



# Office for Health Improvement & Disparities



## Yorkshire and the Humber Monthly Newsletter

Issue: 88, April 2023

### Topics in this issue:

- [Cost of Living](#)
- [Healthy Places and Sustainable Communities](#)
- [Prevention and Key Risk Factors](#)
- [Health and Wellbeing Across the Life Course](#)
- [Inclusion Health](#)
- [Health Inequalities](#)
- [Workforce Development](#)
- [Anchor Institutions](#)
- [Data, Documents, Letters, Reports and General Information](#)

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to our newsletter. The monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update is circulated at the beginning of each month with the previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

*If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: [neyadmin@dhsc.gov.uk](mailto:neyadmin@dhsc.gov.uk)*



## Cost of Living

System wide News, updates, and guidance

Sign up to [this](#) newsletter to receive monthly updates

### [Share MoneyHelper's Cost of Living Campaign | The Money and Pensions Service](#)

The Money and Pensions Service MoneyHelper-branded Cost of Living campaign is making people aware of what we can offer and is directing people to the free and impartial money guidance available for people across the UK.

Please support to make sure that the campaign is as effective as possible by integrating and amplifying it through your channels.



## Healthy Places and Sustainable Communities

Team Leads: Nicola Corrigan / Karen Horrocks

*The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work, and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.*

## Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

### [Make Better Choices for Healthier Profits | Bestway Wholesale](#)

The findings from this pioneering initial study clearly evidences that retailers can feel confident that they can stock and sell healthy (low sugar, low calorie) products, and grow their business by doing so

### [Healthy Eating: Applying All Our Health - GOV.UK \(www.gov.uk\)](#)

This guide is part of All Our Health, a resource which helps health and care professionals and the wider public health workforce prevent ill health and promote wellbeing as part of their everyday work. The information in this module is aimed at the general population and will help frontline staff promote the benefits of a healthy, balanced diet.

### [Preconception, Pregnancy and Healthy Weight in Childhood | Food Foundation](#)

This report argues Government must do more to break the cycle of health inequalities which have resulted in more than one fifth of children in England starting school with overweight or obesity.



[World Obesity Atlas 2023 Report.pdf \(worldobesityday.org\)](#)

This Atlas was published on World Obesity Day and supports the campaign. It is written in the hope that it will inform fruitful ongoing discussions about obesity around the globe.

[Food Active Bulletin: Healthy Weight Declaration Special Edition January 2023 \(campaign-archive.com\)](#)

Read the latest Healthy Weight Declaration (HWD) Special Edition Food Active Bulletin. Top sign up to receive the Food Active Monthly Bulletin [register here](#)

[Give Up Loving Pop - Improving oral health outcomes](#)

The campaign is aimed at children and young people as the main consumers of high-sugar drink, providing them with information and tools to make healthier choices, such as water and milk. So far GULP has been delivered in over ten local authorities across the North of England and has received national and international recognition for its pioneering work.

[Obesity Profile: update of adult and child obesity slide packs February 2023 - GOV.UK \(www.gov.uk\)](#)

Slide sets showing the latest data on the patterns and trends in child and adult obesity at national, regional, and local authority level.

[Research into 'sweet treat' incentives for healthcare inpatients](#)

Research by a Fuse team at Teesside University has shown that offering 'treat' foods as a reward to inpatients in healthcare settings could be contributing to obesity issues.

**Reminder of Always on Campaigns from the Office Health Improvement and Disparities**

**For adults:** [Better Health - NHS \(www.nhs.uk\)](#) includes [weight loss](#), [nutrition](#),

**For families (essentially those with primary school aged children):** [Healthier Families - Home - NHS \(www.nhs.uk\)](#)

**For young families (the old Start4Life programme):** [Start for Life \(www.nhs.uk\)](#)

**For teachers, the School Zone:** [PHE School Zone](#)

**For professionals – Campaign Resource Centre and partnerships mailbox:** [Campaign Resource Centre \(dhsc.gov.uk\)](#)



## Physical Activity

Lead: Nicola Corrigan

### [Developing Inclusive Leaders in Haringey](#)

Get Out Get Active releases its new research report: 'Developing inclusive leaders in Haringey'. The research, conducted by Activity Alliance in partnership with Haringey Council, looked at the key qualities and skills of deliverers and leaders in Haringey.

It explored how to create an inclusive environment for disabled participants and deliverers. It also looked to identify keyways to support more disabled people in the physical activity workforce.

### **Sharing the Learning**

Sharing the Learning Series Whole System Physical Activity – [Greenspace will be held on Tuesday, 25<sup>th</sup> April 2023 at 1:30 – 3:30 PM](#) Register using the Eventbrite Link: [Sharing the Learning Series: Greenspace](#)

### [This Girl Can with You launches | Sport England](#)

This Girl Can has moved into a new phase of its mission to inspire more women and girls to take part in sport and physical activity.

The new phase will focus on breaking down the enjoyment gap that exists between men and women as our research has shown that 2.4 million fewer women than men strongly agree they find sport and exercise enjoyable and satisfying.

### [Active Ageing and Tackling Inactivity and Economic Disadvantage Programmes:](#)

This report summarises the key findings from CFE Research's evaluation of two of Sport England's Tackling Inactivity programmes. It includes learning that has been co-developed and produced with projects. Our aim is to share the approaches and outcomes of the programmes and provide inspiration, ideas, and actions that community organisations can draw on to help the people they work with to become more active.



## Healthy Places and Community Based Approaches

Lead: Karen Horrocks

### [The cost of poor housing in England by tenure](#)

This report by BRE shows the cost of poor housing by tenure. This tenure-based research uses the same methodology developed for their previous research on the cost burden to the National Health Service (NHS) of the poorest quality homes.

### [Make Things Right: Campaign](#)

The 'Make Things Right' campaign aims to ensure more social housing residents who need support know how to make a complaint.

### [Public Health Spatial Planning: Question Time](#)

Event on 21<sup>st</sup> June 2023: Topical debate on Public Health Spatial Planning in practice in which expert panel members from the worlds of planning, public health, impact assessment and development answer questions posed by members of the audience.

### [UK Fuel Poverty Monitor 2021-2022](#)

This year's UK Fuel Poverty Monitor, covering the period 2021 to 2022, considers the causes of the energy crisis as well as how it has impacted fuel poor households and the organisations that work to support them.

The report found that:

Households living on the lowest incomes, in the least efficient homes are being hardest hit.

Households falling into multiple intersecting categories of vulnerability are being disproportionately affected.

Households using prepayment meters have faced the biggest challenges accessing support and are at acute risk due to self-disconnection.

### [Pre-Announcement: Collaborative Community Research to Tackle Health Inequalities](#)

Apply for funding to create and test collaborative models for the integration of cultural, community and natural environment assets into health and care systems. The aim is to create healthier communities and environments across the UK.

You must be based at a UK research organisation eligible for UK Research and Innovation (UKRI) funding.

Opens April 2023

### [Government Tool: Check how to get Repairs Done in Your Rented Home](#)

Tenants can use this checker to find out:

- how to get something fixed by a landlord or letting agent



- what to do if a landlord or letting agent are not responding to requests

[Event: Active Design Conference 2023](#)

Active Design focusses on ensuring the places where people live, work, and enjoy and can promote regular physical activity in daily life, through walking, cycling, informal or formal sport and other means.

To celebrate local successes and discuss challenges, Yorkshire Sport are holding an Active Design conference, taking place at 'The Studio' in Leeds on Wednesday 26 April.

This innovative event is for passionate people working in the design, sport and health sectors across South Yorkshire and West Yorkshire, offering the chance to come together and find out about the opportunities available to provide environments that allow people to be active.

## Food Systems

Lead: Nikki Smith

[Leeds Recipe Hub | FoodWise \(foodwiseleeds.org\)](#)

FoodWise believe eating for health and wellbeing should be accessible to everyone. As part of this, their recipe hub is for everyone – individuals, families, community groups, organisations, and food businesses – to share their tasty, nutritious, and affordable recipes with others.

[London Food Experience Webinar - 23 January 2023 - Meeting Recording](#)

Watch the OHID London recording of their Food Experience webinar

## Work, Worklessness and Health

Lead: Nicola Corrigan

[Why have older workers left the labour market? \(parliament.uk\)](#)

Economic inactivity has been increasing in the UK. This Insight discusses why older workers may have left the workforce and whether they might return to work.

[Department for Work & Pensions – Transforming Support: The Health and Disability White Paper \(publishing.service.gov.uk\)](#)

HMG White Paper outlining steps to be taken to reduce the disability employment gap



[Which jobs make us happy? Insights from 10 years of UK labour market wellbeing data - What Works Wellbeing](#)

What Works Wellbeing analysed UK data 2012-2022 to explore how:

- wellbeing varies between occupations
- wellbeing changed over time across different occupations
- salary affects wellbeing
- the pandemic affected wellbeing

[Labour Market Statistics, February 2023](#)

This briefing note sets out analysis of the Labour Market Statistics published yesterday. The analysis mainly draws on Labour Force Survey (LFS) data, which is the main household survey that collects official figures on employment, unemployment and economic inactivity and covers the period up to December 2022 (the most recent quarter being October to December 2022).



## Prevention and Key Risk Factors

Team Lead: Scott Crosby

*Addressing the broad individual, environmental, societal, and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.*

## Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

### **Commercial Determinants of Health – Lancet Series**

The Lancet held a global launch of a series on the Commercial Determinants of Health on the 23<sup>rd</sup> of March 2023, to aid wider understanding of this issue and its impacts, and provide recommendations for action. This series includes contributions from major academic voices in the field, including Anna Gilmore, Jeff Collin, Mark Petticrew and Jennifer Lacy-Nichols. Find related articles and comments [via this link](#).

### **Commercial Determinants of Health – Alcohol**

Recently published in The Lancet: [Evaluating the impact of alcohol minimum unit pricing on deaths and hospitalisations in Scotland: a controlled interrupted time series study](#) (Wyper et al, March 2023). The study found a significant reduction in adult (16+) deaths wholly attributable to alcohol consumption, with the greatest improvements seen in the four most socioeconomically deprived deciles. Although the reductions were only significant in those four groups, and it is not possible to link to impact on those with the highest consumption, MUP as a measure appears to have an effect on the groups most likely to be harmed. As



pointed out by [Callinen and Pennay](#) in their comment, while well targeted as a policy, this should not be regarded as a cure-all but should supplement other measures to address inequality, and the unequal harms that result.

### **Alcohol Marketing to LGBTQ+ Communities**

Join this [webinar to find out more about a scoping review from Dr David Whiteley](#) (Glasgow Caledonian University). The review examined alcohol marketing – in particular, how this is targeted at gender and sexually diverse communities, how it shapes drinking behaviour, and the policy implications for the UK. The event is for public health professionals, researchers, healthcare workers and health agencies and will be held on **Wednesday, 3<sup>rd</sup> May 2023 from 2-3pm.**

### **Commercial Determinants of Health & Gambling – Advertising**

Research from the **Australian Institute of Family Studies** recently published has shown a 'strong link between exposure to betting advertising and riskier gambling behaviour'. The report highlights that exposure to betting advertising had the greatest impact on young people (aged 18–34 years) and people at-risk of gambling harm. One in five young women (19%) and one in seven young men (15%) started betting for the first time after seeing or hearing an ad on TV. Among individuals who were at risk of gambling harm, 41% reported trying a new form of betting, and 40% bet on impulse, as a result of seeing or hearing betting advertisements.

Dr Rebecca Jenkinson, Executive Manager, Australian Gambling Research Centre, says the research clearly shows the potential harm that exposure to betting advertising can cause.

The report also demonstrates a high level of support from the Australian public for Government-led action, including outright bans on these advertisements. More than three quarters of adults reported seeing or hearing sports/race betting advertising at least once a week, and more than 40% were exposed at least four times a week. The study reports public concern that gambling advertising normalises gambling activity. Most believe sport and race betting is 'too common' (69%) and 'makes sport less family friendly' (60%).

**Access the report in full here:** [Gambling participation, experience of harm and community views](#). You can also find the research snapshot [here](#).

### **Gambling-Related Harms: Enforcement News**

In news from the Gambling Commission, [William Hill Group](#) received a fine amounting to £19.2m in late March, representing the largest enforcement fine so far issued by the regulatory body. The group also runs Mr Green Limited. The failings were described as 'widespread and alarming' by the Gambling Commission, yet the group just escaped licence suspension due to cooperation in implementing improvements which had led to the failings.

Their social responsibility failures allowed high velocity spending and duration of play, even for new customers, which led to one losing £23,000 in 20 minutes with no checks, and another to stake more than £42,000 over a 3-day period. The company failed to intervene to prevent harm early enough or carry out checks in numerous cases and allowed self-excluded customers to gamble across their platforms. Details can be accessed on the link





above along with access to public statements for WHG (International) Ltd, William Hill Organisation Ltd, and Mr Green Ltd.

In addition, a total fine of £7.1m and an official warning has been received by two online gambling operators: [32Red Limited and Platinum Gaming Limited](#), both part of Kindred Group plc. The social responsibility failures of 32Red included lack of identification of customers at risk and failing to protect. For example, one customer was allowed to deposit £43,000 and lose £36,000 within 7 days. The operator accepted that such customers were comfortable with their level of gambling and did not fully investigate such cases. Platinum Gaming did not identify multiple accounts held by the same individual and allowed self-excluded or blocked customers to register. Both operators also demonstrated failures to implement anti-money laundering measures.

## Tobacco Control: Smokefree 2030

Lead: Scott Crosby

### New Smokefree NHS Network

Free online event on **27th March 12:30-14:00**.

The Smokefree NHS Network will support members to initiate, establish & embed high quality, well-led tobacco dependency treatment services in secondary care settings, by:

- Providing a collaborative learning environment and regular interactive meetings
- Sharing case studies
- Providing opportunities for members to share their knowledge and learning
- The Smokefree NHS Network will focus on cross-cutting topics that are relevant to maternity, mental health and the acute setting, and topics of specific relevance to the acute setting. Topics that are only relevant to maternity or mental health will continue to be discussed at maternity or mental health network meetings.

At the launch event you'll hear:

- What progress has been made on implementation in England from Professor Sanjay Agrawal, National Specialty Adviser for Tobacco Dependency at NHS England
- How our national partners are supporting your work in making change happen
- A case study on the power of networks to catalyse change
- And you'll have the opportunity to connect with other members for the first time by swapping your skills

You can register for the event and to join the Smokefree NHS Network [here](#).



### **British Thoracic Society Drop ins - Supporting the Treatment of Tobacco Dependence Services**

There is one last opportunity to join the informal drop ins with an expert panel that the BTS are delivering on Thursday 20 April, 12.30-1.30pm. They are keen to engage with clinical teams who are establishing or working to improve their tobacco dependence service. The panel will be online for an hour and if you are a healthcare professional working in, or interested in, tobacco dependence you are welcome to join for some or all of that time. To register to attend click [here](#).

### **Society for Research on Nicotine and Tobacco - Europe (SRNT-E) conference 2023**

SRNT-E is a scientific society whose mission is to stimulate the generation and dissemination of new knowledge concerning nicotine and tobacco with the ultimate goal of reducing the harms of tobacco and nicotine-containing products around the globe. Its focus is on work carried out on the European continent, to connect researchers, policy makers, advocates, clinicians, and other relevant parties.

Its annual conference will take place in London from 11 to 13 September 2023 in Bush House on Aldwych. The call for abstract submissions is open (deadline 31 March). You can submit an abstraction [here](#).

### **Price of a Packet of Cigarettes to Rise, After Spring Budget Changes**

The price of a packet of 20 cigarettes has risen by an average of 95 pence as part of measures announced in the spring Budget.

Chancellor Jeremy Hunt announced all tobacco products will increase by 2 per cent above RPI and hand-rolling tobacco by 6 per cent above RPI. The changes add 95p to the price of a packet of 20 cigarettes, £1.75 to a 30g packet of hand-rolling tobacco, 48p to a 10g packet of cigars, 63p to a 30g packet of pipe tobacco and 24p to tobacco for heating packs, according to figures provided by Action on Smoking and Health (ASH).

The Minimum Excise Tax (MET) on cigarettes and the price at which it applies has been uprated by an additional 1 per cent to 3 per cent above RPI. The new MET will be £7.87, rising from £6.96 for a packet of 20 and will apply to cigarettes sold at or below £11.97 – having previously been £10.30.

### **Association of Fully Branded and Standardized E-Cigarette Packaging With Interest in Trying Products Among Youths and Adults in Great Britain**

Research, published in [JAMA Network Open](#), is the first major study into how packaging effects appeal of vaping to teenagers as well as adults, and suggests that regulating packaging could be an effective means of stopping young people from using vapes without lessening the appeal of vaping to adults who smoke.

2,469 teenagers aged 11-18 and 12,026 adults aged 18 and over were randomly assigned to view a set of three vape products from one of three packaging conditions – fully branded



packs (acting as the control), standardised white packaging with brand name, and standardised green packaging with brand name. They were then asked which of the products would be of most interest to try.

Researchers found that those in the teenage group were more likely to report that their peers would have no interest in vapes when marketed in standardised packaging. This was in contrast to the adult group, whose interest in using vapes was not reduced by the standardisation of packaging.



## Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

*Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.*

## Public Mental Health & Suicide Prevention

Lead: Laura Hodgson

### **Funding Announced in Budget for Suicide Prevention**

Chancellor Jeremy Hunt announced in the [Spring Budget](#) that the Government will make £10 million available for a grant fund for suicide prevention VCSE organisations in England across 2023-24 to 2024- 25 to support people experiencing suicidal thoughts or approaching a mental health crisis. More details are to follow in due course.

### **Money and Mental Health Policy Institute Policy Note**

Extensive research has shown that when it comes to finances, people with mental health problems fare worse on average than the rest of the population. But with one in four of us experiencing a mental health problem at any given time, there are also important differences in outcomes among people with mental health problems.

See [here](#) for a policy note from the Money and Mental Health Policy Institute.

### **Responding to a suicide: Advice for Universities**

Universities UK have created [guidance](#) to help guide universities with what to do in the immediate aftermath of a death by suicide. This practical guidance offers recommendations, an extensive checklist, and resources to help institutions define their response to a student suicide. This guidance includes a recommendation to complete a serious incident review, see [here](#).



### **NCISH Annual report 2023: UK patient and general population data 2010-2020**

Suicide risk among vulnerable groups feature in the key findings of NCISH's latest [annual report](#) – including increasing numbers of patients who died by suicide had experienced recent economic adversity; higher rates of anxiety and autism among under 18s and suicide deaths increasing among female patients with a diagnosis of personality disorder.

### **Data Release: Suicide Risk Across Sociodemographic Groups in Adults**

[New data](#) released this week by the Office for National Statistics has compared the risk of dying by suicide across sociodemographic groups in adults in England and Wales. The Office for National Statistics' data covers a wide range of potential sociodemographic factors likely to be associated with the risk of suicide – such as sex, age, ethnicity, partnership status, disability status, religious affiliation, region, and armed forces membership.

### **Domestic Abuse and Suicide Risk**

Women who have experienced abuse from a partner are three times more likely to have made a suicide attempt in the past year, according to [new research](#). Those behind the study called for measures including more staff training to understand the links.

### **IAPT and Working with People who use Drugs and Alcohol**

The most recent [IAPT manual](#) (pg 114+) now references the [NTA's positive practice guide](#), meaning IAPT's own guidance makes it clear many commonly described barriers to IAPT access and treatment for drug and alcohol users should be removed. Alcohol is a specific factor showing in all local suicide audits. Key points include:

- Drug/alcohol use should not automatically exclude access to IAPT
- IAPT and drug/alcohol treatment services should work together to have locally agreed criteria and pathways to allow concurrent or sequential treatment by both services
- IAPT should routinely assess for drugs/alcohol and local drug/alcohol services can assist with choice of tools, training, and thresholds for referral to drug/alcohol treatment
- Drug/alcohol services cannot and should not be expected to deliver talking therapies to all those within their service who have common mental health problems (e.g., depression/anxiety)

### **Community Mental Health Celebration Event**

On 19 April the Yorkshire and the Humber Clinical Network will be hosting the first face-to-face regional Community Mental Health (CMH) Transformation Celebration Event in York. The event aims to recognise the progress and achievements that have been made by you and your teams, share learning and best practice and take the opportunity to meet in person. The event will include a mix of presentations from each system across Yorkshire and the Humber as an opportunity to showcase the great work achieved as well break-out sessions for more in-depth discussions. There will also a chance for networking to maximise the face-to-face opportunity, as well as recognise and celebrate all the great work accomplished so far.



The event will be chaired by Dr Steve Wright (Yorkshire and the Humber Clinical Lead for Adult Mental Health; Mental Health Clinical Lead, Humber & North Yorkshire Integrated Care System; Team Psychiatrist with Scarborough, Whitby & Ryedale EIP Service; Lead Consultant for Early Intervention Services: Tees, Esk & Wear Valleys NHS Foundation Trust; and Honorary Lecturer Hull York Medical School & University of Leeds School of Medicine). Further details including an agenda will be issued near the time, in the meantime please do share this invite with relevant colleagues. Please note this event is free of charge and lunch is provided. Register [here](#). Should you have any queries, please don't hesitate to contact [denise.friend@nhs.net](mailto:denise.friend@nhs.net).

### **My Whole Self 2023**

[My Whole Self](#) is Mental Health First Aid (MHFA) England's campaign for workplace culture change, culminating on My Whole Self Day on 14 March. MHFA England believes wellbeing and productivity fuel one another. Our people and teams are at their most effective and creative when everybody feels psychologically safe and are seen, heard, and valued. MHFA England have developed a range of free resources for organisations to use to get involved on the day. This year, they will be focusing on the critical role that managers play in creating working environments where everyone is safe to bring their whole self to work. Managers are the vital link between wellbeing and productivity.

### **Progress in Improving Mental Health Services in England**

Despite funding and staffing levels for mental health services increasing, and more patients being treated, millions of people with mental health needs are still not accessing services, with some facing lengthy waits for treatment, according to a new National Audit Office report. Please see [here](#).

### **Royal College of Psychiatrists Crisis Line Survey**

Crisis lines implementation in England has been an important addition to mental health services over the recent years, in the aftermath of COVID and in a face of cost-of-living crisis and is playing a pivotal role in changing the way wider population is accessing crisis care. This survey, being conducted by [The Quality Network for Crisis Resolution and Home Treatment Teams](#) (QN-CRHTT) at the Royal College of Psychiatrists, which aims to support quality improvement in crisis resolution and home treatment teams and wider crisis pathway. The overall aim of the survey is to obtain an overview of the key service and clinical parameters that will inform the network in the development of standards and organising activities related to quality improvement as well as identifying a need for a national crisis line network. To complete the 10-minute survey see [here](#).

### **Older Adults Peer Support Guidance**

An Older Adults Peer Support Guidance has been published in collaboration between Yorkshire & the Humber Clinical Network and Transformation Partners in Health and Care (TPHC) to promote peer and lived experience support within community mental health transformation for older adults. The guide is specifically for older people living with severe and complex mental illness. It has been developed in consultation with experts by experience and experts by profession, and through drawing on existing good practice.



The guide aims to:

- Amplifying the voice of older people about what they want from peer support and what could enable them to get involved in providing peer support to one another
- Documenting and drawing out learning from existing good practice
- Providing concrete recommendations for service development, policy, and research.

You can access the resource here: [Peer Support Worker Guidance](#).

### **West Yorkshire Suicide Prevention Training Webpage**

West Yorkshire Health and Care Partnership have revamped their suicide prevention training page to include an interactive guide to free suicide prevention training courses in West Yorkshire. National and local paid-for suicide prevention training providers are also profiled. Take a [look](#).

### **West Yorkshire Suicide Prevention – Language Guide**

Last month, West Yorkshire Health and Care Partnership shared a [new language guide](#) around what to say/what not to say when it comes to suicide [with thanks again to Richard Porter (PH Bradford) and Chloe Bracewell (PH registrar Wakefield) who led the work on this]. An [accessible version](#) has also now been created, with thanks to Valerie Mzizi and Angwen Vickers. Please share both far and wide.

### **All On Board**

We just wanted to share All On Board, which we had not heard about until recently. It's a partnership between the NHS and Network Rail, working in communities and at train stations to help reduce suicide and promote help before a person reaches crisis. Take a look at their website: [Home - All On Board](#)

### **Battle Scars Training**

Battle Scars, a Leeds-based charity for people struggling with self-harm and eating disorders, has just announced dates for professional online training for Spring 2023, with a number of opportunities through to end of May – through either a one-day workshop or two-hour Q&A session. Places are limited. To book, pay and confirm – visit <https://www.battle-scars-self-harm.org.uk/training-about-self-harm-or-eating-disorders.html>

### **The Right to Smile, Working Together to Tackle Oral Health Inequalities in People with Severe Mental Illness**

It is well known that people with severe mental illness often have their lives shortened significantly by physical conditions like diabetes and heart disease. Less attention has been paid to inequalities in oral health. Yet, compared to the general population, people with SMI are 3 times more likely to lose all their natural teeth, have on average 5 more decayed teeth and are 2 times more likely to have late detection of oral cancer, and less likely to receive specialised treatments.

This poor oral health can lead to high levels of pain and can impact on self-esteem and quality of life, affecting activities as basic as eating, talking, and sleeping, and interfering with



person's relationships and their ability to keep a job. Managing oral diseases is key to support the recovery from SMI. In response to increasingly robust evidence, campaign was launched which believes that tackling this health inequality is overdue and deserves urgent attention in three key areas:

1. No physical health check is complete without a consideration of oral health
2. Equality of access to routine dental checks is practically supported (Equality Act 2010)
3. Importance of good oral health is reflected in ALL training and policy about meeting the physical health needs of people with SMI.

### **RESTART Dental Care Project**

The RESTART dental care project was also launched to bring together a wide range of stakeholders to set research priorities and coproduce actions across systems to support oral health in people with SMI. If you would like to join this collaborative work, please email David Shiers and Easter Joury on [david.shiers@doctors.org.uk](mailto:david.shiers@doctors.org.uk); [e.joury@qmul.ac.uk](mailto:e.joury@qmul.ac.uk).

## **NCMP**

Lead: Nikki Smith

### **Updated Integrated Sexual Health Service Specification Published**

This [updated document](#) is available to help local authorities commission integrated sexual healthcare. It is intended to be used by LAs to help inform the development of local service specifications, as and when these are being updated, and is not meant to be prescriptive.

### **Spotlight on Sexually Transmitted Infections in Yorkshire and Humber: 2021 Data**

This [report](#) has been published.

### **Rise in Gonorrhoea in 2022 (Press Release and Data Publication)**

UKHSA have published a [press release](#) to describe the large rise in gonorrhoea over the period January to September 2022. Indicators for STI tests and for diagnoses of gonorrhoea and infectious syphilis on the [Wider Impacts of COVID-19 on Health \(WICH\) monitoring tool](#) have also been updated with provisional GUMCAD data from January to September 2022 – the update only includes national (England-level) data. The provisional data indicates that gonorrhoea diagnoses from January to September 2022 were 21% higher than those reported over the same period in 2019. Data also indicates that during the first 9 months of 2022, gonorrhoea cases were higher than those reported over the same period in each of the last 3 years. Data until end-December 2022 will be published with the annual STI/NCSP official statistics publication in the summer.



### **Mpox Update**

The latest epidemiological update on the mpox outbreak can be found [here](#) – last updated 2 March 2023. This [press release](#) provides details of plans to wind down the vaccination programme in the summer.

### **SRH & HIV Innovation Fund Evaluation Report**

The HIV Prevention Innovation Fund was set up by Public Health England (PHE) in 2015 to support voluntary and community sector (VCS) organisations to reduce the impact of HIV through innovative interventions, targeting groups most affected by HIV. Seven cohorts have been funded since 2015, and the scope has been broadened to include projects offering innovative ways of improving reproductive and sexual health. This [report](#) is an overarching impact evaluation of the Innovation Fund and its projects.



## **Inclusion Health**

*Leads: Cathie Railton and Andy Maddison*

*Inclusion health is a term used to describe people who are socially excluded, typically experience multiple overlapping risk factors for poor health, experience stigma and discrimination and often have much worse health outcomes than the general population. We are working to ensure that the health and wellbeing needs of inclusion health groups are systematically addressed across all programmes – planning, commissioning, and service delivery through a collaborative and cross-partnership approach.*

### **INFORMATION, GUIDANCE & RESOURCES**

#### **Friends, Families, and Travellers Outreach Team Releases NHS App Video**

The FFT outreach team has put together a short video on how the NHS App can benefit Gypsy, Roma and Traveller people. [Watch it here](#).

#### **Investigation Exposing the Conditions of Gypsy and Traveller Sites**

Katharine Quarmby highlights local authorities' failure to respond to environmental concerns and provide safe, habitable sites. [Read](#).

#### **Migration Yorkshire: Horizon Scanning**

[Horizon scanning for the migration sector in Yorkshire and Humber](#) is a new briefing from Migration Yorkshire which is a forward look at what we expect to be happening across key migration topics in the coming year.





### **Groundswell: Your Right to Healthcare: New Film & Poster**

Groundswell have launched a short film and rap, accompanied by a poster, focussing on raising awareness of people's rights to healthcare.

Click [here](#) to watch the film and download the poster for use in your services.

### **Report: Hostile Accommodation - Refugee Action ([refugee-action.org.uk](https://refugee-action.org.uk))**

This report compiles data from Refugee Action's Asylum Crisis services in three locations – Greater Manchester, London, and the West Midlands from mid-year 2021 to January 2023. During this period, Refugee Action caseworkers and volunteers recorded their advocacy on hundreds of cases which provide a snapshot of life in the UK asylum accommodation system. The report also draws on 100 in-depth surveys conducted with people living in hotels in London, Greater Manchester, the West Midlands, and Bradford.

### **UK Country-Level Submissions Published in WHO Report on Promoting Refugees and Migrant Health**

WHO have published a new compendium of 49 country case examples, [Promoting the health of refugees and migrants: experiences from around the world](#).

The full report showcases how countries with varying health systems and challenges have implemented policies in line with the WHO Global Action Plan (WHO GAP) on promoting the health of refugees and migrants 2019-2023.

### **Lancet Infectious Diseases Editorial**

[Supporting healthcare access for refugees and migrants - The Lancet Infectious Diseases](#)

### **VCSE Health and Wellbeing Alliance: Tackling Inequality and Disadvantage**

The VCSE Health and Wellbeing Alliance have recently launched a new resource, 'Tackling inequality and disadvantage: key actions policy makers, commissioners and provider organisations can take when developing an approach with a digital component.'

Through detailed insights, the resource highlights how people who experience the greatest barriers to accessing health and care, are often the most likely to experience digital exclusion. This includes people with learning disabilities, people seeking asylum, people seeking in contact with the criminal justice system, people from Black, Asian and minority ethnic communities and others. The guidance also highlights the key actions people who design health and care can take to tackle inequality and disadvantage when using digital tools.

Click [here](#) for further information and to download the resource.

### **Short Film on Child Refugees by Save the Children and Aardman Studios**

The award-winning animation studios behind Wallace and Gromit, Aardman studios have partnered with charity Save the Children to create a [4-minute film about child refugees](#). The film will be shown in schools and aims to educate students on refugees.



### **Medical Students' Experiences of Health Inequalities and Inclusion Health Education**

[Research led by University of Leeds](#), which involved gathering medical school students' experiences of both compulsory and elective inclusion health education via semi-structured interviews found that simply being exposed to inclusion health groups through lectures and on placement is not considered sufficient by medical students, and in fact can lead to the perpetuation of misinformation and stigma.

### **International Child Health Group, & Royal College of Paediatrics and Child Health: Joint Statement**

**Joint Statement of the International Child Health Group and the Royal College of Paediatrics and Child Health on housing Unaccompanied Asylum-Seeking Children in Hotels** [ICHG + RCPCH Hotels Missing UASCs — ICHG \(internationalchildhealthgroup.org\)](#)

There is a template MP letter to accompany it

<https://www.internationalchildhealthgroup.org/template-letter-to-mps-housing-uasc-in-hotels>

### **EVENTS/TRAINING**

#### **RCPCH Training on Managing Refugee Health**

The Royal College of Paediatrics & Child Health (RCPCH) have developed a training course on How to Manage Refugee Child Health. This course covers the clinical risk assessment and multidisciplinary approach to the holistic management of accompanied and unaccompanied refugee and asylum-seeking children. Visit the [RCPCH website](#) for further information.

#### **Webinar: Changing the narrative of Housing First in England, 18<sup>th</sup> April 2023**

Staffordshire University's Centre for Health and Development (CHAD) and the Faculty of Public Health are holding a webinar to discuss the future of Housing First in England and how we change the narrative of Housing First as a rough sleeping intervention, to a whole systems approach.

#### **Free Student Healthcare Module for Supporting People Experiencing Homelessness**

Created by **Samraj Bhullar** of the **Faculty's Student Network** and **Pathway**, this free online course provides an understanding of the causes of homelessness and the health inequalities associated with it, in addition to related housing and legislation issues. Suitable for medical, nursing, occupational therapy, and other health-related students, this is a great way to become equipped with the skills and knowledge to care for people experiencing homelessness in clinical settings.

Click [here](#) for more details and to enrol. To access the course, you will need to register on the [FairHealth](#) website. It's free and hosts many other great modules on inclusion health topics.



**Right to Care: Final Report Launch and Stakeholder Update Meeting - Tuesday, April 4 at 11:00am (online)**

University College London (UCL) will be launching their final report and stakeholder update meeting on the [Right to Care study](#). This study is a collaboration between UCL, UCLH Find and Treat, and the NGO Doctors of the World, which aims to improve GP registration and primary care access for inclusion health populations living in England.

The team will present their findings from interviews and surveys with GP staff and people with lived experience of healthcare exclusion and the feasibility testing from two newly developed interventions to support GP practices with inclusive registration practices and individuals to register.

You can join the event at 11am on Tuesday 4<sup>th</sup> April on via [this MS Teams link](#).

**VARIOUS**

**West Yorkshire Health and Care Partnership (WY HCP), (an Integrated Care System), Recognised for Providing Welcoming and Accessible Healthcare Services**

West Yorkshire Health and Care Partnership have become the first Partnership of Sanctuary in the country. The [City of Sanctuary](#) made the award following an assessment of WY HCP's activities to provide safe, welcoming and accessible healthcare for refugees and asylum seekers.

The Partnership has published a video [Our journey to become an organisation of sanctuary :: West Yorkshire Health & Care Partnership \(wypartnership.co.uk\)](#)

**NEYH Migrant Health Network Member Shares Experiences of Volunteering in Calais**

Andrew Jones, a member of our NEYH Migrant Health Network and Trustee for St Augustine's, Calderdale shares a [blog](#) about his experiences of volunteering in Calais.

**NIHR Public Health Research Programme**

The NIHR Public Health Research Programme (PHR) is accepting Stage 1 applications to their commissioned workstream for the following topics:

[23/27 Interventions to improve health outcomes for sex workers](#) (closes: 13:00 on 15 August 2023)

[23/28 Health impacts of having 'No Recourse to Public Funds'](#) (closes: 13:00 on 15 August 2023)



### **National Voices**

[National Voices](#) are currently looking at how digital exclusion affects groups who experience health inequalities and are asking for case studies or examples where primary care services have worked in positive and innovative ways to meet the diverse communication needs of people accessing their service.

If you feel you have insights to offer, click [here](#) to complete the consultation form and please feel free to pass on to colleagues.



## **Data, Documents, Letters, Reports and General Information**

### **Anna Freud Centre – Understanding treatment options**

The Anna Freud Centre has launched '[Understanding treatment options](#)' a digital one-stop shop that lists the effective treatment options for young people with a range of mental health and neurodevelopmental conditions. Co-produced by clinical professionals and young people themselves, these webpages give 12–17 year olds (and younger children with adult support) - as well as their parents and carers - a guide to the treatment options that are proven to be most effective.

### **Mental health and cost of living support**

We know that poor mental health can make earning and managing money harder and worrying about money can make mental health worse – it's a vicious cycle. Mind has specific support and services for people whose mental health is being affected by money worries. [Mind is asking local authorities to share this cost-of-living advice and support](#) so that their residents have access support if they need it.

### **National Children and Adult Services Conference 2023**

[29 November – 1 December 2023 | Bournemouth](#)

Bookings are now open for [#ncasc23](#).

The National Children and Adult Services Conference is a must-attend event for councillors, directors, senior officers, directors of public health, policy makers and service managers, and any individuals or organisations with responsibilities for children and adult services in the statutory, voluntary, and private sector. Join us to hear about and respond to the very latest thinking on key policy and improvement agendas in social care, children's services, education, health, and related fields.



### **Shooting Up: infections Among people who inject Drugs in the UK**

This report describes the extent of infections and injecting-related harms among people who inject drugs (PWID) in the United Kingdom.

From: [UK Health Security Agency](#)

Published: 1 November 2013

Last updated: 22 March 2023 — [See all updates](#)

### **Progress Towards TB Elimination has Stalled**

Although England continues to be a low incidence country for tuberculosis (TB), decline in rates has levelled off.

From: [UK Health Security Agency](#)

Published; 24 March 2023

Last updated: 24 March 2023 — [See all updates](#)

### **Commissioning Local HIV Sexual and Reproductive Health Services**

Tools and resources for commissioners of HIV, sexual and reproductive health services to help plan and commission regional and local services.

From: [UK Health Security Agency](#)

Published: 22 November 2013

Last updated: 27 February 2023 — [See all updates](#)

### **UKHSA Urges Those with New or Multiple Sexual Partners to get Tested After Gonorrhoea Cases Resurge**

Gonorrhoea cases have resurged in England since the easing of coronavirus (COVID-19) restrictions in 2021.

From: [UK Health Security Agency](#)

Published: 16 March 2023



**[COVID-19: Guidance for People Whose Immune System Means They are at Higher Risk](#)**

Guidance for people aged 12 and over whose immune system means they are at higher risk of serious illness if they become infected with coronavirus (COVID-19).

From: [UK Health Security Agency](#) and [Department of Health and Social Care](#)

Published: 24 December 2021

Last updated: 14 March 2023 — [See all updates](#)

**[Vaccine Update: Issue 336, March 2023](#)**

Latest developments in vaccines, vaccination policies and procedures for immunisation practitioners.

From: [UK Health Security Agency](#)

Published; 29 March 2023

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Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website [here](#).