

Introduction

This poster details the results of the self-assessment audit of the NHS Health Check programme in North Yorkshire, undertaken by the NHS Health Check providers, during the period July–September 2017.

Aim

To develop and test the use of a structured and systematic assessment tool to support providers and commissioners to raise NHS Health Check standards.

Method

GPs are the commissioned providers for the NHS Health Check programme. Across North Yorkshire there are 73 GP practices of which 70 provide the NHS Health Check programme. With Local Medical Committee support, all 70 practice managers were contacted and asked to complete the Service Audit Self-Assessment Tool (SASAT).

Background

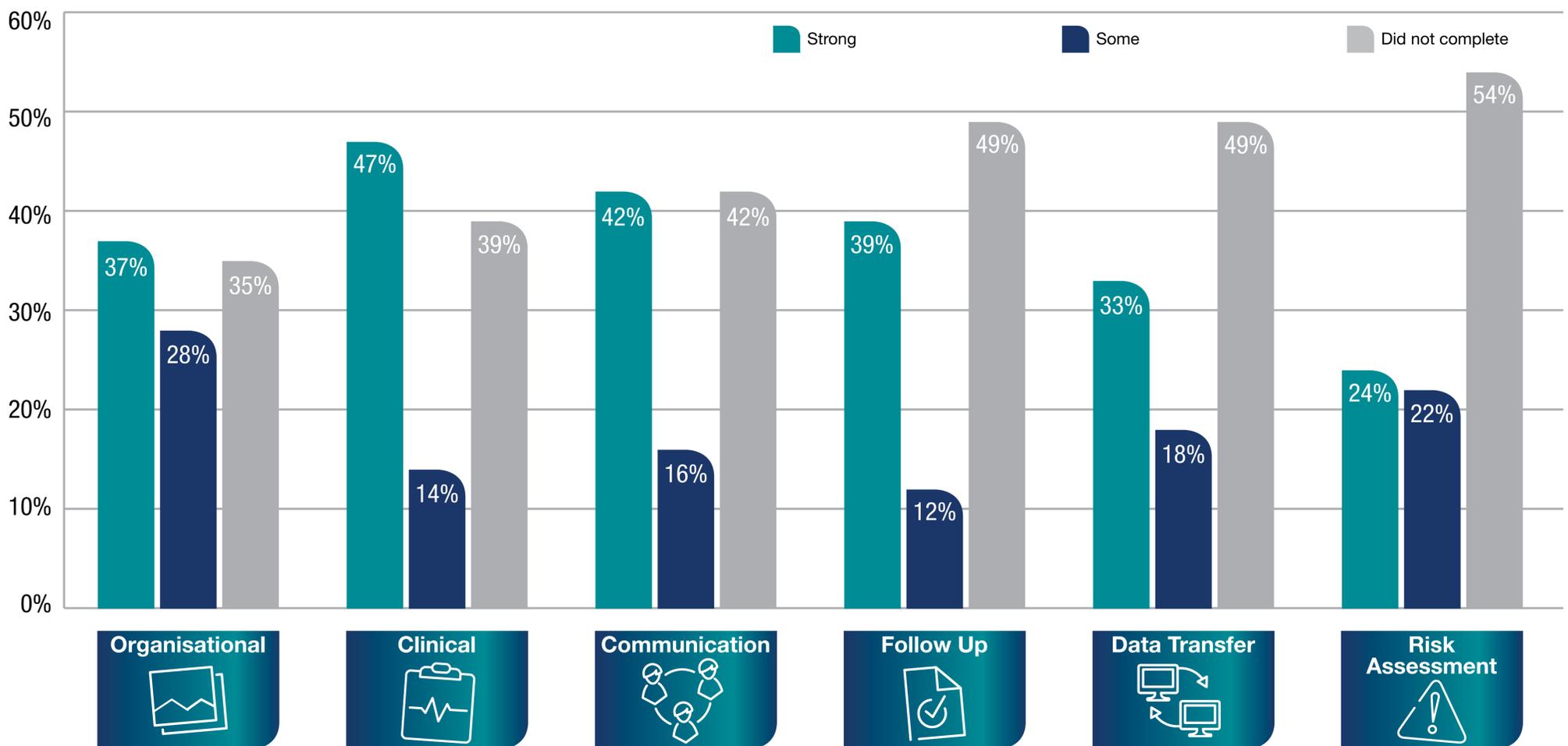
Public Health England (PHE) has produced “NHS Health Check StARS framework: A Systems Approach for Raising Standards”. PHE and Public Health teams wished to have a standardised assessment tool that could be used across localities, for assessing the delivery of the NHS HC Programme. Therefore, the Service Audit Self-Assessment Tool (SASAT) was developed, which covers six domains:

-  **Organisational**
-  **Clinical**
-  **Communication**
-  **Follow up**
-  **Data Transfer**
-  **Risk Assessment**

Results

77% of 70 providers returned the SASAT, of those **90%** were fully completed. The 10% that did not complete, reported it as ‘too daunting, time consuming’ or didn’t fully understand the purpose or language used.

Figure 1:
Percentage of practices recording evidence



Recommendations

Based on the review of the self-assessment the following recommendations have been put forward to further improve the quality of NHS Health Checks in North Yorkshire:

Develop social marketing plans to increase awareness and improve uptake

Create and develop patient surveys or a patient feedback mechanism that asks patients about lifestyle change and if they understood what was communicated

Ensure practices have an agreed protocol for data transfer between alternative service provider and GP practices, where required

Conclusion

Following the pilot, providers gave mixed reviews noting the use, ease of completion and needing better guidance. For commissioners, the tool was completed but not all provided the supporting evidence to strengthen their ‘self-assessment’. Reshaping the tool is paramount, to ensure it meets the needs for both commissioner and provider alike.

For further information contact:
jenny.loggie@northyorks.gov.uk or
natalie.smith@northyorks.gov.uk