

# Minding the Gap

Improving Health & Reducing Inequalities



## Yorkshire and the Humber Health and Wellbeing Monthly Update

Issue 92 - August 2023

Welcome to the Yorkshire and the Humber Health and Wellbeing Monthly Update. This update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update forms part of the 'Minding the Gap' newsletter.

This update is structured around four overarching themes:

- ❖ populations
- ❖ determinants of health and risk factors
- ❖ priority conditions and equitable services and
- ❖ workforce development.

If you have received this and are not already on the Minding the Gap distribution list please sign up to our newsletter [here](#).

*Disclaimer: Please note, the Minding the Gap programme is led and funded by the Yorkshire and the Humber Association of Directors of Public Health (YH ADPH). This programme is co-ordinated by the Yorkshire and the Humber Health and Wellbeing Team in the Office for Health Improvement and Disparities (OHID) and does not reflect the position or views of OHID or the Department of Health and Social Care.*

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# POPULATIONS

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**Improving outcomes and reducing inequalities for children & young people**

**Regional Lead: Gemma Mann**

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## **2023 CAMH Lecture**

Lecture from **Professor Sir Michael Marmot** 'Health inequalities, children and young people' was the keynote from the [2023 CAMH Lecture](#) which featured a series of lectures from leading researchers, academics and practitioners on key topics in the field of child and adolescent mental health.

## **Evaluating systemic practice within the Supporting Families Programme - Early Intervention Foundation (Friday 21<sup>st</sup> Jul 2023)**

This [series of reports](#) presents What Works for Early Intervention & Children's Social Care's (WWEICSC) findings around the potential implementation and evaluation of systemic practice in Early Help services, helping to prepare for future evaluation.

## **Reducing parental conflict outcomes framework guide - Early Intervention Foundation (Thursday 25<sup>th</sup> May 2023)**

The [Reducing Parental Conflict Outcomes Framework Guide provides](#) step-by-step guidance on applying EIF's Reducing Parental Conflict (RPC) Outcomes Framework, as well as local area examples and potential workshop content, which can be adapted as required to reflect local context and priorities. The guide is based on learning from projects with local areas to develop an RPC outcomes framework for their local context.

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**Promoting healthy ageing across the lifecourse**

**Regional Lead: Ali Iliff**

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## **Promoting emotional health and wellbeing and preventing suicide: A resource for care homes.**

This resource has now been published and is available on the Y&H Public Health Network website [here](#).

## **Consultation on Older People's Housing Taskforce**

The Department of Health and Social Care and the Department for Levelling Up, Housing and Communities (DLUHC) have launched [a call for evidence of the Older People's Housing Taskforce](#), seeking views on what the taskforce should consider to further understand the market and needs for older people's housing today, and to provide recommendations on how it can be shaped for the future. The call for evidence is open for eight weeks and closes on the 18<sup>th</sup> September.

### **North East and Yorkshire Falls and Frailty Conference: Awareness into Action (Tuesday 19<sup>th</sup> September 2023, 9.30 – 16.00)**

This online conference takes place during National Falls Prevention Awareness Week and will highlight a range of interventions and initiatives for the prevention and management of falls and frailty.

Register [here](#) to attend the conference.

### **Health in 2040: what could an older population mean for the UK's health? (Tuesday 12<sup>th</sup> September 2023, 11.45 – 13.00)**

This webinar from the Health Foundation will bring together experts to explore the findings of their recent report [Health in 2040](#). They will discuss what the changing population structure, patterns of illness and projected health of the population will mean for society, how we might need to change and what we can do to better prepare for the future.

Register [here](#) to join the webinar.

### **Exploring ageing without children in the context of later life inequalities. (Thursday 28 September 2023, 11.30 – 14.00)**

This free online event will explore how the experience of those ageing without family support (an increasing number) intersects with other issues in later life including social care, disability, rural community living, dementia and faith.

Register [here](#) to join the webinar.

### **CONIFAS webinar: Co-producing a nature-based intervention for children with ADHD**

This [webinar](#) presents co-produced research with children with ADHD, their parents and carers, and professionals working in the field of ADHD or nature to create a new nature-based intervention for children with ADHD.

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**Improving outcomes and reducing inequalities for inclusion health groups**  
**Regional Lead: Cathie Railton**

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## **Resources and guidance**

### **Migrant health tool**

[The Health Intelligence Pack for Migrant Health: North East and Yorkshire](#) is now available. This health intelligence pack presents the latest available data on migrant populations, with the purpose of providing support for regional and local stakeholders focused on strategies for improving migrant health.

### **'Offline and isolated': British Red Cross report**

[The report](#) explores the impacts of digital exclusion on both wellbeing and access to healthcare for people seeking asylum in England and sets out solutions for how to address this.

**COVID-19: migrant health guide update** from UKHSA on COVID-19 in accommodation settings for asylum seekers. [Please find here](#).

### **Doctors of the World (DOTW) Access to primary care for people seeking asylum: new toolkit**

DOTW have launched a [new toolkit](#) for Integrated Care Boards (ICBs), primary care commissioners and providers to support access to healthcare for people seeking asylum residing in Home Office initial and contingency accommodation. The toolkit aims to ensure equality in access to services and improved long-term health outcomes for people seeking asylum, minimising health inequalities and encouraging collaborative working with accommodation providers and other local stakeholders.

### **Doctors of the World: 'Not by choice – the unequal impact of the Covid-19 pandemic on disempowered ethnic minority and migrant communities' - report**

The Covid-19 pandemic exposed significant inequalities in the UK, particularly among ethnic minority communities and migrants. Data revealed higher infection rates, up to 88 per cent, in these groups. Additionally, Black men were twice as likely to die from the virus compared with White British men. Lack of access to sick pay and support schemes disproportionately affected minority workers and migrants, forcing them to work despite risks. The vaccination programme also failed to reach and protect these communities adequately. The findings of [this report](#) argue that better, evidence-based and responsive policy and practice at the time could have changed these outcomes.

### **New Groundswell resources on coping with heatwaves and the right to cervical screening**

Increasingly frequent and severe heatwaves are a particular concern for people rough sleeping or vulnerably housed, with serious health implications resulting from prolonged exposure to hot weather. New guidance from [Groundswell](#), for both people experiencing homelessness and those who support them, looks at the risk factors, the signs of heatstroke and heat exhaustion to watch out for, as well as tips for staying safe and hydrated.

Additionally, Groundswell have made available a resource on the right to cervical screening / smear tests. All women and people with a cervix between the ages of 25 and 64 have a right to free, regular screening with the NHS. The guide gives information on the importance of screening as a preventative measure, how to get screened, and tips on how to feel comfortable and in control of the procedure.

You can find digital and print versions of both these guides at Groundswell's resources hub [here](#), along with many other useful resources on healthcare topics.

## **Information**

### **Migration Yorkshire have launched their new service**

[Migration Support](#) has been launched to help organisations from all sectors, and from across the whole of the UK, to deliver better understanding and outcomes of migration through increased expertise, capacity and support.

## **Frontiers | Implementing buprenorphine prolonged-release injection using a health at the margins approach for transactional sex-workers:**

[This report](#) details the findings from a study in Leeds to explore an alternative treatment option for sex workers using opioids – some really good outcomes!

## **Building equitable primary care research findings:**

Findings of two academic projects (EQUALISE and FAIRSTEPS) focusing on addressing unequal access to primary care.

More information [here](#) (or watch the [film](#)).

## **Doctors of the World - Our Hospital Access Project**

The hospital access project is dedicated to advocating on behalf of patients where immediately necessary or urgent care has been denied by hospitals and NHS trusts. Professionals can refer patients to the project by requesting a short referral form from [casework@doctorsoftheworld.org.uk](mailto:casework@doctorsoftheworld.org.uk) or by asking the patient to self-refer via the advice line on 0808 1647 686 which is open Monday-Thursday 10am-12pm.

## **Allocation of accommodation**

This [Home Office document](#) provides guidance to caseworkers on how to consider requests from asylum seekers on asylum support, and accommodation.

## **House of Commons Library Research Briefing - Asylum accommodation**

House of Commons Library have [produced a research briefing](#) on asylum accommodation, spanning hotels, vessels and large-scale sites.

The briefing covers:

- Capacity pressures in the asylum accommodation estate
- Hotel accommodation
- Increasing dispersal accommodation
- Opening large-scale accommodation sites
- Planning considerations and legal challenges.

## **Evaluation of the Migrant Health Guide – invitation for your feedback**

Please complete and share this short [survey about the Migrant Health Guide](#). The survey aims to better understand: the appropriateness of the Migrant Health Guide's content; the awareness and reach of the Migrant Health Guide among primary healthcare professionals and its other intended audiences.

## **Pathway annual inclusion health workforce survey**

This Autumn, Pathway are planning to run their first of what is planned to be an annual survey of the Inclusion Health workforce. The survey will provide valuable insights into the needs of the populations we serve, best practice, and policy change priorities, as well as informing arguments for better services locally.

The survey will only be open to members of the **Faculty for Homeless and Inclusion Health**. Please do pass on this news and let Inclusion Health colleagues and other interested parties know that they can take part in the survey by signing up for the Faculty [here](#), or by emailing [faculty@pathway.org.uk](mailto:faculty@pathway.org.uk). The more of us take part, the bigger our voice!

## Events and training

### **Save the date: UKHSA National TB Nurses and Allied Professionals Forum, 29<sup>th</sup> September 2023 (Birmingham)**

UKHSA's National TB Unit and the Health Equity and Inclusion Health team are hosting this forum to share learning and best practice of TB services and interventions across England, and will also feature the launch of the new TB Toolkit for Inclusion Health Groups, which is a collection of tools, resources and exemplars of good practice for anyone who interested in the improvement and delivery of services to tackle TB in inclusion health groups. The registration website will be circulated soon, further information is available from

[Tracey.I.Langham@ukhsa.gov.uk](mailto:Tracey.I.Langham@ukhsa.gov.uk)

This conference is for anyone who works or has an interest in TB, but they would also like to invite those who work with or in settings for inclusion health groups.

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# DETERMINANTS OF HEALTH & RISK FACTORS

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**Creating and developing healthy and sustainable places and communities**  
**Regional Lead: Karen Horrocks**

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## **Climate change and health: three grand challenges**

Climate change may be the greatest health threat of the 21st century, impacting lives both directly and indirectly, through undermining the environmental and social determinants of health. Rapid action to decarbonize economies and build resilience is justified on health, human rights, environmental and economic grounds. This paper published in [Nature Medicine](#) sets out three overarching challenges for health: (i) promote actions that both reduce carbon emissions and improve health; (ii) build better, more climate-resilient and low-carbon health systems; and (iii) implement public health measures to protect from the range of climate risks to health

## **Home England Local Government Resources Playlist**

You can now watch a range of [webinars and training](#) sessions by Homes England, suitable for local government professionals, including public health. Themes include sustainability, healthy homes and urban design.

## **Social Housing Act Update**

The [Social Housing Act](#) has received Royal Assent to become law. It strengthens powers to tackle unsafe homes in the social housing sector including setting stricter limits for addressing damp and mould.

## **Re-dwell affordable housing vocabulary**

RE-DWELL is a research programme focussing on affordability and sustainability of housing. Their comprehensive [Affordable and Sustainable Housing Vocabulary](#) will be of particular interest to anyone working in Public Health and Housing.

## **Increasing choice through 20-minute neighbourhoods**

Gemma Hyde from the Town and Country Planning Association recently appeared on the 'Design to Connect' podcast to discuss their work on [20-minute neighbourhoods](#).

[Listen to the podcast here.](#)

## **Noise pollution: mapping the health impacts of transportation noise in England**

Noise can have a significant impact on our health, beyond just being annoying or disturbing sleep. The UK Health Security Agency (UKHSA) has conducted [a new study](#) to better understand how noise can affect health and wellbeing. Led by Dr Benjamin Fenech from UKHSA with Professor Anna Hansell of the University of Leicester and Prof. John Gulliver (now at St. George's, University of London), the study is the first detailed assessment of its kind, assessing the health impact of transport noise in every local authority in England.



## **Community Champions Research**

The King's Fund have provided an [overview of findings](#) from their research into the role and value of community champions.

## **Community Organisations Cost of Living Fund launched**

On July 24th, Government announced the launch of the Community Organisations Cost of Living Fund. This is part of a package of over £100 million to support charities and community organisations in England at the frontline of dealing with the cost-of-living impacts.

To find out more click [HERE](#).

## **'Keep it Local for Better Health' - Workshop**

This year, Locality held a number of scoping workshops with health system colleagues, local authorities, and local voluntary and community organisations. Having analysed the independent feedback from these groups, they would now like to bring all three together in a **cross-sector workshop**. Through this, they will aim to co-produce solutions and maximise opportunities to make 'Keep it Local for Better Health' as effective an approach as possible for all parties.

### **Workshop details:**

- **Date:** Monday 4<sup>th</sup> September 2023
- **Time:** 14:00 – 15:30

You can register for the workshop [here](#).

## **Safer Parks: Improving Access for Women and Girls (Webinar for West Yorkshire colleagues)**

A summary of recent research into women and girls' perceptions of safety in parks and an introduction to the Safer Parks guidance that has been developed by West Yorkshire Combined Authority, the University of Leeds, Keep Britain Tidy and Make Space for Girls.

- **Date:** Tuesday 12<sup>th</sup> September
- **Time:** 13.30-15.00 (online)

To reserve a place please email:

[helen.forman@westyorks-ca.gov.uk](mailto:helen.forman@westyorks-ca.gov.uk)



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## Achieving our Smokefree 2030 ambition Regional Lead: Scott Crosby

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### **Open consultation mandating quit information messages inside tobacco packs**

OHID has launched a consultation on tobacco pack inserts, on behalf of the UK government and devolved administrations. Here is the link to that consultation.

[Mandating quit information messages inside tobacco packs.](#)

The consultation closes at midnight on 10th October.

### **Stoptober 2023**

Stoptober will be back this October with a new national campaign designed to encourage and support smokers to make a quit attempt. Since its inception in 2012, Stoptober has successfully helped 2.5 million smokers to make quit attempt and has become a well-recognised annual event in the public health calendar.

The campaign plan is currently being developed and we will keep you updated as regional OHID marketing leads work to get things finalised. As always, a range of resources will be available to anyone wishing to support the campaign locally.

It's worth noting that there is already a range of free stop smoking marketing resources for partners available on the [Campaign Resource Centre](#) along with stop smoking content (including a substantial section of vaping content) available on the [Better Health website](#) which partners can signpost to.

Any queries about Stoptober or stop smoking campaign activity more generally can be sent to [partnerships@dhsc.gov.uk](mailto:partnerships@dhsc.gov.uk).

### **Tobacco Track & Trace System**

The Government have recently announced new powers that came into effect from the 20<sup>th</sup> of July, which could see penalties of up to £10,000 for businesses and individuals who sell illicit tobacco products. The Tobacco Track & Trace (TT&T) system, introduced in 2019, ensures traceability and security features for legitimate tobacco products manufactured in, or imported into, the UK. The new sanctions are based on detection of non-compliance with TT&T.

The sanctions will bolster the government's efforts to tackle the illicit tobacco market and reduce tobacco duty fraud. The new powers will also see Local Authority Trading Standards given the ability to refer cases to HMRC for further investigation. HMRC, where appropriate, will administer the penalties and ensure the appropriate sanction is applied and enforced.

You can read the [guidance about the new sanctions](#) on GOV.UK.

### **Smokefree Pavement Licences**

ASH has also updated our briefing for local authorities on [smokefree pavement licences](#). The briefing sets out the legal, public health, and economic rationale for local authorities who want to impose a local 100% smokefree seating condition.

It also includes an up-to-date list of local authorities that have implemented 100% smokefree pavement licences and supportive quotes from councils including Middlesbrough Council, South Tyneside Council and Manchester City Council.

Smokefree pavement licensing is supported by the LGA which has said that: “it sets a level playing field for hospitality venues across the country and has a public health benefit of protecting people from unwanted secondhand smoke.” And that: “If smoking is not prohibited, pavement areas will not become family-friendly spaces.”

Banning smoking in the outdoor seating areas of all restaurants, pubs and cafes is supported by 65% of adults in England, compared to 19% opposed.

[Read more in findings here.](#)

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## **Reducing Gambling-Related Harm** **Regional Lead: Simone Arratoonian**

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### **Y&H ADPH Gambling Harms Campaign**

As part of the Y&H ADPH funded programme of work on gambling harm prevention and reduction, a communications campaign, based on behavioural science, launched on 21st August across the region - [‘Gambling Understood’](#).

The main aim of the campaign is to plug the knowledge gap on prevalence, harms, tactics which influence uptake and continuation of gambling, and available support. The campaign will focus on the real facts about gambling - to encourage and empower people to talk and seek further information. The campaign was designed to appeal to men up to age 34 due to the higher risk of gambling harm in this population but will equally have relevance and interest for wider audiences. Communications leads from across the region have been contacted by Lou Hallworth from Magpie (the behaviour change agency who have worked to develop this) to launch the campaign.

To allow for evaluation and learning, the campaign will be delivered across two ‘bursts’ - the first to increase knowledge about gambling products, related risks and to reframe traditional narratives about gambling harm; and the second to help people to understand how to look out for each other, signs of harm, and what to do to help themselves or their loved ones. Magpie are working with the University of Nottingham to carry out an evaluation of the campaign.

Burst 1 will be live until 25<sup>th</sup> September, burst 2 commences from 2<sup>nd</sup> October to 30<sup>th</sup> November. The campaign will be delivered via press, YouTube, Snapchat, Tiktok, out of home advertising and on demand (Sky Adsmart, All4 VOD and ITVX).

We welcome your support to amplify the campaign further, in particular to reach men in this age group across communities. A stakeholder toolkit has been created to help with this – including digital assets such as banners, Teams backgrounds, posters, news articles, social media tiles and templates. Online briefing sessions have now

taken place but you can contact Lou Hallworth for further information - [Louise.hallworth@wearemagpie.com](mailto:Louise.hallworth@wearemagpie.com)

For any queries about the Y&H ADPH gambling harms programme, please contact [simone.arratoonian@dhsc.gov.uk](mailto:simone.arratoonian@dhsc.gov.uk)

### **Gambling White Paper - follow-up consultations launched**

Several consultations have recently been launched following publication of the [review](#) of the Gambling Act (2005) published in April this year.

The Gambling Commission have launched [consultations](#) on proposals which will affect gambling businesses, and these are open to all consumers, closing on 18<sup>th</sup> October. There is also a [video and summary page](#) to explain the purpose of the consultations. The following four areas are being considered which will determine changes to the regulatory framework in an effort to improve safety and reduce harm:

- Improving consumer choice on direct marketing
- Strengthening age verification in premises
- Remote game design
- Remote gambling: financial vulnerability and financial risk

There are also consultations planned on personal management licences and the composition and processes of the Commission's Regulatory Panels.

In addition, the Department for Culture, Media and Sport (DCMS) have launched an open consultation on:

- [‘A maximum stake limit for online slots games in Great Britain’](#), which closes on 20<sup>th</sup> September
- [‘Measures relating to the land-based gambling sector’](#), which closes on 4<sup>th</sup> October.

The latter includes relaxation of casino rules, ratio of higher to lower stake gaming machines, cashless payments, age limits for specific categories of gaming machines, and licensing authority fees.

### **Gambling enforcement news**

In July, an investigation by the Gambling Commission found that Done Bros (Cash Betting) Ltd, trading as [Betfred](#), had failed during 2021 and 2022 to demonstrate sufficient controls to protect new customers from financial risk, and did not carry out ‘safer gambling’ interactions as required. Anti-money laundering failures were also found – with poor recording keeping, ineffective alerts and not obtaining source of funds documentation when risk was indicated. The company will pay a fine of £3.25million. [Fred and Peter Done](#) of Done Bros Ltd have a joint net worth of £1.873bn.

In other news, Entain – the owner of Ladbrokes and Coral bookmakers - has reportedly set aside £585m in settlement of an [alleged bribery investigation](#) launched by HMRC in 2019. The scandal relates to one of its former Turkish businesses and

Entain is currently in negotiations with the UK's Crown Prosecution Service to reach agreement.

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## Taking a whole systems approach to healthy weight Regional Lead: Nicola Corrigan

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**A systems-based approach to diet and healthy weight: Public Health Scotland**  
Public Health Scotland (PHS) has led a [process evaluation](#) of a Whole Systems Approach (WSA) to diet and healthy weight.

The Scottish Government's Diet and Healthy Weight Delivery Plan aims to halve childhood obesity and significantly reduce diet-related health inequalities.

**How fixing the food system can help address the cost of living crisis: Sustain**  
Millions are struggling to put food on the table, but unless we tackle the structural issues that drive household food insecurity we will not see lasting change for those who need it most. Sustain has [written a report](#) to consider how fixing our food system can help address the cost of living crisis.

### **Food insecurity leads to unhealthy eating and obesity: Committees - UK Parliament**

A fifth of UK households are struggling to get access to good quality food at reasonable prices, a report by MPs says, causing them to turn to unhealthy, high-calorie alternatives. This, [the report added](#), is likely to contribute to making 40% of the population obese by 2025.

### **Webinar: How can the NHS get weight management services right?**

How can the NHS get weight management services right? How can organisations ensure those living with excess weight have access to appropriate levels of care which address the multiple facets of obesity? How are people living with obesity currently experiencing and accessing services? How should we measure value in weight management services? Who should commission weight management services in the new Integrated Care System (ICS) structure and how do we make the most of integration at the system level?

[This HSJ webinar](#), run in association with Oviva, brought together a panel of experts to consider the answers to such questions.

### **YORA Event 10: Addressing Weight Stigma in Healthcare & Research Tickets, (Tuesday 19<sup>th</sup> September 2023, 14:00)**

This event includes speakers: Paul Baker (Lancaster University), Angela Meadows (University of Essex), Holly Campbell (Doncaster Council) and Ramla Aziz (GP Registrar, Bradford).

[Sign up here.](#)

## YORA Newsletter 2023

This [month's newsletter](#) talks about weight stigma, open registration for our next event and provide you with a plethora of upcoming events, resources and opportunities.

### **Community Approaches to physical activity (Wednesday 6<sup>th</sup> September 2023, 13:00 – 14:30)**

The Sharing the Learning Series is providing opportunities to share learning on different elements of whole systems physical activity working and 'place-based' approaches from the work of the Local Delivery Pilots and others. Active Partnerships are supporting a consortium of partners working collaboratively from across Yorkshire and the Humber to achieve this. We bring regional (and national) partners together to share experiences on whole systems physical activity approaches.

Following on from the successful in-person event hosted in Doncaster in June, we are hosting an online event to hear from some of the main speakers again.

This event is for you if you were unable to join the face-to-face event and are keen to be involved in learning along with others.

Register for free on [eventbrite here](#).

### **Reducing inequalities through action on drugs and alcohol Regional Lead: Andy Maddison**

#### **CMO visits Forward Leeds**

England's Chief Medical Officer Professor Chris Whitty visited Forward Leeds on 25th July 2023. During the visit staff from the service explained about the comprehensive nature of the offer in Leeds and how Forward Leeds was making use of the additional OHID supplementary funding to further develop and improve the service to offer more support to people in Leeds.





## **From harm to hope: first annual report 2022 to 2023**

The first annual report of the drug strategy sets out the progress from the first year of delivery, one year into the government's 10 year plan.

[This report](#) outlines progress on national delivery following the first full year of funding associated with the strategy, including delivery against commitments and goals, the key issues and challenges, including delivery of the recommendations made by the government's Independent Advisor Dame Carol Black in her 2021 Review of Drugs.

## **Recovery month**

September is International Recovery Month. This annual event promotes and supports new evidence-based treatment and recovery practices, strong and proud recovery communities, and the work of service providers and communities who make recovery in all its forms possible. There are local, regional and national activities planned to celebrate Recovery Month.

Here are some of the available resources, networks and events taking place within our region:

- The 15<sup>th</sup> FAVOR UK [recovery walk and conference](#) in Hull. The walk is free and on Saturday 23<sup>rd</sup> September. It features speakers, advice, information and performances. This year's conference on Friday 22<sup>nd</sup> September, 'Transforming Lives and Restoring Communities', focuses on homelessness and recovery.
- The [10<sup>th</sup> Recovery Games](#) in Doncaster brings people together to compete in gladiator-style games and obstacle challenges on land and water. It is free and on 16<sup>th</sup> September 2023. You can watch a [short film](#) about the event. You can register a team [here](#).

## **Resources**

Face and Voices of Recovery UK (FAVOR UK) has a [UK Recovery Month toolkit](#) to help plan local activities.

In February, we shared information about recovery support services and lived experience initiatives to inform year 2 Supplemental Substance Misuse Treatment and Recovery (SSTMR) grant planning.

In August, new guidance on recovery support services and lived experience initiatives, co-developed with the CLERO, will be published.

This guidance will support alcohol and drug treatment and recovery partnerships to understand the evidence for, value of, and ways to develop lived experience initiatives and recovery support services. These initiatives and services help individuals and their families sustain recovery long term.

- In September, we will share further resources to support implementation of the guidance:
- a slide pack to support partnerships in further developing systems of care that support recovery, for use alongside the new published guidance
- a slide pack to support Facilitated Access to Mutual Aid (FAMA) workshops, for use alongside the [existing FAMA toolkit](#).

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### **Promoting physical activity** **Regional Lead: Nicola Corrigan**

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#### **“You laikin out?” Trends in Children’s Street Play report - Yorkshire Sport**

Every child deserves the right to play. Yet as [this new research](#) shows, opportunities to play outside which were the near universal right of previous generations are now available to fewer and fewer children. The report was created by Professor Helen Dodd, University of Exeter, Trustee of Play England with thanks to Rob Shaffer, Leeds Play street enablement project, Kidz Club Leeds and Playing Out.

#### **We Are Undefeatable launches summer campaign - Yorkshire Sport**

The [‘We Are Undefeatable’ summer campaign](#) has launched across social and digital channels today and will be returning to TV and on-demand from the 7th August! You can also expect to see familiar campaign faces on posters and digital screens in hospital waiting rooms across England.

#### **New Normal for Children’s Physical Activity**

There is a new normal for children’s physical activity that is characterised by increased dependence on structured and organised physical activities, such as active clubs, and less on unstructured and spontaneous physical activities, such as physical play. While this may suit many children, girls and children from lower socio-economic households face barriers to participating in the new normal. It is important that affordable and equitable opportunities are provided to all children to prevent physical activity and health inequalities.

Please read more [here](#).

#### **Active 6 Hub**

The Active-6 research project looked at the impact of the COVID-19 lockdowns on the physical activity of children and their parents. Explore the plans and modules [here](#) for findings and for ideas on what can be done to support child activity.

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### **Tackling racism, discrimination and their outcomes**

**Regional Lead: Abi Brown**

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#### **We deserve better: Ethnic minorities with a learning disability and access to healthcare (NHS Race and Health Observatory)**

This review, commissioned by the [NHS Race and Health Observatory](#) (and supported by NHS England), provides analysis and recommendations from work undertaken by the University of Central Lancashire, in collaboration with Manchester



Metropolitan University, Learning Disability England and the Race Equality Foundation.

The work in this report spans over the last two decades, providing a comprehensive review using mixed research methods into the experiences of accessing healthcare for people with a learning disability accessing healthcare services from Black, South Asian (Indian, Pakistani or Bangladeshi heritage) and minority ethnic backgrounds. This also includes the lived experience of those who have, or currently care for someone with a learning disability.

The comprehensive five-part review is split into a review of policy and data and the exploration of lived experience through qualitative research.

[You can find the reports and summaries here.](#)

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## Creating fair employment and good work for all

Regional Lead: Nicola Corrigan

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### **Plan for Jobs and employment support - Reports, special reports and government responses: Committees, UK Parliament**

In [this report](#) we look at the Government's Plan for Jobs and DWP's employment support provision. In response to the Covid-19 pandemic, DWP introduced a number of interventions to help people get back to work which led to successful employment outcomes for many people. However, since the pandemic, rates of economic inactivity have increased substantially. In particular, young people, people over 50 and people with disabilities and long-term health conditions have experienced high levels of economic inactivity which the current employment support provision has been unable to remedy.

### **The Disability Gap: Insecure work in the UK**

This [new research](#) uses the Work Foundation's [UK Insecure Work Index](#), which combines three elements that constitute insecurity at work – employment contracts, personal finances, and access to workers' rights, to identify a substantial disability insecurity gap. This is concerning, as periods of severely insecure work can worsen a disabled worker's health and prospects of gaining secure employment.

### **Launch of the Evolve Workplace Wellbeing Podcast**

For the first in the series, Professor Kevin Daniels, who leads the University of East Anglia's Workplace Wellbeing Research team, kicks off the [Evolve Workplace Wellbeing podcast series](#) by talking with Emma Mitchell, Talent Director at EY. They discuss what works in supporting people with disabling long-term health conditions to stay in work, based on recent research by Helen Musgrove and Emma's personal experience.

### **Consultation on ways to increase uptake of Occupational Health provision**

The Department for Work and Pensions and Department of Health and Social Care are [publishing a consultation](#) on ways to increase uptake of Occupational Health provision.

Employers will be encouraged to take up Occupational Health offers to help employees access mental and physical health support at work, particularly for those working in small and medium-sized enterprises.

The proposals include introducing a national “health at work” standard for all employers to provide a baseline for quality Occupational Health provision, which includes guidance, an option to pursue accreditation, and additional government support services.

The consultation also seeks views on developing longer-term workforce capacity to help meet any increased demand for Occupational Health services in the future. [You can read more about the consultation here.](#)

The consultation closes on the 12<sup>th</sup> October.

### **Local Government Podcast: Diversity, Equality and Inclusion**

In local government it is even more important that councils reflect the communities they serve, among both officers and members, yet too often, especially at senior levels, this is not the case. In [this episode](#) of The Local Authority podcast ‘Local Government Chronicle (LGC), along with their partners TPX Impact, seek to explore what can be done to change this, as well as how local government can do more to build cohesive, fairer communities.

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### **Ensuring a healthy standard of living for all**

**Regional Lead: Toni Williams & Karen Horrocks**

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### **How local strategies can help tackle poverty in the UK**

Local authorities in England have taken proactive anti-poverty measures by adopting a strategic approach, developing and implementing local anti-poverty strategies, and committing to taking a local leadership role in response to escalating poverty levels. In this [blog](#) published by the London School of Economics, the author explores the strategic approach local authorities and their partners can take to address poverty and identifies the key elements of a local anti-poverty strategy that will maximise its effectiveness.

### **Money Talk Toolkit to support patients with money-related health issues**

Developed in conjunction with the Money and Pensions Service (MaPS), the Personalised Care Institute (PCI) has published the Money Talk Toolkit – created to equip health and care professionals to use personalised care approaches to identify, understand, support, and refer people with money-related health issues, in order to achieve the outcomes that most matter to them.

It follows research by the PCI and MaPS, which found that while half of health and care professionals are seeing an increase in health problems caused by money worries, nine out of 10 don't feel equipped to discuss money matters with people.

Access the toolkit [here](#).

## **Yorkshire Water Support Schemes Presentation**

You can now sign up to one of the below presentations about support provided by Yorkshire Water. The session will deliver an insight to the financial and non-financial support schemes available at Yorkshire Water.

- **Date:** Tuesday 19<sup>th</sup> September 2023
- **Time:** 15:00-16:00)

[Click here to register for 19<sup>th</sup> September](#)

- **Date:** Wednesday 25<sup>th</sup> October 2023
- **Time:** 9:00-10:00am00)

[Click here to register for 25<sup>th</sup> October](#)

## **Rise in patients with money-related health issues: Money & Pensions Service**

The Money & Pensions Service have highlighted health professionals observing a rise in health problems caused by money worries. Read more in the press release [here](#).

## **Money-talk Toolkit**

Developed in conjunction with the Money and Pensions Service (MaPS), the Personalised Care Institute (PCI) is pleased to host the [Money Talk Toolkit](#) – created to equip health and care professionals to use personalised care approaches to identify, understand, support, and refer people with money-related health issues, in order to achieve the outcomes that most matter to them.

## **Cost of Living Impacts for the poorest in society**

In [this Citizens Advice Bureau blog](#) the impacts of the cost of living on the poorest in our society are discussed in more detail, including the impact of inflation.

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# PRIORITY CONDITIONS AND EQUITABLE SERVICES

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Promoting public mental health and wellbeing

Regional Lead: Ali Iliff

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## **Better Mental Health Fund national evaluation**

The Better Mental Health Fund was set up to address the mental health challenges arising from the Covid-19 pandemic; funding was given to 40 local authorities in the most disadvantaged areas of England and was used to run 314 projects. The [national evaluation report](#), *Made in Communities*, has been published by the Centre for Mental Health and shares key learning points on how investment can improve mental health and benefit communities, as well as showcasing some of the funded projects.

## **Suicide bereavement guidance for NHS organisations**

The Universities of Surrey, Keele and Birmingham have published [guidance](#) on supporting NHS staff following the death of a colleague by suicide. The resource is also accompanied by a [short film](#) and a recording of the launch webinar will be uploaded to the [study website](#) shortly.

## **Maternal Mental Health briefing**

The Maternal Mental Health Alliance commissioned the Centre for Mental Health to develop a [briefing](#) for integrated care systems on how to best support maternal mental health and provide equitable access to mental health care during the perinatal period.

## **Suicide prevention research funding**

NIHR's Public Health Research Programme has issued a [funding call](#) to look at suicide prevention in high risk groups.

The research question is: *Which interventions, aimed at people at high risk of suicide or suicide attempts, are effective in reducing the rate of suicide and suicide attempts?*

The stage one deadline is 1pm on 12 December 2023 with notification of shortlisting in early March 2024.

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**Improving sexual and reproductive health**  
**Regional Lead: Georgina Wilkinson**

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No updates this month.

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**Improving health and reducing inequalities through health and care services**  
**Regional Lead: Toni Williams**

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**Communications and engagement toolkit for people working in areas of deprivation**

People living in deprived areas experience the most significant health inequalities in terms of access, experience and outcomes.

Engaging with people living in those communities is critical if they are to benefit from health services and for providers of services to understand the community's experiences and needs.

The Patient's Association has published this [toolkit](#) to support ICBs in tackling inequalities using the CORE20Plus5 approach.

**Putting the 'integrated' in ICSs**

This [blog](#) from Jim McManus, President of the Association of Directors of Public Health reflects on the potential of ICSs to improve population health and sets out seven ways to ensure that we get the best of all skills.

**How strong is your anchor? Measuring the impact of anchor institutions**

This [toolkit](#) from UCL Partners explores the challenges of measuring the impact of anchor institutions and puts forward a menu of 56 indicators, 16 examples and 8 guiding principles.

**Building equitable primary care**

Addressing inequalities in primary care is crucial for achieving high-quality healthcare for all. Primary care serves as the foundation of the healthcare system, being the first point of contact for most people seeking help. But unequal access to these services can perpetuate health inequalities. EQUALISE and FAIRSTEPS have produced a solution-focused toolkit that brings together the findings of the two studies to describe what equitable primary care looks like and provide practical steps to help local decision makers address inequalities in health and healthcare.

Explore the [toolkit here](#).

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# WORKFORCE DEVELOPMENT TO TACKLE HEALTH INEQUALITIES

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Regional Lead: Chris Sharp

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## **Making Every Contact Count for Mental Health Phase 2 in North East and Yorkshire: Lead Trainer and Trainer Expressions of Interest Call**

The Royal Society for Public Health (RSPH) and NHS England Workforce, Training and Education directorate are calling for expressions of interest from primary and community care organisations across the North East and Yorkshire to nominate individuals who can become Lead Trainers and Trainers for the RSPH Making Every Contact Count (MECC) for Mental Health training programme. Local authority or voluntary and community sector organisations delivering or supporting NHS commissioned services are also invited to apply.

For more information, please [click here](#).

## **Public Health Careers Resource – Beta Testing**

The OHID Workforce Development Team are currently developing a 'Public Health Careers resource' which is in beta release for testing, feedback and further content development. Support to improve this resource further from colleagues in the system would be welcomed.

The resources covers:

- What is Public Health
- Domains of Public Health
- Public Health History
- Public Health Careers
- Public Health Workforce Development
- Other key links and resources.

This resource is being developed on NHS Futures [Public Health Careers - FutureNHS Collaboration Platform](#).

Please contact Chris Sharp, Workforce Development Manager:  
[chris.sharp@dhsc.gov.uk](mailto:chris.sharp@dhsc.gov.uk) for further information.

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## ANY OTHER RELEVANT PUBLICATIONS

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### **What needs to happen to level up public health?**

The Government's *Levelling Up* White Paper outlined ambitious targets for reducing regional disparities, including a 'mission' to tackle inequalities in healthy life expectancy and reduce inequalities in the social determinants of health outcomes. This [paper](#) published in the journal of Contemporary Social Science examines how the wider determinants of health might be incorporated into the Government's levelling up strategy.

### **A Covenant for health**

There is an opportunity to make significant improvements to the health of our nation in just 5 to 10 years, benefiting millions of people, society, our economy and our health systems. This [paper](#) explains where and how to do so.

### **Back to basics: understanding lived experience and intersectionality in health and care**

[In this 4-minute read blog](#) Loreen Chikwira (Researcher at the King's Fund) discusses what exactly *is* intersectionality and why it is important when bringing in lived experience voices into health and care policy, design and delivery.