

A Public Health Training and Education Directory for the Health Care,
Social Care and Voluntary Sector Workforce in the North



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Foreword

Improving health and reducing health inequalities is increasingly recognised as all our business. Our health and social care workforce is a fantastic asset here in the North of England that should be nurtured and developed if we are to really realise improvements in population health and wellbeing and relieve the burden on the NHS and social care systems of treating avoidable illness and death. Health Education England has a clear function regarding the public health education and training of our current and future healthcare workforce. Giving every child the best start in life, maternal health, mental health, and improved care of those living with long term conditions are just some of the public health priorities that are outlined as key deliverables via the organisations workforce recruitment, retention, education and training responsibilities.

As Director of Public Health in Bury and with a lead responsibility for public health workforce development within the Greater Manchester Health & Social Care Partnership I totally support the ambition to ensure that our health and social care workforce are fully equipped to fulfil their preventive healthcare role. This directory will assist employees and employers to access public health related education and training resources as part of that work.

I invite you to utilise this resource either as part of your own personal professional development in public health skills and knowledge or as a whole workforce planning resource that can be used to develop staff at differing levels of their public health skills and knowledge journey.



*Lesley Jones DPH Bury and
public health LETB lead DPH*

Directory Introduction

This resource has been compiled to help identify education and training opportunities that will enhance your Public Health knowledge and skills. It is designed to support anyone who wishes to enhance their public health practice whether working in a public health team or in a front line service. Examples of the types of roles that this directory is suitable for, include: public health workforce, managers, specialists and officers as well as school nurses, community workers, social care workers, allied health professionals, police and ambulance staff. However, this resource is not exclusive to staff in these types of roles, as it can be used by anyone delivering health and/or social care or those working in a voluntary care organisation.

Individual courses, modules and training sessions are listed under the three main themes of public health practice. This will enable easier navigation and will help you find the learning opportunities that suit you. The sections contained are Health Protection, Health Improvement and Improving Services. This directory is useful for anybody who is interested in Public Health, regardless of previous study level or current area of practice. Learning opportunities range from short ELearning modules through to PhD courses.

Please note:

Regarding CPD APPLY qualifications or training modules, funding is only available for healthcare employees in their respective geographic locations.





How to use this directory

Step 1 View the index list to find the training topics that suit you

Step 2 Go to the page number assigned to your topic of choice

Step 3 Use the level guide to determine the level of learning that you would like to engage in (see below)

Level Guide

(in accordance with National Qualifications Framework (NQF))

| Level of learning | Approximate level (please see module/course organiser for more information on suitability to your needs) |
|-----------------------------------|--|
| Postgraduate level = PG | Level 7 & 8: Master's degree, postgraduate certificate, postgraduate diploma or doctorate |
| Undergraduate level = UG | Level 6: Bachelor's degree, undergraduate certificate, postgraduate diploma |
| Credit bearing courses = CB | Short online courses with credit, attended short courses with credit |
| None credit bearing courses = NCB | Short online courses, attended courses |

Step 4 Go to page 25-27 where you will find individual contact information for all organisations/institutions featured in this directory.

Level Guide

- Postgraduate level PG
- Undergraduate level UG
- Credit bearing courses CB
- None credit bearing courses NCB

General Public Health

BEHAVIOUR AND BEHAVIOUR CHANGE

Education and training associated with facilitating behaviour change, the use of social marketing and violence as a Public Health issue.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|--|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Making Every Contact Count | Health Education England North | NCB | |
| | ✓ | ✓ | Advanced Social Marketing Research Techniques | National Social Marketing Centre (NSMC) | NCB | |
| | ✓ | ✓ | Developing Effective Social Marketing Interventions | National Social Marketing Centre (NSMC) | NCB | |
| | ✓ | ✓ | Introduction to Social Marketing | National Social Marketing Centre (NSMC) | NCB | |
| | ✓ | ✓ | Masterclass for Senior Managers & Policy Makers | National Social Marketing Centre (NSMC) | NCB | |
| | ✓ | | Level 2 Award in Understanding Behaviour Change | RSPH | CB | 2 |
| | ✓ | ✓ | Promoting Public Health: Skills, Perspectives and Practice | The Open University | UG | 60 |
| North West | | | | | | |
| ✓ | | | Violence | Liverpool John Moores University | PG | 10 |
| | ✓ | | Facilitating Health Behaviour Change | University of Cumbria | UG & PG | 20 |
| Yorkshire & Humber | | | | | | |
| | ✓ | ✓ | Public Health – Health Promotion (MSc) | Leeds Beckett University | PG | 180 |
| | ✓ | ✓ | Health Promotion in Practice | University of Bradford | PG | 30 |

CHILD PUBLIC HEALTH

Education on child public health, child health and family health and wellbeing.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|--|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| North East | | | | | | |
| | ✓ | ✓ | Advancing Assessment in Infant Mental Health | Teeside University | PG | 20 |
| | ✓ | ✓ | Assessment in Infant Mental Health | Teeside University | UG | 20 |
| | ✓ | ✓ | Mental Health in Children and Young People | Teeside University | NCB | |
| North West | | | | | | |
| ✓ | ✓ | ✓ | Child and Adolescent Mental Health and Wellbeing (MSc) | Edge Hill University | PG | 180 |
| ✓ | ✓ | ✓ | Child and Adolescent Mental Health and Wellbeing (BSc) | Edge Hill University | PG | 180 |
| | ✓ | | Child Public Health | University of Bolton | UG + PG | 20 |
| | ✓ | | Developing Child and Family Health and Wellbeing | University of Bolton | UG + PG | 20 |
| ✓ | ✓ | ✓ | Safeguarding and Promoting Children's Wellbeing (MSc) | University of Bolton | PG | 180 |
| | ✓ | | Inequalities Workshop 1: Childhood Obesity | University of Manchester (The Academic Programme) | NCB | |
| Yorkshire & Humber | | | | | | |
| ✓ | ✓ | ✓ | Leadership of School Mental Health and Wellbeing (MA) | Leeds Beckett University | PG | 180 |
| | ✓ | | Child, Adolescent and Family Mental Health (PG Cert) | Sheffield Hallam University | PG | 60 |

HEALTH PROTECTION

Education and training on the prevention and control of infectious diseases and other environmental threats to the health of the population.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|----------------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| ✓ | | ✓ | Award in Health and Safety in the Workplace (Level 1) | RSPH | CB | 1 |
| ✓ | | | Certificate in Health Emergency Preparedness, Resilience and Response | RSPH | CB | 1 |
| North East | | | | | | |
| ✓ | ✓ | ✓ | Infection Prevention and Control Practice | University of Northumbria | UG + PG | 20 |
| North West | | | | | | |
| ✓ | | | Health Protection | Liverpool John Moores University | PG | 20 |
| ✓ | | | Infection Prevention and Control Principles | University of Central Lancashire | UG | 20 |
| Yorkshire & Humber | | | | | | |
| ✓ | | | Communicable Disease, Emergence, Detection and Response | University of Bradford | PG | 20 |

IMPROVING SERVICES AND INDIVIDUAL SKILLS

Education and training towards the developmental needs of individuals and teams.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | | ✓ | Audit: How to do it in Practice | BMJ Learning | CB | 1 |
| | | ✓ | Introduction to Change Management | BMJ Learning | CB | 1 |
| | | ✓ | An Introduction to Public Health | The Faculty of Public Health (FPH) | NCB | |
| | | ✓ | Interview Skills for Public Health Consultant Posts | The Faculty of Public Health (FPH) | NCB | |
| | | ✓ | Public Health for Clinical Specialities | The Faculty of Public Health (FPH) | NCB | |
| | | ✓ | Introducing Public Health | The Open University | NCB | |
| | | ✓ | Public Health in Community Settings: An Introduction | The Open University | NCB | |
| North West | | | | | | |
| | | ✓ | Principles of Project Management | Lancaster University | UG | 10 |
| | | ✓ | Quality Improvement and Measurement in Healthcare | Lancaster University | PG | 10 |
| | ✓ | ✓ | Public Health – Policy and Practice | Liverpool John Moores University | PG | 20 |
| | | | Principles of Public Health | Manchester Metropolitan University | UG + PG | 10 |
| | | ✓ | Health and Social Care Commissioning | University of Chester | PG | 20 |
| | | ✓ | Evidence Based Practice in Health and Social Care | University of Chester | UG | 20 |
| | | ✓ | Policy and Strategy in Healthcare Education | University of Liverpool | PG | 20 |
| | ✓ | ✓ | The Digital Revolution and Smarter Health: Challenge, Change and Innovation | University of Manchester (The Academic Programme) | NCB | |
| Yorkshire & Humber | | | | | | |
| | ✓ | ✓ | Public Health and Community Wellbeing (BSc) | University of Bradford | UG | 360 |
| | ✓ | ✓ | Working with Communities to Improve Health | University of Bradford | PG | 30 |

LEADERSHIP IN PUBLIC HEALTH

Education designed to improve individual leadership qualities.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|--|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| North East | | | | | | |
| | ✓ | ✓ | Public Health (MPH) | Teeside University | PG | 180 |
| | ✓ | ✓ | Developing Practice and Leading Change in Health (BSc) | University of Northumbria | UG | 120 |
| North West | | | | | | |
| | | ✓ | Leadership in Health and Social Care (MSc) | University of Bolton | PG | 180 |
| | | ✓ | Knowledge Based Management and Leadership for Health and Social Care | University of Central Lancashire | PG | 20 |
| | ✓ | ✓ | Leadership & Management Development for Health & Social Care Practitioners | University of Liverpool | PG | 20 |
| | ✓ | ✓ | Understanding Evidence: Study Designs and Bias | University of Manchester (The Academic Programme) | NCB | |
| | ✓ | ✓ | Leadership and Management for Healthcare Practice (MSc) | University of Salford | PG | 180 |
| Yorkshire & Humber | | | | | | |
| | ✓ | ✓ | Public Health (MSc) | Sheffield Hallam University | PG | 180 |
| | ✓ | ✓ | Leadership, Management and Change in Health and Social Care (MSc) | University of Bradford | PG | 180 |
| | ✓ | ✓ | Leading Service Improvement (PG Cert) | University of Bradford | PG | 60 |
| | ✓ | ✓ | Public Health (MPH) | University of Bradford | PG | 180 |

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|---|-----------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | ✓ | Leadership and Management for Health and Social Care Practice | University of Huddersfield | PG | 15 |
| | ✓ | ✓ | Public Health (MPH) | University of Huddersfield | PG | 180 |
| | ✓ | ✓ | Public Health – Health Management, Planning and Policy (International) (MPH)w | University of Leeds | PG | 180 |
| ✓ | ✓ | ✓ | Public Health (MPH) | University of Sheffield | PG | 180 |
| | ✓ | ✓ | Leadership in Health and Social Care (MSc) | York St John University | PG | 180 |



OLDER PERSONS PUBLIC HEALTH

Training that improves knowledge and skills in the area of health and wellbeing and older people.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|-----------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Alcohol Advice | Age UK | NCB | |
| | ✓ | | Creative and Cultural Activities and Wellbeing in Later Life | Age UK | NCB | |
| | ✓ | | Depression and Anxiety | Age UK | NCB | |
| | ✓ | | Exercise and Physical Activity | Age UK | NCB | |
| | ✓ | | Health Eating | Age UK | NCB | |
| | ✓ | | Nutrition and Hydration | Age UK | NCB | |
| North East | | | | | | |
| | ✓ | | Enhancing the Care of Older People | University of Northumbria | PG | 20 |
| | ✓ | | Mental Health and the Older Person – Dementia, Delirium and Depressions | University of Northumbria | UG | 20 |
| | ✓ | | Care for the Older Person | University of Sunderland | UG | 20 |
| Yorkshire & Humber | | | | | | |
| | ✓ | ✓ | Advanced Care of the Older Person (MSc) | University of Bradford | PG | 180 |
| | ✓ | ✓ | Specialist Practice Frail Older Adults for Health and Social Care (MSc) | University of Lincoln | PG | 180 |

PUBLIC HEALTH NURSING SPECIFIC LEARNING

Education for public health nurses only.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|------------------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| North East | | | | | | |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nurse (Health Visiting / School Nursing) (BSc) | Teeside University | UG | 180 |
| North West | | | | | | |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nurse (Health Visiting / School Nursing) (PG Dip) | Liverpool John Moores University | PG | 180 |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visiting / School Nursing) (BSc) | Manchester Metropolitan University | UG | 180 |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visiting / School Nursing) (PG Dip) | Manchester Metropolitan University | PG | 180 |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visiting / School Nursing / Sexual Health Adviser) (BSc) | University of Bolton | UG | 180 |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visiting) (PG Dip) | University of Chester | PG | 180 |
| Yorkshire & Humber | | | | | | |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visiting) PG Dip) | Leeds Beckett University | PG | 180 |
| ✓ | ✓ | ✓ | Specialist Community Public Health Nursing (Health Visitor / School Nurse) (BSc) | Sheffield Hallam University | UG | 180 |

PUBLIC HEALTH SPECIFIC LEARNING

Courses and modules related specifically to public health and associated topics.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|---|------------------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | An Introduction to Public Health | The Faculty of Public Health (FPH) | NCB | |
| | ✓ | | Award in Health Awareness (Level 1) | RSPH | CB | 1 |
| | ✓ | | Award in Health Improvement (Level 1) | RSPH | CB | 2 |
| | ✓ | | Award in Understanding Health Improvement (Level 2) | RSPH | CB | 1 |
| North East | | | | | | |
| | ✓ | ✓ | Public Health, Epidemiology and Health Services Research (PhD, MPhil, MD) | Newcastle University | PhD | |
| | ✓ | ✓ | Public Health (MPH) | Newcastle University | PG | 180 |
| | ✓ | ✓ | Public Health and Health Service Research (MSc) | Newcastle University | PG | 180 |
| | | | Public Health (Nutrition) (MPH) | University of Northumbria | PG | 180 |
| | | | Public Health (MPH) | University of Northumbria | PG | 180 |
| | ✓ | | Public Health (BSc) | University of Sunderland | UG | 360 |
| | | | Public Health (MSc) | University of Sunderland | PG | 180 |
| ✓ | ✓ | ✓ | Public Health (DrPH) | Teeside University | DrPH | |
| North West | | | | | | |
| | ✓ | ✓ | Global Public Health (BSc) | Edge Hill University | UG | 360 |
| | ✓ | | Epidemiology | Liverpool John Moores University | PG | 20 |

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|---|------------------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Health Improvement | Liverpool John Moores University | PG | 20 |
| | ✓ | | International Public Health (MSc) | Liverpool John Moores University | PG | 180 |
| ✓ | ✓ | ✓ | Public Health (BSc / MSc) | Liverpool John Moores University | UG + PG | 180 |
| | ✓ | | Public Health (PhD / MPhil) | Liverpool John Moores University | PhD | |
| | ✓ | | Principles of Public Health | Manchester Metropolitan University | UG + PG | 10 |
| | ✓ | | Public Health in Practice | Manchester Metropolitan University | UG + PG | 10 |
| | ✓ | | Applied Public Health (MSc) | University of Central Lancashire | PG | 180 |
| | ✓ | | Promoting Healthy Lifestyle Choices | University of Central Lancashire | UG | 20 |
| | ✓ | ✓ | Promoting & Influencing Health | University of Central Lancashire | UG | 20 |
| ✓ | ✓ | ✓ | Public Health (MPH) | University of Chester | PG | 180 |
| ✓ | ✓ | ✓ | Public Health (DrPH) | University of Chester | DrPH | |
| | ✓ | ✓ | Public Health Management (MBA) | University of Cumbria | PG | 180 |
| | ✓ | ✓ | International Public Health Management (MBA) | University of Cumbria | PG | 180 |
| ✓ | ✓ | ✓ | Epidemiology and Population Health (PhD / MPhil / MD) | University of Liverpool | PhD | |
| ✓ | ✓ | ✓ | Public Health (MPH) | University of Liverpool | PG | 180 |
| | ✓ | | Advanced Epidemiology | University of Manchester | PG | 15 |
| | ✓ | | Dental Public Health (MRes) | University of Manchester | PG | 180 |

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Health Promotion | University of Manchester (The Academic Programme) | NCB | |
| | ✓ | | Public Health & Primary Care (MPH / MRes) | University of Manchester | PG | 180 |
| | | | Public Health (PhD / MPhil) | University of Manchester | PG | |
| | ✓ | | Public Health (Web-based Learning) (MRes) | University of Manchester | PG | 180 |
| | ✓ | ✓ | Epidemiology & Statistics Applied to Public Health | University of Salford | PG | 30 |
| | ✓ | | Public Health (MSc) | University of Salford | PG | 180 |
| | ✓ | | Public Health and Health Promotion (BSc) | University of Salford | UG | 360 |
| | | | Public Health, Wellness at Work and Behavioural Medicine (PhD, MPhil & MSc by Research) | University of Salford | PhD | |
| Yorkshire & Humber | | | | | | |
| | ✓ | | Public Health | University of Bradford | PG | 20 |
| | ✓ | | Public Health | University of Bradford | PG | 30 |
| ✓ | ✓ | ✓ | Public Health (MPH) | University of Bradford | PG | 180 |
| | ✓ | ✓ | Public Health (MSc by Research) | University of Huddersfield | PG | 180 |
| | ✓ | ✓ | Dental Public Health (MSc) | University of Leeds | PG | 180 |
| | ✓ | | Public Health (International) (MPH) | University of Leeds | PG | 180 |
| ✓ | ✓ | ✓ | Public Health (MPH) | University of Sheffield | PG | 180 |
| | ✓ | | Public Health (MPH) | University of York | PG | 180 |



Lifestyle

HEALTHY EATING & WEIGHT MANAGEMENT

Training that improves knowledge and skills in the area of health and wellbeing and older people.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|--|--|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Eating Disorders in Children and Young People | BMJ Learning | CB | 0.5 |
| | ✓ | | Obesity | e-Learning for Healthcare | NCB | |
| | ✓ | | Obesity | National Institute for Health and Care Excellence (NICE) | NCB | |
| | ✓ | | Award in Encouraging a Health Weight and Health Eating (Level 2) | RSPH | CB | 1 |
| | ✓ | | Award in Nutrition (Level 1) | RSPH | CB | 16 |
| | ✓ | | Certificate in Nutrition for Physical Activity and Sport (Level 4) | RSPH | CB | 16 |
| North East | | | | | | |
| | ✓ | | Ageing and Health (MRes) | Newcastle University / FUSE – the Centre for Translational Research in Public Health | PG | 180 (Taught) |
| | ✓ | | Food and Human Nutrition (BSc) | Newcastle University | UG | 360 |
| | ✓ | | Weight Management, Nutrition and Childhood Obesity | Teeside University | NCB | |
| | ✓ | | Evidence Based Interventions in Eating Disorders | University of Northumbria | UG | 20 |



| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|---|----------------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| North West | | | | | | |
| | ✓ | | Public Health Nutrition (MSc) | Edge Hill University | PG | 180 |
| | ✓ | | Public Health Nutrition (MSc) | Liverpool John Moores University | PG | 180 |
| | ✓ | | Behaviour Modification in Weight Management | University of Chester | PG | 20 |
| | ✓ | | Nutrition and Dietetics (MSc) | University of Chester | PG | 180 |
| | ✓ | | Obesity and Weight Management (MSc) | University of Chester | PG | 180 |
| Yorkshire & Humber | | | | | | |
| | ✓ | | Exercise, Health and Nutrition (BSc) | Leeds Trinity University | UG | 360 |
| | ✓ | | Nutrition with Public Health Management (MSc) | Sheffield Hallam University | PG | 180 |
| ✓ | ✓ | | Nutrition and Public Health (BSc) | Sheffield Hallam University | UG | 360 |
| | ✓ | ✓ | Nutrition and Public Health | University of Leeds | phD | |
| | ✓ | | Nutrition (BSc) | University of Leeds | UG | 360 |
| | ✓ | | Nutrition (MSc) | University of Leeds | PG | 180 |
| | ✓ | | Exercise, Nutrition and Health (BSc) | University of Salford | UG | 360 |
| | ✓ | ✓ | Nutrition | York St John University | UG | 360 |

MENTAL HEALTH AND WELLBEING

Education on mental health conditions, mental illness, therapies, suicide and self injury and workplace stress.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|--|--|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Method of Attempted Suicide as Predictor of Subsequent Successful Suicide: National Long Term Cohort Study | BMJ Learning | CB | 1 |
| | ✓ | | The Health Benefits of Physical Activity: Depression, Anxiety, Sleep in Dementia | BMJ Learning | CB | 0.5 |
| | ✓ | | Anxiety Disorder | National Institute for Health and Care Excellence (NICE) | NCB | |
| | ✓ | | Public Health and Mental Health Promotion | The Open University | NCB | |
| North West | | | | | | |
| | ✓ | | Cognitive and Behavioural Interventions | University of Chester | UG | 20 |
| | ✓ | | Intercultural Public Health | University of Manchester (The Academic Programme) | NCB | |
| | ✓ | | Physical Health Promotion and Wellbeing in People with Psychosis | University of Manchester | PG | 15 |
| | ✓ | | Physical Health Promotion and Wellbeing in People with Psychosis | University of Manchester | UG | 20 |
| Yorkshire & Humber | | | | | | |
| | ✓ | | Health and Wellbeing (BSc) | Leeds Trinity University | UG | 360 |
| | ✓ | | Leadership in Health and Social Care – Workplace Stress and Resilience | York St John University | PG | 30 |

PHYSICAL ACTIVITY

Training on the effects of exercise on health and encouraging psychical activity.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-------------------------------|--------------------|--------------------|--|-----------------------------|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | How Does Physical Activity Produce Health Benefits? | BMJ Learning | CB | 1 |
| | ✓ | | The Health Benefits of Physical Activity: Cardiovascular Disease | BMJ Learning | CB | 0.5 |
| | ✓ | | The Importance of Physical Activity | BMJ Learning | CB | 0.5 |
| | ✓ | | Award in Encouraging Physical Activity (Level 2) | RSPH | CB | 1 |
| North West | | | | | | |
| | ✓ | ✓ | Sport, Physical Activity and Mental Health (MSc) | Edge Hill University | PG | 180 |
| Yorkshire & Humber | | | | | | |
| | ✓ | ✓ | Physical Activity, Exercise and Health (BSc) | Leeds Beckett University | UG | 360 |
| | ✓ | ✓ | Physical Activity and Health (PG Dip) | Leeds Beckett University | PG | 120 |
| | ✓ | ✓ | Health and Exercise Science (BSc) | University of Lincoln | UG | 360 |



SEXUAL HEALTH

Education and training on contraception, reproduction and sexually transmitted infections.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|--|---|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Infectious Diseases in Pregnancy Screening: Education and Training | Public Health England | NCB | |
| | ✓ | | Award in Understanding Sexual Health (Level 2) | RSPH | CB | 1 |
| | ✓ | | STIF Fundamental Competency | Sexually Transmitted Infection Foundation | NCB | |
| | ✓ | | STIF Foundation Theory Course | Sexually Transmitted Infection Foundation | NCB | |
| | ✓ | | STIF Advanced Competency | Sexually Transmitted Infection Foundation | NCB | |
| North West | | | | | | |
| | ✓ | | Contraception, Reproduction and Sexual Health | Manchester Metropolitan University | CB, UG + PG | 10 |
| | ✓ | | Contraception & Sexual Health Update | University of Central Lancashire | UG + PG | 20 |
| | ✓ | | Contraception: Theory & Practice | University of Central Lancashire | UG + PG | 20 |
| | ✓ | | Sexual Health Promotion | University of Central Lancashire | UG + PG | 20 |
| | ✓ | | Sexual Health Studies (MSc) | University of Central Lancashire | PG | 180 |
| | ✓ | | Contraception and Reproductive Sexual Health | University of Cumbria | UG | 20 |
| | ✓ | | Sexual and Reproductive Health | University of Cumbria | UG | 60 |
| North East | | | | | | |
| ✓ | ✓ | ✓ | Promoting Sexual Health in Primary Care | University of Northumbria | UG + PG | 20 |
| ✓ | ✓ | ✓ | Contraceptive Health | University of Sunderland | UG | 20 |
| ✓ | ✓ | ✓ | Advancing Contraceptive Health | University of Sunderland | PG | 20 |

SMOKING, ALCOHOL & ADDICTION

Education and training on smoking cessation, addiction and behaviour, smoking and mental health, alcohol misuse, second-hand smoke, stop smoking medications and drug awareness.

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|--|--|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | ✓ | | Drugs and Alcohol | Addaction | NCB | |
| | ✓ | | Mental Health | Addaction | NCB | |
| | ✓ | | Hospital Presentations – Alcohol and Substance Dependence | BMJ Learning | CB | 1 |
| | ✓ | | Managing Alcohol and Drug Misuse in Primary Care – A Guide for Practice Nurses | BMJ Learning | CB | 1 |
| | ✓ | | Supporting Smoking Cessation | BMJ Learning | CB | 1 |
| | ✓ | | Smoking Cessation: Promotion in Primary Care | BMJ Learning | CB | 1 |
| | ✓ | | Smoking Cessation in Pregnancy | e-Learning for Healthcare | NCB | |
| | ✓ | | Alcohol – Problem Drinking | National Institute for Health and Care Excellence (NICE) | NCB | |
| | ✓ | | Stop Smoking Interventions and Services | National Institute for Health and Care Excellence (NICE) | NCB | |
| | ✓ | | Alcohol and Drug Misuse Prevention and Treatment Guidance | Public Health England | NCB | |
| | ✓ | | Award in Supporting Smoking Cessation (Level 2) | RSPH | CB | 1 |
| | ✓ | | Award in Understanding Alcohol Misuse (Level 2) | RSPH | CB | 1 |
| | ✓ | | Mental Health / Smoking Speciality Module | The National Centre for Smoking Cessation and Training (NCSCT) | NCB | |

| Public Health areas covered | | | Title of module | Organisation or institution | Level of study | Credit value (if applicable) |
|-----------------------------|--------------------|--------------------|--|--|----------------|------------------------------|
| Health protection | Health improvement | Improving services | | | | |
| | | | Pregnancy and the Post-Partum Period | The National Centre for Smoking Cessation and Training (NCSCT) | | |
| | ✓ | | Second-Hand Smoke | The National Centre for Smoking Cessation and Training (NCSCT) | NCB | |
| | ✓ | | Stop Smoking Medications | The National Centre for Smoking Cessation and Training (NCSCT) | NCB | |
| | ✓ | | Training and Assessment Programme | The National Centre for Smoking Cessation and Training (NCSCT) | NCB | |
| | ✓ | | Very Brief Advice on Smoking | The National Centre for Smoking Cessation and Training (NCSCT) | NCB | |
| North East | | | | | | |
| ✓ | ✓ | | Dual Diagnosis – Working with Co-Morbid Substance Misuse and Mental Health Needs | University of Northumbria | PG | 20 |
| North West | | | | | | |
| | ✓ | | Addictions Policy and Interventions | Liverpool John Moores University | PG | 20 |
| ✓ | ✓ | | Public Health (Addictions) (MSc) | Liverpool John Moores University | PG | 180 |
| | ✓ | | Understanding Addictions | Liverpool John Moores University | PG | 20 |
| | ✓ | | Addictive Behaviour | University of Salford | PG | 30 |

Useful links and contacts

Adaction

Adaction are a drug and alcohol treatment charity who specialise in individual approaches to treatment. Visit: <http://www.addaction.org.uk/>

Alcohol Concern

Alcohol Concern is the leading national charity working on alcohol issues. Their goal is to improve people's lives through reducing the harm caused by alcohol. Visit: <https://www.alcoholconcern.org.uk/>

Age UK

Age UK training offers a number of short courses covering a wide range of topics focusing on boosting older people's health and wellbeing. Visit: <http://www.ageuk.org.uk/training/>

BMJ Learning

To access BMJ learning resources you are required to register and set up an account via the following link: <http://learning.bmj.com/learning/user/login.html>

Once an account is established you will be able to log on and view all available learning modules. You will be able to view your progress through a portfolio which details the modules that you have undertaken. Your account settings will also allow you to tailor your account to your specific needs. Alerts can be set up to inform you of any relevant learning opportunities.

E-LFH Hub-e-Learning for Healthcare

e-LFH is a Health Education England programme in partnership with the NHS and Professional Bodies. Their e-learning programmes enhance traditional learning, support existing teaching methods and provide a valuable reference point that can be accessed anytime, anywhere. Visit: <https://portal.e-lfh.org.uk>

The Faculty of Public Health (FPH)

The Faculty of Public Health (FPH) oversees the quality of training and professional development of public health consultants in the UK and maintains the professional standards

in the discipline. FPH embraces the wider multidisciplinary public health workforce, continually expanding its membership and examinations to all those engaged in professional public health. Visit: <http://www.fph.org.uk/training>

Health Careers (Public Health)

If you are interested in finding out more about a career in public health visit: <https://www.healthcareers.nhs.uk/about/careers-public-health/what-public-health>

Health Education England (HEE)

HEE improve the quality of healthcare for the people and patients of England through education, training and lifelong development of staff. Visit: <http://hee.nhs.uk/>

Health Education England North

HEE NW is the Local Education and Training Board (LETB) for the North West of England, covering Cheshire and Merseyside, Cumbria and Lancashire and Greater Manchester. They are responsible for the commissioning and management of training and education of NHS staff, as well as the commissioning and provision of under- and post-graduate medical and dental education. Visit: <https://www.nwpgmd.nhs.uk/welcome>

Making Every Contact Count (MECC)

MECC encourages conversations based on behaviour change methodologies (ranging from brief advice, to more advanced behaviour change techniques), empowering healthier lifestyle choices and exploring the wider social determinants that influence all of our health. Visit: <http://www.makingeverycontactcount.co.uk/training/e-learning/>

National Institute for Health and Care Excellence (NICE)

NICE provide national guidance and advice to improve health and social care. They offer a range of learning resources about Public Health topics. Visit: <http://www.nice.org.uk/>

The National Centre for Smoking Cessation and Training (NCSCT)

The National Centre for Smoking Cessation and Training (NCSCT) is a social enterprise committed to support the delivery of effective evidence-based tobacco control programmes and smoking cessation interventions provided by local stop smoking services.

NCSCT programmes are based on research regarding the competences (skills and knowledge) required by stop smoking practitioners. To access full training opportunities please visit: <http://www.ncsct.co.uk/index.php>

National Social Marketing Centre (NSMC)

Expertise in using social marketing best practice for population level health behaviour change programmes. Visit: <http://www.thensmc.com/>

NHS Choices

NHS Choices provides comprehensive health information via articles, videos and tools to help people make the best possible choices about their health and lifestyle. Visit: <https://www.nhs.uk/>

Public Health England (PHE)

PHE is an executive agency, sponsored by the Department of Health. Its purpose is to protect and improve the nation's health and wellbeing and reduce health inequalities. View: www.gov.uk/government/organisations/public-health-england

Royal Society Public Health (RSPH)

RSPH offer accredited (Ofqual) courses and modules. To access information on RSPH learning please use the following link: <https://www.rsph.org.uk/>

Sexually Transmitted Infection Foundation

STIF has now developed into a nationally recognised sexual health training and assessment programme designed for nursing staff and non-specialist medical staff, from basic to advanced practice. Visit: <http://www.stif.org.uk/>

UK Public Health Register (UKPHR)

The UK Public Health Register is an independent, dedicated regulator for public health professionals in the United Kingdom, providing professional regulation to public health specialists and public health practitioners from a variety of backgrounds, all of whom have a common core of knowledge, and skills. The Register is particularly for those public health professionals who have no other regulatory body. Visit: <http://www.ukphr.org/>

FUSE – the Centre for Translational Research in Public Health

Fuse, the Centre for Translational Research in Public Health, brings together the five North East Universities of Durham, Newcastle, Northumbria, Sunderland and Teesside in a unique collaboration to deliver robust research to improve health and wellbeing and tackle inequalities. Fuse is one of the five UK Public Health Research Centres of Excellence, it works hand-in-hand with the NHS, local and national government, voluntary and community sectors to help transform public health. Visit: <http://www.fuse.ac.uk/>

Universities offering Public Health Education

The Open University <http://www.open.ac.uk/courses/>

North West

Edge Hill University <https://www.edgehill.ac.uk/study/>

Lancaster University <http://www.lancaster.ac.uk/study/>

Liverpool John Moores University <https://www.ljmu.ac.uk/>

Manchester Metropolitan University <http://www2.mmu.ac.uk/study/>

University of Liverpool <http://www.liv.ac.uk/study/>

University of Bolton <https://www.bolton.ac.uk/study/>

University of Central Lancashire http://www.uclan.ac.uk/study_here/index.php

University of Chester <http://www.chester.ac.uk/study-with-us>

University of Cumbria <https://www.cumbria.ac.uk/>

University of Salford <https://www.salford.ac.uk/study>

University of Manchester <http://www.manchester.ac.uk/study/>

(for more information about the Academic Programme visit <http://www.festivalofpublichealth.co.uk/cpdopportunities/>)

Yorkshire & Humber

University of Sheffield <https://www.sheffield.ac.uk/study>

Sheffield Hallam University <https://www.shu.ac.uk/study-here>

University of Leeds <https://www.leeds.ac.uk/>

Leeds Beckett University <http://www.leedsbeckett.ac.uk/>

Leeds Trinity University <http://www.leedstrinity.ac.uk/>

University of Huddersfield <https://www.hud.ac.uk/>

University of York <https://www.york.ac.uk/study/>

York St John <https://www.yorksja.ac.uk/>

University of Lincoln <https://www.lincoln.ac.uk/home/studywithus/>

University of Bradford <https://www.bradford.ac.uk/study/>

North East

| | |
|---------------------------|---|
| Durham University | https://www.dur.ac.uk/study/ |
| Newcastle University | https://www.ncl.ac.uk/study/ |
| University of Northumbria | https://www.northumbria.ac.uk/study-at-northumbria/ |
| University of Sunderland | https://www.sunderland.ac.uk/study/subject-areas/ |
| University of Teeside | https://www.tees.ac.uk/sections/coursesearch/ |

Voluntary Sector

Voluntary sector organisations usually operate as independent registered charities within particular geographic areas. They assist and support local volunteer activities and as such, offer training to community members. Contact your local volunteer organisation to find information on public health training.

Updating the directory

All of the contents of this resource were the most currently available at the time of publication in June 2018. Therefore, it is possible that information can change after this date. This resource will be updated as often as possible but please contact individual training and education organisations for any additional information that you may require.

If you are an organisation looking to add to the contents of this directory, please contact: alison.farrar@hee.nhs.uk



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