

Minding the Gap

Improving Health & Reducing Inequalities



Yorkshire and the Humber Health and Wellbeing Monthly Update

Issue 91 - July 2023

Welcome to the Yorkshire and the Humber Health and Wellbeing Monthly Update. This update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update forms part of the Minding the Gap newsletter.

If you have received this and are not already on the Minding the Gap distribution list please contact us to be added to the list mtg@dhsc.gov.uk

Our newsletter is structured around four overarching themes: populations; determinants of health and risk factors; priority conditions and equitable services; and workforce development.

POPULATIONS

Improving outcomes and reducing inequalities for children & young people

Regional Lead: Gemma Mann (CYP)

Updated 'You're Welcome Standards' published

This OHID guidance, known as '[You're Welcome](#)', sets out prompts and self-assessment quality criteria for commissioners and service providers of health and well-being services to use to improve the experiences of young people. There are 8 overarching standards with specific criteria for the following specialist services:

- healthy weight and physical activity
- alcohol and drugs
- managing long-term and complex health needs and disabilities
- mental health and wellbeing
- sexual and reproductive health

The guidance has been developed in partnership with young people to reflect the changing way services are provided and influences on young people's lives.

Promoting healthy ageing across the lifecourse

Regional Lead: Ali Iliff

Consultation on visiting in health and care settings

The Department of Health and Social Care has announced a [consultation](#) on proposed legislation on visiting in health and care settings. An [easy read version](#) of the consultation has also been published. Please do share through your networks as we are keen to hear from patients, care home residents, their families, professionals and providers. The consultation closes on Wednesday 16 August.

Dementia Working Group: providing the voice of lived experience to decision makers

Alzheimer's Society support the 3 Nations (England, Wales and Northern Ireland) Dementia Working Group, which is made up of people with a diagnosis of dementia, who want to share their experiences and influence decision makers. Please visit the [website](#) to find out more, sign up to become a member and access resources

Date for your diary: 13th September 2023, 12.00-1.00pm, Suicide Prevention in Care Homes

We will be holding a lunch and learn event in collaboration with the Clinical Network for Mental Health focusing on the new resource produced in the region to support care homes in delivering suicide prevention, intervening when a resident is at risk, and postvention should a suicide take place. Join the meeting on [Teams](#).

Open University's Ageing Well Pledge Campaign

The Open University (OU) is launching an Ageing Well campaign throughout September 2023, inviting people to join a four nations community making small daily changes for better ageing across 5 categories: Eat, Drink, Move, Connect, and Engage and Think. All the content is evidence-based and expert-led, ensuring a lasting positive impact on health and wellbeing. OU will use various communication channels including regular emails and a coaching app, supported by behavioural change techniques.

They are asking those working on healthy ageing and with older adults support the campaign by:

- Sharing social media posts during August and September, and create your own using the campaign hashtags and logo
- Displaying campaign posters
- Showcasing the pledge in newsletters and updates
- Sharing your organisation logo to the OU to display on The Open University pledge webpage

[Email](#) the OU team if you have any questions or ideas for the campaign and to pledge support.

Improving outcomes and reducing inequalities for inclusion health groups

Regional Lead: Cathie Railton

GUIDANCE & RESOURCES

- **National Police Chiefs' Council (NPCC) sex work guidance:** NPCC have produced guidance (embedded below) on sex work, which aims to adopt a harm reduction approach to improve the policing response to sex work and adult sexual exploitation. It's an informative resource and contains a chapter on 'migration,' which describes the intersecting risk factors experienced by migrant sex workers. It also highlights that there is a clear separation between immigration law enforcement and sex work law enforcement and that migrants should know they don't risk deportation if they need protection from the police.



NPCC Sex Work
Guidance - June 2023

- **RCPCH animation on asylum seeking children**

The International Child Health Group, a special interest group of the Royal College of Paediatrics & Child Health have developed an [animation](#) to advocate for the rights of children seeking asylum in the UK. Bevan and the Hearts Project (Solace and Leeds Playhouse) contributed to this through running art workshops for CYP with lived experience of seeking asylum.

- **Friends, Families and Travellers report on maternal health inequalities in Gypsy, Roma and Traveller Communities**

Friends, Families and Travellers (FFT) have produced new resources, aimed to support all professionals who provide maternal health and care services to people from Gypsy, Roma and Traveller communities.

These resources offer insights into the experiences of Gypsy, Roma and Traveller communities relating to maternity care, with a view to improve knowledge and understanding of how to approach the planning and provision of maternity services for these groups. Extended and summary versions of the resources are [available here](#).

- **Migrants in vulnerable circumstances and immunisations guidance for ICSs and providers in North East and Yorkshire (NEY), June 2023**

The North East and Yorkshire (NEY) Migrant Health Network and the NHS England Screening & Immunisation Team have produced guidance for ICS' and providers of immunisations in North East and Yorkshire. The guidance aims to offer some practical advice to support access for and delivery of vaccination to vulnerable migrant populations and address disparities in uptake to reduce the risk of outbreaks.

The document has been circulated by NHSE Screening & Immunisations Team to Directors of Public Health, ICB Executive Medical Directors, ICB Chief Nurses, ICB Vaccination Board members and ICB Communications Teams.

- **Migrant Health Guide update – tuberculosis (TB) update**

The [TB page in the Migrant Health Guide](#) has been updated and sets out the coverage of existing migrant screening programmes and the revised recommendation from UKHSA, that **all eligible migrants from high incidence countries are screened for active TB disease and latent TB infection according to existing programme eligibility criteria**. The updated section also provides information on screening tests, TB prevention and treatment.

The updated recommendations are aimed at improving equity of access to existing screening programmes across **all migrant groups**.

INFORMATION

- **Short exploratory film 'What You Need To Know To End Rough Sleeping'**

Ellie Atkins, a Manchester social worker uses the unique example presented by the COVID-era 'Everybody In' initiative to understand why some people remained on the streets of Manchester or presented with such behaviours that made it difficult for them to stay indoors. Through an Adult Social Care and Research and Development opportunity, she further evidences the hidden needs of many people on the street who may have significant experience of trauma, alcohol-related brain damage, brain injuries and neurodivergence, using an executive function wheel in practice to help understand the nature of these hidden disabilities and differences. You can watch her illuminating film [here](#) and see further details of her research [here](#).

- **[Evaluation of the Migrant Health Guide – invitation for feedback](#)**

The OHID national inclusion health team is leading an evaluation of the Migrant Health Guide, which aims to better understand:

- the appropriateness of the Migrant Health Guide's content

- the awareness and reach of the Migrant Health Guide among primary healthcare professionals and its other intended audiences.

To inform improvements, please complete and share a short survey widely with health professional networks.

- **NAO report on the asylum and protection transformation programme**

The National Audit Office (NAO) have produced a [report](#), which examines the Home Office's progress in delivering the asylum and protection transformation programme. The report discusses the potential impact of the programme on parts of the wider asylum system (i.e., any parts of the Home Office and other government organisations that a person who has applied for asylum may need to interact with).

- **NGO professionals are invited to complete a [survey](#) to gather views re inclusion health in medical curricula**

Anglia Ruskin University would like to gather views from NGOs about inclusion health in medical training. A 2023 study conducted by the Royal College of Physicians (RCP) has found that most clinicians feel they haven't received enough training on health inequalities and would like more as part of their medical education. 67% of respondents had not received teaching or training in health inequalities within a training programme or as part of their degree. 33% had received training in health inequalities as part of their degree. 58.5% of respondents had never received teaching or training on health inequalities within marginalised or protected groups during a training programme or as part of their degree. [Read more here](#).

- [A report](#) exploring experiences of lesbian and bisexual women in the asylum system highlights challenges such as around disclosure and reigniting trauma.

The report from Women for Refugee Women details their research to explore the experiences of lesbian and bisexual women seeking protection in the UK.

- Chris McDonagh, an Irish Traveller from FFT, highlights the multiple disadvantages Gypsy, Roma and Traveller communities face. [Read here](#).

NEWS

- [What happened to 200 missing asylum seeking children? – Channel 4 News](#)
- [Windrush generation: hundreds 'sent back to Caribbean from UK hospitals' | Windrush scandal | The Guardian](#)
- [Two-thirds of GPs refuse to register homeless patients | News | Health Service Journal \(hsj.co.uk\)](#)

- [Illegal Migration Bill breaches human rights obligations, MPs and peers warn - BBC News](#)
- [Home Office admits asylum plans in doubt - BBC News](#)
- [Children in England's asylum hotels suffering from malnutrition](#)
- [Rwanda policy: Government to take Rwanda ruling to Supreme Court - BBC News](#)
- [Cost to remove a migrant £63,000 more than keeping in UK - BBC News](#)
- [World Refugee Day: Ukrainian lawyer 'smiles during day but cries at night' one year on escape | Evening Standard](#)
- [Clearsprings: Home Office asylum contractor prices out homeless - BBC News](#)
- [Prince William's 'Homewards' programme: Groundswell are an official sector partner | Groundswell](#)

If you would like a copy of any of the materials discussed above, please contact cathie.railton@dhsc.gov.uk

DETERMINANTS OF HEALTH & RISK FACTORS

Creating and developing healthy and sustainable places and communities
Regional Lead: Karen Horrocks

Warm Spaces: Capturing lessons learnt across England – Please share and complete

This is a [short survey](#) to capture experiences and case studies of setting up and running warm spaces in winter 22/23. This will help to inform a report of lessons learnt and evaluation frameworks that can be shared nationally. Warm spaces are community spaces that people can attend for free to keep warm, and usually access other activities and services.

This is being coordinated by Extreme Events and Health Protection, Centre for Climate and Health Security, UKHSA. Any questions please email ExtremeEvents@ukhsa.gov.uk.

Please submit responses by Friday 28th July.

Transport for the North- Consultation and Position Statement

Transport for the North have produced a [Position Statement](#) on Transport and Health based on [an evidence review](#) that should be very useful for anyone looking for evidence of the health impacts of transport in the north.

They are currently consulting on their [Strategic Transport Plan](#)- public health teams and their partners may wish to respond, as there is a clear transport and health element. The deadline is 17th August 2023.

Creating healthy places through planning

This [report](#) from the Quality of Life Foundation investigates how some local authorities in England are creating healthy places through planning. Leeds features as a case study.

Research and Guidance: Safer Parks

[Safer Parks – Research and Guidance](#) has been created by West Yorkshire Combined Authority. It is based on research from the University of Leeds that investigated what women and girls think would make parks safer, more attractive places where everyone feels they belong. The guidance is aimed at everyone who cares about how parks are designed and managed.

Your Home, Your Choice Campaign

[Your home, your choice](#) is a campaign led by West Yorkshire Health & Care Partnership and aims to empower older adults to find the right home for them, including "rightsizing".

Free training: Heritage in planning

This [free training programme](#) from Heritage England is designed for local authority planners, elected members and early entrants into historic environment services roles but some elements may be of interest to healthy places teams who are interested in the historic environment.

Call for evidence: Home improvement Services

The UK Collaborative Centre for Housing Evidence is working with partners to undertake a [national evaluation](#) into different models of home improvement services in England. The work will further develop research evidence relating to housing quality. The project is funded by the Centre for Ageing Better. **Please respond by 28th July 2023.**

Briefing: Good Home Hubs

This [briefing](#) by the Centre for Ageing Better provides information for areas to deliver a comprehensive one-stop shop service for making improvements to the home for individuals of all tenures. This report is a response to the Good Home Inquiry, which

identified the need for local Good Home Hubs for information and support to improve the home.

Warm Welcome- Warm Spaces Evaluation

[Warm Welcome](#) is an evaluation of Warm Welcome warm space campaign and provides useful insight for partners who are considering providing warm spaces in winter 2023.

Conference: Hope for the future: why caring for green infrastructure is vital (Thursday 21 September: 09:30 am – 3:30 pm)

This [online conference](#) is organised by the TCPA on behalf of the Green Infrastructure Partnership. [Find out more and register.](#)

Community Champions Evaluation Report

The Department for Levelling Up, Housing, and Communities have published completed [research and evaluation](#) related to the two COVID-19 community programmes, Community Champions 1 and Community Vaccine Champions.

Climate Change and Sustainability

The climate crisis is a public health crisis. In their climate change position statement, the Association of Directors of Public Health (ADPH) state that Climate change is the single biggest health threat facing humanity – it is endangering the environment around the world, causing damage to the economy and affecting shelter, water and food supply – determinants of good health.

Please find the ADPH statement [here](#).

Directors of Public Health in Y&H have made climate change one of their priorities for collaboration across the 15 local authorities.

Greg Fell is our regional Director of Public Health (DPH) sponsor, and Catherine Ward is leading the implementation of the action plan working closely with the Health & Wellbeing Team in OHID. As part of this work an ambitious action plan has been developed for public health action at a regional level.

Please see more information and resources [here](#) on the regional Public Health Network website on climate change.

Achieving our Smokefree 2030 ambition Regional Lead: Scott Crosby

Stoptober 2023

Stoptober will be back this October with a new national campaign designed to encourage and support smokers to make a quit attempt. Since its inception in 2012, Stoptober has successfully helped 2.5 million smokers to make quit attempts and has become a well-recognised annual event in the public health calendar.

Whilst the primary objective of triggering quit attempts remains the same as previous campaigns, this year we are also focusing on changing perceptions toward vaping and emphasising that smokers can and should use vapes to help them quit. As part of this OHID are exploring whether additional activity in the run-up to Stoptober could help dispel misconceptions amongst smokers that vaping is more or equally as harmful as smoking tobacco.

OHID already have a range of free stop smoking marketing resources for partners available on the [Campaign Resource Centre](#) along with stop smoking content (including a substantial section of vaping content) available on the [Better Health website](#).

New study shows quitting smoking can improve mental health

A new cohort study has provided compelling evidence that quitting smoking can lead to improved mental health outcomes among people with and without mental health disorders, alleviating concerns raised by both clinicians and smokers.

Published in [JAMA Network Open](#), the findings revealed that smoking abstinence between weeks nine and 24 was associated with significant improvements in anxiety and depression scores.

Led by a team of researchers at Oxford University's Nuffield Department of Primary Care Health Sciences, the study employed rigorous analytical approaches to assess changes in mental health following smoking cessation. The study used data from a large, randomized clinical trial, the Evaluating Adverse Events in a Global Smoking Cessation Study (EAGLES) which occurred in 16 countries at 140 centres between 2011 and 2015. However, only data from US-based participants were used for this secondary analysis. The study involved adults with or without a psychiatric disorder who smoked. A total of 4,260 participants were included in the analysis, with 55.4% having a history of mental illness.

Reducing Gambling Related Harm Regional Lead: Simone Arratoonian

Enforcement news

In June, the gambling operator Videoslots Limited received a fine for £2m from the Gambling Commission following failures to undertake effective reviews with customers

at risk at early timepoints, failing to assess risk associated with amounts deposited or lost, and allowing continuation of gambling after indicators of harm had been displayed. The company also failed to adequately implement processes to avoid money laundering and did not have the available expertise to deal with volume of related data reviews required. The company runs the online sites [videoslots.com](https://www.videoslots.com), [videoslots.co.uk](https://www.videoslots.co.uk) and [mrvegas.com](https://www.mrvegas.com).

The company Star Racing Limited (trading as Star Sports) was fined £594,000 for anti-money laundering and social responsibility failures in July. This included ineffective controls, policies and procedures, and allowing large customer deposits to be made without checking source of funds, and failing to follow up such deposits. The company also demonstrated a lack of understanding of how customer interaction can reduce risk of harm.

More information on enforcement can be found on the [Gambling Commission](https://www.gamblingcommission.gov.uk) website.

Two further gambling companies have come under criticism recently. [Betfair](https://www.betfair.com) have been accused by Coroner Ivan Cartwright that they did not do enough to intervene and prevent the death of Luke Ashton in April 2021. Luke, aged 40, died after building up huge debts from online gambling and had been betting more than 100 times a day, depositing £2,500 on one day alone. Betfair's algorithm showed Luke as 'low risk' and only automated emails were sent in the period before his death. The coroner concluded that more should have been done and opportunities to prevent Luke's death were missed.

[Ladbrokes](https://www.ladbrokes.com) have had two advertisements banned by the Advertising Standards Authority – the tweets were promoted in January and February and used images of Premier League football managers. The ASA deemed that the advertisements broke rules around use of content which could appeal to under-18s and instructed that 'the ads must not appear again in their current form'.

Taking a whole systems approach to healthy weight **Regional Lead: Nicola Corrigan**

North East and Yorkshire Healthy Weight Intelligence Tool

[This intelligence tool](#) is designed to bring together available data on obesity, and the conditions associated with it, to assist in developing an integrated approach to addressing obesity across Yorkshire and Humber

ADPH Policy position paper on obesity

[This policy position](#) outlines the ADPH position on obesity across the life course and the policies they believe are necessary to tackle it. It has been developed in partnership with the membership. ADPH is a member of the Obesity Health Alliance, a coalition of over 30 organisations who have joined together to fight obesity

SACN report

Feeding young children aged 1 to 5 years. [This report](#) covers the period from 1 to 5 years of age (12 to 60 months) and accompanies the '[Feeding in the first year of life](#)' report, which was published in 2018 (SACN, 2018).

Young people and food advertising

The European Public Health Alliance recently shared the outcome of research by the Gasol Foundation, looking at the impact of food and beverage advertising on Spanish youth; found [here](#). The report, produced in July, in partnership with the Ministry of Consumer Affairs (Spanish Government), demonstrates links between consumption of unhealthy food products and exposure to advertising, citing that 8 out of 10 children in Spain are unprotected from this content. The frequency of consumption of fast food and snacks is higher for those exposed to the content – the proportion of children consuming energy drinks doubles when related to advertising exposure (40% vs 20%). The report also found that children with higher exposure to advertising were consuming on average an extra 370 kcal.

Population impact of weight management services

Blog by Sheffield DPH Greg Fell on his reflections of the population impact of weight management services. Please read [here](#).

Food Active Monthly Bulletin

Food Active is a healthier weight programme of work delivered by the Health Equalities Group, advocating for action to promote healthier weight, regionally and nationally. [You can find the bulletin here](#).

Examples from across England of Healthy Eating incentive programmes

- [Bristol Better Eating Award](#)
- [Eat Out Eat Well](#)

Improving care for children and young people living with excess weight

A suite of universal e-learning resources is now available to support professionals working with children and young people living with obesity. The foundation level training can help upskill clinicians working within Complications from Excess Weight (CEW) clinics and enables a standardised approach to service provision across the country.

The online training covers the causes of childhood obesity, the relationship between obesity and mental health, the physical and social complications of obesity, and provides an overview of evidence-based lifestyle changes to form part of a childhood weight management intervention.

Crucially, the training also highlights the importance of non-stigmatising communication and designing compassionate services, to help reduce weight-related bias and stigma. It also highlights solutions that use a family-based, person-centred, behavioural change approach, supporting the modelling of behaviours from parents or carers and the rest of the family.

To find out more and to access the training, please visit the [Complications from Excess Weight in Children and Young People elearning programme page](#).

Employment opportunity in Bradford

Senior Public Health Specialist in healthy communities team (Food, Physical Activity, Community development, health promotion):

<https://bradford.engageats.co.uk/Vacancies/W/4470/0/392811/15138/senior-public-health-specialist-534508>

YORA Newsletter July 2023

This month each of our theme leads have provided their top reading recommendations to help populate your summer to read / watch lists.

[Please find the newsletter here.](#)

Living with Obesity – Voices of Youth in Obesity

This Campaign will focus on the real lived experiences of teenagers across Europe who are living with or affected by overweight or obesity. The European Coalition for People Living with Obesity (ECPO) have been engaging with young adults from Bulgaria, Germany, Spain, Portugal, the United Kingdom, and Ireland who have come together to discuss how THEY feel, and their experiences with obesity.

[Please find out more here.](#)

MSc Obesity course | Leeds Beckett University

The [Obesity Institute](#) at Leeds Beckett University is delighted to be offering a new [Masters in Obesity](#), from September 2023. From the outset the course has been co-developed with policy and practice partners, and people living with obesity, to ensure cutting-edge obesity science is tailored to address real-world needs and priorities, underpinned by the voice of lived experience.

The master's students will develop expertise on the transdisciplinary complexity of obesity and its application to research, policy and practice through scientific study and practical skill development. Topics covered in the programme include the latest developments in obesity prevention and treatment strategies, health psychology and behaviour change, obesity epidemiology and data modelling, diet and nutrition, public health and systems approaches to obesity.

The programme is suitable for qualified undergraduates with the aspiration to pursue a career in obesity and weight management or a closely related area, and for healthcare professionals wanting to change careers or enhance their current career options.

Buy Better Food for ourselves, our communities and our planet! – EPHA

[Opinion piece](#) from the European Public Health Alliance.

SACN statement on processed foods and health - GOV.UK (www.gov.uk)

This [position statement](#) by [SACN](#) provides an overview of the current available evidence on processed foods.

This statement:

- evaluates existing classification systems of processed foods, including ultra-processed foods (UPF) and the NOVA classification
- evaluates the suitability and methods to apply food processing definitions as a dietary exposure
- considers the availability and quality of evidence associating different forms or levels of food processing with health outcomes

SACN previously considered UPF at its horizon scanning meeting in June 2022 and at its main meeting in autumn 2022.

Reducing inequalities through action on drugs and alcohol Regional Lead: Andy Maddison

OHID in partnership with NHSE and key stakeholders have continued the regional roll out of the BBV Minimum Standards. June saw the last workshop completed within the South Yorkshire region. The agreed approach shows the commitment to work towards a consistent delivery model for Viral Hepatitis and Blood-Borne Viruses in all South Yorkshire Community Drug and Alcohol Treatment Services and Needle and Syringe Programmes. Ensuring that people over the age of 18 years who are at risk of contracting blood borne viruses get the personalised, integrated care and support they require to live healthy and fulfilling lives within alcohol and drug services.

To improve delivery, representatives from **Office for Health improvement and Disparities (OHID)**, **Aspire (Rotherham, Doncaster and South Humber NHS Foundation Trust)**, **Barnsley Recovery Steps (Humankind)**, **Change, Grow, Live (CGL) Rotherham**, **START (Sheffield Health and Social Care NHS Foundation Trust)**, and the **South Yorkshire, Bassetlaw and North Derbyshire Hepatitis C Operational Delivery Network (ODN)**, also met to agree to develop a consensus statement and minimum standards of delivery. There is a new working relationship with the shared aim of identifying and improving the quality of viral hepatitis and other blood borne viruses screening, detection, and treatment for people who inject drugs.

Indeed, those who could benefit from early engagement with local services will be identified and this consensus statement represents a joined-up multi-agency approach

to put into practice the South Yorkshire commitment to eliminate Hepatitis C. Its emphasis is on agreed minimum delivery requirements to improve practice, increase the numbers of clients diagnosed, and ultimately work towards increasing the number of clients accessing and completing Hepatitis C treatment in all community and acute settings.

Promoting physical activity
Regional Lead: Nicola Corrigan

Yorkshire Sport Foundation Newsletters

2 editions of the weekly newsletter from Yorkshire Sport Foundation, one of 3 Active Partnerships working across Yorkshire and Humber to reduce inactivity and promote physical activity and sport

[Yorkshire Sport Foundation - YSF Weekly \(sportsuite.co.uk\)](https://sportsuite.co.uk)

[Yorkshire Sport Foundation - YSF Weekly \(sportsuite.co.uk\)](https://sportsuite.co.uk)

Active Hospitals Case Studies

[Active Hospital pathways](#) as case studies, along with tips and reflections.

Tackling racism, discrimination and their outcomes

Regional Lead: Abi Brown

Dear Stephen: Race and belonging 30 years on

Produced in partnership by the [Runnymede Trust](#) and [Stephen Lawrence Day Foundation](#), this report marks 30 years since the murder of Stephen Lawrence who was killed by racist strangers as he made his way home in South East London.

'Dear Stephen' includes data from the British Social Attitudes Survey and provides an analysis in changes across the last 30 years in attitudes towards race, inclusion and belonging as well as identifying areas of progress to be made.

[You can read the 'Dear Stephen' report here.](#)

HR Management Practices for Ethnic Minority Health Workers' Wellbeing Event (11th July) – Post event information and slides

Leeds University Business school held an in-person event on Tuesday 11th July exploring the impact of human resource management practices (HRM) on the

wellbeing of minority ethnic staff working within healthcare settings. This included speakers and experts from NHS trusts, Leeds City Council and Healthwatch Leeds sharing ideas of how they have promoted inclusive HRM practices in the workplace and its importance to minority staff wellbeing.

The event discussed:

- Research findings that were significant in developing culture competence for workers and service users
- Barriers and solutions to issues impacting inclusive environments in health, social care and public health organisations
- How to inform and train staff on culture competence and its benefits.

Slides from the event can be found [here](#).

Creating fair employment and good work for all

Regional Lead: Nicola Corrigan

ADPH Policy Position statement

[Living and Working Well: policy position and recommendations from the ADPH.](#)

Money Helper Mid Life MOT

The [Midlife MOT](#) is a tool to help assess personal current finances and plan for the future. A personalised report will give suggestions on what to prioritise and link to guidance on how to improve financial wellbeing from midlife through to retirement.

Webinar - Health in all deals – putting health at the heart of devolution. National Inclusive and Sustainable Economies Network

Here is the [link to the next webinar on 19 July!](#)

Free to LGA members, Government Departments and NHS*

Non-member: £79 + VAT

If you are from a Government Department or the NHS and cannot find your organisation details from the dropdown list, please use these promo codes

- Guest: **HAD1907**
- NHS Confed/NHS employees: **HAD1907NHS**

The NHS London Anchor team: London Living Wage on Thursday 20th and Tuesday 25th July 12:00-12:45pm.

Part 1 – London Living Wage ‘becoming accredited’ - Thursday 20th July, 12:00-12:45 via MS Teams

In this session, we will focus on implementing the London Living Wage (LLW) and

achieving accreditation with the [Living Wage Foundation](#). We will hear from Central London Community Healthcare NHS Trust and learn about their journey to recently becoming an accredited employer and their work with external suppliers and partners.

Please register [here](#) for part 1.

Part 2 – London Living Wage ‘maintaining accreditation’ - Tuesday 25th July, 12:00-12:45 via MS Teams

In this session, we will focus on implementing the London Living Wage (LLW) and maintaining accreditation with the [Living Wage Foundation](#). We will hear from South West London and St George’s Mental Health NHS Trust and learn about their journey to gaining and maintaining accreditation.

Please register [here](#) for part 2.

Ensuring a healthy standard of living for all
Regional Lead: Toni Williams & Karen Horrocks

Living on Empty

This report from Citizens Advice provides new data and analysis describing the growing issue of negative budgets; describing when people’s spend on essential items is more than the money coming in. The analysis describes why the number of people living on negative budgets is increasing, the impact that this has on people’s lives and health and considers policy options to address.

[Please find the report here.](#)

Leave in the Lurch

This report examines the societal and economic impact of paternity leave. The research found that increasing paid paternity leave to six weeks could reduce the gender pay gap and help to equalise men and women’s participation in the labour market. The economic case for tackling gender inequality is strong and the report also draws attention to the potential improvements in parental mental health. Please find the report below:

[Paternity leave, gender inequality and the UK economy](#)

Findings from the 8th Financial Fairness Tracker Survey

In this latest report from the [Personal Finance Research Centre at the University of Bristol](#) there is a focus on financial wellbeing across different housing tenure groups. Over a third (36%) of social renters are found to be ‘in serious difficulties’, with nearly a quarter of private renters also falling into this category (23%). This compares with

just 13% of mortgagors and 5% of outright homeowners. Single parent households in rented housing were more likely than other types of family to be in difficulty. Over half of private renters say that their financial situation is making their mental health worse (52%), compared with nearly half of social renters (47%), two-in-five mortgagors (39%) and one-in-five outright homeowners (19%). Slightly lower – but still sizeable – proportions report that their finances are making their physical health worse: 42% of social renters, 39% of private renters, 27% of mortgagors and 16% of outright homeowners.

[Focus on Housing](#)

Office of National Statistics Cost of Living Insights

As part of their regular publications, ONS has published their latest data and trends related to the cost of living. Please find more information in the link below.

[Cost of living](#)

ADPH Joint statement on public health and poverty

In May 2023, in partnership with the [Royal Society for Public Health](#), [Faculty of Public Health](#) and the [Royal Society of Medicine](#), the ADPH came together to discuss the impact that poverty continues to have on public health and the solutions needed at the local and national level. Based on discussions on the day, they have produced a joint-statement which sets out the importance of tackling poverty in order to improve the health of the public.

You can read the statement [here](#).

PRIORITY CONDITIONS AND EQUITABLE SERVICES

Promoting public mental health and wellbeing

Regional Lead: Ali Iliff

Funding to support the voluntary, community and social enterprise (VCSE) sector on suicide prevention

Later this year the government is due to make available a £10 million grant fund for **suicide prevention VCSE organisations in England across 2023-24 to 2024-25**. The broad purpose of the fund will be two-fold: to **support the VCSE sector to meet the increased demand**, in part brought on by the Covid-19 pandemic and the Cost of Living; and to support development of **innovative preventative activities/services** aimed at people at elevated risk of suicide.

Please encourage organisations in your networks to sign up to the [Find a Grant portal](#), if they are not already, so that they receive notifications once the scheme is launched.

Suicide prevention in high-risk groups research funding

NIHR's [Public Health Research Programme](#) is accepting applications for funding to answer the research question 'Which interventions aimed at people at high risk of suicide or suicide attempts are effective in reducing the rate of suicide and suicide attempts'. The deadline for stage one applications is 1pm on 12 December 2023.

Improving sexual and reproductive health

Regional Lead: Georgina Wilkinson

HIV Prevention England campaign: [Get ready for a Hot Summer](#)

The *It Starts With Me* summer campaign focuses on raising awareness of why and how to prevent sexually transmitted infections (STIs) including HIV. A [campaign briefing](#) has been published, along with a [social media pack](#) and [free resources](#) available to order.

Sexual Health Week: 11-17 September

Co-ordinated by Brook, this year's theme is Playing It Safe, further details can be found [here](#).

Changes to the HPV vaccination programme

Teenagers and eligible GBMSM under the age of 25 will only require a single dose from September, following [updated advice](#) from the Joint Committee on Vaccination and Immunisation (JCVI). Further details [here](#), and within the [communication toolkit](#).

HIV Prevention England webinar: sexual health and HIV in older adults

Available [here](#) to watch back.

Open Consultation – deadline 4 October 2023

[Health Protection \(Notification\) Regulations 2010: proposed amendments](#)

The proposals include possible inclusion of congenital syphilis and disseminated gonococcal infection in schedule 1 (notifiable diseases); and treponema pallidum and neisseria gonorrhoeae (non-sterile site) in schedule 2 (causative agents reported to UKHSA by laboratories).

Abortion statistics for England and Wales: January to June 2022

These have been published [here](#).

Improving health and reducing inequalities through health and care services

Regional Lead: Toni Williams

The Health Foundation – How NHS hospital care has changed between 2019 and 2022

This analysis examines how the number of elective and non-elective admissions, alongside length of stay has changed over a four-year time period, including the pandemic. The analysis found that both elective and non-elective admissions were lower in 2022 compared to 2019, whilst average length of stay increased. Although emergency admissions fell in all areas, the most significant reductions were seen among people living in the most deprived areas, who also experienced the greatest decreases in elective admissions. The report ([link below](#)) authors highlight concerns about inequalities in access to care and whether commitments made by national leaders to tackle health inequalities are being met.

[Health Foundation - How NHS hospital care changed in England 2019-2022](#)

WORKFORCE DEVELOPMENT TO TACKLE HEALTH INEQUALITIES

Regional Lead: Chris Sharp

ScHARR Mini Master Class in Health Research talk by Professor Liddy Goyder 'A walk in the PaRC'

Please see learning from a Mini Master Class in Health Research session led by Professor Liddy Goyder at ScHARR (School of Health and Related Research). This follows the development of a regional public health Practice and Research Collaborative. Links to the recording below can be [found here](#) on the University of Sheffield Website or on YouTube ([link here](#)).

Please see two events below which may be of interest:

An Introduction to Cross-Functional Leadership / Integrating Perspectives, (Thursday 21 September - NHS Leadership Academy)

This event will aim to:

- Gain new ways to identify the challenges of integrated working (working in multi-disciplinary teams or cross-sector collaborations)
- Understand the type of conceptual thinking and changes in communication that can help you to tackle these challenges, in time-pressured contexts
- Practice applying at least one tool.

For further details, please read more [here](#).

Inclusion Conference: Achieving Equality, Diversity and Inclusion in the Workplace (Tuesday 10th October)

The North East and Yorkshire Leadership Academy team invite you to join us to explore the top 3 most common challenges in inclusion:

- Staff Retention and Work Force – Create an Inclusive Culture
- Networking groups – get resources and senior backing
- Staff Engagement – Avoid a strand specific approach

For further details, please find out more [here](#).

ANY OTHER RELEVANT PUBLICATIONS

No additional publications this month.