



Yorkshire and Humber Annual Student Mental Health Event 2022

AM 10.00 – 11.00

Event opening and introductions

10.00 – 10.10

Chair's welcome address

Professor Shirley Congdon, Vice Chancellor of the University of Bradford and Chair of Yorkshire Universities

10.10 – 10.20

Introduction to the Y&H Student Mental Health Network

Anji Gardiner, *Interim Head of Student Support, The University of Salford*
Laura Hodgson, *Health & Wellbeing Programme Manager, Public Mental Health Programme, Office of Health Improvement and Disparities, Yorkshire & the Humber*
Dr Peter O'Brien, *Executive Director, Yorkshire Universities*

Keynote Speakers

10.20 – 10.30

Professor Shirley Congdon

Changing landscape, reflections on Student MH over last 2 years

10.30 – 11.00

John De Pury, Assistant Director of Policy, Universities UK

National perspective, next steps and vision for student mental health

11.00 – 12.00

Using data & intelligence to improve Students' Health and Wellbeing and reduce inequalities in outcomes

National and regional perspectives

11.00 – 11.15

Dr Samantha Rogers, Senior Research Officer at Office for National Statistics

Student mental health and wellbeing: Data from ONS

11.15 – 11.30

Dr Liz Lingard, Transformation Lead for North East and Yorkshire NHS England & NHS Improvement

Health Equity approach to provide excellent services for all

11.30 – 11.45

Dr Jacqueline White, Reader, Mental Health Strategy Lead, University of Hull

Pathways to mental health and wellbeing student support at the University of Hull: an evidence and data driven service redesign

11.45 – 12.00 Q&A

LUNCH 1 Hour

PM – 13.00 – 14.00

**Innovative practice that impacts on Student Mental Health & Wellbeing –
sharing best practice**

13.00 – 13.05

Introduce the afternoon session

Professor Shirley Congdon

Regional Examples

13.05 – 13.25

Greater Manchester

Dr Tim Alnuamaani Consultant Psychiatrist and Dr Nick Little Clinical Psychologist

The Greater Manchester Universities Student Mental Health Service

13.25 – 13.45

University of Sheffield

Dr Emma Broglia, Research & Training Clinic Manager, University of Sheffield

(Title of presentation)

13.45 – 14.00 Q&A

14.00 BREAK (5mins)

Networking

14.00 – 14.05

Introduce Breakout Session

Professor Shirley Congdon

14.05 – 14.30

Breakout discussion

14.30 – 14.45

Breakout feedback

14.45 – 15.00

Event Summary

Professor Shirley Congdon

15.00 CLOSE