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The **CONNECTS-Food** resource

Supporting primary schools to adopt a whole school approach to food.

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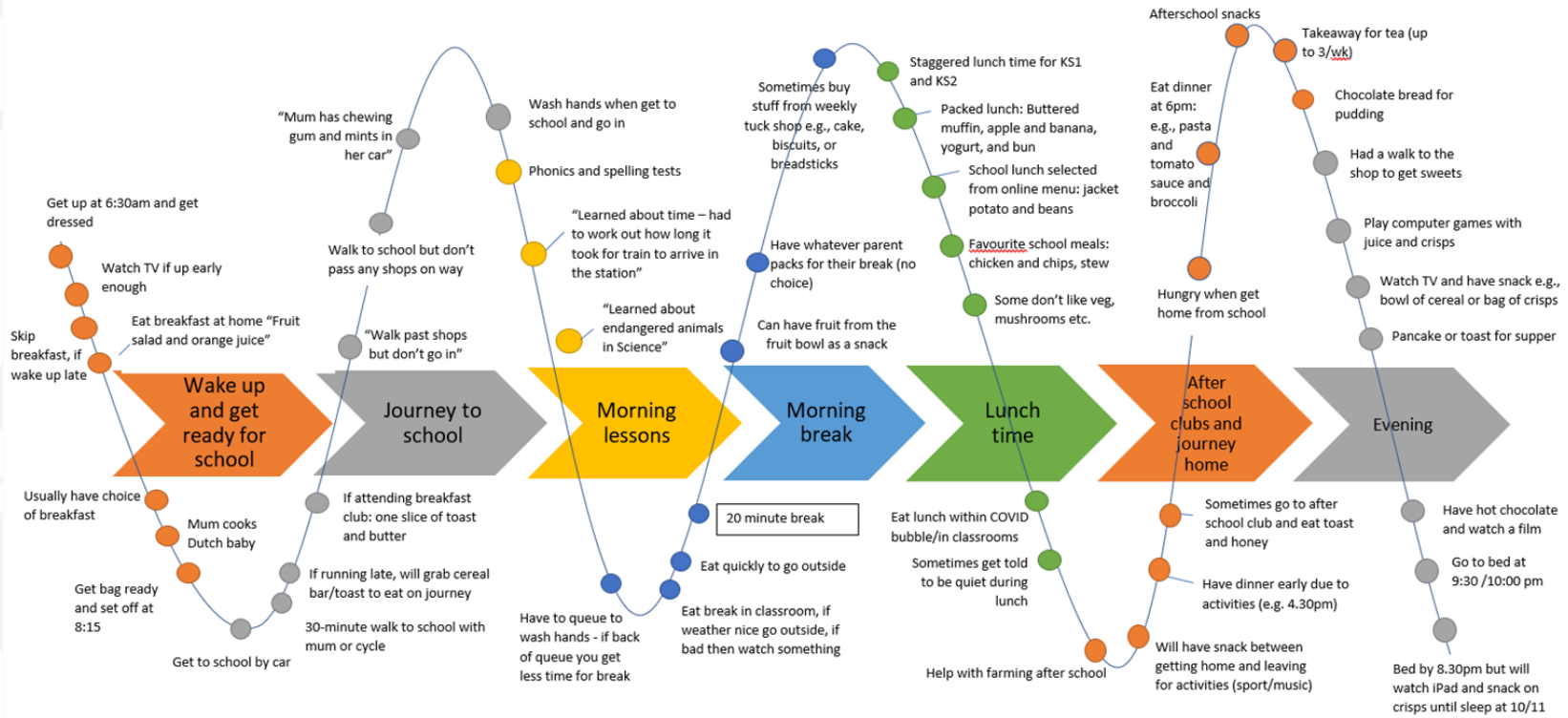
Funded by MRC Public Health Intervention Development Scheme (PHIND)



Journey mapping

- Journey mapping workshops - 80 children across 8 primary schools (urban and rural location and varying deprivation)

A day in the life of a primary school pupil





School food system

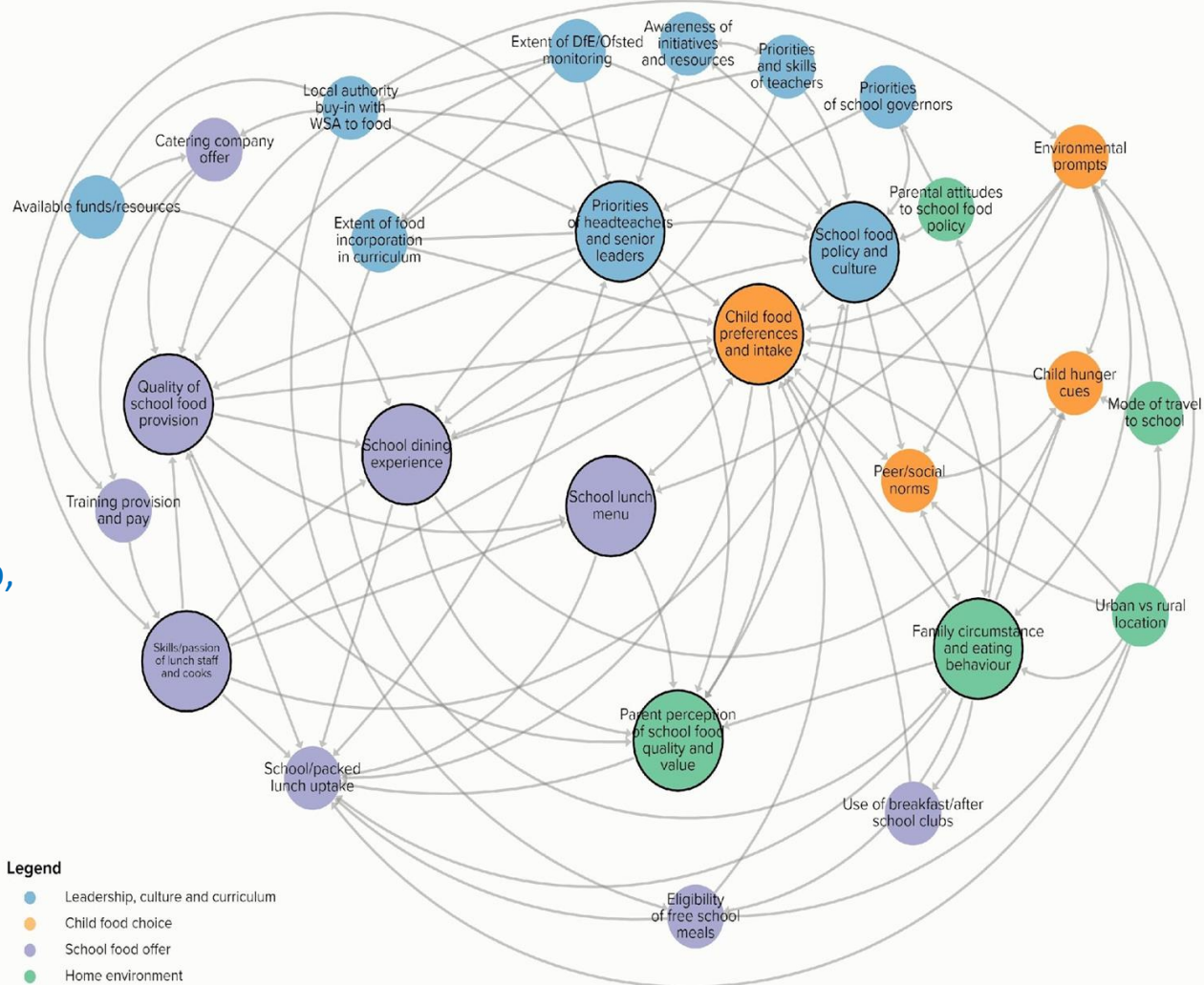


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11 systems mapping workshops with **81** stakeholders including headteachers, teachers, caterers, parents

4 key domains identified:

1. School leadership, culture and curriculum
2. Child food choice
3. School food offer
4. Home environment





Key principles

- Co-design team comprising headteachers, caterers, dietician, school food officers, representatives from school food organisations (n=12)

7 key principles of whole school approach to food:

Priorities of school leaders

Committed
to
embedding
whole
school
approach

Food curriculum

Learning
with and
about food

School food provision

High quality
and
appealing
food on
offer

Dining experience

A pleasant
eating
environment
for children

Policy and culture

Ensuring
policies
support
whole
school
approach
ethos

Stakeholder engagement

Involving
children,
parents
teachers
caterers and
governors in
all decision
making

Pastoral care

Supporting
children and
their
families to
access good
food



CONNECTS-Food resource



CONNECTS Food website resource now available: www.CONNECTS-Food.com

Home Key Principles Tools for Schools Policy & Guidance About CONNECTS-Food Case Studies More

CONNECTS-Food
Supporting whole school approaches to food

A free resource to help busy primary schools develop their whole school approach to food policy

Watch our short video to see how this resource can help you

Where are you now? Develop your food policy Monitor your progress

Short demo video: <https://www.loom.com/share/ae483eed23c44c72834cd37c69e8b911>

Acknowledgements:

Research Team:

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