

Office for Health Improvement & Disparities

Yorkshire and the Humber Monthly Update

Issue: 81, September 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: <u>tyler.leech@dhsc.gov.uk</u>





Healthy Places and Sustainable Communities Team Leads: Nicola Corrigan / Karen Horrocks

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

### Whole Systems Obesity inc. Adult Weight Management Lead: Nicola Corrigan

### GULP resources: sugary drinks and environment

The resources aim to help children and young people understand:

- The wider impact of plastic pollution on our environment, specifically around singleuse plastic bottles and sugary drinks
- How we can reduce our impact on the environment by cutting back on sugary drinks
- How drinking tap water can benefit our health but also the environment

### ONS data on Free School Meals and future earnings

Students from poorer backgrounds typically go on to earn less than others as adults and the differences are stark. What factors are behind the earnings gap?

### Physical Activity Lead: Nicola Corrigan

#MoveToYourMood: We are Undefeatable

The NEW summer campaign features 4 new inspirational stories from Jagdeep, Phoebe, Simon and Zoe who each share how movement and activity help them whilst living with long term health conditions.

Make Space For Us - presentation now live

A new study into how teenage girls use parks and green spaces for recreation has found twice as many girls as boys feel unsafe exercising in their local park (49% compared to 26%).

New leisure resources to assist in tackling inequalities

### Activity Alliance has added to their resource bank with ten new leisure factsheets.

They cover a range of top topics from developing inclusive strategies to workforce development and measuring impact. They support leaders in the leisure sector to strengthen their inclusion work and engage more disabled people.

Culture, Heritage and Sport Framework Engagement



The West Yorkshire Mayor and the Combined Authority are keen to redress the inequalities in participation in culture heritage and sport across West Yorkshire. If it's appropriate to you, we'd encourage you to take part in the consultation. You may also wish to share it with those you work with and support.

### Healthy Places and Community Based Approaches Lead: Karen Horrocks

### Community Wealth Building: A toolkit for Councillors -

This Toolkit has been created for use by local leaders, local cabinet members, councillors, prospective councillors and other interested local government stakeholders. (Future toolkits will be created specifically for local activists and trade union members.) It provides a basic understanding of Community Wealth Building (CWB) and its key components as a method for transforming local economies to make them more just, equal, and socially and ecologically sustainable.

### North Yorkshire and Humber GSP Newsletter

This newsletter contains examples of practice and resources that will be useful to anyone interested in green social prescribing and interventions in the natural environment. To subscribe, click on the link in the top left of the newsletter.

How to talk about the building blocks of health – a new toolkit for public health communicators

A webinar from The Health Foundation about how we communicate about the wider determinants of health – the social, cultural, political, economic, commercial and environmental factors that can make us healthy or unhealthy.

### Active Travel Social Prescribing: Walking, wheeling and cycling to be offered on prescription in nationwide trial

Eleven local authority areas in England to benefit from £12.7 million in multi-year funding.

Trials in 11 areas across the country to help people's mental and physical health. GPs will issue social prescriptions such as walking, wheeling and cycling, backed by £12.7 million. Schemes will include cycling and walking groups, cycle training and free bike loans.

Social prescriptions, including walking, wheeling and cycling, will be offered by GPs as part of a new trial to improve mental and physical health and reduce disparities across the country.

The pilots must be delivered alongside improved infrastructure, so people feel safe to cycle and walk.



### **DFG Champions Roadshow**

The DFG Champions Roadshows return this autumn 2022. They'll be visiting Leeds, Wolverhampton, London (x2 dates), and Liverpool with the usual mix of good practice, news, conversation, quizzes, exhibitors and lunch.

### In depth, out loud: Cars and Cities

Kimberly Nicholas, an associate professor of sustainability science at Lund University, discusses interventions to reduce car use in cities. <u>Text also available</u>

FREE Training Webinar - A Warm Welcome: Fuel Poverty, Health Impacts and Assistance 7 October 2022

This fully funded webinar is part of National Energy Action's 'Warm Welcome' project and is specifically aimed at healthcare professionals and other frontline staff / volunteers working with new and expectant families who want to learn about fuel poverty, its causes, and links with physical and mental wellbeing.

**Report: Fuel Poverty, Cold Homes and Health Inequalities** 

The Institute of Health Equity has just launched this report

Health Creation Alliance: Free online Events

Coming of Age is a week-long series of events that will demonstrate and explore Health Creation, while celebrating progress being made across the UK.

Food Systems Lead: Nikki Smith

Webinar: Public Health Approaches to Changes in Cost of Living: Building Food Resilience for Communities - 6 July 22 (yhphnetwork.co.uk)

This webinar presented practical solutions to reduce the impact on health as a result of the cost-of-living increase. Explored the inequalities experienced and disproportionate impact on health outcomes due to food insecurity.

Prevention and Key Risk Factors Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal, and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

> Commercial Determinants of Health & Gambling-Related Harms Lead: Simone Arratoonian



### Commercial Determinants of Health – Alcohol and Gambling

Join this online event from the Institute of Alcohol Studies on Wed 21<sup>st</sup> September 2022 at 2pm – presented by Saloni Bhuptani. This webinar focuses on strategies and framings used by representatives of alcohol and gambling industries in response to government consultations. Register your place <u>here</u>.

### **Commercial Determinants of Health – Alcohol**

Read <u>this report</u> from Alcohol Action Ireland on alcohol 'alibi marketing' to find out why advertising restrictions need to be comprehensive. The article demonstrates how industry use features of a brand to circumvent regulation, particularly in relation to sport.

### **Commercial Determinants of Health – Food**

In case you missed these, please find useful links to EU policy briefs relevant to the food agenda <u>here</u> from STOP (Science and Technology in childhood Obesity Policy) and WHO. These include food in schools, protecting children from harmful marketing, reformulation and food labelling.

### Gambling-related harms - enforcement news

This August saw <u>four substantial fines handed to gambling companies</u> under the watch of the Gambling Commission. The biggest of these was following failures by Entain Group - £14m relating to online businesses (including Ladbrokes.com, coral.co.uk and foxybingo.com) and a further £3m for failures under the operation of Ladbrokes across its 2,746 Great Britain gambling premises. Failures include both social responsibility (lack of support or interaction with customers at potential risk) and anti money laundering failures (insufficient checks on large deposits). In one instance, a customer deposited more than £700,000 over 14 months without checks on source of funds.

Other companies also fined are: Spreadex Ltd, Smarkets (Malta) Ltd, and LeoVegas.

### Gambling Commission – operator data

Available online is the <u>latest data for quarter one of 2022 (April to June</u>) relating to licensed gambling operators. Highlights include an increase in gross gambling yield of almost 1% and a 5% increase in both total bets/spins and average monthly active accounts in comparison to the previous quarter. The yield from slots alone increased by 4% from the last quarter to approximately £565m. There was a 5% increase in longer sessions online. Land-based premises also saw an increase in yield of 6% to £584m.





Health and Wellbeing Across the Life Course Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

### Healthy Ageing Lead: Alison Iliff

Tackling Loneliness Hub Workshop: Demonstrating the value of befriending. Thursday 8<sup>th</sup> September 10.00-12.00. What outcomes can/are befriending projects achieving for older adults? How can befriending projects demonstrate and measure their impact? Developed in partnership with Independent Age and Befriending networks, this interactive workshop is open to all but will focus on services working with people aged 55 and over. Register to attend the online workshop <u>here</u>.

**Falls Awareness Week 2022** runs from 19<sup>th</sup>-23rd September. In Yorkshire and the Humber we will be holding an online conference focused on falls throughout the week providing prerecorded content you can access on demand, including:

- Monday: physical health, strength and balance, nutrition and hydration and vision
- Tuesday: equipment and digital tools to prevent, manage and learn from falls
- Wednesday: falls management and response
- Thursday: human factors, tools, culture and data for improvement
- Friday: falls network, supervision and evaluation

To ensure you receive further details about the sessions and links to view the presentations please register <u>here</u>. **#YHFalls** 

UKHSA will be holding a webinar on the **Cold Weather Plan for England and Winter 2022 Preparedness Programme** on Thursday 22<sup>nd</sup> September, 10.00-12.30. This interactive stakeholder webinar will inform partners of:

- the latest weather forecast for winter 2022/23
- reflections on winter 2021/22, including observed public health impacts of cold weather
- changes to the Cold Weather Plan for England and associated guidance
- Cold Weather Alerting Service and the National Severe Weather Warning Service
- the role of the local and national authorities in the implementation of the Cold Weather Plan
- the role of social care services and community and voluntary services



Presentations will be followed by a Q&A session. You can register to attend the webinar <u>here</u>.

Public Mental Health & Suicide Prevention Lead: Laura Hodgson

### OHID "Every Mind Matters" Campaign: Rest and Rewind

Please find below the released links for the Rest and Rewind series from the "Every Mind Matters" Campaign in conjunction with Channel 4.

The Rest and Rewind series features leading UK MCs, rappers and lyricists talking openly about mental health, they offer science-based mindfulness techniques to help young people improve their wellbeing:

- Kojey Radical Mindful Listening <a href="https://youtu.be/MeuEANiNg6k">https://youtu.be/MeuEANiNg6k</a>
- MC Grindah Body Scan <a href="https://youtu.be/OtGKaor9ib8">https://youtu.be/OtGKaor9ib8</a>
- Miraa May Tackling Negative thoughts <a href="https://youtu.be/9q9iDFwXInE">https://youtu.be/9q9iDFwXInE</a>
- Krept and Konan Suicide and Grief <a href="https://youtu.be/nRb-6qtXQ\_8">https://youtu.be/nRb-6qtXQ\_8</a>
- Shaybo Toxic Relationships <a href="https://youtu.be/\_n5tQ7Pc7qg">https://youtu.be/\_n5tQ7Pc7qg</a>

The Kojey Radical film was syndicated for free on the Mental Health Awareness YouTube Playlist – and achieved 53k views to-date and YT are keen to pick a second film from the series for World Mental Health Day playlist in October. This <u>playlist</u> is also available for sharing onwards.

**Evaluation of OHIDs Better Mental Health Fund** - the Centre for Mental Health have set up dedicated webpages to capture the evaluation and learning from the Better Mental Health fund. Please visit this <u>webpage</u> for more information.

### Mental Health Crisis Breathing Space webinars

Please see <u>here</u> for further information on the Mental Health Breathing Space (MHBS) scheme which is run by the Money and Pensions Service (MaPS). Breathing Space has been set up to provide support to indebted individuals who are receiving mental health crisis treatment. In essence, the protections offered by MHBS can provide individuals with 'breathing space' so that they can focus on their treatment/recovery without the pressure of also simultaneously trying to tackle existing debts.

In August (<u>23<sup>rd</sup></u>, <u>24<sup>th</sup></u>, <u>25<sup>th</sup></u>) and September (<u>20<sup>th</sup></u>, <u>21<sup>st</sup></u>, <u>22<sup>nd</sup></u>), Rethink Mental Illness will be hosting a number of webinars for healthcare professionals to explain the new legislation and how it can benefit people experiencing a mental health crisis and debt problems. Please follow the links to register.

### Supporting people with co-existing substance use needs webinar outputs

National colleagues recently hosted a session on sharing good practice in supporting people with co-existing substance use needs. The recording and slides can be accessed on the national Future NHS Collaboration platform <u>here</u>. To request access to the platform contact <u>england.adultmh@nhs.net</u>.



**Community Mental Health Transformation information film -** The Yorkshire and the Humber Mental Health Clinical Network have recently published a Community Mental Health Transformation information film on YouTube *(please note: the film is rated 18 as the subject of suicide is mentioned so this means people will have to log into YouTube to be able to view the film)* and can be viewed <u>here</u>. Please share the link and the film as widely as possible within your networks, organisations and stakeholders along with any newsletters/bulletins you might be involved with. Please contact Ian Catling <u>i.catling@nhs.net</u> if you require any further information.

**Premature mortality in people affected by co-occurring homelessness, justice involvement, opioid dependence, and psychosis -** Homelessness, opioid dependence, justice involvement, and psychosis are each associated with an increased risk of poor health and commonly co-occur in the same individuals. Most existing studies of mortality associated with this co-occurrence rely on active follow-up methods prone to selection and retention bias, and focus on a limited set of specific exposures rather than taking a population-based approach. To address these limitations, this study conducted a retrospective cohort study using linked administrative data and findings are available <u>here</u>.

The mental health of grassroots voluntary and community sector workers - this <u>new</u> report shows that demand for mental health support from grassroots charities has soared in the last two and a half years, and it shows that those charities' own workers are on the brink of burnout, meaning the possible collapse of a key community mental health support system. The People's Health Trust believe a coordinated strategy for VCS workers is crucial to upholding this.

**Help for Households** - please find information and links <u>here</u> regarding income support, energy bills, childcare costs, housing support, transport costs and help finding work.

**Deaths from suicide that occurred in England and Wales: April to December 2020 -** An <u>update</u> to the ONS article around deaths from suicide that occurred in England and Wales during the pandemic (April-Dec 2020). It reaffirms that during this period, the suicide rate across England and Wales was significantly lower than in some previous years (but with the caveat of the extra protections that were in place to manage COVID).

**Suicide among people diagnosed with severe health conditions, England: 2017 to 2020** - This is a <u>new publication</u>, specifically analysing rates of suicide in patients diagnosed and treated for the following health conditions in England: chronic ischemic heart conditions, low survival cancer, and chronic obstructive pulmonary disease (COPD).

**PAPYRUS's suicide prevention helpline**, HOPELINEUK, is not only here to support young people who are experiencing thoughts of suicide, or those concerned for them. <u>It's also here</u> for any professional who has had an experience with suicide and would like to talk it through with a trained professional. You can reach their debriefing service on 0800 068 4141, 9am-midnight everyday of the year. There is no cap on this service, please debrief as much as you need too. You can use this if you have supported someone over 35.

**Check-In With Your Mate** - West Yorkshire Suicide Prevention Network have created and launched a <u>campaign</u> together to raise awareness of the risk factors that may lead to suicide, inspiring people to start conversations about mental health with the men in their life



at home, in the community and at work. This is a public facing campaign and so please use the resources at home and at work, throughout your organisation and beyond.

**Free online suicide prevention training -** did you know there are some brilliant, free online suicide prevention training sessions that anyone can do? Take the training, save a life.

- Zero Suicide Alliance offers a <u>range of awareness training</u> options, including <u>20</u> <u>minute online training session</u> and also a <u>five-ten minute shortened</u> version.
- Grassroots has a 15-30 minute interactive film, <u>Real Talk About Suicide</u>, which helps guide the viewer in supporting someone with suicidal thoughts.
- A free e-learning course, developed by The Cellar Trust and MyWellbeing College, raises awareness of suicide prevention and <u>the impacts of suicide</u>.

Sexual Health Impacts Across the Life Course Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

### Sexual Health Week – 12-18 September 2022

Co-ordinated by Brook – this year's theme is <u>Breaking Barriers</u>. They will be running a Big RSE Lesson Live at 10am on 14 September – details <u>here</u>. The Sexual Health Week toolkit can be found <u>here</u>.

At home early medical abortions made permanent in England and Wales DHSC has published an <u>update</u> on making access to at-home early medical abortions permanent in England and Wales, following the parliamentary vote in March 2022.

### NHS Emergency Hormonal Contraception (EHC) Video

OHID are working with NHS Digital to develop a series of videos focusing on sexual and reproductive health. The first is a short video on <u>Where to get the morning after pill</u>. The team will also be producing a more in-depth video on EHC in the future, alongside other videos on condoms, the pill, and LARC. Videos on sexual health are also planned for later in the year.

### Faculty of Sexual and Reproductive Healthcare (FSRH) launch the Hatfield Vision

<u>The FSRH Hatfield Vision</u> has been developed in consultation with the sector and calls for significant improvement on reproductive health inequalities experienced by women and girls by 2030. It outlines priority goals and actions in areas such as access to contraception, reproductive rights, menopause, and maternal health outcomes in black women and women of colour. The Vision is a legacy to the late Jane Hatfield, the first CEO of FSRH.

### Monkeypox

An epidemiological overview of the current monkeypox outbreak in the UK is regularly updated and published <u>here</u>, a breakdown of cases by upper tier local authority is now included. Technical briefing documents on the investigation into cases of monkeypox in England can be found <u>here</u>. All guidance documents can be found <u>here</u>, including those relating to vaccination. Details of a pilot that is being conducted offering smaller doses of the



vaccine have been published <u>here</u> – this aims to stretch existing supplies and protect more people. Resources to support targeted awareness raising can be found <u>here</u>.

### Other News (UKHSA):

**Birmingham City Council** are commissioning a needs assessment amongst **sex workers in Birmingham** and have issued a call for suppliers to conduct the work. Further information on the opportunity is available <u>here</u>



INCLUSION HEALTH Lead: Cathie Railton

### Regional updates

## North East and Yorkshire asylum process and health flowchart for contingency accommodation

We have updated the flowchart which is available <u>here</u>. It will form part of a wider stakeholder pack being developed for the region by our strategic migration partnerships. It outlines roles and responsibilities in relation to contingency accommodation across different sectors.

### Launch of the new Regional Refugee Integration Forum webpage

Lots of useful information here about the Forum and refugee integration news.

### Guidance, publications and other resources:

### Pause in asymptomatic testing

DHSC have <u>announced</u> that from 31<sup>st</sup> August asymptomatic COVID-19 testing will be paused in some settings, including in homelessness settings. On this date the current <u>asylum seekers accommodation guidance</u> will be withdrawn and the <u>existing UKHSA</u> <u>COVID-19 testing in homelessness, domestic abuse refuge and respite room settings</u> will be updated to include asylum seeker settings.

### Working in partnership: creating an effective rough sleeper strategy

The LGA has been working with councils to discuss and listen to their priorities for the Government's Rough Sleeping Strategy. Three workshops were hosted to examine what central government, local government and the third sector can do to help end rough sleeping. The new <u>report</u> discusses findings from the workshop and highlights recommendations for the upcoming Rough Sleeping Strategy.

The report highlights the significant number of placements made under the Ukraine Family Visa scheme that are breaking down, leading to homelessness presentations. <u>According to</u> <u>the latest data</u>, a total of 1040 Ukrainian households have been owed a homelessness duty since 24 February.



It also provides suggestions for various government departments, including the need to develop an understanding of the link between migration status and homelessness and the knock-on effect to council services.

### Getting disabled people's voices heard

A new report from the <u>Kings Fund</u>, compiled with Disability Rights UK, provides insight into the experiences of disabled people in the UK, and makes recommendations for how health organisations and charities can improve. The research was conducted in the context of the large disparities in mortality between disabled and non-disabled people during the pandemic.

### Cost of living support

With the rising costs of energy, fuel, food, and other services, the No Recourse to Public Funds Network have summarised the additional support available, some of which are not considered a public fund for immigration purposes and therefore available to people with no recourse to public funds. <u>Read more</u>

<u>Afghan Mental Health Guide</u> has been developed by the Afghan Mental Health Group. This group is made up of the Afghan Association of Health Professionals, the Afghan Academy, Paiwand (the largest Afghan charity in the UK), and King's College London.

### **Events/training**

### Conference on health and poverty, 19 - 22 September 2022

A virtual conference hosted by the <u>Kings Fund</u> will look at how health and care services can tackle the root causes of poverty. Sessions will feature examples of partnerships with local government, VCSEs and businesses of how services can be designed to reach the most excluded people.

# <u>Vulnerability, migration and well-being report launch</u> Monday 12 September 2022 from 13.30-15.30, Nuffield Foundation, 100 St John Street, London, EC1M 4EH & online via Zoom

Vulnerability, Migration, and Wellbeing: investigating experiences, perceptions, and barriers: A report on the experiences and wellbeing of asylum seekers and undocumented migrants

Find out more about the project on the Nuffield Foundation website.

Register online for the launch via Eventbrite.

A virtual conference on <u>Improving Mental Health Support for Asylum Seekers and</u> <u>Refugees</u> is taking place on Tuesday 6th December 2022.

### UKHSA conference, Leeds 18th and 19th Oct 2022

Themes for this year's conference includes reducing the burden of ill health and tackling inequalities. More information <u>here</u>

The Faculty for Homeless and Inclusion Health offers <u>six free online training units</u> for professionals with an interest in the health needs of people who are homeless, people who sell sex, Gypsy and Traveller communities and vulnerable migrants.



The modules are:

- Health inequalities
- > Health commissioning for excluded groups
- Housing commissioning for excluded groups
- Homelessness and health an introduction
- > Mental health, substance use and homelessness
- Drug and alcohol use and homelessness

### Other information

<u>UKHSA Annual 22-23 Remit Letter</u> has now been published on gov.uk. Inclusion health groups are specifically mentioned in the remit letter from Maggie Throup to Jenny Harries as below.

Health equity and our place-based approach

Support delivery of the DHSC's approach to health disparities, co-ordinating with partners to ensure all members of the community are, as far as possible, equally protected from health threats.

As part of its core activities, UKHSA will:

- 1. develop and implement an internal UKHSA health equity strategy
- protect the most deprived populations, including the <u>Core20</u> and **inclusion health** groups – such as people experiencing homelessness and rough sleeping, vulnerable migrants and detained populations – from the impact of infectious diseases and other health hazards



Data, Documents, Letters, Reports and General Information Highlights from relevant publications, organisations, central government departments, and academia including training/webinar opportunities.

- Health Protection information on our website <u>here</u>
- Yorkshire and Humber Workforce Career Development page <u>here</u>

### General Updates:

Vacancy Alert:

ASSISTANT DIRECTOR PUBLIC HEALTH (hullcc.gov.uk)





### Assistant Director Public Health

#### Salary £99,884 Permanent - 37 hours per week

Hull is a proud, ambitious, resilient, and strongly self-reliant city. Over the last few years, we have developed our innovative 'place-based' arrangements for reducing inequalities, improving health and integration of health and social care.

The strong relationships and partnerships we have built across the community also mean we are very well placed in the newly established Integrated Care System and the new "place-based health and care arrangements. We are now looking for a passionate and creative Assistant Director who will have responsibility for the strategic leadership of Public Health across the full Public Health function for Hull (including Environmental Health, Licensing and Trading Standards) and who will play a key role in tackling health inequalities and improving health and wellbeing across the city.

If successful, you will be a senior leader in an exciting and diverse Public Health Directorate that includes Public Health, Adult Social Care, Social Inclusion and Community Safety, and a dynamic and creative organisation which is hugely ambitious for our people and our place. Successful applicants will have a proven track record as a Public Health Consultant and be able to demonstrate success by developing innovative solutions to improve and protect the public's health.

post, please contact Julia Weldon (Corporate Director Public Health and Deputy Chief Executive) on 01482 616 324.

Closing Date: 27 September 2022 Interview Date: 31 October 2022 Work Base: Hull, but currently expected to work flexibly, including some homeworking.

JOIN US - Working for Hull City Council - www.workingforhullcitycouncil.org.uk

### **Relaunch of the Connecting programme**

The Connecting Programme aims to give staff working in DHSC the opportunity to visit organisations working on the front line, to help deepen our understanding of the health and care system and ultimately inform policy. These visits normally take the form of shadowing an employee(s) to get a sense of their role and priorities.

After an inevitable break during Covid-19, we are relaunching the Connecting Programme, albeit with a slightly different focus. The basic foundation of the programme will remain the same – we want to encourage staff in DHSC to gain a greater understanding by providing an opportunity to visit people and organisations across the health and care system. This time round, however, we also want to ensure a **particular focus on diversity**.

For that reason, the Connecting Programme is being relaunched as part of **DHSC's Race Equality Action Plan 2021**. Staff will be encouraged to understand how the organisations they are visiting serve different communities and, in particular, how ethnic minority voices are influencing the work of the organisation. Within DHSC, we are committed to ensuring a diverse range of views influence health and care policy and these visits will help us to hear more from ethnic minority communities and ensure those views are factored into our decision-making, thereby strengthening the representation of ethnic minorities in policy development.

### What we are asking of you

To make the programme a success, we are looking to establish a network of organisations working in the health and care system e.g. NHS Trusts, Primary Care, Local Authorities, VCS who would be happy to be involved. This would essentially mean that people from DHSC could contact you to explore shadowing opportunities relevant to their particular area of work. A shadowing opportunity could take different forms depending on what is convenient and manageable for you as an organisation. For example, it could be a couple of days following a staff member while they conduct routine work, attendance at working groups or workshops, or small group conversations with staff. We are providing guidance for staff here to make sure that people would contact you with a clear idea of what it is they are



trying to learn from the experience and how it will feed back in to policy development in the department.

If the new Connecting Programme is something your organisation would like to support, **please complete** <u>this questionnaire</u> to tell us more about how you can help. It should only take 5-10 minutes to complete. If you can, please complete the questionnaire **before 30**<sup>th</sup> **September.** 

Kind Regards, DHSC, NHS Policy and Performance Group

> C-Works Highlights: News, updates, and guidance: Sign up for the full newsletter here

<u>The Health Foundation</u>: Quantifying health inequalities in England In this analysis, a novel tool known as the Cambridge Multimorbidity Score (see Box 1) is used to assess the relative impact of different patterns of diagnosed illness on people and their use of the health care system.

<u>National Health Executive: A new study</u> finds health inequalities widening for minorities after pandemic A new study has found that the Covid-19 pandemic has widened existing health inequalities amongst ethnic minorities with diabetes.

<u>NHS population screening</u>: access for all Guidance and resources to help reduce inequalities in population screening by ensuring that all eligible people have access

<u>Failure to act on cost of living risks another health crisis</u> Jo Bibby, Director of Health at the Health Foundation responds to the Ofgem announcement on the energy price cap.

<u>Blog: RSPH CEO William Roberts:</u> The cost-of-living crisis will be a protracted public health crisis A range of recent reports show the impact of the cost-of-living crisis and how it is impacting in the short term. However, it's not just the short-term choices of heating and eating we should be worried about but the longer-term impacts of people falling into poverty.

<u>Obesity, deprivation, and Covid-19</u>: This King's Fund blog looks at obesity prevalence by deprivation during the covid-19 pandemic period and discusses why rowing back on the obesity strategy could prove to be a costly error

<u>Rethinking mental health services for vulnerable young people</u>: Commission Young lives This report, coauthored with the Centre for Mental Health and the Children and Young People's Mental Health Coalition, looks at the growing crisis of mental health problems among children and young people in England. It puts forward ambitious and innovative proposals to redesign young people's mental health services, particularly for those young people at risk of harm

<u>RSPH: The Public Health Workforce</u>: voicing their concerns on wellbeing and burn-out The Public Health Workforce is burnt out. The public health system was under extreme pressure pre-pandemic, and COVID-19 has added additional stress. Read the RSPH article and infographic here.



LGA: Sugar levy should be spent by councils to tackle physical inactivity and ensure lasting Commonwealth Games legacy This article argues that by reinstating this funding and devolving sugar levy funds, the Government can ensure councils can continue to provide vital services such as tackling childhood obesity and encouraging greater physical activity in their local areas.

> UKHSA Updates: News, updates, and guidance:

### Monekypox Update:

Monkeypox cases continue to rise. As of 1 August 2022, there were 2,672 confirmed and 87 highly probable monkeypox cases in the UK: 2,759 in total.

The <u>symptom list has been expanded</u> to include a single lesion or lesions on the genitals, anus and surrounding area, lesions in the mouth, and symptoms of proctitis (anal or rectal pain or bleeding), especially if the individual has had a new sexual partner recently. This will help both individuals and clinical professionals identify monkeypox symptoms.

The most recent data suggests that the growth of the outbreak may have slowed. This means that we continue to identify new infections but at a more stable rate.

### Call for entries: Antibiotic Guardian Shared Learning & Awards Event

Running for its sixth year, the Antibiotic Guardian Shared Learning & Awards evnt launched last month. The event aims to share learning and celebrate achievements in tackling antimicrobial resistance. Antibiotic resistance remains one of the biggest threats facing us today, so efforts to stop unnecessary use of antibiotics is key to slowing resistance.

Entries are now open, and more information about the categories and how to enter can be found on the <u>Antibiotic Guardian website</u>.

You can also take a look at the shortlisted entries from the 2020 awards here

### Consultation - Clostridioides difficile infection guidance

UKHSA is asking for feedback from all healthcare professionals on the new edition of its *Clostridioides difficile* infection (CDI) guidance. Please see the consultation page <u>here</u>. We ask for comments on the draft guidance by **5pm on Friday 14 October** and to be submitted via <u>this form</u>.

UKHSA has updated guidance on the management and the antimicrobial treatment of *CDI* that includes recommendations and algorithms. The guidance also includes advice relating to diagnostic criteria, severity assessment, infection prevention and control (IPC) measures, and non-antimicrobial therapeutics such as faecal microbiota transplantation (FMT).

In 2021 National Institute for Health and Care Excellence (NICE) published updated guidelines on antimicrobial prescribing for CDI in adults, children and young people following a review of the evidence for all antibiotics available in the UK, based on a network meta-analysis and cost-effectiveness modelling. NICE recommendations do not cover non-antimicrobial therapeutics such as



faecal microbiota transplantation (FMT) and advice relating to diagnostic criteria, severity assessment, infection prevention and control (IPC measures) and unlicenced use of antimicrobials.

This UKHSA guidance document is an update of the guidance on the management of CDI published in 2013 and replaces the previous version. This guidance has been broadly aligned with NICE recommendations and agreed by a small expert sub-group after an independent literature review. It provides recommendations based on expert opinion supported by the NICE evidence review and subsequent literature review for the assessment and management of patients with suspected or confirmed CDI.

The consultation will close at 5pm on Friday 14 October. Comments received after this date will not be accepted.

### **Other UKHSA news:**

**UKHSA are recruiting** for <u>4 National Lead posts</u>, including one for inclusion health. Closing date is 11 September.

### COVID-19 Data:

Transmission statistics

Latest R and growth rate for England as of 22 July 2022

- Latest R range for England 0.9 to 1.2
- Latest growth rate range for England -1% to +3% per day.

You can find more information about the R value range and growth rate here.

### ~ End ~

Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website <u>here</u>.