



# Office for Health Improvement & Disparities



## Yorkshire and the Humber Monthly Newsletter

Issue: 84, December 2023

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to our newsletter. The monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update is circulated at the beginning of each month with the previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

*If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: [neyadmin@dhsc.gov.uk](mailto:neyadmin@dhsc.gov.uk)*



## Cost of Living

System wide News, updates, and guidance  
Sign up to [this](#) newsletter to receive monthly updates

### Health is wealth? REAL Challenge Annual Lecture

Andy Haldane, Chief Executive of the RSA and former Chief Economist at the Bank of England, explored the [relationship between health and wealth in a recent Health Foundation online lecture](#). He drew lessons from the pandemic and argued for a more holistic economic growth strategy where health and wealth are inextricably linked. Mr Haldane was joined by a panel of respondents including Jordan Cummins, Programme Director of Health, Confederation of British Industry (CBI), Dr Ricky Kanabar, Assistant Professor of Social Policy, University of Bath and Jill Rutter, Senior Fellow, Institute for Government.

### Sustain Annual Conference

Sustain's annual conference, taking place on Thursday 8th December - 14.00-17.00, will this year focus on the 'cost of living crisis' and the poverty that predated it. The event will look at solutions to tackling endemic problems in the food system. For more information and to register, [please click here](#).

### Messaging this moment: results webinar

Recording of an event to present the findings of the 'Messaging this Moment' message testing project aimed at finding effective ways to communicate the cost of living and climate crises at the same time. The event is accompanied by a [toolkit](#)



## Healthy Places and Sustainable Communities

Team Leads: Nicola Corrigan / Karen Horrocks

*The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.*

## Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

[Food Active | Exploring 'on-pack promotions' on less healthy food and drink: A new report from Food Active](#) Food Active visited 6 major UK supermarkets to uncover the extent of on-pack promotions on food and drink products, and the results are in...

[Restricting promotions of products high in fat, sugar or salt by location and by volume price: implementation guidance - GOV.UK \(www.gov.uk\)](#) This guidance document has been developed to:



- help illustrate how the provisions of the [Food \(Promotion and Placement\) \(England\) Regulations 2021](#) (the regulations) work
- provide assistance to those affected by the regulations in understanding and applying them.

**Healthy Weight Declaration Annual Learning and Networking Event** Monday 12th December, 10am-12:30pm. This will include a wide range of presentations from local authorities to share their learning and experience of the HWD. [Register for your ticket here.](#)

**Second Look Who's Cooking online recipe booklet launched** Earlier this year Food Active delivered another Look Who's Cooking course, designed to support older male carers to cook healthy meals at home. They have compiled all the recipes and resources into one handy booklet [Check out the recipe book here](#)

[Winter 2022 Healthy Holidays Toolkit](#) New Healthy Eating Toolkit from Foodwise Leeds shares ideas for planning daily healthy eating messages and activities throughout the Christmas holidays and helps to share nutritional information with families.

[A Systems Approach to Improving Children's Diets](#) New UNICEF report exploring the daily lives of three children from different contexts. In their own words, these children show us how the foods they eat are powerfully influenced by the environments and systems in which they live.

[Association for the Study of Obesity webinar](#) on Thursday 8 December from 18:00 – 19.30.  
"Obesity and Minoritised Ethnic Groups."

This webinar will cover topics relating to obesity risk among African migrant women and children; childhood obesity interventions; and obesity measurement criteria among different ethnic groups. This will provide some insight on these complex factors and challenges which need to be addressed to reduce the current health inequality gap.

## Physical Activity

Lead: Nicola Corrigan

[Global Status Report on Physical Activity 2022](#): World Health Organisation report containing recommendations for enhanced leadership, practical guidance, engaging communities, better data, and sustainable funding to help meet the WHO's Global Action Plan on Physical Activity.

[This Mum Moves | The APF \(activepregnancyfoundation.org\)](#) This Mum Moves is an educational programme which aims to empower women to make informed physical activity choices throughout pregnancy and beyond by providing professionals with the tools to discuss physical activity during the childbearing years.

The programme has been co-produced by women and professionals, piloted in five areas of England, and evaluated independently over the last three years. From 2022, the programme is being delivered in partnership by [The Active Pregnancy Foundation](#) and [Institute of Health Visiting](#) (iHV).



**[Home - Get Yourself Active](#)** Get Yourself Active transforms attitudes and perceptions of disability and physical activity by informing, empowering and supporting Disabled people and other key stakeholders.

The Moving Social Work programme aims to create [resources](#) and co-produce strategies for the education of the social workers of today and tomorrow. This project will make the first resources to educate people on social work. And provide post qualified social workers with the tools to promote physical activity to and for Disabled people.

**[Club Matters releases new Disability Inclusion Club Hub | News | Activity Alliance](#)**

Activity Alliance, in partnership with Sport England Club Matters, is excited to release the new Disability Inclusion Club Hub. The online tool aims to support clubs and organisations improve their activity opportunities, so more disabled people can be active at a local level.

**[Live Longer Better campaign recommends keeping active in Dementia Risk Reduction Programme | Yorkshire Sport](#)**

[Living Longer Better](#) is launching a knowledge campaign on the first of November to help people, including professionals many of whom are confused about dementia, understand how to reduce the risk of dementia.

**[Moving Medicine Launches Physical Activity Resources on Anxiety, Type 1 Diabetes, Obesity, and Menopause - BASEM](#)** Moving Medicine this week launched four new resources designed to help healthcare professionals have better conversations about physical activity with people suffering from anxiety, people with type 1 diabetes, people who are obese, and people experiencing menopause.

The free online consultation guides cover the main benefits of physical activity, as well as addressing common barriers that healthcare professionals encounter when talking to people about becoming more active and offering support and ideas on how to navigate them.

**[Moving Healthcare Professionals | Sport England](#)** To book a training session for your team or surgery with a Physical Activity Clinical Champion email [physical.activity@dhsc.gov.uk](mailto:physical.activity@dhsc.gov.uk)

The evaluation for Phase 2 of the Moving Healthcare Professionals Programme has now been published. You can view the full reports on the Advanced Wellbeing Research Centre [website](#).

**[Moving Healthcare Professionals Evaluation Webinars](#)**

Presentations on the findings will be given by Ipsos Mori and the National Centre for Sport and Exercise Medicine, as well as OHID and Sport England. As a reminder the webinars will take place between 10:30-11:30 on:

- Tuesday 6<sup>th</sup> of December
- Thursday 8<sup>th</sup> of December



## Healthy Places and Community Based Approaches

Lead: Karen Horrocks

### **Behavioural Insights Programme showcase – Sustainable travel and health inequalities, 4 November 2022 | Local Government Association**

This event showcased the results and impact of the projects delivered as part of Phase 8 of the Local Government Association Behavioural Insights Programme. Great example of using behaviour change techniques to encourage active travel across the Yorkshire and Humber region

### **Planning advisory Service: Nature recovery events**

Recordings from a series of workshops held from October through to December 2022 with a focus on biodiversity net gain and nature recovery.

### **Examples of Local Authorities delivering nature recovery activities**

As part of the Natural England funded Nature Recovery Network project the Planning Advisory Service has started to pull together a mini library of good examples where local authorities are delivering nature recovery activities.

### **Transport for the North: Socially Inclusive Transport Strategy Consultation**

Transport for the North (TfN) is consulting on its [Socially Inclusive Transport Strategy](#). This strategy provides an evidence-based policy agenda for achieving a more equal, effective, and inclusive transport system across the North. The strategy builds on the research that TfN [published in September 2022](#). The consultation deadline is December 12<sup>th</sup> 2022 and you can respond [here](#).

### **RTPI: Housing for older people**

This is a joint [report](#) released this week, that highlights the important role planners are playing in meeting the needs of England's ageing population.

### **King's Fund Podcast: Community activism**

A podcast from The King's Fund about all things health policy and leadership. Stafford Scott talks about taking a 'constructively awkward' approach to community activism, how the NHS can become a 'national hearing service,' and challenges the next generation of leaders to embed themselves in communities and bring people together.

### **Event series recordings: Health Creation Alliance**

Health Creation: Coming of Age was a week-long series of events that explored Health Creation as a way of working to reduce health inequalities, while recognising & celebrating progress being made across the UK. The videos and a report can be accessed [here](#).



## Food Systems

Lead: Nikki Smith

### **Veg Power – Eat them to defeat them campaign**

Veg Power's Eat them to defeat them campaign returns in February 2023. The multi-award-winning campaign combines the power of advertising with a schools' programme and moves away from traditional five-a-day messaging to a concept designed for children – one they find fun and engaging. Schools wanting to take part need to [register their interest](#) as soon as possible.

### **Climate change for food projects: What it means and what to do about it**

Many people working in local or community food projects already know that they need to review how they operate in order to ensure they are doing as much as possible to reduce future negative impacts on the climate. [This Climate Briefing](#), prepared by a team of climate and food system scientists, aims to help local and community food projects understand how the decisions they make affect the climate, and what practical changes they can make.

### **Food Active Conference – Prioritising Child Healthy Weight in an Age of Crisis**

Food Active's conference took place earlier in November, if you were unable to attend on the day you can now view the full recording of the conference, their new cost of living and healthy weight resources and download a number of the speaker's presentations via the [#FoodActive2022 Conference Hub](#).

[FoodShift Workshop: Governance and Food Strategy](#) / FoodSHIFT2030 / Tuesday 13th December / 11-12:30pm / Virtual / Free This online interactive workshop aims to help place-based organisations which already have or are setting up a local food partnership, or food policy council or local food governance body, and who are interested in setting up a food strategy.

This workshop is open to local food partnerships or councils who would like to join the FoodSHIFT network, keen to build local food strategies with community involvement that result in positive transformation of the food system.

[Priority Places for Food Index](#) composite index formed of data compiled across seven different dimensions relating to food insecurity for England, Scotland, Wales, and Northern Ireland. Its goal is to identify neighbourhoods that are most vulnerable to increases in the cost of living and which have a lack of accessibility to cheap, healthy, and sustainable sources of food.

### **[Food Insecurity Tracking | Food Foundation](#)**

The Food Foundation has been commissioning a series of nationally representative surveys since the outbreak of the Covid pandemic in March 2020, to assess the impact of household food insecurity across the UK. We track and report on the experiences of food insecurity, particularly focusing on specific high groups such as families with children, ethnic groups, people with disabilities and people on benefits.



## Work, Worklessness and Health

Lead: Nicola Corrigan

**Boosting workforce health** A new index which benchmarks businesses' health provision has been launched by the CBI to help tackle long-term sickness absence. The [Work Health Index](#) will give all businesses the opportunity to diagnose the strength of their health offer; helping businesses to create better work environments and supporting better health outcomes across the working age population



## Prevention and Key Risk Factors

Team Lead: Scott Crosby

*Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.*

## Drugs and Alcohol

Lead: Andy Maddison

### **MBRRACE-UK Saving Lives Improving Mothers' Care - Lessons learned to inform maternity care from the UK and Ireland Confidential Enquiries into Maternal Deaths and Morbidity 2018-20**

This is the ninth MBRRACE-UK annual report and details the care of 536 women who died during, or up to one year after, pregnancy between 2018 and 2020. Eleven percent of the women who died during or up to a year after pregnancy in the UK in 2018-20 were at severe and multiple disadvantages. The main elements of multiple disadvantage were a mental health diagnosis, **substance use** and domestic abuse. Deaths from mental health-related causes as a whole (suicide and substance abuse) account for nearly 40% of deaths occurring within a year after the end of pregnancy with maternal suicide remaining the leading cause of direct deaths in this period.

[Reports | NPEU > MBRRACE-UK \(ox.ac.uk\)](#)

### **Deaths of homeless people in England and Wales: 2021 registrations**

The number of deaths of homeless people in England and Wales. Figures are given for deaths registered in the years 2013 to 2021. The latest statistics on deaths of homeless people in England and Wales in 2021 show **almost 2 in 5 deaths are related to drug poisonings.**

[Deaths of homeless people in England and Wales - Office for National Statistics \(ons.gov.uk\)](#)

### **Children in Need Census – identified drug and alcohol problems**



These statistics are derived from data collected in the annual Children in Need Census. They provide information on children in need in England, including child protection plans and referrals to and assessments completed by children's social care services.

Returns to the Department for Education show that in 2022, at the end of assessment for Child in Need cases, local councils had identified 13k children where there were concerns about alcohol use.

This is the highest number of children identified in the period the statistics have been collected.

Returns to the Department for Education show that in 2022 at the end of assessment for Child in Need cases local councils had identified 25k children where there were concerns about drug use.

This is a 9% increase on 2018, but a 13.5% fall since the peak in 2020.

Statistics resource [here](#).

## Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

### Commercial Determinants of Health: Alcohol

The World Health Organization Less Alcohol Unit have recently uploaded and shared a series of resources as part of their series on alcohol control policies and practices. These include webinars on the importance of gender in alcohol control policies, restricting availability, and the story behind 'no-los' – No and low-alcohol beverages. There are also briefings on topics including alcohol licensing and density. You can find the links [here](#) along with the opportunity to subscribe for updates.

### Commercial Determinants of Health/Gambling Harms

Citizens Advice has published an insightful [new report](#) bringing together new research on how elements of online choice architecture generate harm across markets. Examples from behavioural economics and impactful regulatory interventions show how changes can be made across digital markets to reduce consumer harm and redress the imbalance of power between consumers and companies.

One of the case studies explored is the [online gambling market](#). The report reveals a host of design tricks used by gambling operators to steer customers towards longer and more frequent play, increasing their chances of experiencing harm. The findings show that at least 80% of people who gamble via games consoles or Smart TV have spent money without realising – more than double that for online gamblers generally. Design of many gambling platforms requires placing further bets, starting more games or depositing more money before being allowed to withdraw. Taking up free bets often leads to regretting gambling according to the report.





The recommendations include legislation for default protection features, adaptive design to protect where risk is apparent, changes to ensure there is clarity about when money is being spent, limits to offers and incentives, and removal of barriers to withdraw winnings.

### **Gambling-Related Harms: Treatment services**

If you didn't manage to book onto the webinar on 6<sup>th</sup> December to find out about the NHS Northern Gambling Service, please see the following information provided:

**The NHS Northern Gambling Service** is a regional service covering the Yorkshire & Humber area, with a mixture of face-to-face and remote appointments. We see people with gambling problems, as well as those experiencing other difficulties such as mental health problems and suicidality. We also have a service for 'affected others' i.e. loved ones who are experiencing distress as a result of someone else's gambling behaviour. The workforce is made up of specialist addiction psychologists and therapists, as well as lived experience.

Services that are likely to come across people with harmful gambling include debt services, primary care, mental health services, IAPT services, crisis services, drug and alcohol services, housing and homeless services, major employers, sports clubs, and the criminal justice system. The service accepts direct self-referrals, as well as professional referrals.

Please see our website for contact and referral details:

<https://www.leedsandyorkpft.nhs.uk/our-services/northern-gambling-service/>

**In other news about the NHS gambling treatment provision**, [two new clinics](#) have recently been opened in Stoke and Southampton. New NHS figures show referrals for treatment for gambling addiction were up 42% between April and September this year, with 599 patients referred compared with 421 patients between April and September in 2021.

The [NHS Long Term Plan](#) pledged to open 15 gambling clinics by 2023/24, with seven gambling addiction clinics now open in London, Leeds, Sunderland, Manchester, Southampton, Stoke-on-Trent and Telford. A further national addiction clinic, which treats both gambling and gaming addiction for children and young people, is also open in London.

Earlier this year the head of mental health services in England, Claire Murdoch, announced the NHS would [fully fund its own gambling services](#), removing funding from GambleAware, a charity funded directly by gambling companies.

The decision followed feedback from patients and clinicians opposing the conflict of interest from the gambling industry, which generates profits of over £14 billion a year in the UK, funding treatment for addiction inadequately and on a voluntary basis, while continuing harmful practices.

### **Y&H ADPH Gambling Harms Funded Programme**

This October concluded work to gather insight from people who gamble or are affected by it across the region. This was carried out by Mustard Research Ltd and you can find out more about the rationale, approach and results through this [short animation](#). The findings from this along with feedback from local authority and frontline services will be used to shape the next steps of the regional gambling harms programme – including design of a marketing campaign aimed at priority groups most at risk of gambling harms. To find out more about this programme please contact [simone.arratoonian@dhsc.gov.uk](mailto:simone.arratoonian@dhsc.gov.uk)



Find out more about work on gambling-related harms on the [YHPHN Community of Improvement pages](#).



## Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

*Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.*

## Children and Young People

Lead: Gemma Mann

Some news, guidance and updates shared via LGA Publication, (to sign up to their bulletin [use this link](#)).

### Care Leavers' Week 2022

Care Leavers' Week took place at the end of October with a range of events taking place around the country. Mark Riddell MBE, the National Adviser for Care Leavers, has [written a blog](#) about how the life of a care experienced young person can be changed by just one person.

The Care Leaders is running a free online session on 6 December to highlight what individuals can do to have a significant impact on the lives of children in care. The session facilitator, Luke Rodgers BEM, spoke at the LGA Conference in June in a session that was extremely well received by both councillors and officers. You can [sign up for the session online](#).

### Child safeguarding practice review panel

The Child Safeguarding Practice Review Panel has published its phase one [report into safeguarding children with disabilities and complex health needs in residential settings](#). The report examines allegations of abuse and neglect in three private residential settings operated by the Hesley Group in Doncaster.

Among its initial findings are concerns about children's voices not being heard; the availability of appropriate placements for children; workforce and culture in the settings; inconsistent quality assurance processes by councils; and challenges with national regulatory arrangements. Councils have been asked to urgently carry out quality and safety reviews for every child placed in similar provision for whom they are responsible, to provide reassurance that the setting meets the child's needs and to address any concerns that arise.



A second phase of the review is now underway to consider the changes needed to the wider 'system' to ensure that children are helped to live better lives in a safe, loving environment.

### **Supporting children and young people with mental health needs**

[NHS England has developed a framework to facilitate systems](#) to come together to collectively support children and young people with mental health needs who present in acute paediatric settings, as well as supporting the clinical teams who care for them. Alongside this, NHS England and NHS Elect have developed a [new online learning platform to enable staff to improve their knowledge, skills, and confidence when caring for children](#) and young people with mental health needs, autism or learning disabilities.

### **Youth Justice Board (YJB) - Brighter Futures**

The [YJB recently published a presentation-style report](#), dealing with the progress to date on the 'Child First' goal for the youth justice system, and what needs to be done going forward to achieve this aim. Over 200 stakeholders inputted into this exercise. This was accompanied by a [blog by Keith Fraser, YJB Chair](#).

### **National Audit Office (NAO) report – support for vulnerable adolescents**

The NAO have shown that there are gaps in knowledge and strategic approach to understand the [complex challenges involved with supporting vulnerable adolescents](#). There is also a limited understanding of the combination of different risk factors and characteristics that cause vulnerability. This comes at a time of increased referrals to mental health services as well.

### **Mental health support in schools**

Schools and colleges can claim grants for funded mental health lead training to improve how they promote and support the mental health and wellbeing of staff and pupils/students. More than 10,000 schools and colleges have received training grants so far and training places are still available for this financial year. The Department for Education is encouraging eligible settings to claim their grant now if they are ready to commit to the training. The [training will equip your school/college's mental health lead with the knowledge and practical skills](#) to embed an [effective whole college approach to mental health and wellbeing](#).

### **Children's social care placement sufficiency**

[Ofsted has published a new report outlining the challenges it is seeing councils face](#) when trying to find suitable homes for children in care. The report notes that a lack of sufficient places and the need for urgent placements means councils are struggling to plan for and meet their sufficiency duty and argues that councils on their own cannot solve sufficiency issues.

### **Supporting residents with lifelong disabilities**

We (LGA) have [commissioned Alma Economics to carry out some research that identifies the challenges councils face in delivering social care services](#) to people with lifelong disabilities, in particular considering the transition from children's to adults' services. The



research will look at the perspectives of service users and staff, and consider the impact of issues such as legislation, partnership working and funding. All findings would be anonymised, except for good practice case studies. If any of your social workers would like to take part in a short (up to 90 mins) interview about their experience in supporting residents, or if you would like further information, please contact [louise.smith@local.gov.uk](mailto:louise.smith@local.gov.uk). Interviews will take place by mid-January.

## Healthy Ageing

Lead: Alison Iliff

The Physiological Society and Demos published [Understanding Early Exiters: The case for a Healthy Ageing Workforce Strategy](#) in November. The report considers why the UK experienced the rise in people aged 50-64 no longer in work after the pandemic due to a long-term health condition and calls for the first even Ageing Workforce Strategy. There are further recent publications on this topic from the [Health Foundation](#) and the [Institute for Fiscal Studies](#).

## Public Mental Health & Suicide Prevention

Lead: Laura Hodgson

### Every Mind Matters – Amazon Alexa Development

The Better Health – Every Mind Matters campaign encourages people to be kind to their mind and help deal with feelings of anxiety by doing small things that can make a big difference. The website offers a Mind Plan quiz, which delivers a free personalised mental health action plan with practical tips to help you deal with anxiety, stress, low mood, and trouble sleeping, plus lots simpler, but effective, NHS-approved tips and guides. The website can be found [here](#).

As a new development for 2022, Amazon Alexa users in the UK can now also simply utter “Alexa, start Mind Plan”, for help today. This will then deliver the Mind Plan quiz and tips through the Alexa device.



### Walk with us: A toolkit for supporting children, young people, and families affected or bereaved by suicide

This toolkit developed by NHS South Yorkshire and Bassetlaw was produced to identify what support children, young people, and families would like to see following a bereavement by suicide and to work with them to develop a toolkit for professionals to use. [Find the resource here.](#)

### British Red Cross - Understanding the need and barriers to accessing mental health and suicide prevention services for people seeking asylum webinar – Thursday 19th January 2023, 11:30 -12:30

Refugees and people seeking asylum are more likely to experience poorer mental health than local populations. Traumatic events before leaving home countries and on journeys to the UK, alongside poor living conditions and challenges around social integration once arrived in the UK can all be factors which can impact these individuals' mental health. There is less understanding about how refugees and people seeking asylum access support for their mental health, what challenges they face in accessing this support, and what their experiences of this support are. Recent research conducted by the British Red Cross has sought to fill this gap and the research team will be presenting their findings and discussing their process of co-design. There will be plenty of time for questions and feedback. Please note that this research was not specific to IAPT and it considers wider mental health services more broadly. That said, there will be lessons for IAPT services to consider within the research findings.

To join this webinar [click here](#).



### Working definition of trauma-informed practice

Trauma-informed approaches have become increasingly cited in policy and adopted in practice as a means for reducing the negative impact of trauma experiences and supporting mental and physical health outcomes. They build on evidence developed over several decades. However, there has been a lack of consensus within the health and social care sector on how trauma-informed practice is defined, what its key principles are and how it can be built into services and systems. [This document](#) seeks to address this gap by providing a working definition of trauma-informed practice for practitioners working in the health and care sector. The working definition presented in this document reflects the original internationally recognised [definition developed by the United States Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#). The evidence base exploring the use of trauma-informed practice in different settings and sectors is still being developed. This working definition will be kept under review and updated where appropriate to reflect new evidence.

### All Our Health eLearning on Financial Wellbeing



All Our Health eLearning on Financial Wellbeing is the latest addition to the All Our Health collection of brief eLearning on key public health issues for health, care and policy professionals. The module illustrates how money, as a social determinant of health, can impact on wellbeing and health disparities, identifies what the workforce can do within the scope of their everyday roles to improve the financial wellbeing of others and provides information on how they can look after their own financial wellbeing. For further information and to access the module go to <https://www.e-lfh.org.uk/programmes/all-our-health/> or <https://www.gov.uk/government/collections/all-our-health-personalised-care-and-population-health>

### **Expansion of Employment Advisors in IAPT - Webinar Thursday 12th January 2023, 13:30 – 15:00**

With the exciting announcement regarding the expansion of employment advice in IAPT, there will be a national webinar on 12th January 2023, 13:30 - 15:00. The webinar will give the history of employment advice in IAPT, how this innovative offer has been embedded in 40% of IAPT services and what the programme aims to achieve as it rolls out across the country. We will also have the opportunity to hear from employment advisers and therapists from current EA in IAPT sites about the benefits of combining psychological treatment and employment support for clients and IAPT services. We hope that you will leave the webinar with a better understanding of the EA in IAPT programme and the knowledge to make the most of this incredible holistic opportunity. To join this webinar [click here](#).

### **Employment advisors in improving access to psychological therapies - research and analysis**

Employment advisors in IAPT is a single service that brings together employment advice and support within IAPT provision. Therapists and EAs work collaboratively to deliver a personalised service to clients based on their individual needs. It supports people with common mental health conditions who are in work but struggling or facing difficulties in the workplace, off work sick or looking for work.

[These reports](#) present the findings from 2 components of the employment advisers in improving access to psychological therapies (EAs in IAPT) evaluation.

### **IAPT brand refresh – Survey closes 16th Dec**

The online survey to gather views on the IAPT brand refresh closes on 16<sup>th</sup> December. Please complete the survey if you have not done so already and encourage your networks to do so. The survey takes just a couple of minutes to complete and can be [accessed via this link](#).

A webinar was held on 8<sup>th</sup> Nov which covered the background of the decision to rebrand IAPT services, the objectives of the brand refresh and the options being considered. A recording of the webinar, a copy of the slides presented and a summary of the Q&A is available on the [FutureNHS platform](#).

### **Death Administration Research Report - National Bereavement Service and the University of Sheffield**



National Bereavement Service has been working with Sheffield University on a pilot scale study on the experiences of bereaved people with regard to death administration and the emotional impact of those experiences. Please find attached the key findings, they have also published on their website here: [Death Admin Research Report](#)

### **NSPA: 9th Annual Conference 2023**

Next year the conference is being held on the 24th of January 2023, 9:15 to 16:30 at the Kia Oval, Surrey County Cricket Club, Kennington, London. The NSPA suicide prevention conference is back in person, offering people working to prevent suicide a chance to connect with each other. Tickets available [here](#).

### **AtaLoss and National Grief Awareness Week 2022**

AtaLoss is providing the signposting for National Grief Awareness Week 2022. The charity offers quality signposting for anyone looking for bereavement support including suicide support on behalf of SASP. The dedicated service provides helplines and the full range of bereavement services and information, which can be tailored according to circumstance, location, and preference, and translated into 100 languages. It also offers a live webchat counselling service and a new 'In Loving Memory' page for leaving tributes to loved ones. They are encouraging everyone offering events for National Grief Awareness Week or engaging with the media and on social media during the week to direct to [www.ataloss.org](http://www.ataloss.org) – the UK's bereavement signposting and information website, to enable bereaved people across the UK to find support.

## **NCMP**

Lead: Nikki Smith

### **National Child Measurement Programme latest figures for school year 2021/22 published**

On 3<sup>rd</sup> November, the latest figures for the National Child Measurement Programme (NCMP), from the 2021/22 school year, were published by NHS Digital. The report is available online here: [National Child Measurement Programme, England, 2021/22 school year](#)

The 2021/22 NCMP data show decreases in child obesity prevalence in 2021/22 compared to 2020/21. However, prevalence remains higher than any year prior to the pandemic (2006/07 to 2019/20). NHS Digital have issued a [press release](#) with the report this year.

The prevalence of obesity for children in the most deprived areas in both age groups continues to be more than double that of those in the least deprived areas. For reception-aged children living with obesity, it is over twice as high for children living in the most deprived areas (13.6%) than for children living in the least deprived areas (6.2%). This difference is also seen in year 6 children - with 31.3% living with obesity in the most deprived areas compared with 13.5% in the least deprived areas.



## Inclusion Health

Leads: Cathie Railton and Andy Maddison

*Inclusion health is a term used to describe people who are socially excluded, typically experience multiple overlapping risk factors for poor health, experience stigma and discrimination and often have much worse health outcomes than the general population. We are working to ensure that the health and wellbeing needs of inclusion health groups are systematically addressed across all programmes – planning, commissioning, and service delivery through a collaborative and cross-partnership approach.*

### Inclusion Health

Lead: Cathie Railton

#### **All Our Health: Health Disparities and Health Inequalities guidance**

New guidance on Health Disparities and Health Inequalities has been published by OHID, accessible [here](#). This is part of the All Our Health collection and inclusion health features prominently.

#### **Coproduced Bevan animation to support migrants to navigate the NHS**

This new animation is available on the [Doctors of the World website](#) alongside the relevant leaflets on 'How to use the NHS'. The animation explains the different NHS services, from General Practice to A&E and when and how to use them. It is aimed at people who have newly arrived in the UK, especially refugees and asylum seekers. Available in Arabic, Amharic, Albanian, Bengali/ Bangla, Persian Dari, Persian Farsi, Kurdish Sorani, Pashto, Polish, Punjabi, Russian, Somali, Swahili, Tigriyani, Ukrainian, Urdu, Vietnamese. To access subtitles, play the video and click on settings - subtitles - select language from list.

#### **New pages on the GOV.UK Migrant Health Guide [‘Improving Roma health: a guide for health and care professionals’](#)**

This guidance was developed by the Roma Support Group, in collaboration with OHID and is aimed at healthcare professionals, team leaders and commissioners. It sets out good practice and practical actions that can be taken in health services to break down barriers to care that people in Roma communities may experience.

#### **Roma Support Group COVID-19 booster resource pack**

The Roma Support Group have produced posters, videos (in community languages, including various dialects of Romanes language) and digital resources to promote COVID-19 vaccine uptake among Roma communities. You can access the resource pack [here](#).

#### **British Association for Sexual Health and HIV (BASHH) standards - sex work**





[BASHH](#) Clinical Standards for the Sexual Health Management of People Involved in Sex Work  
The aim of these standards is to highlight key considerations when providing non-judgmental, sensitive, trauma-informed sexual health care to people involved in sex work.



[Homeless and Inclusion Health Nurses – Practitioners Addressing Inequalities in Health – The Queen's Nursing Institute \(qni.org.uk\)](#)

QNI has published a new collection of case studies demonstrating the role that specialist Homeless and Inclusion Health Nurses play in protecting and improving the health and wellbeing of those experiencing significant health inequalities.

Read one asylum seeker's story about how the cost of living is affecting them [here](#).

The Local Government Association (LGA) has published an updated version of its [council guide on modern slavery](#), as well as a supporting maturity matrix enabling councils to assess their work on modern slavery. There is a central section – section 4 – on a public health approach, based on the research done by Elizabeth Such and colleagues from PHE.

**The #HealthNow campaign have launched their new report, 'Knowing where to turn': access to mental health support whilst experiencing homelessness**

Drawing on eighty interviews carried out by peer researchers from Crisis Newcastle, Crisis Birmingham and Shelter Greater Manchester, in partnership with Groundswell, this research highlights the significant barriers facing people experiencing homelessness when trying to access mental health support. It also makes extensive recommendations for change in the areas of housing, stigma reduction and peer involvement in the design and delivery of services. Both the full and summary reports can be found [here](#).

The updated [Health and Wellbeing Board guidance](#) has been published. In the section on JSNAs, 'inclusion health', 'homelessness', 'social exclusion' and 'transient' populations are referenced.

[Deaths of homeless people in England and Wales - Office for National Statistics \(ons.gov.uk\)](#) The latest statistics on deaths of homeless people in England and Wales in 2021 show almost 2 in 5 deaths are related to drug poisonings.

[Statement from the President of the Association of Directors of Public Health \(ADPH\) Prof Jim McManus on asylum dispersal from Manston](#)

[£500m hospital discharge funding](#) has been formally announced and communicated to local areas. The funding will be distributed between LAs and ICBs, with the expectation that these bodies work together on their plans. The main aim of the funding is to free up hospital beds by funding social care, and local areas have the flexibility to decide priorities within this based on local need. Specialist out of hospital and intermediate care **services for people experiencing homelessness are in scope** of the funding.



**Homelessness management information – Ukrainian nationals: England**

Government is collecting homelessness management information on Ukrainian nationals from local authorities in England for monitoring purposes. The Department for Levelling Up, Housing and Communities (DLUHC) published this data covering 24 February to 18 November 2022 and is available on [gov.uk](https://www.gov.uk).

**Training and events:**

- **RCGP launch an online learning - [Summary of An introduction to inclusion health \(rcgp.org.uk\)](https://www.rcgp.org.uk)**

**Research:**

**New publication: factors affecting vaccine delivery and uptake in adult migrants in UK primary care**

This qualitative study, published in BMJ Open, explores primary care professionals' views around barriers/facilitators to catch-up vaccination in adult migrants to inform development of interventions to improve vaccine uptake and coverage. This is an output from the NIHR vaccine grant on engaging migrants in UK primary care to improve vaccine delivery, led by Dr Sally Hargreaves at St George's Hospital Medical School in London. You can access it [online](#).

**[Interventions to improve health and the determinants of health among sex workers in high-income countries: a systematic review - The Lancet Public Health](#)**

This systematic review, published in The Lancet Public Health, provides evidence of interventions used to improve health and the wider determinants of health for all sex worker populations living in high-income countries.



**Data, Documents, Letters, Reports and General Information**

**C-Works (LKIS)**

Highlights from C-Works Publication (Nov 2022) (Join newsletter [here](#))

**Webinar series providing an overview of available tools and resources to investigate health inequalities in the region**

**About:**

This series of online events offers an overview of available tools and resources to investigate health inequalities in the region. The lunch time sessions focus on data tools and resources relating to health improvement and prevention of non-communicable disease produced by the Office of Health Improvement and Disparities (OHID) as well as NHS England and NHS Improvement (NHSE/I). The sessions provide a walkthrough of different reports and resources available to help you understand health inequalities in the region and locally. They



offer some guidance on how to interpret the data; and examples of how you can use the tools to inform planning and decision-making.

Who the sessions are aimed at:

These are designed for health professionals and decisionmakers interested in data and intelligence on health inequalities, primarily aimed at those who are less familiar with our public health intelligence products, including colleagues working in the newly formed Integrated Care Boards (ICBs).

Webinar timetable:

Wednesday 7 Dec 2022 1 pm – 2:15 pm: Data and tools to investigate health inequalities:

Find out about data tools and available resources to explore health inequalities and disparities in risk factors and health outcomes. This is the first in our series of online events, a webinar in collaboration with NHS England, which outlines helpful data resources available from the Office for Health Improvement (OHID) and NHSE. Please [register](#) your interest and you will receive further information, including the webinar link, nearer the event, alongside information about forthcoming sessions that will focus on wider determinants of health, healthy ageing, CVD and children and young people.

Mon 9 Jan 2023 1pm - 1:45 pm (TBC): Inequalities in risk factors and prevalence of non-communicable disease: To include CVD prevention tool & Healthier Weight tool, smoking inequalities

Tues 17 January 1pm - 1:45 pm (TBC): Inequalities in health outcomes and risk factors in children and young people

Tues 23 January 1pm - 1:45 pm (TBC): Inequalities in healthy ageing: Data tools and resources to assess inequalities in healthy ageing indicators

## UKHSA stakeholder Cascade

Highlights from this publication (Nov 2022)

### **The SIREN study: Our story**

The SARS-CoV2 immunity and reinfection evaluation (SIREN) study is a unique, large-scale partnership with NHS healthcare workers providing vital research into COVID-19.

We've released a 3-part video series highlighting why the study was set-up, what's involved in running the study and some of the key research questions to date.

A huge thank you to all NHS staff involved in the study - you can watch the [first video](#) of the series on our YouTube channel.

### **Monkeypox**



### **UKHSA finds vaccination offers strong protection against monkeypox**

New UKHSA evidence indicates that a single MVA-BN vaccine dose provides around 78% protection against monkeypox 14 days after being vaccinated. Read more in our [news story](#).

### **Monkeypox stakeholder pack**

We have attached the [Monkeypox Stakeholder and Partner Communications Pack](#), which you may find useful. The pack contains information, assets, Q&As and links to assist you in your communications out to stakeholders. This pack will be updated and cascaded out as and when further information and assets become available.

You may also find the following blog useful - [‘Answering questions on Monkeypox’](#)

### **Monkeypox epidemiological overview**

The latest monkeypox epidemiological overview was published on 1 November. More details can be found here: [Monkeypox outbreak: epidemiological overview, 1 November 2022 - GOV.UK \(www.gov.uk\)](#)

~ End ~

Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website [here](#).