Yorkshire & Humber Sexual Health, Reproductive Health & HIV strategic approach



Developed by the

Yorkshire & Humber Sexual Health Community of Improvement

on behalf of

<u>Association of Directors of Public Health (ADPH) Yorkshire</u> and the <u>Humber</u>

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Yorkshire & Humber Sexual Health, Reproductive Health & HIV (SRHH) strategic approach

Background

This document sets out the strategic approach to sexual health, reproductive health and HIV agreed by Directors of Public Health across Y&H. It is informed by national policy documents (Women's Health
Strategy for England, 2025,) and position statements (Policy position: Sexual health | ADPH, What-Good-Sexual-and-Reproductive-Health-and-HIV-Provision-Looks-Like.pdf (adph.org.uk))

It focuses on the key priorities that need to be addressed to achieve good sexual & reproductive health for the population of Y&H. This covers the work of a whole range of system partners including local authorities, integrated care boards, NHS England, health care providers – primary and secondary care, and voluntary/community organisations.

The intention is that this document can be used to support engagement with system partners at regional and local level; and used by local areas to inform strategy documents, needs assessments, local priority setting etc (in the absence of a single national policy document that incorporates all areas of sexual health, reproductive health and HIV).

Overview & Vision – SRHH issues across the life course

Vision

'All people in Yorkshire & Humber experience good sexual and reproductive health and wellbeing and are supported to develop safe, healthy, enjoyable, and consensual sexual relationships'

Key elements:

A whole systems approach covering prevention, improvement, promotion and protection; which spans the three areas of sexual health, HIV and reproductive health

Strong **focus on inequalities** – higher risk groups and disadvantaged groups

Recognise and address **stigma and discrimination** as a factor compounding poor sexual and reproductive health

Sexual, reproductive health and HIV across the life course







Babies and Children

Adolescents and young adults 13-24 years

Middle years 25-50 years

Later years 50+

Health and wellbeing and relationships education

Sexual and reproductive health information, advice and support

Sexual health counselling

Menstrual health (including symptom management with contraception)

HPV vaccination (Schools)

Cervical screening

Preventing unplanned pregnancy - contraception (including emergency contraception)

Abortion care

Antenatal screening - HIV, Hepatitis B and syphilis

Early menopause and perimenopause

Perimenopause and menopause

STI testing and treatment

HPV vaccination (MSM)

Hepatitis A and B vaccination

Congenital syphilis treatment

HIV prevention (including PEP and PrEP)

HIV testing

HIV treatment and care

Strategic priorities

Priority 1

Priority 2

Priority 3

Priority 4

Priority 5

Priority 6

Improve information & knowledge about sexual health, reproductive health & HIV for all, alongside targeted work with **young** people & those **more at** risk*

Prevent and reduce the transmission of sexually transmitted infections (STIs)

Improve the prevention of & testing for HIV; ensure rapid access & retention in treatment; and provide wider support for those living with HIV

Reduce
unplanned
pregnancy
through the
provision of
contraception
and timely
access to
abortion care
when needed

Reduce
inequalities in
sexual health,
reproductive
health & HIV
support &
outcomes for
more at-risk
groups*,
& other
vulnerable
groups**

Support
populations to
have choice
and control of
their sexual
health and
freedom from
stigma,
discrimination
and sexual
violence

^{**}Vulnerable groups – e.g., people with learning disabilities, vulnerable migrants, people dependant on drugs or alcohol

Guiding principles

Collaborative

- Work in partnership with a broad range of system partners at local, regional and national level
- Informed by those with lived experience and guided by the principles of co-production

Evidence based

• Guided by the most up to date evidence, data, clinical and policy guidance

Innovation & learning

• Be aware of innovations in practice; be open to implementing, evaluating and disseminating good practice; and support learning from others in the system

Equity

• Focus on addressing health equity - "the absence of unfair and avoidable or remediable differences in health among population groups defined socially, economically, demographically, geographically or by other dimensions of inequality (e.g. sex, gender, ethnicity, disability, or sexual orientation)"

Sex-positive

- Sex and sexual pleasure are a beneficial & healthy part of humanity, and should be free from embarrassment, guilt or judgement
- A positive, open & non-judgmental approach irrespective of disability, ethnicity, culture, gender identity & sexual orientation to enable everyone to live with freedom & respect