



Office for Health
Improvement
& Disparities

Yorkshire and the Humber Monthly Update

Issue: 76, May 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: tyler.leech@dhsc.gov.uk



Healthy Places and Sustainable Communities

Team Lead: Nicola Corrigan

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

Food Active Monthly Bulletin

Food Active is a healthy weight programme of work advocating for action to promote healthy weight, regionally and nationally. Sign up for the latest campaign updates and other important news, blogs, resources, events and much more.

Childhood Obesity Trailblazer Final Assembly

The Childhood Obesity Trailblazer Programme is an ambitious programme which aims to support the mobilisation of cross-sector action in localities across England to tackle childhood obesity. The five Trailblazer projects are in Birmingham, Bradford, Lewisham, Nottinghamshire, and Pennine Lancashire.

The final Trailblazer Assembly will provide an opportunity for people involved in the Trailblazers, and others working on childhood obesity and healthy weight management, to explore the lessons from the 3-year programme.

Healthy Place and Air Quality

Lead: Amanda Craswell and Karen Horrocks

A Matter of Life and Death: Explaining the Wider Determinants of Health in the UK

This [report](#) by the Frameworks Institute on behalf of The Health Foundation examines how people think about their health, and the health of others, and based on this, recommend how we can frame health communications to tell a more powerful story.

The Business of Health Equity: A Marmot Review for Industry

This [paper](#) focusses on how business has a key part to play in improving the social conditions that affect health and health equity. It starts with a useful “pen portrait” that shows how businesses affect health through the life course.

Webinar recording: Biophilic Design – Academic Health Science Network (AHSN) (North East and North Cumbria)

On 17th Feb the AHSN held a [session on Biophilic Design](#): Working with nature through design and its impact on mental health and wellbeing. The webinar showcased perspectives from mental health,



architecture and urban planning to explore why the built and designed environment matters when thinking about mental health and wellbeing.

London School Superzones Report

This is a [report](#) for the pilot project of 13 London boroughs to explore, test and develop School Superzones, which aim to address a wide range of environmental influences on health wellbeing in an area surrounding a school.

Chartered Institute of Housing (CIH) annual conference: 28-30 June (Manchester)

There is a cost to attend this [national conference](#) but “Visitor” tickets to the “fringe” networking events and stages are free for local authorities, planners and other partners.

Webinar: Bottom-up Urbanism and Dementia Friendly Environments

This [event](#) is part of a series of webinars being delivered by the Healthy Happy Places programme. The Healthy Happy Places programme is funded by the Academic Health Science Network for the North East and North Cumbria. Anyone with an interest in this topic is welcome to attend. There is also a webinar on [Dementia Friendly Environments](#) from the same team on 19th May. 19th May.

Webinar recording now available: Using behaviour change techniques to encourage active travel across the Yorkshire and Humber region

A consortium of six local authorities across Yorkshire and Humber, supported by the Centre for Behavioural Science and Applied Psychology (CeBSAP) and funded by the Local Government Association (LGA), applied behavioural science to design and test an intervention to increase active travel across the Yorkshire and Humber region. This [webinar](#) shares the results.

Planning for Healthier Food Environments Toolkit

The ‘[Planning for Healthy Food Environments](#)’ toolkit launched in April. The resource aims to highlight the different ways in which planning can support healthier environments and contains some interesting case studies from the North-West.

Webinar by Planning Advisory Service: Digital Planning Showcase

This virtual [event](#) on the 25th May is for local government people to hear from some of the work underway transforming planning and the ICT that support it.

Health-related social costs of air pollution due to residential heating and cooking In the EU27 and UK

This [study](#) quantifies health-related social costs of outdoor air pollution caused by residential heating and cooking, they also conducted a literature review on indoor air pollution.

Valuing the Mental Health Benefits of Woodland: In Brief

This [brief](#) outlines research undertaken by Forest research that aims to quantify the mental health benefits of woodland



Physical Activity and Community Based Approaches

Lead: Nicola Corrigan and Karen Horrocks

Kings Fund Conference: Community is the best medicine: a community-centred approach to health and wellbeing. 6th-9th June 2022

There is a discounted cost for the public sector to attend this four-day, virtual event which brings together health and care professionals, community organisations and others to explore the role of communities in health and wellbeing.

Free Webinar 19th May 1pm: Growing Health Together – collaborating for better health and wellbeing

In this free event, you can hear about the vibrant collaborative programme in East Surrey with Primary Care Networks working alongside community and voluntary organisations to improve health outcomes, equity, and sustainability.

Yorkshire Sport Foundation Weekly

Sign up for this weekly update from Yorkshire Sport Foundation, the Active Partnership covering West and South Yorkshire

NEW Get Yourself Active website

Get Yourself Active transforms attitudes and perceptions of disability and physical activity by informing, empowering and supporting Disabled people and other key stakeholders.

Their website has been split into four audience groups to represent who we work with as part of their programme. The content is tagged and sorted to ensure you will always be able to find what you need anywhere on the site.

The four main audience groups are:

- Individual Disabled people
- Disabled People's User Led Organisations
- Sports organisations
- Social Care and Social work

Functional Fitness wins award

Leon and Janet Wormley win BGS Special Medal for Online Pandemic Exercise Classes for Older People. During the Covid-19 pandemic he created a holistic exercise programme for older people with his mother Janet, who has arthritis. This was done in collaboration with Versus Arthritis.

Let's Move with Leon is a 12-week programme which was filmed during lockdown and reached more than fifty thousand people. The programme educated older people to exercise safely at home, and built their skills, knowledge and understanding so they could tailor exercise to suit their own health. It was linked to the activities that people carry out every day and used household objects to exercise with.



The Let's Move (Versus Arthritis) programme is funded by [Sport England](#), which aims to transform lives and communities through sport and physical activity.



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

Gambling-Related Harms

Lead: Simone Arratoonian

Rules around gambling advertising

[New rules](#) will come into effect on 1 October this year aiming to protect young people and vulnerable audiences from gambling advertising. The Committee for Advertising Practice announced at the beginning of April that gambling and lottery adverts must not 'be likely to be of strong appeal to children or young persons, especially by reflecting or being associated with youth culture'. This 'strong' appeal applies to imagery, themes and characters which may appeal to under-18s – such as sportspeople popular with those groups on social media, stars from reality TV shows and gaming references. These rules will continue to be reviewed for effectiveness following implementation.

New requirements for online gambling operators

The Gambling Commission will issue [new guidance](#) to online gambling operators this June, to take effect from 12 September – requiring them to do more to protect customers from harm or face action. This follows a wide consultation and call for evidence, the assessment of which has led to stronger rules for monitoring indicators for signs of harm, implementing more automated processes that pick up on these, and requirements for actions to be taken when indicated. Also included are rules around marketing to customers at risk. This follows the recognition that not enough is being done to comply with existing guidance to protect those at risk from gambling harms in the online environment.

Gambling participation

[Data collected](#) via quarterly phone surveys from a sample of adults 16+ around gambling participation over the past year has been released by the Gambling Commission. This shows that the proportion of respondents gambling online in the last 4 weeks has increased year on year, from 13.7% in 2018 to 18.1% in 2022. This increase is across both sexes and excludes National Lottery draw products. Those participating in 'in person' gambling excluding National Lottery has also started to increase. Although levels are not yet pre-pandemic, there has been an increase of 2.2% across all respondents from 2021-22. The proportion of respondents taking part in at least one form of gambling over the past 4 weeks has also seen an increase of more than 3% over the past year to 43.3%, despite an initial decrease in the previous year. Again, increases are apparent across both sexes and all age groups.



Tobacco Control

Lead: Scott Crosby

We have been made aware that Nicoventures Retail Limited (NRL) are currently approaching NHS trusts/organisations and offering to support them with their tobacco dependency treatment priorities. NRL are owned by British American Tobacco. As the UK government is a signatory to Article 5.3 of the WHO's Framework Convention of Tobacco Control, this prohibits any UK government agency from entering into any such partnership with the tobacco industry. Therefore trusts should not take up this approach from NRL.

Note that Article 5.3 does not prohibit purchasing/using NRL's vaping products, but it does mean that we cannot enter into any partnership working with the tobacco industry.

Please let us know if you're aware of any similar approaches locally.

Translated smoking in pregnancy resources:

ASH and the Challenge Group have translated two of our resources into Bulgarian, Polish, Punjabi, Romanian, and Urdu. Print and regular versions of each resource are available at the links below.

These are in addition to the translated CO 'Test your breath' cards available [here](#).

[E-cigarettes in pregnancy: Infographic for pregnant women and families \(A5\)](#)

Translated versions:

- Regular version: [Bulgarian](#) | [Polish](#) | [Punjabi](#) | [Romanian](#) | [Urdu](#)
- Print version: [Bulgarian](#) | [Polish](#) | [Punjabi](#) | [Romanian](#) | [Urdu](#)

[Smoking and your baby: advice for parents \(A5 leaflet\)](#)

Translated versions:

- Regular version: [Bulgarian](#) | [Polish](#) | [Punjabi](#) | [Romanian](#) | [Urdu](#)
- Print version: [Bulgarian](#) | [Polish](#) | [Punjabi](#) | [Romanian](#) | [Urdu](#)

Physical copies of translated resources are currently not available to order but may be made available if there is sufficient demand. Physical copies of English language resources can be ordered by completing the form below:



Challenge-Group-r
esource-request-for

1. [When is subnational, supra-local tobacco control 'just right'? A qualitative study in England.](#)

Davies N, Cheeseman H, Arnott D, Pierce E, Langley TE, Murray R, Bogdanovica I, Bains M.



Nicotine Tob Res. 2022 Mar 14;ntac069. doi: 10.1093/ntr/ntac069. Online ahead of print.

PMID: 35287176

2. [Development of a Smoke-Free Home Intervention for Families of Babies Admitted to Neonatal Intensive Care.](#)

Notley C, Brown TJ, Bauld L, Boyle EM, Clarke P, Hardeman W, Holland R, Hubbard M, Naughton F, Nichols A, Orton S, Ussher M, Ward E.

Int J Environ Res Public Health. 2022 Mar 19;19(6):3670. doi: 10.3390/ijerph19063670.

PMID: 35329355 Free PMC article.

3. [Understanding the long-term policy influence strategies of the tobacco industry: two contemporary case studies.](#)

Hird TR, Gallagher AWA, Evans-Reeves K, Zatoński M, Dance S, Diethelm PA, Edwards R, Gilmore AB.

Tob Control. 2022 Mar;31(2):297-307. doi: 10.1136/tobaccocontrol-2021-057030.

PMID: 35241603



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Maternity and Early Years

Survey on women's experiences of mental health in midwifery, health visiting and GP services

Members of the Yorkshire and Humber (Y&H) Clinical Network for Perinatal Mental Health (PMH) have adapted a survey originally developed by the Northwest Coast PMH Clinical Network to explore women's experiences of mental health enquiry in Midwifery, Health Visiting and GP services. The Y&H Clinical Network PMH work programme is very much focused on the specialist end of the PMH pathway to support the delivery of the PMH Long Term Plan ambitions and Mental Health Implementation Plan.

This piece of work is looking at the front end of the pathway with a focus on gaining a view of women's experiences and perceptions of mental health enquiry by midwives, health visitors and GP's in order to



highlight and learn from areas of good practice and identify any areas of improvement that may impact on prevention of PMH illness, awareness of PMH illness and access to PMH services, including reducing stigma.

The [survey](#) will run for approx. 4 weeks and will close on 22nd May 2022. Text to use in promotion of the survey is below.

Talking about mental and emotional health during pregnancy and postnatal care

Mental health affects everyone. We all have times when we feel down or stressed. Most of the time those feelings pass, but sometimes they develop into a more serious problem. This can happen to anyone.

Pregnancy and the first year after having had a baby is a really important time for your mental health. As part of your routine care through the NHS, your health care providers should be considering your emotional wellbeing as well as your physical health. There are specialist services in place to support you during these times should you need them.

We would like to gain an understanding of your experiences and recollections of the conversations about your mental health and emotional wellbeing with midwives, health visitors and GP's during the antenatal and postnatal period. We would like to gather this information in order to identify and learn from good practice and to identify areas for improvement that may impact on the prevention or identification of mental ill health and/or access to specialist services, as well as reducing stigma.

This [survey](#) is for women who are currently pregnant or have had a baby in the last 12 months in Yorkshire and Humber. If a question does not apply to you, please leave it blank. The [survey](#) is completely anonymous.

Perinatal mental health webinar

The Yorkshire and the Humber Perinatal Mental Health (PMH) Clinical Network have commissioned a PMH Webinar with Dr Alain Gregoire on Thursday 26th May, 1pm – 3pm. A 'save the date' flyer is attached for further information.

The webinar will have a focus on

- The importance of PMH services and care
- Complex-Post Traumatic Stress Disorder and PMH

This webinar is aimed at professionals involved in the provision of PMH care across the whole PMH pathway including PMH commissioners, midwives, obstetricians, GPs, health visitors, mental health nurses, psychologists, IAPT practitioners, psychiatrists, mental health social workers, and managers of PMH services.

Please follow this [link](#) to register for the webinar A calendar invitation including the zoom link will be circulated to registered attendees one week prior to the date of the workshop.

If you have any queries, please contact anna.downward-fletcher@nhs.net



Healthy Ageing

Lead: Alison Iliff

New resources on Falls and Vision impairment, and on deconditioning from the National Falls Prevention Coordination Group (NFPCG)

The National Falls Prevention Coordination Group (NFPCG), (hosted by National Healthcare Public Health in NHSEI) has developed a suite of [new resources](#) to help reduce the incidence of falls related to vision-impairment in older people. The aim is to promote the importance of good eye health and vision with Healthcare professionals and increase the uptake of eye examinations by the public. The resources include a 'how to' [video](#) to support the use of the Royal College of Physicians [Bedside Vision tool](#) for hospital inpatients and the care sector, posters for waiting areas and letters/ information sheets for healthcare professionals, and guidance from the College of Optometrists on [The importance of vision in preventing falls](#).

The NFPCG has also developed a number of resources intended to support individuals, health and care professionals and commissioners to take action to overcome the reduction in physical activity participation and resultant deconditioning effect of the COVID-19 pandemic.

The five resources have been developed in response to the recommendations listed in the Public Health England 2021 COVID-19: wider impacts on people aged 65 and over 2021 guidance - this guidance provides an estimation of the impacts of coronavirus (COVID-19) on physical activity and falls in older adults and recommendations to mitigate these effects. Read the full report [here](#). The five resources are:

- 1) A **Deconditioning resource for the public** (please use the term 'Reconditioning' to describe this resource when sharing on, if preferred) - a resource with the aim of encouraging those reading it to take steps to increase their level of physical activity in a way which can be tailored to their level of ability. The resource includes links to free to access useful online resources which can support a self-management approach.
- 2) An '**Easy Read**' version of the above public facing resource (with an embedded QR code which will take readers to an audio recording of the content). This 'easy read' version is also available in yellow background to ensure those with visual impairment are able to access the content.
- 3) A **Poster** summarising the messages in the Deconditioning public resource - designed for display in public spaces, waiting rooms and reception areas. The poster signposts to those reading it how to get a paper copy of the resource and/or where to find the more in-depth version of the resource online.
- 4) A **Deconditioning resource for health and care professionals** - aimed at supporting professionals to have meaningful conversations to support individuals they are in contact with to identify goals and take action to increase their own physical activity. This resource also includes links to useful online resources for the professionals to signpost individuals to.



- 5) A **Deconditioning resource aimed at providers and commissioners of strength and balance falls prevention exercise programmes** - this resource highlights and summarises key policy reports and guidelines which if implemented may drive up access to and quality of exercise programmes designed to reduce falls and support reconditioning among local populations following the pandemic.

You can find the resources [here](#) on the **British Geriatric Society** website.

New images showing older and disabled people getting active released

The photographs, which depict older and disabled people in non-stereotypical, positive and authentic ways, are free to download and use as part of the Centre for Ageing Better's Age Positive Image Library.

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

2020 Conceptions statistics published

ONS has published the 2020 [annual conception statistics](#). The downward trend in the under-18 conception rate continues with the England rate now 13.1 per 1000 15–17-year-old females, a 17.2% drop from 2019. The national reduction from 1998 is now 72%. The under-16 conception rate also continues a downward trend.

Under 18 conceptions per region:

	Conception rate per 1,000 women in age group 2020	Conception rate per 1,000 women in age group % change 2019 to 2020	Conception rate per 1,000 women in age group % change 1998 to 2020
England	13	-17.2	-72.1
North East	18.6	-14.7	-67.1
North West	16.7	-13.9	-66.8
Yorkshire And The Humber	16.5	-14.5	-68.9
East Midlands	12.5	-18.8	-74.4
West Midlands	15.1	-17.5	-70.8
East	11.8	-15.1	-68.9
London	9.8	-27.4	-80.8
South East	10.6	-16.5	-72.0
South West	10.5	-18.0	-73.4



Parliament votes to make telemedicine for early medical abortion permanent

In March 2022, Parliament voted in favour of the amendment to the Health and Care Bill, making the temporary approval allowing home-use of both pills for early medical abortions permanent across England and Wales. See the FSRH press release [here](#).

Shigella – awareness raising

Surveillance by the UKHSA has [detected a rise](#) in cases of extremely antibiotic-resistant Shigella Sonnei infections, mainly in gay, bisexual, and other men who have sex with men (MSM). To help address this a new campaign was launched in April.

Raising awareness and resources for patients and the public:

- ***FREE* Shigella awareness campaign and resources** – we are asking organisations to participate in this latest phase of the campaign - posters, patient leaflets and digital images as well as links to other helpful resources are available via the [HIV Prevention England portal](#).
- Queries – The public can find out more information about Shigella and get advice on other related topics at [Sexwise](#) or by calling the free National Sexual Health Helpline at 0300 123 7123.
- Information about shigella – Both the [Sexwise](#) and the [NHS choices web page on dysentery](#) has further information on symptom management and preventing transmission and re-infection.

Resources and information for professionals:

- **Resources for sexual health and HIV services:** Working with partners, BHIVA have produced a slide set and poster for Sexual Health & HIV services to educate their teams & networks about the management of shigellosis and combine available information in a single resource. Both the slide set and poster are available [here](#).
- [The NHS choices web page on dysentery](#) has further information on symptom management and preventing transmission and re-infection.



Inclusion Health

Lead: Cathie Railton

Ukraine

Useful resources aimed at professionals, those fleeing Ukraine and others

We are regularly selecting and updating resources interest [here](#)..

Data

The Home Office and DLUHC are now publishing [data](#) on numbers of visas issued in the UK. This is only available at national level for the Ukraine Family Scheme but is also available at [local authority level](#) for the Homes for Ukraine Scheme.

As of 27th April 2022, the following number of visas have been issued:

- Ukraine Family Scheme visas: 34,900



- Ukraine Sponsorship Scheme visas: 51,300 (43,200 England, 2,499 Y&H)
- Numbers that have arrived in the UK as of 25th April 2022:
- Ukraine Family Scheme: 16,000
- Ukraine Sponsorship Scheme: 11,100

DWP guidance

DWP has produced a resource to inform Ukrainians arriving in the UK around the support available from DWP with details on claiming benefits and finding work available online [here](#)).

Use of terminology

As part of the response to the Russian invasion of Ukraine, Government Departments have agreed consistency in how we refer to people fleeing Ukraine to come to the UK. They have suggested we should not refer to people coming to the UK from Ukraine as 'refugees'. This has a specific legal meaning which implies certain rights and benefits, which people coming to the UK under the Ukraine visa schemes may not have. Also, not everyone coming to the UK from Ukraine is a Ukrainian citizen or a Ukrainian national - it may be more appropriate to say individuals 'fleeing Ukraine' instead.

Asylum seekers

New plans for asylum seekers

All local authority areas in England, Scotland and Wales are being asked by the Government to participate in a new system of full dispersal to allow a move from hotels to less expensive and more suitable dispersed accommodation. There are also plans to open new, larger reception centres, the first of which will be in North Yorkshire. The Home Office blog on the new Linton on Ouse site available [here](#).

Translated: guides for asylum seekers applying for permission to work

The Migration Justice Project at the [Law Centre NI](#) have a [guide to help people seeking asylum understand how and whether they can apply for permission to work](#) while their claim is pending.

Guidance on applying to the Home Office to request permission to work is available in [English](#), [Arabic](#), [Farsi](#), [Somali](#) and [Tigrinya](#).

Guidance on applying for a National Insurance Number is available in [English](#), [Arabic](#), [Farsi](#), [Somali](#) and [Tigrinya](#).

Study by The University of Birmingham and Doctors of the World

The mixed methods study which analysed quantitative and qualitative data around the health of asylum seekers and their access to healthcare in initial and contingency accommodation. The report is available [here](#).

Homelessness

Vagrancy Act Consultation

The DLUHC Vagrancy Act [consultation](#) launched on Thursday 7th April and closing on Thursday 5th May. The consultation seeks views on proposals to respond effectively to begging, potential penalties for harmful begging and how to encourage vulnerable people to engage with rehabilitative support. For questions relating to the consultation, please contact Chloe.Wall@levellingup.gov.uk

LGA guidance for homelessness services on supporting modern slavery victims



This new [guidance](#) from the LGA has been developed specifically for council officers working in homelessness and housing services. It is one of two publications, including a set of case studies, which can be used separately but which are intended to form a single, comprehensive good practice guide.

Events

Yorkshire and Humber Migration Research Network online event on Friday 13 May, from 1pm to 3pm.

Enjoy short presentations on the topic of co-producing research with researchers who have lived experience of migration.

This network aims to bring together researchers with an interest in migration from across the region, to encourage information sharing, networking and collaboration.

To attend, please register on [Eventbrite](#). You will then receive a confirmation email with the Teams link.

Migration Yorkshire is coordinating this network as part of the Refugee Integration Yorkshire and Humber project, funded by the EU Asylum, Migration and Integration Fund.

Refugee mental health and place conference

This conference will bring together scholars, activists, artists, policy makers and people with lived experience to explore and examine what it means to be a refugee in a particular place and how this can be relevant to mental health. The conference is hosted by the Refugee Mental Health and Place network in collaboration with the ESRC Centre for Society and Mental Health and the Department of Population Health Sciences at King's College London. It will take place on 13th May 10am-5pm. Find out more about the conference programme and register [here](#).

Migrant Help conference

Last year, [Migrant Help](#) ran the first in a series of its annual [Building Bridges](#) conferences with the aim to encourage collaboration and communication within the asylum sector. This year's conference will focus on themes of representation/perception of people seeking asylum, their public acceptance and portrayal. This will allow them to look at the topics of coproduction and learning from client experience; the impact of chronic loneliness through the asylum process; and language used when talking about asylum issues.

This event will take place online on the 6th of July 2022. Further details including registration instructions will follow.

We Move race and equality and migrants' rights summit

You can register for the [We Move](#) race equality and migrants' rights summit which will be held at the University of Leeds, in-person, over the weekend of 3/4 September.

Other information

Blog about how the NHS can support inclusion health groups

This blog post covers the ways the NHS can support people most socially excluded in society through service provision and its role as an anchor institution.



Supporting migrant families in vulnerable circumstances: A mapping exercise is underway to identify current work to help migrant children and young people living in vulnerable circumstances.

The NHSEI NEY team is looking to develop and share good practice to better support refugees and those seeking asylum to access healthcare and have a positive experience and good outcomes in doing so. They would like your input on what projects you are working on, what is working well and what you think could be helpful learning for colleagues elsewhere. Please send any information to Helga Charters, Clinical Lead for CYP Inclusion Health via helga.charters@nhs.net.



C-Works Newsletter: Highlights

Spotlight of the month: The Elective Care Backlog.

The recently published [NHS plan for tackling the COVID-19](#) backlog of elective care sets out a progressive agenda for how the NHS will recover elective care over the next three years.

This advisory note provides clarification on the healthcare inequalities elements of the 2022/23 priorities and how elective recovery can help to address these.

A series of resources relating to the Northeast Health Inequalities Impact Assessment also provide useful insights into how health inequalities can be addressed by the health system recovering fairly from the impact of the pandemic.

The King's Fund, supported by Novartis, held a roundtable to discuss how to achieve the challenging tasks set out by the NHS elective backlog delivery plan. Five relationships that are essential to successfully managing the elective backlog were highlighted.

Upcoming events

C-WorkS Connects online event: Wider impacts of COVID-19 – Mental health in secondary school aged children – date TBC.

C-WorkS is hosting an online event to provide a brief overview of what we know about some of the impacts of the pandemic to mental health in secondary school age children, at population level, in the region. More details including a registration link to follow.

[Register](#) your place now: Northeast and Yorkshire Health Literacy Community of Practice, Herschel Lecture Theatres, Newcastle University, Newcastle upon Tyne, 9th June 10am – 4pm (registration from 9:30) Health literacy is about people being able to get hold of, understand, and use information about health.

Low health literacy is a common problem. Six out of ten adults in England find it hard to understand and use health information. This can affect their health and how they manage any illness. Health literacy can be improved by people themselves, by the communities they live in, and by health services. This event is to share thoughts, plans and activities to build health literacy in communities in the Northeast and Yorkshire areas of England.



This event is for people from health and social care, voluntary sector, local libraries, universities, school education and community engagement who want to come together to raise awareness, act, and advocate for improving access to information and health literacy across our communities in the Northeast and Yorkshire. This will be a face-to-face meeting with lunch and refreshments provided during the day so please only register if you know you can travel to the venue on the day. For more information about the event (confirmed speakers and outline) or to register your place, please visit the Eventbrite page.

New Resources:

[Physical activity guidelines: disabled children and disabled young people](#) Infographic and text explaining the physical activity needed for general health benefits for disabled children and disabled young people.

[In the poorest parts of England, life expectancy for women is lower than in Colombia, Latvia and Hungary](#) The Health Foundation says the government must produce a credible strategy to bring UK life chances in line with other comparable countries

[Individual health assessments for Afghan refugees](#) Guidance on health assessments for displaced people from Afghanistan, who have recently arrived in the UK.

[Long COVID - What is the role of local government?](#) Data from the Office for National Statistics has suggested 3 to 12 per cent of adults infected with coronavirus have symptoms 12 weeks after an initial infection. "Must Know" explains what support is available and how councils are working to provide support.

[Trends in the wider determinants of health update: 31/03/22](#) As we move into the third year of the Covid-19 pandemic, this QualityWatch indicator update explores the impact the pandemic has had through longer-term trends in key public health measures.

[Child obesity: patterns and trends](#) Slide sets presenting the latest data on child obesity in England, the 9 English regions, and upper tier local authorities.

[Extra funding for drug and alcohol treatment: 2022 to 2023](#) Information about new funding to local councils to help them improve their drug and alcohol treatment and recovery systems

[Understanding food insecurity in adults with severe mental illness](#) Fuse is collaborating on a new study, which is the first of its kind in the UK, to learn more about adults living with food insecurity and Severe Mental Illness (SMI) in Northern England



UKHSA Bulletin: Highlights

Issued 20th and 27th April 2022

National Immunisation Network Meeting 2022

Registrations have now opened for the upcoming National Immunisation Network Meeting 2022, taking place on 18 May. The theme of this year's meeting is 'Recovering the national immunisation programme'.

For further details and to book a place, please visit on the meeting website [here](#)

COVID-19 Data:

Surveillance

Every Thursday, at 2:00pm we publish our weekly COVID-19 surveillance reports. These reports summarise the surveillance of influenza, COVID-19 and other seasonal respiratory illnesses, including, weekly findings from community, primary care, secondary care and mortality surveillance systems.

Read the latest report [here](#).

Transmission statistics

Latest R and growth rate for England as of 14 April 2022

- Latest R range for England 0.9 to 1.1.
- Latest growth rate range for England -2% to +1% per day.

You can find more information about the R value range and growth rate [here](#).

Variants of concern

Every Friday, we publish weekly case numbers for all COVID-19 variants in the UK. The latest data on Variants of concern or under investigation data can be found [here](#).

News, updates and guidance:

Increase in hepatitis (liver inflammation) cases in children under investigation – read [the technical briefing](#) published by UKHSA

Annual Flu Letter Published – Read it [here](#)

Updated diphtheria guidelines published -The UK Health Security Agency (UKHSA) has updated the guidelines for the public health control and management of diphtheria in England. The updated guidelines set out the rationale and recommendations for the control of diphtheria in England and are



intended for those involved in the public health control of diphtheria, including UKHSA Health Protection Teams and NHS staff in England. You can access the latest diphtheria guidelines [here](#).