



# Office for Health Improvement & Disparities



## Yorkshire and the Humber Monthly Newsletter

Issue: 89, May 2023



### Topics in this issue:

- [Cost of Living](#)
- [Healthy Places and Sustainable Communities](#)
- [Prevention and Key Risk Factors](#)
- [Health and Wellbeing Across the Life Course](#)
- [Inclusion Health](#)
- [Health Inequalities](#)
- [Workforce Development](#)
- [Anchor Institutions](#)
- [Data, Documents, Letters, Reports and General Information](#)

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. The monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update will now be shared as part of the monthly Minding the Gap newsletter.

We need your permission to add you to the Minding the Gap distribution list. To be added to this list please e-mail [mtg@dhsc.gov.uk](mailto:mtg@dhsc.gov.uk)

### [From purse to plate: implications of the cost of living crisis on health | Food Foundation](#)

This briefing explores some of the ways in which financial pressures make it more challenging for low income families to eat in a way that benefits their health, the strategies that people are forced to adopt to deal with financial insecurity, and how these strategies may have unintended consequences for the health of the nation and pressures on the NHS.

[HI-Budget-Cookbook-WEB.pdf \(wcrf-uk.org\)](#)



The focus of the recipes in this cookbook is on using nutritious, everyday affordable ingredients, and at the same time making sure they all follow the World Cancer Research Fund's Cancer Prevention Recommendations.

**[Tackling the cost of living crisis and impacts on health and wellbeing: Key actions health and care policy makers, commissioners and provider organisations can take](#)**

This resource, launched by members of the VCSE Health and Wellbeing Alliance, discusses how the ongoing cost of living crisis is having a significant impact on health and wellbeing, with particularly acute challenges being faced by those who already experience health inequalities. It identifies six key actions health and care policy makers, commissioners and provider organisations can take to mitigate the impact of the cost of living crisis on people's health and wellbeing.

**[LGA cost of living network](#)**

Local Authorities who join the LGA's Cost of Living network will be added to a mailing list and notified of webinars. The next cost of living webinar is due to take place 10am-12pm, 12th May 2023.

**Public health cost of living interviews and annual report**

**[The LGA's eleventh annual public health report 2023: 'Supporting communities in difficult times'](#)** was published in March and focusses on how councils have responded to the rising cost of living.

The report also includes eight interview-style case studies that demonstrate the strong role that public health has in responding to the cost of living challenges facing communities.



## Healthy Places and Sustainable Communities

Team Leads: Nicola Corrigan / Karen Horrocks

*The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work, and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.*

## Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

**[Adult tier 2 weight management services provisional data for April 2021 to December 2022 \(experimental statistics\) - GOV.UK \(www.gov.uk\)](#)**

Provisional data from the adult tier 2 weight management services data collection covering the period April 2021 to December 2022.

**[Health first: communicating about health and obesity in Scotland](#)**

This guide is for anyone communicating about health and obesity in Scotland. It provides practical tips and advice to help build understanding, reduce stigma and drive action on improving health.



### [Leeds Beckett University Obesity Institute Annual Report](#)

The Obesity Institute brings together our expertise across Leeds Beckett University, with that of our partners and collaborators, to focus on supporting those living with or at risk of obesity through our Research, Knowledge Exchange, and Education and Training activities

## Physical Activity

Lead: Nicola Corrigan

### [YoHPAKE Lunch and Learn 31<sup>st</sup> May 2023](#)

This YoHPAKE Lunch and Learn session focuses on how the Mixed Ability model interacts with health and social care and explores the impacts of IMAS' placements and training on health and care professionals as well as the IMAS Trainers. We will cover:

- An introduction to IMAS and the Mixed Ability model (Martino Corazza, Co-Director, IMAS)
- What the research shows (Dr Jen Dyer, Nifty Sustainability)
- The health care professional's experience
- The IMAS Trainer's experience
- How to get involved! (Martino Corazza and IMAS Trainer)

### [Adults' activity levels in England bounce back to pre-pandemic levels](#)

Activity levels for adults in England increased last year and have bounced back to where they were before the coronavirus (Covid-19) pandemic. The most recent Sport England Active Lives data, show that the overall number of people playing sport and getting active has recovered, after participation fell as a result of the restrictions designed to slow the spread of the virus.

### [UK Chief Medical Officers' physical activity guidelines communications framework](#)

A framework for UK and devolved government administrations, public health agencies and partners to support the communication of the UK CMO guidelines to a professional audience.

### [Everybody Moves](#)

The everybodymoves.org.uk platform features more than 7,000 inclusive sessions and a range of virtual workouts, hints and tips, and has been co-produced with disabled people.

### [Physical activity and talking therapies](#)

A new report has been released that explores how physical activity could be better utilised within NHS Talking Therapies, to help improve the mental health outcomes of service users. There is overwhelming evidence that physical activity can reduce the risk of mental health problems such as anxiety and depression, as well as helping to manage the symptoms.

### [Active Design Launch Webinar](#)

Sport England, Active Travel England and the Office for Health Improvement and Disparities (OHID) will be publishing the brand new Active Design Guidance.

To mark the publication of this new guidance, join us for a webinar which will bring together key partners to discuss how we can create places that support and encourage people to get more active.



## Healthy Places and Community Based Approaches

Lead: Karen Horrocks

### [How you can make our streets accessible for everyone](#)

As part of RNIB's 'Who put that there!' campaign they've collected information on common problems faced by blind and partially sighted while navigating the streets.

### [UKHSA launches new Adverse Weather and Health Plan](#)

The UK Health Security Agency (UKHSA) has launched a new combined Adverse Weather and Health Plan (AWHP) as part of a commitment to improve existing guidance on weather and health.

Bringing together the previous Heatwave Plan for England, and the Cold Weather Plan for England, this new annual document will be underpinned by:

- a collection of supporting scientific evidence, published in parallel
- updated Weather-Health alerts developed in partnership with the Met Office
- new and updated guidance and supporting materials, providing advice on how to stay safe during severe weather events, such as periods of extreme heat and cold

### [Changes to the cold weather and heat health alert](#)

From 1st June 2023 the Weather-Health Alerts (Heat-Health and Cold Weather) will be changing. The alerts will move to improved impact-based alerting, indicating potential health-sector impacts and likelihood of those impacts occurring based on the forecast temperatures. Users of the current Heat-Health and Cold Weather Alert systems are **required to register for this new system to continue to receive the alerts.** The new system will be operational on the 1st of June 2023. Follow this [link](#) to register

### [How changing temperatures are affecting mortality in the UK](#)

The Government Actuary's Department (GAD) produces monthly mortality insights reports. This month examines mortality related to extreme heat and cold.

### [Trying times: How people living in poor quality housing have fared](#)

This report by the Resolution Foundation analyses the experience of the cost of living crisis by tenure, the incidence of poor quality housing, and the way that poor quality housing is linked to health and wellbeing.

### [Government consultation: Infrastructure Levy](#)

This is a technical consultation on the Infrastructure Levy, which is a reform to the existing system of developer contributions. Public health colleagues may be interested in the information that accompanies this consultation and may want to liaise with partners in their Council regarding a response. The deadline for responses is 9<sup>th</sup> June.

### [Green social prescribing: perceptions among clinicians and the public](#)

National research focussing on public and clinical perceptions of green social prescribing. Overall, the research found that the appetite for (green) social prescribing is high among both clinicians and the public:

-nearly all clinicians would refer patients to social prescribers in the future



-the majority of patients are open to discussing opportunities for mental health support in their local community with a healthcare professional, including spending time in nature.

### [Under One Roof Podcast](#)

Under One Roof is an entertaining and useful podcast that delves into the vital connection between health and housing from the University of Huddersfield. It is part of their [Healthy Housing Initiative](#).

### [Alan Turing Institute partnership brings data expertise to nationwide walking and cycling schemes](#)

The collaboration will support Active Travel England and councils to offer schemes that benefit residents.

### [March 2023 – update on government’s work to improve the quality of social housing](#)

This update includes:

- The progress of the Social Housing Regulation Bill through parliament, including Awaab's Law which will set timescales for landlords to respond to damp and mould issues
- The review of the Housing Health and Safety Rating System (HHSRS)
- A complaints awareness scheme campaign for tenants in social housing.

## Food Systems

Lead: Nikki Smith

### **Sustain Children's Food Summit, 16th May 2023 -10:30-16:00**

Carriageworks Theatre, 3 Millennium Square, Leeds LS2 3AD

Sustain is delighted to announce the Children's Food Campaign's first ever summit on 16 May 2023 in Leeds. This in-person event brings together leading voices from the world of children's food and the opportunity to shape future plans with other change-makers.

For more information and to book a place, [please click here](#).

### [Good Food for All Londoners 2022: Tracking council action on food](#)

The Good Food for All Londoners report reviews council action on food under two key themes: tackling the root causes of food poverty and supporting residents to buy and eat affordable, healthy and climate-friendly food.

### [Milk or Water Only pilot: Shocklach Oviatt Primary - The Food Active Podcast | Podcast on Spotify](#)

In the latest episode of the Food Active podcast, hear from Mel Gilbert, Head of School and Deputy Safeguarding Lead at Shocklach Oviatt Primary school, one of the schools involved in the pilot of the [Milk or Water Only Toolkit](#).



**[Fix Our Food and Found Foundation Free School Meal Autoenrolment Webinar 30.03.23 - recording and slides](#)**

The Food Foundation hosted a webinar to discuss the auto-enrolment of Free School Meals in collaboration the University of York and Fix our Food project. It highlighted the example of Sheffield City Council, which via an auto-scheme registered an extra 6,400 children who were missing out on a hot nutritious meal at school and led to an additional £3.8 million in Pupil Premium funding going to schools in the area.

**Work, Worklessness and Health**

Lead: Nicola Corrigan

**[Improving workplace health in your locality | 07 June \(13:00-15:00\)](#)**

The [Society of Occupational Health Medicine](#) is running a free virtual webinar, joint with [FPH](#) aimed at public health professionals to discuss how to tackle the issue of workplace health locally.

**[The cost of childcare: where are England's affordability blackspots? | Nesta](#)**

New analysis of the [childcare and early years providers survey](#) reveals the locations in England where the cost of an hour's childcare is highest. The analysis uses a 'childcare affordability ratio', which links the median cost of an hour's childcare and the median hourly wage.

**[Financial wellbeing guidance for employers](#)**

Employers have an important role in transforming financial wellbeing in the UK. The Money and Pensions Service (MaPS) have put together a practical guide outlining seven simple steps to help support the financial wellbeing of the workforce.

**[Musculoskeletal health local profiles: March 2023 update](#)**

The [Musculoskeletal health: local profiles](#) has been updated. The following indicators have been updated with data for 2022:

- prevalence of a self-reported long-term musculoskeletal (MSK) problem
- prevalence of self-reporting at least 2 long-term conditions, at least one of which is MSK related

odds of self-reported mental health conditions in people with an MSK condition, compared with those without an MSK condition (odds ratio)



## Prevention and Key Risk Factors

Team Lead: Scott Crosby, Andy Maddison and Simone Arratoonian

*Addressing the broad individual, environmental, societal, and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.*

## Drugs and Alcohol

Lead: Andy Maddison

An early BETA version of the local outcomes framework dashboard is now available to view in the restricted area of NDTMS.Net ([NDTMS - NDTMS reports](#)).

The local outcomes framework dashboard provides local areas with key information to monitor local performance and activity against the key aims of the Drug Strategy. This report is produced by the Office for Health Improvement and Disparities, using data from the NDTMS.

This beta report has been released ahead of the official launch to introduce the local outcomes framework and key measures to local areas as early as possible and to receive early user feedback on the utility and functionality of the report. We are keen that local areas are familiar with the new measures and layout before seeking to use them in a performance monitoring context. It does not yet contain all the indicators that are in the framework. Other indicators, including housing and employment outcomes, will be added in the main release, due out at the end of June 2023.

Users are encouraged to watch the walkthrough video ahead of accessing the report, as it explains the new functionality and viewing options available along with an explanation of the data. This is available [HERE](#).

## Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

### Commercial Determinants of Health in Sport

There is still opportunity for you to catch up with [Healthy Stadia's webinar on the Commercial Determinants of Health in Sport](#) from 29<sup>th</sup> March 2023 if you missed this – with presentations from Monika Kosinska (WHO), Dr Robin Ireland (University of Glasgow) and Professor Emma Boyland (University of Liverpool). The slides are also available on the [Healthy Stadia website](#). The webinar explores sports sponsorship, impact on health, and considerations for better regulation of marketing activity from major industries including gambling, alcohol and soft drinks.

### Commercial Determinants – exposure to advertisements

Recently published, this report from [Scott et al \(April 2023\)](#) examined methods of assessing exposure to outdoor advertisements for HFSS products, comparing self-reported and



measured exposure and found a correlation between the two. This report is based on survey baseline data for a study which will lend insight to evaluation of a new Bristol City Council policy restricting advertising of HFSS food and drinks, alcohol, gambling and payday loans.

### **Gambling-Related Harms: White Paper 2023**

After much deliberation, the long-awaited [White Paper](#) 'High Stakes: Gambling Reforms for the Digital Age' was published by the Department for Culture, Media and Sport on April 27<sup>th</sup> 2023 resulting from the review of the Gambling Act (2005). Key policy proposals include:

- Financial checks required by operators for customers at moderate and high spending levels
- Stake limits for online slots games, and safer design of online games
- Better data sharing between operators to prevent harm
- Strengthened messaging around risks associated with gambling
- Introduction of a statutory levy payable by operators
- Tightening access to gambling products for under 18s
- Changes to rules around machine permits – increases in numbers allowed on pro-rata basis and even splits between low and medium stake machines
- Increasing powers to conduct cumulative impact assessments
- Premier League voluntary end to front-of-shirt sponsorship

Not all proposals are described here, and the majority of measures rely on completion of consultation during the next six months; implementation then is much further ahead. The review does not suggest additional advertising and sponsorship regulations as part of the proposals which is likely to disappoint many working to prevent and affected by gambling harm. DCMS and Gambling Commission will both be conducting their consultations from summer 2023.

### **Gambling-Related Harms – online information hub**

Through their work with Greater Manchester Combined Authority on gambling harms, Gambling with Lives have co-developed an online hub to provide information about gambling harms and the facts about how gambling products can affect people, as well as directing to sources of advice and treatment. [Chapter One](#), launched at the end of April 2023, is in beta phase and has a section dedicated to supporting professionals still in development. Take a look at the site and if you have suggestions you can get in touch with the developers at [hello@chapter-one.org](mailto:hello@chapter-one.org)

### **Gambling-Related Harms – treatment data dashboard**

A Power BI dashboard, presenting gambling treatment data for Yorkshire and the Humber and the North East, is almost due for release, pending final security checks. The data has been compiled by the Local Knowledge and Information Service in Y&H on behalf of ADPH. The dashboard will not initially be available to the wider public due to some caveats on its use which are set out in the introductory pages of the dataset. If you have not already requested access but wish to view this resource when available, please contact [simone.arratoonian@dhsc.gov.uk](mailto:simone.arratoonian@dhsc.gov.uk).





## Tobacco Control: Smokefree 2030

Lead: Scott Crosby

### Achieving smokefree 2030: cutting smoking and stopping kids vaping

Public Health Minister Neil O'Brien, delivered a speech on *Achieving Smokefree 2030: Cutting Smoking and Stopping Kids Vaping*. In the speech, the Minister:

- Confirmed the government will be rolling out a national “Swap to Stop” scheme to support 1 million adult smokers to quit smoking by switching to vaping. This scheme will initially target at-risk and high smoking prevalence groups
- Pledged to offer financial incentives to all pregnant women who smoke by the end of 2024
- Confirmed the government will be investing £3m in a comprehensive enforcement package to tackle underage vape sales and illicit tobacco
- Confirmed the government will be opening a call for evidence on youth vaping. This is now live here: <https://www.gov.uk/government/consultations/youth-vaping-call-for-evidence>
- Announced as a minimum, all mental health practitioners will be able to signpost to specially developed digital resources to support people with mental health problems to quit smoking
- Stated the government will be backing joined-up working between the NHS and local authorities to support smokers to quit, facilitated by Integrated Care Boards
- Announced a government consultation on the introduction of mandatory pack inserts with messages and information to help smokers quit, later this year

View a recording of the announcement [here](#) and the transcript [here](#).

### New publications:

- The Mental Health & Smoking Partnership have published a resource that sets out [7 tips for helping smokers with mental health problems quit for good](#). These tips are based primarily on the inpatient experience but are also relevant to community mental health services.
- ASH have updated their [Smoking and Surgery briefing](#). This provides clear advice and examples of good practice in relation to smoking and surgery. It is endorsed by the



Royal College of Surgeons of England and Edinburgh, the Royal College of Physicians, The Royal College of Anaesthetists and the Centre for Perioperative Care.

- The Kings Fund have published an article on [Prevention at Scale through ICSs: lessons from Tobacco control](#). This references some of the great work going on across the North East & Yorkshire with specific examples of Tobacco control programmes in Humber North Yorkshire and North East & North Cumbria.

**Thorax podcast on smoking and vaping with Professor Nick Hopkinson:** Dr. Kate Diomedede, social media editor at Thorax, is joined by Prof. Nick Hopkinson, Professor of respiratory medicine at Imperial College and chair of Action on Smoking and Health, to delve into the history of smoking policy in the UK, as well as detailing the lay of the land in current smoking-cessation practices, especially pertaining to vaping. Listen [here](#)

## Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff, Gemma Mann and Georgina Wilkinson

*Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.*

### Healthy Ageing

Lead: Alison Iliff

A new report on the [State of Healthy Ageing in Yorkshire and the Humber](#) has been published. The report collates relevant data on the health and wellbeing of older adults in the region, the social and wider determinants that contribute to healthy ageing and the health and care services provided. It also includes recommendations for action at region, system and place as well as local practice examples from across the region.

The **Young Onset Dementia Network is holding a series of webinars** looking at the range of services offered to people with young onset disease across the country.

Wednesday 24<sup>th</sup> May 2023: Dr John Bottomley, Associate Medical Director and Consultant Psychiatrist at RDASH will discuss the long-established service in Doncaster, which offers a single point of access and pragmatic approach and process to achieving a timely diagnosis. Further details and a link to register can be found [here](#).



Wednesday 21<sup>st</sup> June 2023: Jenny Jruti, Service Manager and colleagues from the Young Persons with Dementia team in Northamptonshire will focus on how they set up the service, the structure of the team, referral pathway and experience of diagnosis that they provide. Further details and a link to register can be found [here](#).

## Public Mental Health & Suicide Prevention

Lead: Alison Iliff

An update to the report on [premature mortality for people with SMI](#) was published in April <https://www.gov.uk/government/publications/premature-mortality-in-adults-with-severe-mental-illness/premature-mortality-in-adults-with-severe-mental-illness-smi>.

Key findings:

- Overwhelmingly, the data shows that people with SMI are more likely to die prematurely than people who do not have SMI, and the gap between these 2 groups has continued to increase in recent years (the period covered by these indicators is 2015 to 2017 through to 2018 to 2020).
- In England, people with SMI are 5 times more likely to die before the age of 75 than those who do not have SMI. Furthermore, in all UTLAs, adults with SMI are more likely to die prematurely than their peers without SMI. Even in the local authority with the lowest excess premature mortality, those with SMI are 154% or 2.5 times more likely to die prematurely than those who do not have SMI.
- As much as there is geographical inequality, there is also demographic and socio-economic inequality. Available data shows that:
  - more adult men with SMI die prematurely than adult women with SMI
  - the rate of increase over the last 4 reporting periods is faster for adult women with SMI than adult men with SMI
  - more adults in older age groups with SMI die prematurely than adults with SMI in younger age groups
  - the rate of increase over the last 4 reporting periods is fastest in the youngest adult group (18 to 19 years)
  - 4 times as many adults with SMI in the most deprived IMD quintile die prematurely than adults with SMI in the least deprived quintile
  - the rate of increase in premature mortality in adults with SMI is faster in the most deprived quintile than any other quintile

The Royal Society for Public Health, in conjunction with NHS England Directorate for Workforce, Training and Education (NHSE WT&E), have launched a call for expressions of interest for phase two of [their successful Making Every Contact Count \(MECC\) for Mental Health](#) in the North East and Yorkshire region. MECC for Mental Health is a training programme designed to upskill staff in primary and community care organisations, including local authorities and voluntary and community sector organisations that partner with the NHS, to be able to have mental health conversations through their day-to-day work.

The areas covered include:

- Humber and North Yorkshire
- North East and North Cumbria



- South Yorkshire
- West Yorkshire

This second phase of this project in the North East and Yorkshire will focus on strengthening sustainability through another round of cascade training, central and place-based support, and preparing the quality assurance function to be locally led. As such, nominated staff members will become Lead Trainers and Trainers to cascade training throughout the organisation they work for, as well as through local networks. The project offer includes:

- Comprehensive evidence-based Train the Trainer Programme
- A training grant per Trainer and Lead Trainer
- Opportunities for peer learning in a network of over 200 MECC for Mental Health Trainers across the North of England
- Ongoing support and advice from a central team
- RSPH membership

Lead trainers will be recruited to provide the train the trainer sessions to at least one group of prospective trainers. Recruitment will be based on key competencies for the delivery of this training. The training grant is higher for lead trainers as there is a higher level of commitment and more hours required.

Once they have received their training, trainers will be asked to recruit and train a group of approximately 12 end users. This could be colleagues, volunteers or local network contacts that will be able to put the training to use in their work. The trainers can then go on to train as many people as they like using the MECC for Mental Health model.

The call for expressions of interest is now open.

Deadlines:

- **9 June for Lead Trainers**
- **28 July for Trainers**

Please note places are offered first come, first served. For more information, please see the flyer attached. To discuss how MECC for MH could be a good fit for your organisation, or to apply, please contact Laura Smyth, [lsmyth@rsph.org.uk](mailto:lsmyth@rsph.org.uk).

A new **Mentally Healthier Councils Network** launched in March to build on the work of the local Government mental health challenge. At the launch event President of the ADPH, Prof Jim McManus, and the Leader of Islington Council, Cllr Kaya Comer-Schwartz welcomed the chance to increase connections between elected members and council officers across the country to share good practice and support better mental health.

Watch the launch event [here](#).

Sign up to become a member of network [here](#).

**Sexual Health Impacts Across the Life Course**  
Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson



**ONS 2021 Conception data (including u-18 conceptions) published**

The 2021 ONS conception data can be found [here](#). The under-18 conception rate for England 2021 was 13.1 conceptions per 1,000. All regions have seen declines since 1998 but as the table below shows, there remain variations in progress and rates. As a result of low conception rates in 2020, most areas have seen an increase since last year, and England as a whole has a conception rate (across all age groups) that is 0.8% higher than 2020. There is also an interactive [map and table](#) showing individual LA rate change over the last ten years from 2011 to 2021.

Under 18 conceptions by region:

	Conception rate per 1,000 women in age group	Conception rate per 1,000 women in age group	Conception rate per 1,000 women in age group	Conception rate per 1,000 women in age group
	2021	% change 2019 to 2021	% change 2020 to 2021	% change 1998 to 2021
<b>England</b>	<b>13.1</b>	<b>-16.6</b>	<b>0.8</b>	<b>-71.9</b>
North East	19.8	-9.2	6.5	-65.0
North West	16.4	-15.5	-1.8	-67.4
Yorkshire And Humber	17.1	-11.4	3.6	-67.8
East Midlands	13.2	-14.3	5.6	-73.0
West Midlands	15.2	-16.9	0.7	-70.6
East	11.0	-20.9	-6.8	-71.0
London	9.5	-29.6	-3.1	-81.4
South East	10.7	-15.7	0.9	-71.7
South West	11.1	-13.3	5.7	-71.8

**NCMP**

Lead: Nikki Smith

**[Analysis of NCMP data using WHO growth standards: 2021 to 2022](#)**

Child growth is internationally recognised as an important indicator of nutritional status and health in populations. These statistics use NCMP data and were requested by the Office for National Statistics (ONS) to use towards reporting of Sustainable Development Goals (SDGs).

This analysis of NCMP data is of children who were 4 years old at time of measurement (age group 48 to 59 months old), in reception school year, using World Health Organization (WHO) growth standards, by sex, rural or urban classification, deprivation and ethnic group, for academic year 2021 to 2022.



### [Height by deprivation decile in children aged 10 to 11: April 2023 update](#)

This document shows the average height in centimetres and average height standard deviation score for children aged 10 to 11 years measured in the NCMP between 2018 and 2022 by deprivation decile, sex and ethnic group.



## Inclusion Health

Leads: Cathie Railton and Andy Maddison

*Inclusion health is a term used to describe people who are socially excluded, typically experience multiple overlapping risk factors for poor health, experience stigma and discrimination and often have much worse health outcomes than the general population. We are working to ensure that the health and wellbeing needs of inclusion health groups are systematically addressed across all programmes – planning, commissioning, and service delivery through a collaborative and cross-partnership approach.*

### Information, resources and guidance

#### **ReSTORE project to help refugee nurses in South Yorkshire find work in the NHS**

South Yorkshire Primary Care Workforce and Training Hub has developed a new innovative programme to support refugees. The programme will provide the support, training, education and guidance for refugees who have been registered nurses in their own country, to move into the NHS workforce. Further information available from [blerta.ilazi@nhs.net](mailto:blerta.ilazi@nhs.net)

#### **Preliminary findings from OHID North West's health needs assessment of refugees from Ukraine in BJGP**

Some early findings from OHID North West's health needs assessment of refugees from Ukraine have been incorporated into an article, which has been published by the British Journal of General Practice, titled 'Providing responsive primary care for Ukrainian refugees: where are we after a year?' You can read the article [online](#).

#### **IOM briefing on the Illegal Migration Bill and modern slavery in the UK**

The International Organisation for Migration (IOM), the UN migration agency, have published a [briefing on the Illegal Migration Bill and modern slavery in the UK](#). The briefing highlights several concerns for victims of modern slavery and trafficking under the current system, the National Referral Mechanism (NRM). Informed by IOM's analysis, this briefing centres on the following three statements:

1. Publicly available data does not appear to show abuse of the UK modern slavery protection system and there are existing measures to prevent abuse.
2. Despite a public focus on irregular migrants, 7% of individuals arriving in small boats access the modern slavery protection system, while 25% of all individuals referred are UK nationals.
3. The main challenges for the UK modern slavery protection system are the long waiting times to make decisions which disproportionately affect women, and the identification of hidden victims.



**Doctors of the World-lead briefing: the medical consequences of the Illegal Migration Bill** Doctors of the World (DOTW), Medecins San Frontieres (MSF), Medical Justice, Freedom From Torture, Helen Bamber Foundation and Maternity Action have produced a briefing with their views on the medical consequences of the Illegal Immigration Bill. You can read the briefing [online](#).

### **New resources about refugee integration**

[Transitions – a story of refugee lives](#) tells the story of a family after they were granted refugee status. It was produced by the University of Huddersfield for the Refugee Integration Yorkshire and Humber (RIYH) project.

There's a new set of [FREE, practical and creative resources](#) on the Migration Yorkshire website for people who work with and support refugees to settle and integrate with the local community. They include the following topics:

- **Hosting:** '[Everyday hosting](#)' – early findings from research with hosts on the Homes for Ukraine scheme
- **Employment:** '[The time is now: how to bridge the gap between refugees and employers](#)' - employer engagement toolkit, and resources on [professional bodies and supporting highly-skilled refugees](#) into employment (led by Leeds Beckett University)
- **Housing:** '[Homeward bound - the housing transitions of refugees](#)' including an interactive documentary, comic, briefing, research digest and evidence synthesis (led by the University of Huddersfield)
- **Participation:** [Refugee participation](#) toolkit, and '[Collaborating in the shade of a tree](#)': migration peer research toolkit
- **Unaccompanied asylum seeking children:** a review and update of our [UASC hub](#)
- **Volunteering:** toolkit on [Doing volunteering 'well'](#)
- **Social integration:** '[Building the foundations for social connections](#) in Yorkshire and Humber' - a toolkit (led by the Institute for Public Policy Research)
- **Statistics:** a [handbook on local integration data](#) (led by University of Oxford)
- **ESOL:** a toolkit for providers on [ESOL needs analysis and placement](#) (led by Leeds Beckett University).

These resources were developed for the Refugee Integration Yorkshire and Humber project using expertise and information from across the Yorkshire and Humber region. You can also find [more resources](#) from the project on this page - including our regional refugee integration strategy 'Making Connections, Building Resilience', information about our regional Refugee Integration Forum, our local migration data dashboards and more.

### **UCLH RESPOND: Integrated refugee health service health offer from April 2023**

[University College London Hospitals NHS Foundation Trust's \(UCLH\) RESPOND service](#) have completed the pilot phase of their outreach health service and the outreach assessment element of the service will now be paused (as of April 2023) while sustainable funding is identified to continue longer term service provision.

RESPOND will [continue to offer support in complex case management and care planning](#) for asylum-seekers via their monthly virtual RESPOND Advice and Guidance multidisciplinary



team (MDT). The MDT is now open to all professionals working with asylum seekers and refugees from **both within and outside of** north central London. Queries about eligibility for MDT support should be sent to [uclh.respondmdt@nhs.net](mailto:uclh.respondmdt@nhs.net).

**Diphtheria guidance for healthcare professionals** The OHID Migrant Health Guide has been updated with [new guidance on diphtheria for healthcare professionals](#), which has been developed with the UK Health Security Agency (UKHSA).

**British Red Cross report on digital exclusion and healthcare access for people seeking asylum** The British Red Cross have published a report entitled: '[Offline and Isolated: how digital exclusion impacts access to healthcare for people seeking asylum in England](#)'.

The report found that people seeking asylum in England are at risk of digital exclusion, which has consequences for healthcare access, especially in the context of the rapid digitalisation of public services, from Biometric Residency Permits to GP appointments. The research found that:

- Lack of access to the internet in their accommodation; not being able to afford mobile data and devices; inaccessibility of online healthcare platforms due to registration requirements and language barriers, and lack of digital literacy.
- Digital exclusion resulted in some people delaying seeking medical care. It also had harmful effects on participants' mental health and wellbeing, leaving many participants lonely and isolated.
- [NHS England » Meeting the initial health needs of vulnerable migrants – translated health guidance and patient questionnaire for newly arrived migrants in the UK](#) is now available in more languages.

- [Homelessness in the countryside: a hidden crisis](#), University of Kent

Some interesting findings and recommendations from the project which aimed to:

- Identify the evidence gap between rural and urban homelessness
- Consider possible intersectional causes of homelessness that structurally disadvantage certain populations
- Investigate whether ending rural rough sleeping requires distinct policy responses
- Inform government responses to rural homelessness and rural housing policy.

## Events and webinars

### **Working with people and communities to improve health outcomes, new course**

Created by the **Public Participation Team** at **NHS England**, this new online course is open to everyone and designed so participants can complete it at their own pace, working for a few hours at a time over a couple of weeks. The course looks at how to work effectively with diverse groups, unpacking how different communities can have very different experiences of health care. Participants will also learn how to consider different perspectives in the design and delivery of services, to create better health outcomes.

Click [here](#) for full details of the course and to sign-up.





**Lunch and learn webinars for primary care staff in South Yorkshire (practitioners from other areas also welcome!)** With a focus on health inequalities and what we can do to reduce these, this series of webinars from the **South Yorkshire Primary Care Workforce and Training Hub** is aimed at anyone working in primary care across South Yorkshire, although practitioners from elsewhere are more than welcome.

There is a particular interest in hearing from people with lived experience of exclusion or marginalisation, as well as practical steps that can be taken in primary care to hopefully make a concrete difference for patients. There will also be time for fostering connections with colleagues and sharing ideas and experiences.

Click [here](#) to see the full schedule of webinars up to July and to book places.

**Stand Up! Speak Out! is a training series developed by members of Solidarity Knows No Borders (SKNB)**—a community of migrant justice organisations working in solidarity for dignity and justice. They are running sessions from March to June 2023. More info [here](#).

**Pathway blog: The Homelessness Reduction Act 5 years on: Is the Duty to Refer really working to prevent homelessness?** Pathway is currently collaborating with Crisis to understand how the Duty to Refer is working in hospital settings, and what challenges remain. Click [here](#) to read their latest blogpost on the topic from Pathway Policy Officer Emily Page.

## RESEARCH

### **Evaluation of a Pathway team for homeless mental health inpatients, British Bulletin of Psychiatry Bulletin**

The research, co-authored by Pathway fellow Dr Zana Khan, newly appointed Honorary President of the Faculty Dr Nigel Hewett and Pathway's mental health lead Sophie Koehne, looked at the first attempt to apply the Pathway model of enhanced care co-ordination on mental health wards, with the work of the King's Health Partners Pathway Homeless Team in the London Boroughs of Lambeth and Southwark. Covering data gathered over a three-year period from 2015 to 2018, the results are encouraging, offering preliminary support for the positive impact of the Pathway approach on the mental health of inpatients experiencing homelessness. Click [here](#) to read the full paper.

### **NIHR launches call for interventions to improve health outcomes for sex workers**

The National Institute for Health and Care Research's (NIHR) Public Health Research Programme (PHR) have launched a call for research to better understand what interventions improve health outcomes for sex workers. For further information on examples of research areas of interest and details on how to apply, [visit the NIHR website](#).

NIHR will be holding a webinar to support applications to this funding opportunity, on Tuesday 20 June 2023, 15:00-16:15. You can register for this webinar by visiting the [NIHR website and filling out the sign-up form](#).

The deadline for stage one is **1pm on 15 August 2023**



**Review on global burden of perinatal common mental health disorders and substance misuse among migrant women**

A new [systematic review and meta-analysis on the global burden of perinatal common mental health disorders and substance use among migrant women](#) has been published in Lancet Public Health.

This research, led by UCL, LSHTM AND Imperial College London found that one in four women who are migrants and who are pregnant or post-partum experience perinatal depression, one in five perinatal anxiety, and one in 11 perinatal PTSD. They also found the burden of perinatal mental illness appears higher among women who are forced migrants compared with women who are economic migrants.

~ End ~

Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website [here](#).