to see them reflect next year. We would be grateful if you could encourage anyone who might use the profiles, particularly those in local government, to take a few minutes to [complete the short survey](https://surveys.phe.org.uk/TakeSurvey.aspx?PageNumber=1&SurveyID=m843n621&Preview=true) by Friday 29 September.  2016 Q2 under 18 conception data  On 22nd August 2017, the Office for National Statistics (ONS) published the [Q2 2016 under-18 conception data](https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/conceptionandfertilityrates/datasets/quarterlyconceptionstowomenagedunder18englandandwales). For England as a whole, comparing Quarter 2 2016 with Quarter 2 2015, there has been a reduction from a rate of 21.6 per 1,000 population (4,956 conceptions) in 2015 to 19.3 (4,350 conceptions) in 2016.**This is a reduction of 10.6%.** Every region has seen a reduction in rates since Q2 2015, but there is still regional variation, with decreases ranging from 18.8% in the North West to 4.0% in the East Midlands    It is worth noting that quarterly data can fluctuate quite significantly. As the ONS footnote explains, *'rates which are based on between 3 and 19 conceptions are displayed in tables but are denoted by (u) as a warning to the user that their reliability as a measure may be affected by the small number of events.'*  Licensing - child sexual exploitation: prevention and intervention report produced by PHE  We would like to make you aware of a resource that PHE has published, which looks at ways to assist local government both in reducing children and young people’s risk of child sexual exploitation (CSE) and intervening when it does happen. With the support of the Association of Directors of Public Health and the Children’s Commissioner for England, PHE have set out the evidence and produced a [framework](https://www.gov.uk/government/publications/child-sexual-exploitation-prevention-and-intervention) through which three key local actions can be undertaken: lead, understand and act.  The report mentions making full use of licensing powers on those premises posing a risk to children. We would be interested in hearing if any of your local authorities have done any work around the role of public health working with safeguarding and children’s services in respect to licensing.  First National Maternity and Perinatal Audit (NMPA) reports care provision across England, Scotland and Wales A [new report](http://www.hqip.org.uk/news-events/news/national-audit-describes-how-maternity-and-neonatal-care-is-provided-across-england-scotland-and-wales/) finds large increase in midwife-led units co-located with obstetric units, increasing birthplace choice for pregnant women - but also describes variation in availability of staff, facilities and services. |
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| Living Well |
| Food for Life Policy Round-Up  Please see attached Food for Life Policy Round-Up newsletter    Tackling Obesity (H&WB Team Lead: Nicola Corrigan)  Adult Obesity Slide Set – updated July 2017  The PHE Obesity Risk Factors Intelligence team has updated PowerPoint slides containing the latest HSE data, presenting key data and information on adult obesity and excess weight in clear, easy to understand charts and graphics.    The slides and accompanying notes can be downloaded [here](https://www.slideshare.net/PublicHealthEngland/patterns-and-trends-in-adult-obesity) from SlideShare (you need to register to download, this is quick and easy to do). The resource can be used freely with acknowledgement to Public Health England. It should be useful to practitioners and policy makers working to tackle child obesity at local, regional and national level.  Alternatively the slides and accompanying notes can be downloaded from the [PHE Obesity Intelligence Knowledge Hub public library](https://khub.net/web/phe-obesity-intelligence/public-library) (no registration required).  Child under nutrition project: A report about the current undernourishment of children in England  The Patients Association has issued a [report](https://www.patients-association.org.uk/press/child-under-nutrition-2/) suggesting that under-nutrition among children is not confined to the developing world, but is a problem in Britain today.  The project was undertaken by the Patients Association and funded by a non-restricted education grant from Abbott. A cross-section of health and care staff in four sites – Bradford, Cornwall, Tower Hamlets and Birmingham – were interviewed. Parents were also interviewed in Bradford and Cornwall.  The findings reveal examples of positive efforts in working with children and families across agencies, particularly by public health teams, community and acute health staff; but many are overstretched and unable to meet demand for the types of information and guidance that people need. The report’s recommendations include:   * Awareness of under-nutrition should be raised among both professionals and the public * New and existing training and guidance for professionals should include the identification and treatment of under-nutrition * National guidance and a care pathway should be developed specifically for undernutrition.   Useful links and resources:  **Obesity Intelligence Knowledge Hub:** Register on [KHub](https://khub.net/) and join the PHE Obesity Intelligence group.    [**Obesity Intelligence Knowledge Hub public library**](https://khub.net/web/phe-obesity-intelligence/public-library) (*no need to join*)    [**Obesity data and tools can be found on gov.uk**](https://www.gov.uk/guidance/phe-data-and-analysis-tools#obesity-diet-and-physical-activity)    [**The noo.org.uk website archive**](http://webarchive.nationalarchives.gov.uk/20170110165428/https:/www.noo.org.uk)**:** (snapshot as of Jan 2017, will not be updated)    **Weekly Obesity Knowledge Update:** highlights new research relating to obesity and its determinants. To subscribe, please email [here](mailto:obesityintelligence@phe.gov.uk).  [**Obesity RFI recent publications:** Child obesity slide set](https://www.slideshare.net/PublicHealthEngland/patterns-and-trends-inchild-obesity-june-2017) [and the NCMP analytical guidance](https://www.gov.uk/government/publications/national-child-measurement-programme-data-sharing-and-analysis)    **Economic assessment:** The [Weight management economic assessment tool](http://webarchive.nationalarchives.gov.uk/20170302112650/http:/www.yhpho.org.uk/default.aspx?RID=257148) is designed to help public health professionals make an economic assessment of existing or planned weight management interventions. Commissioners can use it to compare the costs of an intervention with potential cost savings. Local data can be entered and forecasts seen for up to 25 years.    **Obesity RFI publications coming out soon:** Adult obesity slide set and the NCMP Trends Report 2006/07 – 2015/16.  New CEDAR Food Environment Assessment Tool (FEAT)  FEAT is underpinned by a growing body of scientific evidence that the food we can access in our neighbourhoods is closely related to which foods we buy and eat, and whether we maintain a balanced diet and healthy body weight. FEAT allows for the interactive mapping, measuring, and monitoring of regional and neighbourhood access to a range of food outlet types, across the whole of England, including changes over time.  FEAT was designed primarily around the needs of professionals in public health, environmental health and planning roles throughout English local authorities, and in local and national public health roles.  Feat is publicly available online, for free and for use by anyone [here](http://www.feat-tool.org.uk/).  Everybody Active Every Day **(**H&WB Team Lead: Nicola Corrigan)  WHO Consultation on the Global Action Plan on Physical Activity.  The WHO Consultation on the Global Action Plan on Physical Activity went live on 3rd August.  The document and further information on the consultation process can be found [here.](http://www.who.int/ncds/governance/physical_activity_plan/en/)  Consultation will be open until **22nd September 2017.**  Member States, UN organizations and non-State actors are invited to submit their comments [here](mailto:gappa@who.int) and all contributions received will be published on this website.  10 minutes brisk walking each day in mid-life for health benefits and towards achieving physical activity recommendations  Please [click here](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/639030/Health_benefits_of_10_mins_brisk_walking_evidence_summary.pdf) to read full Evidence summary form Public Health England.  Healthy Places (H&WB Team Lead: Nicola Corrigan)  Homes for Health  Our homes are the cornerstones of our lives.  Where we live and the quality of our homes has an important impact on our health and how we feel. While we hear much in the news about the shortage of housing, until recently, we have heard less about the quality of our existing homes and how the very fabric of our housing affects our wellbeing, risk of disease and demands on health and care services. We need warm, safe and secure homes to help us to lead healthy, independent lives and to recover from illness.  One in five households with people  of working age live in non-decent housing, housing that does not reach minimum standards or is not in a reasonable state of repair. The Building Research Establishment estimates that the cost to the NHS alone of poor housing for those over age 55 is about £624m per year. This is mainly caused by cold homes or by falls and injuries.  There is an increasing number people, especially younger people and young families living in private sector accommodation, but a considerable proportion of that accommodation does not meet decent home standards. We still have too many families living in overcrowded housing (724,000 households) with increased risk of mental health problems, infectious disease, injuries, breathing problems and exposure to tobacco harm.  PHE recognises that housing is a core determinant of good health or of inequalities in healthy life expectancy. We want to support the wider health system to create awareness, support action and promote  integration between health and housing. Professionals  from across the health and housing fields are in a  great place to join together to make the most of the role that homes can play in preventing illness and supporting good mental and physical health.  PHE has released the attached infographics to support these discussions locally. The slide set can be reached directly by clicking [here](https://www.gov.uk/government/publications/improving-health-through-the-home/improving-health-through-the-home).  The infographics adds to our emerging collection of resources for Housing for Health. If you would like to see the full set of resources please [click here](https://www.gov.uk/government/collections/housing-for-health) (and then click onto the link to ‘Improving Health Through the Home’ to get to the infographics).  Short film on Active Design by Sport England  [Watch it now](https://www.youtube.com/watch?v=oRCJ4JL_LjM) short film on Active Design. This film builds on Sport England’s [first animation](https://www.youtube.com/watch?v=mDaVBh1Bs7Y&t=1s) released in April and explores each of the 10 Active Design principles in more detail.  Active Design, in partnership with Public Health England, is all about designing and adapting where we live to encourage activity in our everyday lives. The 10 principles have been developed to inspire and inform the layout of cities, towns, villages, neighbourhoods, buildings, streets and open spaces.  Neighbourhood planning  [The guidance](https://www.gov.uk/guidance/neighbourhood-planning--2) explains the neighbourhood planning system introduced by the Localism Act, including key stages and considerations required.  The role of health and wellbeing in planning  What is the role of health and wellbeing in planning? Please [click here](https://www.gov.uk/guidance/health-and-wellbeing#what-is-the-role-of-health-and-wellbeing-in-planning) to read the document published by ***Department for Communities and Local Government.***  NHS England announces winning design for Healthy New Towns programme  People could get discounts off their shopping in exchange for exercising as part of plans that have won an international healthy living challenge laid down by [NHS England](https://www.england.nhs.uk/2017/08/international-nhs-competition-sets-out-the-winning-design-for-life/). The Healthy New Towns programme was launched in March 2016, with ten housing developments chosen to put good health at the heart of urban design and planning. Simon Stevens, Chief Executive of NHS England, said: “If there’s to be a much needed wave of new housebuilding across England, let’s “design-in” health from the start….”The NHS makes no apologies for weighing in with good ideas on how the how the built environment can encourage healthy towns and supportive neighbourhoods.”  Reducing Smoking (H&WB Team Lead: Scott Crosby)  SAVE THE DATE: Yorkshire and the Humber Symposium on Smoking in Pregnancy and Improving Outcomes in Early Years, 7th November 2017  Yorkshire and the Humber Maternity Clinical Network, Public Health England Yorkshire and the Humber & Association of Directors of Public Health Yorkshire and the Humber, Present:    **A Symposium on Smoking in Pregnancy and Improving Outcomes in Early Years**    Significant improvements have been made across Yorkshire and the Humber since the introduction of the Y&H Stillbirth Recommendations and Saving babies Lives Care Bundle. The Maternity Network, PHE and the Association of Directors of Public Health would like to build on this success and continue to support services to:     * Reduce stillbirths and improve outcomes in early years by reducing the prevalence of smoking in pregnancy and increasing smoke free homes. * Agree on a consistent smoking in pregnancy pathway and reduce variation in practice across Y&H * Understand the partners/stakeholders in the system their roles, responsibilities and contribution to the pathway     **Event:** A Symposium on Smoking in Pregnancy and Improving Outcomes in Early Years  **Date:** 7th November 2017  **Time:** 10.00-15.00hrs (Registration from 9.30)  **Venue:** Horizon, Brewery Wharf, Leeds, LS10 1HG    Please HOLD THE DATE - Registration details and venue confirmation will be circulated nearer the time. Please circulate as appropriate.  **Poster presentations**  Poster presentations focusing on local activities to reduce smoking in pregnancy are invited for the event. This is a great opportunity to showcase the good practice that is already taking place across Yorkshire and the Humber and share with colleagues at the symposium.    If you would like to submit a poster presentation please send details of your name, organisaiton and the title of the poster to [Emmerline.irving@nhs.net](mailto:Emmerline.irving@nhs.net) by Friday 6th September 2017. Final posters (A3 size) will need to be submitted either in printed or electronic format by Friday 20th October 2017.  LGA responds to Stop Smoking statistics  [Responding](https://www.local.gov.uk/about/news/lga-responds-stop-smoking-statistics) to NHS Digital statistics on NHS Stop Smoking Services in England from April 2016 to March  2017, which shows the number of people accessing the services fell by 15 per cent in the last year, Cllr Izzi Seccombe, Chairman of the Local Government Association’s Community Wellbeing, said: “Since the advent of e-cigarettes, we have seen the number of users of smoking cessation services fall, while the population of smokers left is now more challenging to get to quit. This means councils are re-evaluating what they do on tobacco control and how to be more effective, for example, reaching out to smokers with the greatest need such as routine and manual workers, pregnant smokers and those with mental illness.  Mental Health (H&WB Team Lead: Corinne Harvey)  Prevention Concordat for Better Mental Health and the suite of resources  On Wednesday 30th August, PHE along with many partners published a [mental health concordat](https://www.gov.uk/government/collections/prevention-concordat-for-better-mental-health) for better mental health, setting out what the evidence is on prevention, how it makes a difference and how to go about it. This was preceded last year by the [NHS Five Year Forward View for Mental Health](https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf), which confirmed new investment for mental health care and treatment services. Alongside this, we have published a new [tool](https://www.gov.uk/government/publications/mental-health-services-cost-effective-commissioning) which has identified the top eight most cost effective programmes that will help prevent mental ill health in local communities and is the first of its kind. Together with the increasing focus on prevention, this is an important moment in recognising there is no good health without good mental health.  Promoting Good Mental Health through Coaching  Working in partnership with Mind, the UK’s leading mental health charity and with support from Public Health England (PHE), UK Coaching pleased to release: 'Promoting Good Mental Health through Coaching' - the next animation in the participation animation and infographic series.  [Click here](https://www.youtube.com/watch?v=fjFRJkIrqnw) to view the video.  Better mental health: JSNA toolkit  Please [click here](https://www.gov.uk/government/publications/better-mental-health-jsna-toolkit) to view the toolkit.  Sexual Health (H&WB Team Lead: Sharron Ainslie)  Hepatitis B  The CMO has sent out an alert in relation to the shortage of Hepatitis B Vaccines. CMO CEM/CMO/2017/004  There is a global shortage of hepatitis B vaccine which is currently impacting severely on the UK supply. The situation is particularly critical during August but there is likely to still be some limitations on supply until early 2018.  To ensure that stock is available for those individuals at highest and most immediate risk of exposure to hepatitis B, PHE have developed temporary recommendations to support clinicians undertaking an individual risk assessment.    Sexual and reproductive health profiles  Abortion indicators have been updated to 2016 in [PHE's sexual and reproductive health profiles.](http://fingertips.phe.org.uk/profile/sexualhealth) Data is at upper tier local authority, region, PHE centre and England level.  Note: data and ways of viewing data that are not available in the Department of Health (DH) online abortion statistics are included.  Small data value adjustments that DH will shortly make to their online statistics are reflected.  New functionality will allow you to view:   * analysis of significant trends for those indicators where there is now five years of data * new England views, including percentage change from last year and breakdown by deprivation deciles (choice of latest values or trends)   HIV Pre Exposure Prophylaxis Trial (PrEP)  All clinics as from the 31st July should have responded back to St Stephens Clinical Research to  demonstrate that they wish to take part in the 3 year clinical trial and meet the essential Trial criteria.  The participants for the trial will be;    And meet the following;    Trial sites will begin opening from September, and it is anticipated that all sites are open by April 2018. It is a three year trial and so the last participant, last visit will be 3 years after the first participant – this is anticipated to be in September 2020.  On-going communication and support will be offered from St Stephens, the PHE National team and the Centre. For further information please contact [Sharron Ainslie](mailto:Sharron.ainslie@phe.gov.uk).  FPA Sexual Health Awareness Week.  FPA’s [**Sexual Health Week**](http://www.fpa.org.uk/sexual-health-week/sexual-health-week-2017) is running from 11 to 18 September and this year’s theme is Talking About Pornography.  Posters will be available to print out from the website w/c Monday 21 August, along with other resources.  We’ll also have a **limited number of printed packs** to distribute which can be [ordered from our website](http://www.fpa.org.uk/sexual-health-week/sexual-health-week-2017) while stocks last. These are intended for secondary schools, and preference will be given to secondary schools and youth groups, but we will also send to other organisations and try to fulfil as many requests as possible.  *Also to note we will be adding social media and digital screen resources for download from the website very soon.*  BASHH Statement on Pregnancy Treatment  For information please see the [BASHH statement](https://www.bashhguidelines.org/media/1151/ceg-statement-antibiotics-in-pregnancy.pdf) on the use of azithromycin in pregnancy. The key finding is that the BASHH guidelines groups see no reason to change clinical advice in light of this paper  HIV Home Sampling Kits  The Medicines and Healthcare products Regulatory Agency (MHRA) has issued a warning to people to not use or buy Hightop HIV/AIDS Home Test Kit because they may be unreliable and produce incorrect results.  More details are available in an MHRA [press release](https://www.gov.uk/government/news/mhra-seizes-more-than-100-unreliable-hiv-home-testing-kits) and a video to raise awareness across social media channels is available on [Twitter](https://twitter.com/MHRAgovuk/status/899936325511651328).  If people believe they have used a Hightop HIV/AIDS Home Test Kit they should seek a further HIV test at their local sexual health clinic or through their GP.  The HIV self-test kit, manufactured by Qingdao Hightop Biotech Co Ltd, does not have a valid CE mark which means the product has not met a number of regulatory requirements concerning test performance, labelling and instructions for use. MHRA is investigating the issue with experts at Public Health England.  Suspected faulty test kits can be reported via the Yellow Card Scheme  <https://www.gov.uk/government/news/mhra-seizes-more-than-100-unreliable-hiv-home-testing-kits>  PrEP Guidelines – consultation  The BHIVA/BASHH guidelines on the use of HIV pre-exposure prophylaxis (PrEP) 2017 are open for public [consultation](http://www.bhiva.org/PrEP-guidelines-consultation.aspx) from Thursday 24 August until 1730 on Friday 29 September 2017.  The guidelines aim to provide evidence-based guidance on best clinical practice in the provision, monitoring and support of pre-exposure prophylaxis (PrEP) for the prevention of HIV acquisition.    The guidelines include:  (i)     Guidance on risk assessment prior to PrEP  (ii)    Baseline assessment  (iii)   Dosing schedules  (iv)  Monitoring  (v)   Supporting adherence  (vi)  Buying generic PrEP  (vii) Cost effectiveness.    The guidelines are aimed at clinical professionals who are directly involved in, and responsible for, HIV prevention, and at community advocates and organisations responsible for supporting HIV prevention strategies in those at risk of HIV acquisition.  Drugs Recovery (H&WB Team Lead: Liz Butcher)  [Preventing drug-related deaths](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/1xf2wmdiqtum8jrolgsvwu?email=true&a=1&p=564043&t=171936)  The Office for National Statistics has published the latest figures for drug-related deaths in England and Wales, covering all deaths registered in 2016. It reports that there were 3,744 deaths last year due to drug  poisonings – the highest since records began. This includes both prescription medication and illicit drug misuse.  Read the [PHE blog](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/1xf2wmdiqtum8jrolgsvwu?email=true&a=2&p=564043&t=171936) which looks at some of the report’s main findings and the actions we’ll be taking to tackle these issues.  NHS Health Checks (H&WB Team Lead: Melanie Earlam)  NHS Health Check Data Submission  Thanks everyone for submitting YH NHS Health Check data on time. We had 100% submission form YH. Please see below future dates for submission and publication.   |  |  |  | | --- | --- | --- | | **Quarter** | **Submission deadline** | **Publication date** | | 2017/18 Quarter 2 | Tuesday 31st October 2017 | Thursday 23rd November 2017 | | 2017/18 Quarter 3 | Wednesday 31st January 2018 | Thursday 22nd February 2018 | | 2017/18 Quarter 4 | Friday 11th May 2018 | Wednesday 13th June 2018 |   New PRIMIS NHS Health Check  The new PRIMIS NHS Health Check Recall Specification is now complete and available [here.](http://www.healthcheck.nhs.uk/commissioners_and_providers/data/information_governance/)  NEW top tips on talking about dementia  Using the findings from an [evaluation](http://www.healthcheck.nhs.uk/document.php?o=1239) on the dementia component of the NHS Health Check PHE has published top tips for NHS Health Check providers and commissioners on how to make the most of the NHS Health Check dementia component.  To view the Dementia Top Tips click [here](http://www.healthcheck.nhs.uk/document.php?o=1328)  NHS Health Check webinars  Public Health England works in conjunction with a range of partners to run regular webinars. The webinars aim to share new knowledge, learning and best practice and enable its translation in to current practice. To receive information on webinars please [email here](mailto:nhshealthchecks.mailbox@phe.gov.uk).  [Click here to view our upcoming webinars](http://www.healthcheck.nhs.uk/commissioners_and_providers/events/webinars/)  Getting serious about cardiovascular disease prevention 2018: Reducing variation and optimising care – Abstracts  The Getting Serious About Cardiovascular Disease Prevention 2018: Reducing Variation and Optimising Care conference will take place on 8 February 2018 in London. The call for abstracts for poster and oral presentations on CVD prevention is now open, you can find more information on the [website](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=300072&eventID=715&msID=7155&pd=54867&eventID=715&CSPCHD=000001000000gAiby3n1ywWVNUdHLR$Sg525v7lJ8OJHDC_e8_).  Building on the success of the 2017 conference, we will seek to inspire and motivate delegates to tackle the risk factors driving the burden of cardiovascular disease in England. The purpose of inviting abstracts is to  showcase your relevant research and evaluation and provide the opportunity to share your knowledge and learning.  We welcome abstracts from a range of partners including local authorities, third sector, academics, NHS and service provider organisations. You are invited to submit an abstract on a project or piece of research relevant to one or more of the following [themes](http://www.healthcheck.nhs.uk/document.php?o=1326).  Multiple Risk Behaviour Interventions review publish  Multiple risk behaviors are common and associated with developing chronic conditions such as heart disease, cancer, or Type 2 diabetes. A systematic review, meta-analysis, and meta-regression of the effectiveness of multiple risk behavior interventions was conducted. [Click here](https://discover.dc.nihr.ac.uk/portal/article?id=SIG-5000436&utm_source=NIHR+Dissemination+Centre+mailing+list&utm_campaign=7711e0dc05-RSS_public_health&utm_medium=email&utm_term=0_286155606c-7711e0dc05-167856185) to see full publication.  NHS Health Check dementia awareness pilot-press release August 2017  Please see [click here](https://inews.co.uk/essentials/news/health/dementia-risk-reduction-healthier-lifestyle/) to read the press release.  The Lancet -‘Is late-life dependency increasing or not?  [The Lancet -‘Is late-life dependency increasing or not?](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(17)31575-1/fulltext?elsca1=tlpr) A comparison of the Cognitive Function and Ageing Studies (CFAS)’ –August 2017 -a report covered on the [BBC News](http://www.bbc.co.uk/news/health-40942531) and Radio 4 Today’s programme  Patient experience of NHS health checks: a systematic review and qualitative synthesis  Please [click here to](http://bmjopen.bmj.com/content/7/8/e017169.full?ijkey=hNWwMGLM66jfIYg&keytype=ref) link for BMJ website to access the publication.  Does use of point-of-care testing improve cost-effectiveness of the NHS Health Check programme in the primary care setting? A cost-minimisation analysis  Please [click here](http://bmjopen.bmj.com/content/7/8/e015494) to link for BMJ website to access the publication. |
| Ageing Well (H&WB Team Lead: Alison Iliff, Dementia: Melanie Earlam) |
| Royal Town Planning Institute (RTPI)-Blog and new dementia awareness training module-August 2017  [How can planners rise to the dementia challenge?](http://www.rtpi.org.uk/briefing-room/rtpi-blog/how-can-planners-rise-to-the-dementia-challenge/) The RTPI has launched a [new online learning tool](http://rtpi.org.uk/education-and-careers/rtpi-learn/) to help town planners understand their role in creating better environments for people living with dementia. It follows the publication of the Institute’s first “Dementia and Town Planning” practice note earlier in the year endorsed by Alzheimer’s Society.  Dementia in older age: barriers to primary prevention and factors  An evidence review showing that changing some behaviors in midlife can reduce the chances of getting dementia in older age. [A suite of documents](https://www.gov.uk/government/publications/dementia-in-older-age-barriers-to-primary-prevention-and-factors) have been published to help commissioners and researchers make decisions about prioritisation of primary prevention measures relevant to dementia.  This review, by the Personal Social Services Research Unit (PSSRU) at the London School of Economics and Political Science (2016), shows that there is evidence that the risk of dementia is increased by:  • physical inactivity  • current smoking  • diabetes  • hypertension in mid-life  • obesity in mid-life and depression  It also shows that mental activity can reduce the risk of dementia. To promote primary prevention of dementia, it is important to understand both the barriers to primary prevention and factors which facilitate primary prevention.  Frailty leaflet developed by PHE, NHSE and Age UK  Please see attached copies of a frailty leaflet which has recently been developed by PHE, NHSE and Age UK. It will be made available on NHS Choices and to GP surgeries. |
| Data, Documents, Letters, Reports & General Information |
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| Antibiotic resistance national campaign (October 2017)  In October 2017 Public Health England (PHE) will launch a national campaign across England to support the government’s efforts to reduce inappropriate antibiotic prescribing by raising awareness of the issue of  antibiotic resistance and reducing demand from the public.  The attached briefing note provides more detailed information, but the main aims of the campaign are to:     * Alert and inform the public to the issue of antibiotic resistance and increase recognition of personal risk of inappropriate antibiotic usage. * Increase public understanding about why antibiotics might not be prescribed, helping to reduce demand. * Support healthcare professional change by boosting support for alternatives to antibiotic prescribing.   You can sign up for campaign resources and updates [here.](https://campaignresources.phe.gov.uk/resources/campaigns/58)    Also on the website is [a link to recent Webinar](https://campaignresources.phe.gov.uk/resources/campaigns/58/resources/2371) with further details on the campaign:  Pre ordering of free campaign materials for the national campaign is now available on the Campaign Resource Centre (CRC), please [click here](http://content.phepartnerships.co.uk/?C4TL.3opi8XXj3FBFAZ.C5RA4vcrvjQiC) for further information.    **How you can get involved:**     * 60% of GPs and 250 hospitals will automatically receive campaign materials however the campaign team are keen to identify those not yet signed up. To find out which of your local practices / trusts are signed up and fill any gaps please visit the [Getting Involved](https://campaignresources.phe.gov.uk/resources/campaigns/58-antimicrobial-resistance/Getting%20Involved)  page and follow the instructions. * We are keen to encourage partners to display campaign materials where the public are likely to see them, for example in pharmacies, libraries, children’s centres and care settings, so please circulate this information widely to partners and encourage them to sign up.   For more information contact Helen McAuslane, Consultant in Health Protection, Yorkshire and the Humber Health Protection Team e:mail [Helen.mcauslane@phe.gov.uk](mailto:Helen.mcauslane@phe.gov.uk)    Stay Well This Winter Campaign Update and Webinar Recording  Please [click here](http://content.phepartnerships.co.uk/?CVTRlbozwPo05w3B7WkRCaRA8Kc8vjRiC) to access the update and webinar recording.  One You Campaign  The next few months look to be busy and we are pleased to be able to offer resources to help you run local activities, please ensure you register on the [Campaign Resources Website](https://campaignresources.phe.gov.uk/resources/campaigns/60-one-you-active-10) to access resources on Active 10, Heart Age Test and Stoptober.  National Institute for Health Research Review on tackling multiple behaviours  Tackling unhealthy lifestyles can lead to modest improvements in diet, physical activity and smoking behaviors. But in a few studies, trying to change smoking alongside diet or physical activity appeared to be less effective than if these were tackled sequentially. Please [click here](https://discover.dc.nihr.ac.uk/portal/article?id=SIG-5000436&utm_source=NIHR+Dissemination+Centre+mailing+list&utm_campaign=7711e0dc05-RSS_public_health&utm_medium=email&utm_term=0_286155606c-7711e0dc05-167856185) to read the review. |
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| Upcoming Meetings and Seminars |
| SAVE THE DATE: Ageing, loneliness and dementia: a learning event  **Date and Time : Thursday 16th November at 10.00am – 4.00pm**  **Venue :Hatfeild Hall, Aberford Road, Stanley, Wakefield, WF3 4JP**  Public Health England Yorkshire and Humber and the Clinical Network for Dementia and Older People’s Mental Health are holding a learning event focused on identifying and addressing loneliness and social isolation in older people.  The meeting will be chaired by Professor Alistair Burns, NHS England’s National Clinical Director for Dementia and Older People’s Mental Health and our keynote speaker is Claire Turner, Director of Evidence from the Centre for Ageing Better.  The event will feature presentations from the Alzheimer’s Society, Sheffield University and Equal Arts as well as interactive World Café sessions to showcase local practice. You will also get the chance to meet the HenPower Hensioners!  Further details and booking information will follow in September. Please forward to any colleagues who may be interested.    [National cold weather plan: annual seminar 2017](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/rw446ncg4lrm8jrolgsvwu?email=true&a=1&p=575469&t=171973" \t "_blank)  On behalf of PHE, the Department of Health, NHS England and the Local Government Association, we would like to invite you to the annual cold weather plan for England seminar.  The seminar provides an opportunity for knowledge exchange and the sharing of best practice between frontline practitioners, academia, policy makers and wider stakeholders. Through this multi-agency exchange, the seminar aims to reflect on the current implementation of the cold weather plan and inform its future development. Within this context, our objectives will be to:    • focus on local and national actions, strategies and innovation aimed at reducing cold weather risk  • explore the potential future development of the Cold Weather Plan and associated alert systems  The event takes place on Tuesday 26 September from 10am to 4pm at the Coin Street Neighbourhood Centre, 108 Stamford Street, London, SE1 9NH. It is free to attend.  Click [here to book your place](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=301132&eventID=717&traceRedir=2&eventID=717) |
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