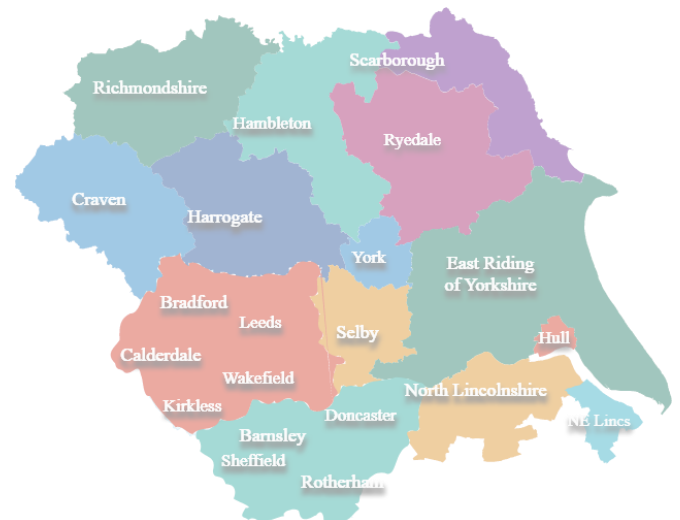




Office for Health Improvement & Disparities



Yorkshire and the Humber Monthly Newsletter

Issue: 85, January 2023

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to our newsletter. The monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update is circulated at the beginning of each month with the previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: neyadmin@dhsc.gov.uk



Cost of Living

System wide News, updates, and guidance

Sign up to [this](#) newsletter to receive monthly updates

Cost of Living Latest Insights

[The latest data and trends](#) about the cost of living from the Office for National Statistics. Explore changes in the cost of everyday items and how this is affecting people.

CA Cost of Living Data Dashboard | Flourish

A new dashboard produced by Citizens Advice, looking at more cost-of-living specific measures. These provide more insights into particularly relevant areas and also include maps that show trends over time

Population health impacts of the rising cost of living in Scotland: A rapid health impact assessment

This rapid [Health Impact Assessment](#) from Public Health Scotland was conducted to identify and, where possible, quantify the pathways through which the rising cost of living might affect health in Scotland. The aim of the health impact assessment is to inform policy responses.

Cost of living crisis in Wales: A public health lens

This [report](#) summarises the ways in which the cost of living crisis can impact on health and well-being. It takes a public health lens to identify actions for policy makers and decision-makers to protect and promote the health and well-being of people in Wales in their response to the cost of living crisis, outlining what a public health approach to the crisis could look like in the short and longer-term

Talking about Poverty: Lessons learnt and the way forward

Joseph Rowntree Foundations' Talking about Poverty project aimed to develop a strategic communications tool (framing) to support people in talking more effectively about poverty in the UK, drawing on values of both compassion and justice.

In this webinar they will share their findings and discuss more about how we can maximise impact for future framing projects.



Policy, Inequality and The [Cost of Living](#) Crisis - The York Policy Engine, University of York

On 13 December, The York Policy Engine hosted a webinar led by our Cost of Living Research Group on this topic. We shared insights from research that is being carried out during this unprecedented social and economic crisis - building on the University of York's long tradition of ground-breaking research on poverty and inequality, social policy, and politics.

Cost of Living Crisis. What does it mean for UK diets? • [MyNutriWeb](#)

In this webinar, Registered Nutritionist, Rebecca Tobi from The Food Foundation will share more information on what is causing the rising prices in food, what this means for UK households and the structural changes that are urgently required to improve food security and diet quality for families and individuals across the country.

Making Every Contact Count

Conversations about the Cost of Living, Part 1 and Part 2 (15 minutes video) You Tube Link: https://youtu.be/gzrK_Xi7ecU

Part 1 – The underlying issues that have led to increases in the cost of living (7 minutes) You Tube link: <https://youtu.be/DY4KUfKQBZ4>

Part 2 – How can we support people with our conversations and signpost people to sources of support (7 minutes) You Tube link: <https://youtu.be/IMqnbA139sE>

[A Very Brief Intervention \(VBI\) for the Cost of Living](#) developed in partnership with the Money and Pensions Service (MAPS)

LGA Behavioural Insights Programme: tackling post pandemic challenges and the cost-of-living crisis

Tuesday 14 March 2023, 11.15am – 1.00pm

The [event](#), funded by Government, will feature how the LGA is taking a regional approach in supporting councils to deliver behaviour change projects to combat these challenges.



Healthy Places and Sustainable Communities

Team Leads: Nicola Corrigan / Karen Horrocks

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work, and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

Obesity Profile: December 2022 update - GOV.UK (www.gov.uk)

Inequalities data is available down to local authority level showing obesity prevalence for children in Reception and Year 6 by sex, ethnic group, and deprivation quintile.

The 'Patterns and Trends in Child Obesity' England data slide set has also been published within this update. New charts have been added to the slide set comparing the distribution of child BMI in the most and least deprived Index of Multiple Deprivation (IMD) deciles in England. The regional and local authority data slide sets are due to be published on 7th February 2023.

[The Food Active Podcast | Podcast on Spotify](#)

The Food Active Podcast aims to discuss how we can collectively promote healthy weight, by looking at the social, environmental, economic, and legislative factors which influence our lifestyle choices. How do we create healthier food environments?

Physical Activity

Lead: Nicola Corrigan

[Overview of the JU:MP implementation programme](#)

This is an opportunity to hear about the JU:MP programme, one of the Local Delivery Pilots funded by Sport England to learn more about tackling inactivity. JU:MP aims to test and learn about what helps children aged 5 – 14 years and their families to be active.

[Sharing the Learning: Whole systems physical activity](#)

On Tuesday 29th November, over 50 partners came together for [JU:MP's](#) Sharing the Learning (StL) event at Lister Mills in Bradford to discuss all things whole systems physical activity, with a focus on greenspaces.



[VACANCY: Mixed Ability Health and Social Care Strategy Manager](#)

Salary: £30,000 p/a pro rata

12 months, fixed term (potential to extend depending on funding); 15 hours/week; Hybrid working is possible, but regular visits to the office in Bradford and delivery in Yorkshire are expected

[Get Yourself Active - at Home - YouTube](#)

We are making the videos available to encourage journalists, organisations, and social care staff to better understand the reality of getting active. We all want these videos to be used as teaching resources in the social care and work sector, to break down barriers and support Disabled people to be active in the ways they want.

These videos will prove to be a valuable resource by tackling the barriers head-on. Providing social workers, care staff and family members with the knowledge and tools to become agents of change, supporting Disabled people to enact their right to get active in the ways that we want.

[WHO highlights high cost of physical inactivity in first-ever global report](#)

The [Global status report on physical activity 2022](#), published today by the World Health Organization, measures the extent to which governments are implementing recommendations to increase physical activity across all ages and abilities.

Data from 194 countries show that overall, progress is slow and that countries need to accelerate the development and implementation of policies to increase levels of physical activity and thereby prevent disease and reduce burden on already overwhelmed health care systems.

Work, Worklessness and Health

Lead: Nicola Corrigan

[Relationship between employment and health - The Health Foundation](#)

- A local area's employment rate is related to how long people are likely to live (life expectancy) and how many years they can expect to live in good health (healthy life expectancy).
- In places with higher economic inactivity, people are more likely to have a lower healthy life expectancy.



[A clean bill of health for the economy: engaging business to address ill health in our shrinking workforce - The Health Foundation](#)

The costs of ill health hit everyone's pockets in a multitude of ways. The direct consequences for individuals are most obvious when it comes to income and health. People in the bottom 40% of the income distribution are almost [twice as likely](#) to report poor health than those in the top 20%. Lower income can be bad for your health: it can move good quality employment even further out of reach. Being in poor health can also make good quality work inaccessible and so restrict your income.

[Is ill health driving economic inactivity, and what can be done? – with Sarah O'Connor and Professor James Banks](#)

We're all familiar with some of the challenges ahead in the UK: a fiscal squeeze, limp productivity, a labour shortage, and an ageing population with increasing needs. As Andy Haldane put it in our recent [REAL Challenge lecture](#), two routes to prosperity for the UK include increasing the number of workers and their productivity. But both of these routes now appear to be hampered by increasing ill health.

[Job quality in the UK – analysis of job quality indicators - Office for National Statistics \(ons.gov.uk\)](#)

Analysis of eight job quality indicators to understand the quality of work across the UK, using reweighted data from the Annual Population Survey (APS) for 2021.

[Home | Work Health Index](#)

The CBI's Index will provide a benchmarking opportunity for businesses and firms of all shapes and sizes, who are looking to develop their health offer. The Index is built in collaboration with [Business for Health](#) and will support the economy-wide level of investment in health and wellbeing interventions. It will also serve to increase awareness of employee health and drive competitive advantage in the labour market.

[Hidden Workers Report](#)

The roots of this report go back to 2019 when Business Healthy - the City of London Corporation's Public Health-led initiative to unite business leadership in meeting the health and wellbeing needs of City workers- together with the Greater London Authority and the Lord Mayor's Office¹ convened a conference on supporting the health and wellbeing of London's hidden workforce.



Healthy Places and Community Based Approaches

Lead: Karen Horrocks

[Toolkit: Talking About Homes: The Foundation for a Decent Life](#)

This framing toolkit from the Joseph Rowntree Foundation shows how to build understanding that decent, affordable homes are essential for a decent life. It also explains how to build support for solutions that will make our housing system better.

[Events: Design and the Levelling Up & Regeneration Bill \(LURB\)](#)

The LGA's Planning Advisory Service (PAS) are working with DLUHC to host a series of online and in person workshops for local authorities to discuss Design Codes measures in the LURB. They are delivering two in person sessions; one in [Leeds on 24 January](#), one in [London on 14 February](#) and two online sessions, [25 January](#) and [15 February](#). The sessions will be an opportunity to get information on the design code requirements that are in the Bill, hear from LPAs actively preparing design codes and help to steer the support and guidance that will be available to LPAs in the future.

[Resource Hub — Future Parks Accelerator](#)

The Future Parks Accelerator programme has spent three years working with local authority partners to help redefine the role of urban green space. Some key themes have emerged through this work. These resources have been developed to share the programme's learnings and help others to make similar changes in their towns and cities.

You can also access a recording of their webinar held October 22 [here](#).

[Launch of the National Green Infrastructure Framework](#)

Join this [free webinar](#) on Jan 31st 2023 for the national launch of the Green Infrastructure Framework: Greening our towns and cities to deliver for climate, nature, health and prosperity. The webinar will be of interest to Local Planning Authorities, Development Managers, Park Managers, Communities and Neighbourhood Planning.

[Chief Medical Officer's Annual Report 2022: Air Pollution](#)

This year's [report](#) lays out the scale of the challenge of reducing air pollution, the substantial progress that has been made and highlights achievable solutions.



Webinar: Decarbonising Transport

Tuesday 24 January 2023, 10.00am - 11.30am

This [webinar](#), funded by Government, will give insights from the LGA's decarbonising transport action learning sets, as well as sharing several good practice examples from experts and councils who are developing and delivering decarbonising transport strategies and provision.

Webinar: Creating Health and Wealth by Stealth

[Locality](#) and [Power to Change](#) will soon be launching “**Creating health and wealth by stealth**” – their latest research and recommendations on the role of **community anchor organisations in local illness prevention services**.

The launch event will take place **online** on **Tuesday 31st January, 10:30 – 12:00** – you can [register here](#).

Food Systems

Lead: Nikki Smith

Diet-Related Health Inequalities

Inequalities in diets contribute to overall inequalities in health. Improved diets can improve population-wide health and reduce wider health inequalities. This POSTnote outlines groups affected, underlying causes and summarises approaches to reduce diet-related health inequalities. This topic is a focus in the Government's 2020 Obesity Strategy, the Food Strategy, part of the Levelling Up agenda, and is expected to feature in the Health Disparities White Paper, highlighting the cross-cutting issue of food and health inequalities in England.

Food Active | New School Food Resources: School food update & Barriers to free school meal uptake

As part of the 2022/23 Food Active work programme, they have launched two new school food reports to explore the history of school food, the policy landscape in the current cost of living context and the barriers to uptake of free school meals.

School Food Standards compliance pilot underway in 18 local authorities across England | Food Standards Agency

The Food Standards Agency (FSA) and Department for Education (DfE) have launched a School Food Standards Compliance pilot across 18 participating local authorities in England.



[Free School Meals Evidence Pack](#)

This Evidence Pack presents key data and evidence on Free School Meals (FSM) gathered from a range of independent sources. The intention is to demonstrate to policymakers the evidence that investment in FSM makes sense socially, morally, and economically

[Pulse Power – Ingredients for a Healthier and Sustainable Future - British Nutrition Foundation](#)

In this British Nutrition Foundation webinar, they will take a look at incorporating pulses in the diet from the public health perspective concentrating on key areas (such as demand for plant protein/fibre) likely to contribute to the adoption of healthier and more sustainable food choices in the future.

[Consumer Insights Tracker | Food Standards Agency](#)

Research and consumer insight on behaviours and attitudes to food insecurity, food availability, consumer concerns and confidence in the food chain.

[Sustain Annual Conference #Sustain22 | Sustain \(sustainweb.org\)](#)

The Sustain Annual Conference took place 8 December 2022, bringing together over 350 attendees from across the Sustain alliance and beyond.

[Food Active Services to Support the Holiday Activities and Food Programme](#)

Good, nutritious food and nutritional education are key elements of the Holiday Activities and Food programme (hereafter HAF). HAF is a real opportunity to make a difference, to open up children and young people to different foods, to engage them in interesting activities to broaden their tastes, improve their health and to get them excited about food. Food Active is delighted to offer providers of the HAF Programme a range of services to support them in meeting food and nutrition education expectations.

[**Eat Well @ IGA – an innovative healthy supermarket initiative supported by IGA stores, Deakin University, the City of Greater Bendigo, and VicHealth - report**](#)

The Eat Well @ IGA initiative (2016-2018) was a randomized controlled trial carried out in Australian supermarkets to test a multi-component healthy eating initiative. Using junk food marketing tactics to promote healthy food. [Read the report here.](#)



Putting Health at the Heart of Convenience

The Good Food Wholesale and Retail Pilot was set up to improve access to healthier food options in the London Borough of Southwark, by increasing the range of healthier products sold in the borough's local convenience stores. The project was co-funded by Impact on Urban Health and Southwark Council and delivered by Rice Marketing – a marketing agency specialising in local retail. More information including the full report can be [found here](#).



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal, and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

Drugs and Alcohol

Lead: Andy Maddison

Children & Young People

As part of the ongoing OHID offer of support to those working on the substance misuse agenda, the regional and DAIST team will be holding the first of a series of events aimed at sharing best practice, implementing the latest policy and guidance to shape the future commissioning and delivery of services.

The first event will be kindly hosted by Doncaster local authority and will focus upon the topic of Children, Young People and Families. The session will examine what 'good looks like' in terms of young people's treatment and will also include items on parental/carer use and those affected by the use of others.

A hold the date has been forwarded to LA commissioners and YP treatment service managers for 28.02.23.

UK Alcohol Specific Deaths – ONS

Alcohol-specific deaths have risen sharply since the onset of the coronavirus (COVID-19) pandemic, with alcoholic liver disease the leading cause of these deaths. This rise is likely to be the result of increased alcohol consumption during the pandemic.

Research has suggested that people who were already drinking at higher levels before the pandemic were the most likely to have increased their alcohol consumption during this period.



Key Points:

- In 2021, there were 9,641 deaths (14.8 per 100,000 people) from alcohol-specific causes registered in the UK, the highest number on record.
- The number recorded in 2021 was 7.4% higher than in 2020 (8,974 deaths; 14.0 per 100,000) and 27.4% higher than in 2019 (7,565 deaths; 11.8 per 100,000), the last pre-coronavirus (COVID-19) pandemic year.
- Between 2012 and 2019, rates of alcohol-specific deaths in the UK had remained stable, with no statistically significant changes in the age-standardised rate.
- Consistent with previous years, the rate of alcohol-specific deaths for males in 2021 remained around double the rate for females (20.1 and 9.9 deaths per 100,000 people, respectively).
- Scotland and Northern Ireland had the highest rates of alcohol-specific deaths in 2021 (22.4 and 19.3 deaths per 100,000 people, respectively).

[Alcohol-specific deaths in the UK - Office for National Statistics \(ons.gov.uk\)](https://ons.gov.uk)

Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

Commercial Determinants of Health – Alcohol

As a follow up to the ‘sustainability series’ of alcohol webinars, the Institute of Alcohol Studies released this report in November – ‘[People, Planet or Profit: alcohol’s impact on a sustainable future](#)’. The report contains recommendations for practice, and also chapters on corporate social responsibility of the alcohol industry, impact on wider environment of alcohol production, and how the alcohol industry has been shown to undermine human rights.

Commercial Determinants of Health – Food Policy

If you missed the recent webinar (Nov 16th) from the GEICI-PH Network (Governance, Ethics and Conflicts of Interest in Public Health Network – American University of Beirut) – you can catch up [here](#) on a series of presentations on ‘Counteracting corporate interference in food policy’, with speakers Margaret Miller (President of the World Public Health Nutrition Association), Angela Carriedo, and Elisabeth Sterken.



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Healthy Ageing

Lead: Alison Iliff

Self-harm and suicide, and brain health conversation sessions

We are holding two conversation sessions in collaboration with the Yorkshire and Humber Clinical Networks on aspects of healthy ageing. The conversations sessions are intended to be informal and interactive so that staff across Y&H have the chance to share their experiences of supporting people using dementia and older people's mental health services. You're welcome to talk about challenges, share successes or just come and listen and provide and receive some peer support.

Thursday 23rd February, 12.00-1.00: Self harm and suicide in older adults with **Dr Cathy Morgan** from Manchester University and **Dr Isabela Troya** from University College, Cork presenting, followed by a facilitated conversation with attendees. Registration isn't necessary; to join the event [click here](#)

Tuesday 14th March, 12.00-1.00: Brain Health, with **Professor Sir Muir Grey** presenting on the Live Longer Better programme and how it supports good brain health in later life, followed by a facilitated discussion. Registration isn't necessary; to join the event [click here](#)

Independent Age Information and Resources

Independent Age has a range of information and resources on financial security for older adults including maximising income and accessing [cost of living support](#). It also has [campaigning information](#) to promote take-up of pension credit; currently around 35% of those eligible for the benefit – or around 64,000 in Yorkshire and the Humber – are not claiming it and missing out on vital financial support.

The Centre for Ageing Better and Alamy Photography Competition

The Centre for Ageing Better and Alamy have launched a photography competition to capture positive images of people aged 50 and over, avoiding the stereotyping and objectification of older people and portrayal of ageing as a negative experience commonly seen in the media. More details of the competition can be found [here](#).



Getting to Grips with Ageing: Can Japan and The UK Learn From Each Other?

The International Longevity Centre is holding a webinar exploring what the UK can learn from the only super-ageing nation in the world, Japan, and vice versa. The webinar is on Thursday 9th February 2023, 9.00-10.30am. Register to attend [here](#).

Public Mental Health & Suicide Prevention

Lead: Laura Hodgson

Walk With Us: A Toolkit for Supporting Children, Young people, and Families Affected or Bereaved by Suicide



This toolkit developed by NHS South Yorkshire and Bassetlaw was produced to identify what support children, young people, and families would like to see following a bereavement by suicide and to work with them to develop a toolkit for professionals to use.

[Find the resource here.](#)

GP Recruitment and Retention Survey – Mental Health Practitioners

NHS England Primary Care team are looking to gather feedback from Mental Health Practitioners to help improve recruitment and retention of roles within Primary Care.

This is part of a wider piece of work which will feed into future proposals of support for people working in general practice. Please can you circulate to systems. They can [get involved now by completing a survey about GP recruitment and retention and/or signing up for focus groups due to be run in January on workforce retention.](#)



Internet Safety, Suicide and Self-Harm E-Learning

A new 30-minute online course has been launched by Health Education England, together with the Samaritans, to help anyone across the health, social care and volunteer community who provides support around suicide and self-harm learn how to have conversations around safe internet use. It has been developed with over 200 practitioners as well as people with lived experience of internet use relating to suicide and self-harm. Read more [here](#).

No Wrong Door

Centre for Mental Health (2 Dec 2022)

Mental health, autism and learning disability services need to change. For too long, these vital services have not received the attention they need and deserve, leading to long waits, gaps in support, and poorer outcomes for the people they serve. Centre for Mental Health was commissioned by the NHS Confederation's Mental Health Network to identify a vision for mental health, autism and learning disability services in ten years' time, for people of all ages in England. We did this through research and consultation with a wide range of stakeholders, reading and hearing about people's hopes and beliefs about what these vital services should be like in 2032.

Predictors of longer-term depression trajectories during the COVID-19 pandemic: a longitudinal study in four UK cohorts

Evidence Based Mental Health (25 Nov 2022)

Background: The COVID-19 pandemic has caused an increase in mental ill health compared with pre-pandemic levels. Longer-term trajectories of depression in adults during the pandemic remain unclear. Objective: We used latent growth curve modelling to examine individual trajectories of depression symptoms, and their predictors, beyond the early stage of the pandemic. Methods: Data were collected in three waves in May 2020,

September/October 2020 and February/March 2021 in four UK cohorts (Millennium Cohort Study, Next Steps cohort, British Cohort and National Child Development Study). We included n=16 978 participants (mean age at baseline: 20, 30, 50 and 62, respectively). Self-reported depressive symptoms were the study outcome.

Findings: Symptoms of depression were higher in younger compared with older age groups ($d=0.7$) across all waves. While depressive symptoms remained stable from May 2020 to Autumn 2020 overall (standardized mean difference (SMD)=0.03, 95% CI 0.02 to 0.04), they increased in all age groups from May 2020 to Spring 2021 (SMD=0.12, 95% CI 0.11 to 0.13).

Feelings of loneliness were the strongest predictor and concurrent correlate of increasing depressive symptoms across all cohorts, pre-pandemic mental health problems and having a long-term illness were also significantly associated with an increase in depression



symptoms across all ages. By contrast, compliance with social distancing measures did not predict an increase in depression symptoms.

Conclusions: Feeling lonely and isolated had a large effect on depression trajectories across all generations, while social distancing measures did not.

Clinical implications: These findings highlight the importance of fostering the feeling of connectedness during COVID-19-related distancing measures.

Specialist Mental Health Worker

St Augustine's Centre is looking for a Specialist Mental Health Worker, 15 hours per week
Are you looking for a new challenge that will allow you to make a tangible difference in people's lives? Experienced in working with statutory and voluntary mental health providers? Compassionate about those fleeing war and persecution? IT literate and adept at utilising data to capture impact? Read on...

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

National HIV Testing Week: 6-13 February 2023

National HIV Testing Week will take place 6-13 February 2023. It will have a new campaign strapline 'I, Test', and campaign materials are available to order [here](#). DHSC will cover the cost of HIV testing via the www.freetesting.hiv platform during the campaign period.

HIV Action Plan Monitoring and Evaluation Framework

To support delivery of the [HIV Action Plan](#) the first edition of the [HIV Action Plan Monitoring and Evaluation Framework](#) was published on 1 December 2022 and measures progress towards achieving England's long-term commitment to zero new HIV transmissions by 2030.

SRH Profiles – HIV Pre-exposure Prophylaxis (PrEP) Indicators Published

PrEP Indicators at local authority level have been published on the [SRH Profiles](#) for the first time. These are:

- Determining PrEP need - Proportion of all HIV negative individuals accessing specialist sexual health services in England with PrEP need
- Initiation or continuation of PrEP among those with PrEP need - Proportion of all HIV negative people accessing specialist in England with estimated PrEP need who started or continued PrEP



Mpox

UKHSA will now use the term mpox, as designated by the WHO. UKHSA has published the [UK's plan](#) to continue to reduce mpox transmission over the next 12 months. The outbreak has been downgraded from an enhanced incident to a standard incident based on the current epidemiology.

Mpox and Sexual Health: Outreach and Engagement Fund - Deadline 19 January 2023

The Fund was launched on 20th December 2022 with a total of £200,000 available so charitable, voluntary sector and community interest companies can bid for up to £30,000 per project to develop and deliver outreach and engagement projects for health protection interventions within underserved LGBT populations. An application form and guidance can be found [here](#).

Syphilis in England - 2019 to 2021 Report Published

The "[Syphilis in England, 2019 to 2021](#)" Report has been published. This report describes trends in syphilis by key demographic characteristics and risk factors at the national level, and some high-level regional trends.

GRASP 2021 Report and Guidance for Managing Ceftriaxone-Resistant Gonorrhoea

The 2021 Gonococcal Resistance to Antimicrobials Surveillance Programme ([GRASP report](#)) has been published along with guidance on '[Managing incidents of ceftriaxone-resistant Neisseria gonorrhoeae in England](#)'. This aims to provide public health guidance to clinicians, microbiologists, epidemiologists, and public health authorities concerning the management of ceftriaxone-resistant Neisseria gonorrhoeae.

STI Data Refresh on the WICH Tool

National level STI data has been updated on the [Wider Impacts of COVID-19](#) tool, with provisional data up to June 2022. These can be accessed for Gonorrhoea, Syphilis, STIs and Chlamydia subthemes within STIs and Hepatitis theme, which currently sits within Impact on Healthcare domain.

NHSD YouTube Video Series on Contraception - Four New Videos

The NHS YouTube Contraception series has been designed to feature two types of videos; short "help" videos that answer questions often found in search engines and longer "hub"



videos, that will offer a more detailed overview of the topics/themes addressed in the shorter videos. Four new videos have been added:

[Fitting the contraceptive implant | NHS](#)

[Removing the contraceptive implant | NHS](#)

[Fitting the coil \(IUD/IUS\) | NHS](#)

[Removing the coil \(IUD/IUS\) | NHS](#)

NCMP

Lead: Nikki Smith



Inclusion Health

Leads: Cathie Railton and Andy Maddison

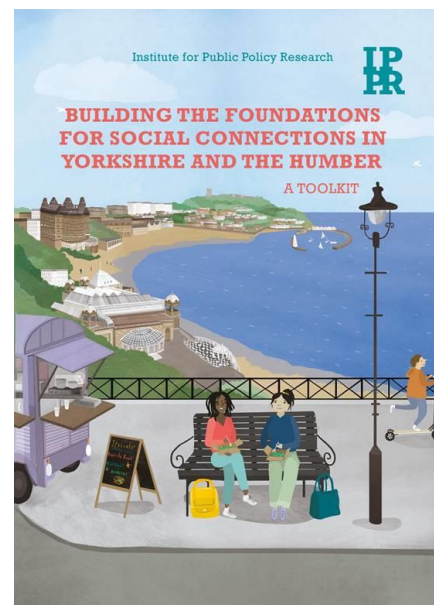
Inclusion health is a term used to describe people who are socially excluded, typically experience multiple overlapping risk factors for poor health, experience stigma and discrimination and often have much worse health outcomes than the general population. We are working to ensure that the health and wellbeing needs of inclusion health groups are systematically addressed across all programmes – planning, commissioning, and service delivery through a collaborative and cross-partnership approach.

Publications, Resources and Guidance

- **Building the Foundations for Social Connections in Yorkshire and Humber**

Just released, this toolkit is designed to support people working with refugee, migrant and receiving communities in the YH region to build the foundations for meaningful social connections and promote social cohesion.

The toolkit focuses on the experiences of refugees and other new arrivals in YH, and how new migrant communities can be supported to make connections in their new homes. It encourages the reader to think about how they can contribute to creating villages, towns and cities that are welcoming and which invite everyone – no matter their immigration status.





The Commission on the Integration of Refugees

The report '[A Broken System? Asylum Reform Initiatives, 1997-2022](#)', was produced in collaboration with the Good Faith Partnership. This review of refugee and asylum policy over the last 25 years shows how governments have seen policy to enhance refugee integration as less important than policy around migration management.

UKHSA Diphtheria Treatment and Vaccination

The publications summary and data available [here](#).

DLUHC Traveller Caravan Count

The Department for Levelling Up, Housing and Communities (DLUHC) have published [data from the count of Traveller caravans in England which took place on or around 21 July 2022](#). The twice-yearly count takes place in January and July, recording the number of caravans on both authorised and unauthorised sites across England.

The Faculty for Homeless and Inclusion Health, and Pathway

The Faculty for Homeless and Inclusion Health, and Pathway have partnered with the Royal College of Physicians to develop a statement of guidance for hospitals and healthcare organisations on how to support people experiencing homelessness this winter.

With the costs of energy, food and housing continuing to rise, there is the very distinct possibility of a significant number of people finding themselves homeless for the first time over the coming months. The statement includes key information on how to comply with the Duty to Refer, support vulnerable groups, and use services like [Streetlink](#) to help connect local authorities and outreach services with people in need of support.

You can find the guidance [here](#).

NRPF Connect Data Report

The No Recourse to Public Funds (NRPF) Network have published the [2021-2022 NRPF Connect data report](#), which provides a data and caseload analysis of households with no recourse to public funds that are being provided with accommodation and / or financial support by 72 participating local authorities.



Various

Cohesion Issues in Relation to Asylum Seeker Accommodation

The LGA facilitates a forum for local authorities on Tackling Asylum Seeker, Refugee and Migrant Hate Crime and Harassment to help share approaches in response. If you are interested in joining the network, please let the LGA know via cohesion@local.gov.uk.

Warm Welcome Afghan Service

The Warm Welcome Afghan Service is a mental health assessment, advocacy, and support service for Afghan people living in England who have worked to assist the British Armed Forces between Oct 2001 and August 2021. Any individual, family member, or professional **from across England** can refer to this service. For further information or to make a referral please visit the [website](#).

Homelessness Management Information – Ukrainian Nationals: England

Government is collecting homelessness management information on Ukrainian nationals from local authorities in England for monitoring purposes. The Department for Levelling Up, Housing and Communities (DLUHC) published this data covering 24 February to 18 November 2022 and is available on gov.uk.

New DLUHC Support Package for Ukrainian and Afghan People Fleeing Conflict

DLUHC have announced new [funding](#) for Homes for Ukraine hosts and additional funding for local authorities across the UK to help support Ukrainian guests move into their own homes and reduce the risk of homelessness. In addition, councils in England will get new fund to acquire housing stock for those fleeing conflict (including from Ukraine and Afghanistan) and reduce homelessness.

DLUHC Prospectus Published - The Single Homeless Accommodation Programme (SHAP)

The document provides details of what will be funded and how to apply for it. It will fund capital and revenue accommodation projects for people experiencing homelessness, with an emphasis on people with complex needs and young people. While bids will be LA-led, there's an expectation in the prospectus that this will be done on a partnership basis, so a good opportunity for some joint working across an ICS.



St Augustine's Centre, Calderdale

St Augustine's Centre, Calderdale is looking for a Specialist Mental Health Worker, 15 hours per week (deadline for applications is Tuesday 10th January).

The purpose of this new role is to identify and support the mental health needs of centre members, including carrying out mental health assessments and providing short-to-medium-term mental health support whilst making robust referrals and signposting to specialist services. More details [here](#).

ONS Gypsies' and Travellers' Lived Experiences Qualitative Research Publication

The Office of National Statistics (ONS) have published a [report](#) on the lived experiences of Gypsies and Travellers in England and Wales. A short [video](#) of the report findings has also been published to ensure the findings are available in an accessible and inclusive format.



Data, Documents, Letters, Reports and General Information

UKHSA News

UKHSA Update on Scarlet Fever and Invasive Group A Strep

From: [UK Health Security Agency](#)

Published: 2 December 2022

Last updated: 29 December 2022

Latest [data from the UK Health Security Agency \(UKHSA\)](#) continues to show an out of season increase in scarlet fever and group A streptococcus infections and a higher number of cases than seen in a typical year.

So far this season (from 19 September to 25 December) there have been 33,836 notifications of scarlet fever. This compares to a total of 4,672 at the same point in the year during the last comparably high season in 2017 to 2018 – although cases in that season started to rise at a different point. In 2017 to 2018 there were 30,768 scarlet fever notifications overall across the year.

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Invasive group A streptococcus (iGAS) infections remain rare. So far this season, there have been 151 iGAS cases in children aged 1 to 4 compared to 194 cases in that age group across the whole year of the last comparably high season in 2017 to 2018. There have been 102 cases in children aged 5 to 9 years compared to 117 across the whole year of the last comparably high season in 2017 to 2018. The majority of iGAS cases continue to be in those over 45 years.

Sadly, so far this season there have been 122 deaths across all age groups in England. This figure includes 25 children under 18 in England. In the 2017 to 2018 season, there were 355 deaths in total across the season, including 27 deaths in children under 18.

Dr Obaghe Edeghere, UKHSA incident director, said:

We are continuing to see a rise in scarlet fever and ‘strep throat’ and this is understandably concerning for parents. However, I would stress that the condition can be easily treated with antibiotics, and it is very rare that a child will go on to become more seriously ill.

Over the winter, there are lots of illnesses circulating that can make children unwell and so it is important to avoid contact with other people if you are feeling unwell, wash your hands regularly and thoroughly and catch coughs and sneezes in a tissue. I would also urge all those eligible for free winter vaccines to take advantage of these.

Most winter illnesses can be managed at home and NHS.UK has information to help parents look after children with mild illness. However please do make sure you speak to a healthcare professional if you believe your child is getting worse for instance they are feeding or eating less than normal, are dehydrated, has a high temperature that won't go down, is very hot and sweaty or seems more tired or irritable than normal.

Nasal Flu Vaccine May Help Reduce Cases of Group A Strep

Analysis by UKHSA suggests a nasal spray vaccine that offers protection to children against flu may also help reduce the rate of group A strep infections.

From: [UK Health Security Agency](#)

Published 16 December 2022

The live attenuated influenza vaccine (LAIV) is a nasal spray offered each season to most children aged 2 and 3 years old, and to school-aged children, to help protect against flu.

It was first rolled out in England from 2013, adding a school year each calendar year. In some pilot areas, the vaccine was given to all primary school years from 2013 onwards.



The [new study](#) looked back at data from 2013 to 2017, comparing rates of group A strep (GAS) infections in pilot areas and comparing them to other areas where the vaccine was not being offered as widely.

The study found that incidence of GAS was lower in pilot areas where the LAIV vaccine was being offered to all primary school children, compared to areas where it was being incrementally rolled out.

In 2 to 4 year olds, rates of GAS were 73.5 per 100,000 children in pilot areas, compared to 93 per 100,000 children in non-pilot areas.

In 5 to 10 year olds, rates of GAS were 50.3 per 100,000 children in pilot areas, compared to 57.8 per 100,000 in non-pilot areas.

There was no difference in scarlet fever or invasive group A strep (iGAS) notifications.

Dr Jamie Lopez Bernal, Consultant Epidemiologist for Immunisation and Countermeasures at UKHSA, said:

Our findings suggest that the nasal spray vaccine programme, which offers very good protection against flu, may also help contribute to reductions in the rates of GAS infections among children.

Children who catch influenza are at greater risk from subsequent infections, including group A strep, so these findings provide yet more reasons for parents of eligible children to bring them forward for the flu vaccine.

This is particularly important at this time when we are seeing unusually high rates of group A strep infection across the population.

The nasal spray flu vaccine given to school-aged children and pre-schoolers has an excellent safety record and has been given to millions of children in the UK and worldwide.

It is not too late for children to get the flu vaccine. Parents and guardians of any reception and primary school aged children who missed their vaccination should contact their local school-aged vaccination service or ask at their school if you are unsure.

This winter the vaccine is being offered to secondary school aged children from school years 7, 8 and 9 in December and January, so if you have yet to send back your consent form it's not too late. Parents and guardians of children aged 2 and 3 and children in a high-risk group can make an appointment through their GP surgery.

How to Apply for UKHSA Mpox and Sexual Health Fund

Details on accessing the UK Health Security agency (UKHSA) mpox and sexual health outreach and engagement fund for underserved LGBT+ populations.

From: [UK Health Security Agency](#)

Published 20 December 2022



Applications have opened for the £200,000 [UKHSA mpox and sexual health \(STI and HIV\) outreach and engagement activity fund](#).

The fund will provide up to £30,000 to community based, voluntary sector organisations to develop and deliver work to address health inequalities in affected LGBT+ groups.

Each applicant will be asked to demonstrate clearly how they will address inequalities but also seek to expand activity around underserved LGBT+ communities to improve sexual health and HIV outcomes.

UKHSA is particularly interested in projects that address at least 2 out of the 3 areas:

- access and uptake of mpox vaccination
- sexual health
- HIV prevention

Guidance is available about the fund and how it works, an application form and contact details for any further questions.

The deadline for submitting applications to the fund is 11.59pm on Thursday 19 January 2023.

Projects and spend will need to be complete by 31 March 2023.

News and Communications Health Improvement

£3.6 Million Social Prescribing Funding for Mental Health Support

More than £3.6 million of government funding awarded to the National Academy of Social Prescribing to support wellbeing, including impacts of loneliness.

From: [Department of Health and Social Care](#),

Published 23 December 2022

Thousands of people will continue to access innovative types of mental health support, proven to improve healthy living, reduce overprescribing and save capacity for GPs, following £3.6 million of government funding for the [National Academy of Social Prescribing \(NASP\)](#).

Social prescribing can help those experiencing grief, addiction, dementia, and loneliness through a wide range of community-led social activities, services and opportunities that have proven benefits to people's health and wellbeing.

This could include gardening clubs for people to socialise and learn new skills, new exercise classes to build confidence and become healthier, as well as financial advice for people with money worries, among many other initiatives.



The grant will support NASP to build on its previous successes [such as the Thriving Communities Fund](#), which has established 36 projects helping more than 10,000 people and championing local community and voluntary groups.

It has also introduced an academic collaboration to develop a robust evidence base for social prescribing and the benefits it can bring to the nation's health. It will continue to build innovative partnerships between the health system and the voluntary sector to ensure that social prescribing reaches those most in need.

With Christmas approaching and many people feeling the negative impacts of loneliness over the festive period, social prescribing provides people with the tools to help manage their mental health and meet others in their community.

Further information from the full Press release can be found at:

[£3.6 million social prescribing funding for mental health support - GOV.UK \(www.gov.uk\)](#)

Data tools and resources to explore health inequalities in cardiovascular disease (CVD) in the North East and Yorkshire

[Online event](#) **Mon 9 Jan 2023 1pm – 2pm** by OHID and NHSE/I North East and Yorkshire.

Other planned events in the series:

- Tues 17 Jan 2023 1pm - 2pm: Data tools and resources to explore inequalities in health outcomes and risk factors in children and young people ([sign up now via Eventbrite](#))
- Tues 24 Jan 2023 1pm – 2pm: Data tools and resources to assess inequalities in healthy ageing indicators
- Tues 31 Jan 2023 1pm – 2pm: Data and tools to assess the impact of wider social determinants of health and placed based inequalities

~ End ~

Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website [here](#).