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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 36 November 2018

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Gemma Mann) |
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| Childhood Obesity Trailblazer Programme  This three-year programme asks councils to lead innovative action in their local community to tackle childhood obesity. Find out how to apply to undertake a discovery phase in below link.  <https://www.local.gov.uk/childhood-obesity-trailblazer-programme>  Please note the short turnaround time on this for submissions of 4pm on Friday 30 November 2018  Promoting healthy weight in children, young people and families. A resource to support local authorities, NHS commissioners and providers, voluntary and community sector organisations to take action to reduce obesity.  Link for resource:  <https://www.gov.uk/government/publications/promoting-healthy-weight-in-children-young-people-and-families>  National Child Measurement Programme: Guidance for Analysis and Data Sharing 2018  Obesity RFI has produced updated guidance designed to support local authorities and other organisations and individuals who wish to make use of the National Child Measurement Programme data.  It includes an overview of the published analyses provided by Public Health England and NHS Digital; information on the dataset and how it can be accessed and shared; and suggestions for regional, local and neighbourhood analyses.  It also includes guidance on the appropriate use of the NCMP dataset to comply with data protection and disclosure rules; caveats associated with the NCMP data and its interpretation; and suggestions for local data quality checks.  Link for resource:  <https://www.gov.uk/government/publications/national-child-measurement-programme-data-sharing-and-analysis>  National Child Measurement Programme (NCMP) annual data 2017/18  NHS Digital has published the [latest annual NCMP data](https://digital.nhs.uk/data-and-information/publications/statistical/national-child-measurement-programme/2017-18-school-year) for the 2017/18 school year. They have also developed a [visualisation tool](https://app.powerbi.com/view?r=eyJrIjoiOWMyNDMwMTUtNTNjOC00OTIyLTg5Y2QtNmRmMTA0NDVhZWMxIiwidCI6IjUwZjYwNzFmLWJiZmUtNDAxYS04ODAzLTY3Mzc0OGU2MjllMiIsImMiOjh9) including LA level data and a time series. It shows in 2017/18, 136,586 (22.4%) of children in Reception (age 4 to 5 years) and 197,888 (34.3%) in Year 6 (age 10 to 11 years) were overweight or obese.  It also shows that severe obesity in Year 6 has reached a record high of 4.2%, representing a long-term upward trend. |
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| Living Well |
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| Everybody Active Every Day **(**H&WB Team Lead: Nicola Corrigan)  Moving medicine resources  Moving medicine provide clinicians and allied health professionals with accessible, evidence based, [condition specific information](https://movingmedicine.ac.uk/prescribing-movement/) to help give advice on physical activity at all stages of a patient’s treatment pathway. The project has been developed in [collaboration](https://movingmedicine.ac.uk/about/contributors/) with experts, professional bodies and charities representing patients and healthcare professionals in each disease area. They are working on new resources including children and pregnant women as well as a toolkit for hospitals to help people being more active during and after their time in hospital.  For more information and resources visit their website <https://movingmedicine.ac.uk/>    Public health matters blog  [Click here](https://publichealthmatters.blog.gov.uk/2018/10/10/increasing-physical-activity-in-every-level-of-society/) to read post “Increasing physical activity in every level of society” published on the Public health matters blog.  The Activity Trap: Benefits or being fit?  *New research shows almost half of disabled people fear losing benefits if they take part in exercise.*  Almost half of disabled people (47%) fear losing their benefits if they are seen to be physically active, according to new research published by Activity Alliance.  The study, entitled ‘The Activity Trap: Disabled people’s fear of being active’, shows that four in five disabled people would like to be more active (83%). Respondents’ reasons include that it enables them to manage impairments, pain, and to maintain and improve physical and mental health.  Almost two thirds (65%) of disabled people who participated in the study said they rely on benefits to be active. Without this financial support, they would not be able to afford travel, paid-for exercise and the specialist equipment needed to be active.  The numbers within the report, although shocking, give us a starting point for change. We want to work with and across government to make active lives for disabled people possible. We would urge policy makers within national and local Government to take on board the calls for action within this report and the spirit with which it was written. Let’s enable more disabled people to lead happier and healthier lives.  Disabled people can find out more about the benefits of being active, who to contact and ideas on where and how to get started on Activity Alliance website, visit [www.activityalliance.org.uk/get-active](http://www.activityalliance.org.uk/get-active)  **To download a copy of the report:** [**www.activityalliance.org.uk/activity-trap**](http://www.activityalliance.org.uk/activity-trap)  Moving Medicine tool launched  A new tool to help healthcare professionals talk to patients about the benefits of physical activity is now live.    A new resource that will help healthcare professionals talk to patients about the benefits of physical activity has been launched at the International Society for Physical Activity and Health (ISPAH) Congress.    **Visit the site here -** [**https://www.sportengland.org/movingmedicine/**](https://www.sportengland.org/movingmedicine/)    YoHPAKE Quarterly Newsletter  Please see attached YoHPAKE Quarterly Newsletter.    Sign up to become a member of YoHPAKE and promote through our online [Virtual Knowledge Exchange](https://plus.google.com/communities/110492124691975402201)  Save The Date- 3rd Annual YoHPAKE Conference 2019  The theme of the conference to be held at Huddersfield University on Wednesday 9th January 2019 will be **‘Reducing Inequalities In and Through Physical Activity’**.  We have been very fortunate to secure [Professor Tess Kay, Brunel University](http://www.brunel.ac.uk/people/tess-kay)for our keynote address.  Professor Kay is a multi-disciplinary social scientist who has been working in sport and leisure research since the 1980s.  Over the course of her career she has undertaken a broad range of sports research, including a substantial body of work on youth sport carried out between 2003-10 as Deputy Director of Loughborough University’s Institute of Youth Sport. Prior to this she had participated in the wider social policy research community, including several years working with comparative European researchers.  Much of her personal research reflects this background and addresses social policy agenda that stretch beyond sport to include issues such as multiculturalism, health and well-being, and education.  The Conference Steering Group are pleased to release the call for [oral](https://goo.gl/forms/Ce9rThqvfvA1VwAB3) and [poster](https://goo.gl/forms/4k9worESvmGEDQY53) abstract submissions. We invite and encourage you to consider how your work addresses the range of issues apparent under the theme of inequalities, and to submit examples to ensure we have as broad a range of work as possible to best represent the vast body of research and practice taking place across Yorkshire and Humber.  International Society for Physical Activity and Health (ISPAH) congress  This week PHE and Sport England hosted the ISPAH congress in London in conjunction with the European network for the promotion of health enhancing physical activity (HEPA Europe) and the World Health Organisation (WHO).  The congress brought together the best minds in physical activity to bridge the gap between research, policy and practice in helping to address health inequalities and support healthier, more active nations across the world. During the congress, [PHE launched a world leading new evidence review on physical activity and disabilities](https://www.gov.uk/government/news/new-support-launched-for-disabled-adults-to-improve-health).  This showed that when undertaken at the right intensity and level, physical activity can be safe for disabled people and benefit their health. A new CMO infographic on physical activity produced by disabled people, for disabled people was also launched to provide greater support for disabled people to get active. Alongside partners, we also launched [Moving Medicine](https://movingmedicine.ac.uk/), a new resource for healthcare professionals that supports them to have improved conversations with their patients about physical activity helping to tackle and prevent serious illnesses.  A full breakdown of the speakers and sessions [can be found on the ISPAH website](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=265394&eventID=671&traceRedir=2).  New physical activity resource for health professionals  A new resource that will improve conversations about physical activity between patients and healthcare professionals has been launched.  Launched at the [International Society for Physical Activity and Health Congress (ISPAH)](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=265394&eventID=671&traceRedir=2) in October the new digital [Moving Medicine tool](https://movingmedicine.ac.uk/) will help healthcare professionals advise patients on how physical activity can help to manage their conditions, prevent disease and aid recovery.  It is produced by the Faculty of Sport and Exercise Medicine (FSEM) in partnership with Public Health England (PHE) and Sport England with support from National Lottery funding.  Currently one in four of the population in England does less than 30 minutes of moderate intensity physical activity a week and are classified as inactive.  Physical inactivity is in the top 10 greatest causes of ill health nationally, with negative impacts on health, wellbeing, social and economic outcomes for individuals and communities.  Evidence shows that one in four patients would be more active if advised by a GP or nurse, yet nearly three quarters of GPs do not speak about the benefits of physical activity to patients due to either lack of knowledge, skills or confidence.  The tool focuses on helping to address the most common long-term health conditions affecting the population, such as cancer, depression, musculoskeletal pain and type 2 diabetes.  Developed in consultation with over 300 healthcare professionals and patients and using evidence-based step-by-step guidance, Moving Medicine is designed to provide healthcare professionals with the latest evidence to address this knowledge and skills gap in the NHS and support healthier outcomes for patients as a result.  Read more at: <https://www.gov.uk/government/news/new-physical-activity-resource-for-health-professionals>  Healthy Places (H&WB Team Lead: Peter Varey)  What Londoners need to know about workplace health  With long working hours and lengthy commutes, workplace health is an important issue for London’s employees and businesses. PHE London’s most recent Employee Health and Wellbeing report outlines some of the major issues in more detail and we explain them in [the blog.](https://publichealthmatters.blog.gov.uk/2018/10/16/what-londoners-need-to-know-about-workplace-health/)  Public Health England Healthy Places Guidance Portal  [Public Health England Healthy Places Guidance Portal](https://www.gov.uk/government/publications/phe-healthy-places/healthy-places) – Published on August 2018  The Healthy Places programme was set up in 2013 by Public Health England (PHE) in recognition that where we live and the homes we live in have a big impact on our health and wellbeing. The programme has been designed to support the development of healthy places and homes with the aim of ensuring that health inequalities are considered and addressed when planning, developing and improving the built environment and in enabling people to have a place they can call ‘home’.  The Healthy Places team is based in the Priorities and Programmes Division of the Health Improvement Directorate. The programme works in partnership with local and national partners on a wide range of activities and is a hub for PHE’s activities on ‘place’. The programme’s achievements to date are summarised below.  Revised National Planning Policy Framework  [**Revised National Planning Policy Framework**](https://www.gov.uk/government/collections/revised-national-planning-policy-framework#updated-planning-practice-guidance)has been published and sets out the Government’s planning policies for England and how these should be applied. It provides a framework within which locally-prepared plans for housing and other development can be produced. The new framework has important amendments to viability, housing provision, development design / density and development quality.    The Royal Town Planning Institute (RTPI) has produced a briefing note that may be of interest and can be found [**here**](https://i.emlfiles4.com/cmpdoc/9/8/0/4/7/files/511298_revised-nppf-briefing-note.pdf)  Healthy High Streets Good Place-Making in an Urban Setting  Public Health England (PHE) commissioned the UCL Institute of Health Equity to synthesise the latest and most relevant evidence for local decision makers, built environment professionals (for example planners, urban designers, landscape architects), town managers, public health professionals, and others involved in  implementing street design principles on the health and wellbeing benefits of making high streets more inclusive, safe and healthier, particularly in areas of high deprivation.  This review provides a rapid assessment of evidence relating to pedestrian friendly, healthy high streets in urban settings, with specific reference to design interventions and street furniture. Evidence relating to both children and adults is considered, alongside groups who may have specific needs or preferences such as older people, younger people, disabled people (considering specific impairments where relevant) and different ethnic groups.  Link: : <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/699505/25.01.18_Healthy_High_Streets_Briefing_document_Final_version.pdf>  Developing healthier places  The majority of new homes that are built in England today are built by private sector developers. Influencing the way that developers approach constructing new buildings and places will be vital in order to maximise the potential to create places where it is easy to live a healthy life.  Private sector developers work in very different ways to councils and have different priorities, motivations and timescales. As a consequence, many councils find it difficult to secure the health benefits from new development that they would like to see and say they need a better understanding of how developers operate. This purpose of this guide is to start to help fill that gap.    The guide has been drawn from 10 workshops, and other events, held across England in 2017 and the TCPA also interviewed10 developers about their attitudes towards creating healthier places, and held a national round-table meeting with developers at which a range of topics were discussed. The guide identifies key messages and provides 4 case studies.  Link: <https://www.local.gov.uk/developing-healthier-places>  **Mental Health at Work Report 2018** A national mental health at work survey, commissioned by Business in the Community in partnership with Mercer, has found that employees are struggling to deal with the demands and insecurities of the workplace and that financial insecurity is contributing to the national burden of poor mental health.   * A quarter of employees are struggling to make ends meet, less than half are satisfied with their current financial situation * Two-thirds say mental health and wellbeing is affected by personal job security (66%) * 90% of young people say their mental health is affected by the cost of living.   The survey of over 4,000 people, conducted by YouGov and run for the third consecutive year, exposes the relationship between personal finances and mental health, with two thirds of respondents saying their mental health and wellbeing is affected by job security (66%) the state of the economy, (65%) and the cost of living (77%). [Download the report here](https://wellbeing.bitc.org.uk/all-resources/research-articles/mental-health-work-report-2018)  PHE Spatial Planning and Health Webinar  *Webinar: Spatial Planning and Health*  *Date: 14th November 2018*  *Time: 12:30 to 13:30*  André Pinto, one of our national leads in the Healthy Places Unit (and a planner by background), will hosting a lunchtime webinar that will be presenting an ‘Introduction to Spatial Planning and Health’.  The event is aimed specifically at anyone in Public Health Teams that is involved with spatial planning and the built environment, especially those that are new to these topics or feel they need to develop their basic understanding a little more.  The aims of this webinar are to:  • Introduce the key concepts of spatial planning  • Develop your knowledge and understanding of relationship between planning and health  • Increase your confidence in this field and allow you to improve your relationships with planning teams in your organisation.  For more information please see the attached flyer.    New COMEAP report on exposure to nitrogen dioxide  Reducing concentrations of nitrogen dioxide (NO2) in the atmosphere will lead to significant improvements in health, according to a report by the Committee on the Medical Effects of Air Pollutants (COMEAP).  [COMEAP​](https://www.gov.uk/government/groups/committee-on-the-medical-effects-of-air-pollutants-comeap) is a Department of Health and Social Care expert committee which provides independent advice to Government Departments and Agencies on all matters concerning the potential toxicity and effects on health of air pollutants. COMEAP is supported by a Secretariat provided by PHE. COMEAP was asked by UK Government to quantify the health benefits of reducing NO2 in the UK.  It found that for every microgram per metre cubed reduction in NO2, around 420,000 to 903,000 life years could be saved over the next 106 years. This equates to an increase in life expectancy of between 2 and 5 days, for each microgram per metre cubed. COMEAP also estimated the health benefits of reducing NO2 along with other pollutants seen in road traffic pollution. This would be higher with around 1.6 million life years saved for each microgram per metre cubed reduction in NO2 over the next 106 years. This equates to an increase of around 8 days for each microgram per metre cubed.  In addition, COMEAP estimated that air pollution as a whole in the UK has an effect equivalent to between 28,000 and 36,000 deaths a year. This was done by combining the effects seen in studies into NO2 and particulate air pollution. The committee has not tried to separate these effects because of the scientific uncertainty.  Link : <https://www.gov.uk/government/publications/nitrogen-dioxide-effects-on-mortality>  Mental Health (H&WB Team Lead: Corinne Harvey)  PHE’s Mental Health and Wellbeing JSNA toolkit skype webinar  Tuesday 6th November 1pm until 2:30pm.  The Mental Health and Wellbeing JSNA toolkit was developed as a part of the PHE led *Prevention Concordat Programme for Better Mental Health* (a recommendation set out within the *Five Year Forward View for Mental Health*), which in 18/19 has a particular focus on local area sign-up. The JSNA toolkit is a key resource that local areas can use to understand the mental health and wellbeing needs of their population.  **Who is this webinar for?**  This webinar will provide detailed guidance on how to navigate and use the JSNA toolkit, so it will be particularly useful for planners, analysts and commissioners who need to understand the mental health needs to their local area as part of their role.  Format of the webinar:   1. Introduction to the Prevention Concordat and the JSNA toolkit (10mins) 2. Brief Q&A (5mins) 3. Demo and tutorial on how to use the JSNA toolkit to inform local planning and decision making (30mins)   This session will be led by an analyst from the NMHIN who will guide you through how to navigate the various domains within the JSNA fingertips profile and how to use it in conjunction with the JSNA knowledge guide to identify the mental health and wellbeing needs of a particular local area.  We will demonstrate how the JSNA toolkit can be used to answer specific JSNA related questions.   1. Q&A Session (15mins)   This is an opportunity for attendees to ask questions and seek clarification on what they have heard.   1. Close   *Instructions for registering for this webinar*  To register for this webinar, please click on this EventBrite link: <https://www.eventbrite.co.uk/e/webinar-using-phes-mental-health-and-wellbeing-jsna-toolkit-to-inform-local-planning-and-decision-tickets-51134408392>, click the register button and fill in your name, email, job title and organisation.  The day before the webinar, those people who have registered via EventBrite will be sent a skype meeting request with a link enabling you to join the webinar on 6th November at 1pm.  Self-Harm and Suicide Prevention (SHSP) Competence Framework  Royal College of Psychiatrists alongside Health Education England (HEE) have published the Self-Harm and Suicide Prevention (SHSP) Competence Framework.  These are now available on the UCL CORE Webpage (found [here](https://www.ucl.ac.uk/pals/research/clinical-educational-and-health-psychology/research-groups/core/competence-frameworks/self)) and the four guides below, can also be found on the website and are also attached.    Information in regards to the competency framework can also be found on both HEE’s website (found [here](https://www.hee.nhs.uk/our-work/mental-health/self-harm-suicide-prevention-frameworks)) and the NCCMH website (found [here](https://www.rcpsych.ac.uk/workinpsychiatry/nccmh/otherwork.aspx)). The four guides and the links to the competency frameworks are now publicly available and so can now be shared with service users, carers, colleagues and any other organisations.  Sexual Health (H&WB Team Lead: Sharron Ainslie)  Home use of misoprostol  A joint FSRH/RCOG Press Statement on women in England taking Misoprostol at home.  Today the [Government has announced home use of misoprostol](https://www.gov.uk/government/news/government-confirms-plans-to-approve-the-home-use-of-early-abortion-pills), the second drug used to effect an early medical abortion, will be legalised for women in England.  By the end of this year, homes in England will officially be approved by the Secretary of State for Health and Social Care as places where early medical abortion can happen.  HIV Testing Week  The 2018 campaign slogan is ‘Give HIV the finger: a finger-prick test is all it takes’, a continuation of last year’s successful creative.  National HIV Testing Week starts on Saturday 17 November 2018 and aims to promote regular testing among the most affected population groups and to reduce the number of people who are diagnosed late or remain undiagnosed. Last year, 43% of people were diagnosed late. The only means to address this issue is to increase awareness of the importance of HIV testing. [Order your resources now](https://bashh.us17.list-manage.com/track/click?u=34a6e1d119a7dd8e6d04d1611&id=d866b2f683&e=946ee546dd)  Sexual Health Campaign  On 18th October 2018, Public Health England launched the next part of its campaign. The previous campaign burst was a great success with strong performance on campaign awareness, intent to use a condom and reported condom use within our target audience of 16-24 year olds. Building on this success, the upcoming activity will encourage young people to carry condoms as a matter of course, making them ready for whatever happens. You can order resources on  <https://campaignresources.phe.gov.uk/resources/user/new>  *Protect Against STIs* campaign launched with the top line that an STI is diagnosed in a young person every 4 minutes. Sam Thompson, from Made in Chelsea, has also featured in [2 videos](https://www.dropbox.com/sh/8ytu6oau3yqpvpj/AABeEou3LiIGRP-tt3MgyrENa?dl=0) to support the campaign.  You can find the full press release here: <https://www.gov.uk/government/news/an-sti-is-diagnosed-in-a-young-person-every-4-minutes-in-england>  Condom campaign next stage  This will target the same channels as before like social media plus sixth form collages and campus ‘  Some key messages will be around young people being prepared by always carrying condoms and increasing their intention to use them.    **What can you do locally?**  Please do localise and copy the materials if you can and use them locally, especially with your local condom schemes. There are 75,000 posters, wallets etc available for free from the campaign resource centre  You can pre-order the printed materials by completing the order form available at<https://partnerships.wufoo.eu/forms/zes43360z5x8cl/>  If you would like to discuss these or any other aspect of the campaign, please contact [**Partnerships@phe.gov.uk**](mailto:Partnerships@phe.gov.uk)  Making women’s voices heard: Marie’s experience of accessing and being on PrEP. Women at higher risk of acquiring HIV can benefit from PrEP, but take up of PrEP among women in the UK and in other similar settings has been very slow. Sophia forum has been campaigning for the last three years to ensure women are not left behind in PrEP access and their needs are included in commissioning. A vital part of this is listening to the voices of women who have accessed PrEP, so we interviewed Marie, a PrEP user from London, to learn more about her [experiences](https://bashh.us17.list-manage.com/track/click?u=34a6e1d119a7dd8e6d04d1611&id=0f68246665&e=946ee546dd).  NHS Health Checks and CVD (H&WB Team Lead: Melanie Earlam and Karen Pearson )  Update on NHS Health Check national data extraction  There has been some terrific progress on the data extraction, with the following recent achievements:   * The data was extracted in summer from three of the four GP IT system suppliers. The fourth is yet to take place, and PHE is working with NHS Digital to follow this up * The Data Access Request Service at NHS Digital approved forwarding the data to PHE * The data was sent securely to PHE in September * PHE has commenced analysis of the data * PHE is working conducting further planning of the presentation of findings from the data for 2019.   Evaluating the effectiveness of Five Year Forward View CVD Prevention Project  The national project has been going on since April 2018 aiming to make a difference to CVD outcomes on a large scale. It aims to deliver on PHE’s commitments as set out in the [*Next steps on the NHS five year forward* *view*](https://www.england.nhs.uk/wp-content/uploads/2017/03/NEXT-STEPS-ON-THE-NHS-FIVE-YEAR-FORWARD-VIEW.pdf)*,* published in March 2017.  The National Cardiovascular Health Intelligence Network in PHE has strategic responsibility to design and  develop a framework for monitoring and evaluation to evaluate the effectiveness of the CVD prevention project. It also advises PHE Centres and Regions on aspects of local monitoring and evaluation.  The process is comprised of three mechanisms; formative assessment, process evaluation and the design and development of Long-Term Outcome Indicators.  With the successful completion of formative evaluation, the project is currently undergoing process evaluation stage which will continue throughout the life of the project.  The learning from the early stages of evaluation has helped the PHE centres and the national team to inform improvements and constructive changes in the delivery of the programme across all centres. Simultaneously, the evidence gathered from evaluation is enabling the national and local teams to examine the work closely to aid decision making about future courses of action.  This evaluation of the programme is funded until 31 March 2019.  For further information on the evaluation and monitoring framework please contact [nayab.nasir@phe.gov.uk](mailto:nayab.nasir@phe.gov.uk)  CVD prevention conference 2019, saving hearts and minds together  The 2019 CVD Prevention Conference will be held on Thursday 14th February at the Old Trafford Stadium in Manchester.  A call for abstracts is now open and will close at midnight on Friday 12th October 2018. To find out more about the process and to submit an abstract for an oral presentation and/or poster, [click here](https://www.phe-events.org.uk/hpa/frontend/reg/tOtherPage.csp?pageID=342859&ef_sel_menu=3360&eventID=799).  Ticket booking will open at the end of November 2018. In the meantime, to find out more information, please visit the [conference website](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=342360&eventID=799&msID=9299&pd=120595&CSPCHD=003001000000c1OcSVLQhGVImKmNX0RBMZUxXrX3G9ZRuNCVp$).  We are also looking for exhibitors to showcase their work and products in our marketplace. If you are interested and would like more information, please get in contact at [nhshealthchecks.mailbox@phe.gov.uk](mailto:nhshealthchecks.mailbox@phe.gov.uk) |
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| Data, Documents, Letters, Reports & General Information  TB – Underserved Populations and Improving GP Registration  The Underserved Populations (USP) Task and Finish Group were made aware of the attached resources to try and improve GP registration of certain USP groups;   * How to register with a doctor – ASYLUM SEEKERS AND REFUGEES * How to register with a doctor – PEOPLE WHO ARE HOMELESS * How to register with a doctor – ETHNIC GYPSY, ROMA AND TRAVELLER COMMUNITIES   The plan is to add a link to these documents in an updated version of the USP Resource due out in the new year.    Update to the Public Health Outcomes Framework and other PHE Official Statistics Profiles  In line with the [Official Statistics release cycle](https://www.gov.uk/government/statistics/announcements?utf8=%E2%9C%93&organisations%5B%5D=public-health-england), on 6 November 2018, PHE will publish an update to the [Public Health Outcomes Framework (PHOF) data tool](http://www.phoutcomes.info/). On the same day, the online [Liver Disease Profiles](https://fingertips.phe.org.uk/profile/liver-disease), [Suicide Prevention Profile](https://fingertips.phe.org.uk/profile-group/mental-health/profile/suicide/data), [Wider Determinants of Health tool](https://fingertips.phe.org.uk/profile/wider-determinants) and [End of Life Care Profiles](https://fingertips.phe.org.uk/profile/end-of-life) will also be updated.  Details of the indicators that will be updated for these profiles can be found at these pages:   * [Public Health Outcomes Framework](https://www.gov.uk/government/publications/public-health-outcomes-framework-indicator-updates) * [Liver Disease Profiles](https://www.gov.uk/government/statistics/announcements/liver-disease-profiles-november-2018-update) * [Suicide prevention profile](https://www.gov.uk/government/statistics/announcements/suicide-prevention-profile-november-2018-update) * [Wider Determinants of Health tool](https://www.gov.uk/government/statistics/announcements/wider-determinants-of-health-november-2018-update) * [End of Life Care Profiles](https://www.gov.uk/government/statistics/announcements/end-of-life-care-profiles-november-2018-data-update) |
| Upcoming Meetings and Seminars |
| Change4Life campaign webinar  1pm on Thursday, 8th November. [Click here](https://partnerships.wufoo.com/forms/z1rgj3vs0oh360o/) to register.  **The webinar will cover:**   * A short introduction to Change4Life * Results from the 2018 Change4Life nutrition campaign * Information on the upcoming campaign including consumer insights, key messages and marketing channels * The resources that will be available, including brand new resources for libraries * Information on how we can support your local activity * Timelines and next steps   After registering, you will receive a confirmation invite containing information about joining the webinar.  Please feel free to share this information with government and NHS colleagues you feel would be interested in learning about the upcoming campaign. If you are unable to make this session, a recording will be available to download on the CRC shortly after the webinar.   For any queries, please contact [partnerships@phe.gov.uk](http://content.phepartnerships.co.uk/?VVXR.bI2lJxm1YEc.JfNy5R48L9rvjQiV&mailto:partnerships@phe.gov.uk?subject=Change4Life%20webinar)  Teleconference invitation to Health Matters on ‘Air pollution - sources, impacts and actions’  Wednesday 14 November 2018, 2.15pm – 3pm  The next edition of Health Matters, ‘Air pollution - sources, impacts and actions’, will be launched via teleconference (TC) on **Wednesday 14 November 2018, 2.15pm – 3pm**.  Long-term exposure to air pollution reduces life expectancy by increasing deaths from cardiovascular and respiratory conditions and from lung cancer. It is estimated that long-term exposure to air pollution in the UK has an annual effect equivalent to 28,000 to 36,000 deaths. We know that air pollution disproportionally impacts those who live in less affluent areas, broadening health inequalities.  There is also emerging evidence that suggest links between air pollution and conditions like diabetes, the underdevelopment of infant lungs and cognitive decline.    Please join Professor Paul Cosford, Director for Health Protection and Medical Director for Public Health England (PHE), for the launch of this latest edition of Health Matters. He will be joined by air quality experts from PHE.  **Why you should call in:** The cumulative effect of a range of interventions to improve air quality has greater potential to reduce the associated burden of disease than any one intervention alone.  The session will discuss how local authorities, supported by national policies, have an important role in assessing and improving local air quality and how the cumulative effects of local action can be significant.  It will be of particular value to local authority commissioners, directors of public health and health and wellbeing boards, CCGs and health professionals.Please dial in 5-10 minutes prior to the start time:  Local call rate: 0330 336 9411, Conference code: 586210.  Please register for the Tele Conference [here](https://surveys.phe.org.uk/TakeSurvey.aspx?SurveyID=l6KI783L2). |
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