



Local Knowledge and Intelligence Service Yorkshire and the Humber

Intelligence Update – October 2018

Welcome

Welcome to the Intelligence Update for October 2018 for the Yorkshire and the Humber Knowledge and Intelligence Network. This document provides you with updates about Public Health England (PHE) tools and resources, together with key points for Yorkshire and the Humber and news of publications and events. We welcome your feedback and suggestions about the content of this Intelligence Update, our work, or suggestions for any other support that you would like. Please email us on LKISYorkshireandHumber@phe.gov.uk

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Local events and training

- **PHINE Network**

The next Public Health Intelligence Network Event (PHINE), will take place on Thursday 13th December at West Offices in York. In this extended PHINE Network Event, the morning session will be themed around self-harm, suicide and deaths from drugs. The afternoon session will be a chance to explore new and tools and resources to support public health intelligence. To register for this event please go to: <https://www.eventbrite.co.uk/e/phine-network-event-self-harm-and-suicide-theme-morning-tools-and-resources-session-afternoon-tickets-51333456751> Anyone with an interest in public health intelligence is welcome to attend these events. An agenda will be emailed out to those who have registered in due course and will also be made available on the PHE Yorkshire and the Humber Khub group.

- **Mental Health JSNA**

You are invited to attend a skype webinar on how to use and apply PHE's Mental Health and Wellbeing JSNA toolkit (instructions on how to register for this webinar are described below):

The Mental Health and Wellbeing JSNA toolkit was developed as a part of the PHE led Prevention Concordat Programme for Better Mental Health (a recommendation set out within the Five Year Forward View for Mental Health), which in 18/19 has a particular focus on local area sign-up. The JSNA toolkit is a key resource that local areas can use to understand the mental health and wellbeing needs of their population.

What is the JSNA toolkit?

Only local areas can lead on creating a JSNA that effectively covers the mental health needs of an area, but national agencies can help: the JSNA toolkit was produced by the NMHIN (National Mental Health Intelligence Network), and supports the development of local area mental health and wellbeing joint strategic needs assessments (JSNAs).

It has been developed for those seeking to understand the breadth and complexity of mental health issues in their area. It helps you to consider factors that affect mental health and wellbeing and identify some of the key data, information and knowledge that local areas may use to build a picture of need.

This toolkit combines:

- a knowledge guide that provides an overview of topics to consider when thinking about the mental health and wellbeing needs in a local area. The guide begins with a focus on understanding the local population and then follows the care pathway along the life course. The guide provides links to a wealth of data and information on policy and the evidence base.
- a JSNA fingertips profile which provides a starting point for thinking about national level data relating to mental health and wellbeing. It spans the life course and covers the whole mental health pathway. It shows data on prevalence, risk and protective factors for a range of conditions. It also includes service related data on activity, quality, outcomes and finance.

Who is this webinar for?

This webinar will provide detailed guidance on how to navigate and use the JSNA toolkit, so it will be particularly useful for planners, analysts and commissioners who need to understand the mental health needs to their local area as part of their role.

Format of the webinar:

1. Introduction to the Prevention Concordat and the JSNA toolkit (10mins)

2. Brief Q&A (5mins)

3. Demo and tutorial on how to use the JSNA toolkit to inform local planning and decision making (30mins)

This session will be led by an analyst from the NMHIN who will guide you through how to navigate the various domains within the JSNA fingertips profile and how to use it in conjunction with the JSNA knowledge guide to identify the mental health and wellbeing needs of a particular local area. We will demonstrate how the JSNA toolkit can be used to answer specific JSNA related questions.

4. Q&A Session (15mins)

This is an opportunity for attendees to ask questions and seek clarification on what they have heard.

5. Close

The webinar will take place on Tuesday 6th November 1:30pm until 2:30pm. Please note that the webinar will be recorded.

Instructions for registering for this webinar

To register for this webinar, please click on this EventBrite link:

<https://www.eventbrite.co.uk/e/webinar-using-phes-mental-health-and-wellbeing-jsna-toolkit-to-inform-local-planning-and-decision-tickets-51134408392> , click the register button and fill in your name, email, job title and organisation. The day before the webinar, those people who have registered via EventBrite will be sent a skype meeting request with a link enabling you to join the webinar on 6th November at 1:30pm.

- **PHE Local Knowledge and Intelligence Foundation Level e-Learning: Public Health Intelligence**

PHE Local Knowledge and Intelligence teams have launched a new e-Learning package which aims to introduce the concepts of Public Health, Public Health Intelligence, and using statistics to understand population health; with a view to better inform decision making at a local level. The e-Learning is designed to introduce participants to how public health intelligence can be used to understand what is happening with population health, and increase the awareness of the methods which underpin statistical comparisons. This allows PHE to take users on a journey from data through to decision-making, increasing confidence when using data and in the production of robust information and intelligence.

The e-Learning supports the wider Foundation Public Health Intelligence face-to-face training programme which shares similar aims; to build and develop population health intelligence capacity and capability across local systems.

For more information on eligibility to access the [e-Learning package](#), and attending the face-to-face course, please contact your local Knowledge and Intelligence Team at LKISYorkshireandHumber@phe.gov.uk

- **Coming soon: Knowledge hub network**

PHE has recently been piloting Knowledge Hub (Khub) as a local health intelligence online community. Following reviews of the pilot and user research, we are planning changes to the way we use Khub.

- We are planning to launch a Public Health England Khub network. All of the PHE groups, including the PHE Yorkshire and the Humber group, will sit within this network. National teams will also be part of the network.
- We are also planning some changes to simplify functionality and improve navigation.

The new network will make it easier for you to find and join other PHE groups of interest, and you'll be able to view updates from across the organisation.

However, the way LKIS Yorkshire and the Humber uses Khub will not change; we will continue to post updates and new publications as usual. All the content that is currently available in the group will still be available once the new network has gone live. Khub will not look significantly different to you as a user, but we hope the changes will improve your experience of using this online knowledge sharing community.

If you are not yet a member of the PHE Yorkshire and the Humber group, you can join by registering on [Knowledge hub](#), searching for PHE Yorkshire and the Humber and clicking 'Join'.

Updates from PHE's National Knowledge and Intelligence teams

- **Epidemiology and Surveillance**

- **Public Health Dashboard**

Following the launch of the [Public Health Dashboard](#) last year, users fed back that it was important for the dashboard to also reflect the context and environment in which service delivery is occurring. To do this, many suggested that the dashboard include indicators representing the wider determinants of health. PHE and the Faculty of Public Health (FPH) have partnered to consult FPH members, partners and others working at a local level about which wider determinants indicators they think should be included in the tool. We would appreciate it if you would spend 10-15 minutes to complete our [survey](#).

- **Future of Healthier Lives profiles**

Work conducted within the Health Improvement Directorate has highlighted the significant level of duplication that exists between the [Healthier Lives](#) profiles and our main [Fingertips](#) profiles, but with the former having less functionality available for users. Therefore by

December 2018 it is proposed that the Healthier Lives profiles are removed (except for the Public Health Dashboard which as a Secretary of State request was beyond the scope of the work). In addition, where they do not already exist, new fingertips profiles will be developed to replace them. If you have any feedback on this proposal please contact Sacha Wyke at sacha.wyke@phe.gov.uk.

- **Risk Factors**

- **Regional child obesity slide sets**

PHE has published improved [regional child obesity slide sets](#), one for each of the nine regions. The chart presentation has been improved (please note there is no new data). These regional child obesity slidesets show customised data on the patterns and trends in child obesity for each region from the NCMP, in clear, easy to understand charts and graphics. They can be [downloaded](#) and used freely with acknowledgement to Public Health England. The PowerPoint slides are a useful tool for practitioners and policy makers working on child obesity at local and regional level. They can be used in presentations to health and wellbeing boards, other committees and to elected members as well as in conference and workshop presentations.

If you have any difficulty accessing the slide set from the links above, it is also available to download [here](#).

- **National Child Measurement Programme: Guidance for analysis and data sharing 2018**

This [guidance](#) is designed to support local authorities and other organisations and individuals who wish to make use of the National Child Measurement Programme data. It includes an overview of the published analyses provided by Public Health England and NHS Digital; information on the dataset and how it can be accessed and shared; and suggestions for regional, local and neighbourhood analyses. It also includes guidance on the appropriate use of the NCMP dataset to comply with data protection and disclosure rules; caveats associated with the NCMP data and its interpretation; and suggestions for local data quality checks.

- **Methodological updates**

- The methodology used to produce the household projections for England has been amended for the recently released 2016-based data. Section 11 of [this methodology document](#) summarises the changes.

Health Intelligence Network updates

- **National Learning Disability Health Intelligence Network**

- **Flu vaccination: people with learning disabilities**

The learning disability team is working to promote the message that people with a learning disability and those who care for them (including paid and primary family care givers) are eligible and should have a flu vaccination this winter. An [easy read information sheet](#) aimed at people with learning disabilities and carers has been developed with the National Development Team for inclusion explaining this. An [easy read leaflet](#), suitable for GP surgeries, is available to order from PHE. There is also published [guidance](#) about flu vaccinations for people with learning disabilities, aimed largely at health and social care professionals.

The [recording](#) of a recent webinar explaining why this group is a priority for the flu vaccination is now available. Although people with learning disabilities were identified as a priority group who should receive a free flu vaccination in 2014, the number receiving the vaccination remains relatively low. The death rate from respiratory causes is high amongst this group and therefore increasing uptake is important.

For any queries please contact the team on LDT@phe.gov.uk

- **National Mental Health Dementia and Neurology Intelligence Network (NMHDNIN)**

- **New publication: Severe mental illness (SMI) and physical health inequalities report**

This report was published on 27 September and is part of a broader programme of work within PHE and across the Mental Health system that is focused on the physical health of people with SMI. It takes account of the recommendations within the Five year Forward View for Mental Health and NHS England's report on Improving the Physical Healthcare for People with SMI. The report analyses data from a primary care sample database called THIN and examines:

- the recorded prevalence of SMI by age, sex and deprivation in England
- the proportion of people with recorded SMI experiencing co-morbidities and multi-morbidities in England
- inequalities in the co-morbidities and multi-morbidities between SMI and all patients by age, sex and deprivation in England.

The report consists of two parts; a [briefing document](#) and an accompanying [technical supplement](#).

For any queries please contact the team on mhdnin@phe.gov.uk. More information is available by subscribing to the fortnightly [update](#).

NHS Right Care

- **World diabetes day 2018: Webinar**

On World Diabetes Day, 14 November, NHS RightCare will host a webinar to raise awareness of the national challenges surrounding diabetes and how the programme can

support local health systems to improve diabetes care across prevention, identification, treatment and education for the whole population. Speakers will share the national picture and how systems can use the [NHS RightCare diabetes pathway](#). Expressions of interest in joining this webinar should be sent to england.rcpathways@nhs.net.

Recent data releases

<u>Release</u>	<u>Date</u>	<u>Organisation</u>	<u>Comment</u>
Quarterly mortality report, England: data up to Quarter 2 (Apr to Jun) 2018	17/09/18	ONS	This series of quarterly releases, produced with support from Public Health England (PHE), will report on death registrations and occurrences in England to provide the most up-to-date national analysis of recent trends.
Reports of cases of tuberculosis to enhanced tuberculosis surveillance systems: UK, 2000 to 2017	18/09/18	PHE	Official Statistics presenting cases of TB from the Enhanced Tuberculosis Surveillance System for England, Wales and Northern Ireland, and from the Enhanced Surveillance of Mycobacterial infections for Scotland.
Childhood Vaccination Coverage Statistics- England 2017-18	18/09/18	NHS Digital	Routine and selective vaccinations for children aged 0-5 years. Data available at England, regional and Local Authority level. Some figures for the UK and individual UK countries.
National life tables, UK: 2015 to 2017	25/09/18	ONS	Trends for the UK and constituent countries in the average number of years people will live beyond their current age measured by "period life expectancy", analysed by age and sex.
Estimates of the Very Old (including Centenarians): 2002 to 2017	25/09/18	ONS	People in the oldest age groups in the UK (90 to 104, and 105 and over) by sex and age, and comparisons of the oldest populations in the 4 constituent countries of the UK.
Personal well-being in the UK: April 2017 to March 2018	26/09/18	ONS	Estimates of life satisfaction, whether you feel the things you do in life are worthwhile, happiness, and anxiety at the UK, country, regional and local

			authority level.
<u>Female Genital Mutilation April-June 2018</u>	27/09/18	NHS Digital	Cases of Female Genital Mutilation (FGM) added to the FGM Enhanced Dataset collection platform from 1 April 2018 to 31 June 2018 in England.
<u>Liver disease profiles: October 2018 update</u>	02/10/18	PHE	The profiles are designed to support local authorities by providing data to allow them to assess the effect of liver disease in their areas and take action to prevent it.
<u>National Child Measurement Programme, England 2017/18 School Year</u>	11/10/18	NHS Digital	This report presents findings from the NCMP for the 2017-18 school year for children in Reception and Year 6 in state schools.

Upcoming data releases

<u>Release</u>	<u>Date</u>	<u>Organisation</u>	<u>Comment</u>
<u>Measures from the Adult Social Care Outcomes Framework, England 2017/18</u>	23/10/18	NHS Digital	The Adult Social Care Outcomes Framework measures how well care and support services achieve the outcomes that matter most to people.
<u>Deaths registered in England and Wales (series DR): 2017</u>	23/10/18	ONS	Annual mortality statistics by age-group, sex and underlying cause of death, collected at the time of registration.
<u>Breastfeeding at 6 to 8 weeks after birth 2018 to 2019: quarterly data, experimental statistics</u>	24/10/18	PHE	Number and proportion of infants who have been fully, partially or not at all breastfed at 6 to 8 weeks after birth, by local authority for Quarter 1 of 2018 to 2019.
<u>Breastfeeding at 6 to 8 weeks after birth experimental statistics: 2017 to 2018 annual data</u>	24/10/18	PHE	Number and proportion of infants who are breastfed at 6 to 8 weeks after birth, by local authority. Annual experimental statistics.
<u>Small area population estimates in England and Wales: mid-2017</u>	25/10/18	ONS	National population estimates broken down into small geographical areas (Super Output Areas, health geographies, wards, Parliamentary constituencies and National Parks).

<u>Statistics on NHS Stop Smoking Services in England April 2018 to June 2018</u>	25/10/18	NHS Digital	Results from the monitoring of the NHS Stop Smoking Services (NHS SSS) in England.
<u>NHS Maternity Statistics, England 2017-18</u>	25/10/18	NHS Digital	This is a report on deliveries in English NHS hospitals. This annual publication includes data from both the Hospital Episodes Statistics (HES) data warehouse and the Maternity Services Data Set (MSDS).
<u>Revised small area population estimates in England and Wales: mid-2012 to mid-2016</u>	25/10/18	ONS	Revised estimates of the usual resident population for small areas within England and Wales, for mid-2012 to mid-2016 (as at 30 June).
<u>Children living in long-term workless households in the UK: 2017</u>	31/10/18	ONS	This bulletin provides statistics on the number of children who are living in households where no-one has worked for at least 12 months.
<u>Liver disease profiles: November 2018 update</u>	06/11/18	PHE	Updates to the liver disease profiles which provide data on one of the main causes of premature mortality nationally.
<u>Suicide prevention profile: November 2018 update</u>	06/11/18	PHE	Updates to the Suicide prevention profile which has been produced to help develop understanding and support an intelligence driven approach to suicide prevention.
<u>Wider Determinants of Health: November 2018 update</u>	06/11/18	PHE	Update of data in the Wider Determinants of Health tool for November 2018.
<u>Public health outcomes framework (PHOF): November 2018 update</u>	06/11/18	PHE	Update of data in the PHOF for November 2018
<u>Children and Young People Eating Disorder Collection Q2 2018/2019</u>	08/11/18	NHS England	Contains information on the number of children and young people with an eating disorder who have accessed, or are waiting for NICE-approved treatment following referral for a suspected eating disorder.
<u>The 21st century mortality files - deaths dataset, England and Wales</u>	TBC	ONS	Dataset containing aggregated numbers of deaths by age-group, sex, year and underlying cause.

Note: At the time of release of the Intelligence Update the web addresses embedded in the hyperlinks marked are provisional only for upcoming releases.

Public Health in the news

We do not accept responsibility for the availability, reliability or content of these news items and do not necessarily endorse the views expressed within them. Please note that where a source is not hyperlinked, this indicates it is a chargeable site.

- **Alcohol**

John Newton and Paul Cosford have written for [The Lancet](#) explaining PHE's position on the Drink free days campaign, and responding to comments in The Lancet and in The BMJ this week. In response John Newton said: "Reducing harm from alcohol requires action not inaction. This new campaign's advice on drink free days is easily understandable, pragmatic and sensible. The BMJ is wrong and inaccurate to say that PHE is working with the alcohol industry. Drinkaware is an independent charity. PHE is steadfast in its ambition to reduce the harms that drinking too much alcohol can cause and we will work together with partners that speak to the evidence and share the same commitment."

Also covered in the [Mail online](#) and [ITV.com](#).

- **Cancer**

[Cancer Research UK](#) has released a report claiming that obesity is set to beat smoking as the biggest cause of cancer in women. The Telegraph's story highlights past warnings from UK public health bodies of a 'weight-related epidemic' and the Guardian quotes Alison Tedstone Chief Nutritionist at PHE, who said: "Bold action is needed to tackle obesity, the challenge of a generation. We're at the forefront of turning the tide – our sugar and calorie reduction programme and the government's sugar levy are world-leading – but this is just the beginning of a long journey."

Covered widely by the nationals including the [BBC](#), [Guardian](#), [The Express](#), [The Sun](#) and featured as a news in brief on the [Telegraph](#) front page.

- **Dental health**

The number of hospital admissions for tooth decay among five to nine-year-olds has risen for the second consecutive year. Twice as many children are treated for tooth decay than are for tonsillitis. Sandra White, Dental Lead for PHE, said: "While dental health in England is improving for five-year-olds, almost a quarter of five-year-olds are still suffering from preventable tooth decay and children in our most deprived communities continue to be hit the hardest."

Covered by [Daily Mail](#), [Evening Standard](#), [ITV](#) and [Mail Online](#).

- **Diet and Nutrition**

[The Guardian](#) reports that nearly four million children in Britain live in households that struggle to afford to buy enough fruit, vegetables, fish and other healthy foods to meet the requirements of [PHE's Eatwell Guide](#), according to research by the Food Foundation. The study estimates

that 47% of all UK households with children do not spend enough on food to meet the Eatwell targets, a proportion that rises to 60 per cent for single-parent families. Alison Tedstone, Chief Nutritionist at PHE, said: "This report suggests £6 per day for an adult - we are currently spending about the same amount eating poorly. Our food choices are affected by other factors such as the volume of fast-food outlets, highlighting why our work to improve the nation's diet is so important."

- **Disease prevention**

New HIV diagnoses in the UK have fallen to their lowest level since 2000, according to new [figures from PHE](#). There was a 17 per cent drop in the number of new diagnoses from 5,280 in 2016 to 4,363 in 2017. This is a reduction of 28 per cent since 2015 and compares with 3,989 in 2000. Noel Gill, Head of the STI and HIV Department at PHE, said UK prevention measures are having a "significant impact". The HIV data tables are available [here](#). Covered by [Daily Mail](#), [ITV news](#), [Metro](#), [The Guardian](#).

- **Mental health**

A new [PHE report](#) published on Thursday shows patients with Severe Mental Illness (SMI) suffer significantly worse physical health compared to the general population, with the greatest inequalities seen among younger people. The report says that people with SMI have a higher prevalence of obesity, diabetes and strokes. PHE's Julia Verne said: "It's unacceptable that people with severe mental illness live with more ill health and die up to 20 years younger than the rest of the population."

- **Tobacco**

According to Public Health England projections, with only 14.9% of adults currently still smoking and 1,000 people quitting every day, smoking would be eradicated in England by 2030 if this were to continue. The figures were released as part of the launch of this year's 'Stoptober' campaign to encourage people to cease smoking for at least 28 days. As part of the campaign, smokers are being advised to use e-cigarettes as a quitting aid and not to go 'cold turkey'. Covered by: [Daily Telegraph](#), [BBC](#), [Mail Online](#), [Express](#).

National conferences

- **The NHS at 70: perceptions of the NHS**

[The Kings Fund, London, 17 October \(17:30-21:00\)](#)

The King's Fund Information and Knowledge Service invites you to explore the changing perceptions of the NHS. From its foundation in 1948 to the present day, this free evening event will discuss the public's relationship with the NHS and how it has evolved over time. View a full programme and book your place please via the Eventbright [page](#).

- **Fifth Annual North of England Inequalities Conference: Live long and prosper**

[Liverpool Football Club, Liverpool 1 and 2 November](#)

The fifth Annual North of England Inequalities Conference aims to bring together individuals from across the region to discuss, share and learn how we can all 'live long and prosper', closing the health gap between and within our communities. The aims and objectives of the conference are to:

- provide a multi-disciplinary platform for presentations and discussions on key themes relating to devolution, health, wellbeing and growth
- showcase examples of good practice across the region in keeping with themes and recommendations outlined in the Due North report
- build engagement with professionals from all sectors in action to tackle the determinants of health.

Who should attend: Those working to address economic development, inclusive growth, addressing health inequalities, and poverty reduction, those involved in promoting healthy development in early childhood and working in community development and engagement.

For a full [programme](#) and details of how to [register to attend](#) this free event please see the dedicated [conference page](#).

- **Making Tomorrow a Better Day**

[University of Sussex Conference Centre, Brighton and Hove, 13 November](#)

This conference will discuss how we can build on innovation to help build more resilient people and communities in times of statutory funding constraints. National, international and local speakers will give presentations alongside discussion including Duncan Selbie, CEO of Public Health England. For a more detailed programme please click [here](#). This event is free to attend and tickets are available via [Eventbrite](#).

- **National Children and Adult Services Conference (NCASC)**

[Manchester Central. 14-16 November.](#)

This event aims to bring together selected members and senior managers in local authorities and other organisations, with responsibility for, or an interest in, the provision of effective services for children, young people and vulnerable adults. A full programme for the event showing content across all three days is available [here](#). There will be a mix of keynote and ministerial addresses as well as significant plenary sessions and a large exhibition area. PHE's Local Knowledge and Intelligence Service will be exhibiting at stand H2, please come along and view some of the tools, products and analysis we can offer to support your organisation. Registration costs vary from £250 + VAT for one day to £475+VAT for the full three days. For more information please see the [booking page](#).

- **Health Visiting and School Nursing Regional Events 2018:**

[21 November, Reading and 28 November, Sheffield.](#)

These networking events build on previous events and provide opportunities for practitioners, professional leads and educators to come together to discover solutions to challenges, identify which approaches and strategies work best and learn together to deliver improved outcomes

for children, young people and families. For a full [programme](#) please see the PHE [event page](#). The aims and objectives are to:

- equip practitioners, professional leads and educators with the latest national updates to underpin local delivery and improve outcomes
- increase awareness of new programmes of work and national priorities
- act as a catalyst for the sharing, learning and dissemination of good practice
- provide tools and resources including data to support local delivery.

Who should attend: Priority will be given to health visitors and school nurses in practice, practitioners, professional leads and educators in higher education institutions. These events are free to attend, however, as the capacity of both events is limited and they are likely to be oversubscribed, places will be allocated on a first come, first served basis. We may need to limit the number of registrations per organisation should the events become oversubscribed. Please visit the [registration portal](#) to book your place.

Useful information

- **Links to key tools and sources of information:**
 - The [PHE data and analysis tools site](#) is a single point of access for data and analysis tools from across PHE
 - The [Public Health Profiles](#) page covers a range of health and wellbeing themes to support Joint Strategic Needs Assessments and commissioning
 - Information about local knowledge and intelligence products and services are shared on the PHE Yorkshire and the Humber Knowledge hub site.
- **Release dates for public health statistics are included in the calendars below:**
 - [gov.uk/government/statistics/announcements](https://www.gov.uk/government/statistics/announcements)
 - content.digital.nhs.uk/pubs/calendar
 - ons.gov.uk/ons/release-calendar/index.html.

Enquiry service

The PHE Local Knowledge and Intelligence Service Yorkshire and the Humber operate an enquiry service. Please send your questions and information requests to:

LKISYorkshireandHumber@phe.gov.uk