



# Research priorities of Bradford's children and young people

Emma Little, Public Health Registrar Bradford Health Determinants Research Collaboration (HDRC)

### Introduction

### Aim:

To summarise previously collected insight from children and young people (0 to 25 years) living in Bradford District about their priority areas of focus on the wider determinants of health, and generate sub themes in these areas.

#### Methods:

- Rapid review of published insight reports.
- Suitable sources were gained by liaising with colleagues across the council involved in youth work and children and young people's health and wellbeing.
- Findings were synthesised thematically, based on the broad themes used in Bradford's current (2023-2025) children and young people's strategy.<sup>1</sup>
- 11 evidence sources were included. 1-11

## Key findings

As shown in Figure 1, THREE emerging priority themes of Bradford's children and young people and associated sub-themes were identified:

- 1. Education and skills development
- 2. Safe homes, places and communities
- 3. Physical and mental health

These priority areas are underpinned by TWO cross-cutting themes:

- i. Participation, involvement and voice
- ii. Tackling inequalities and discrimination

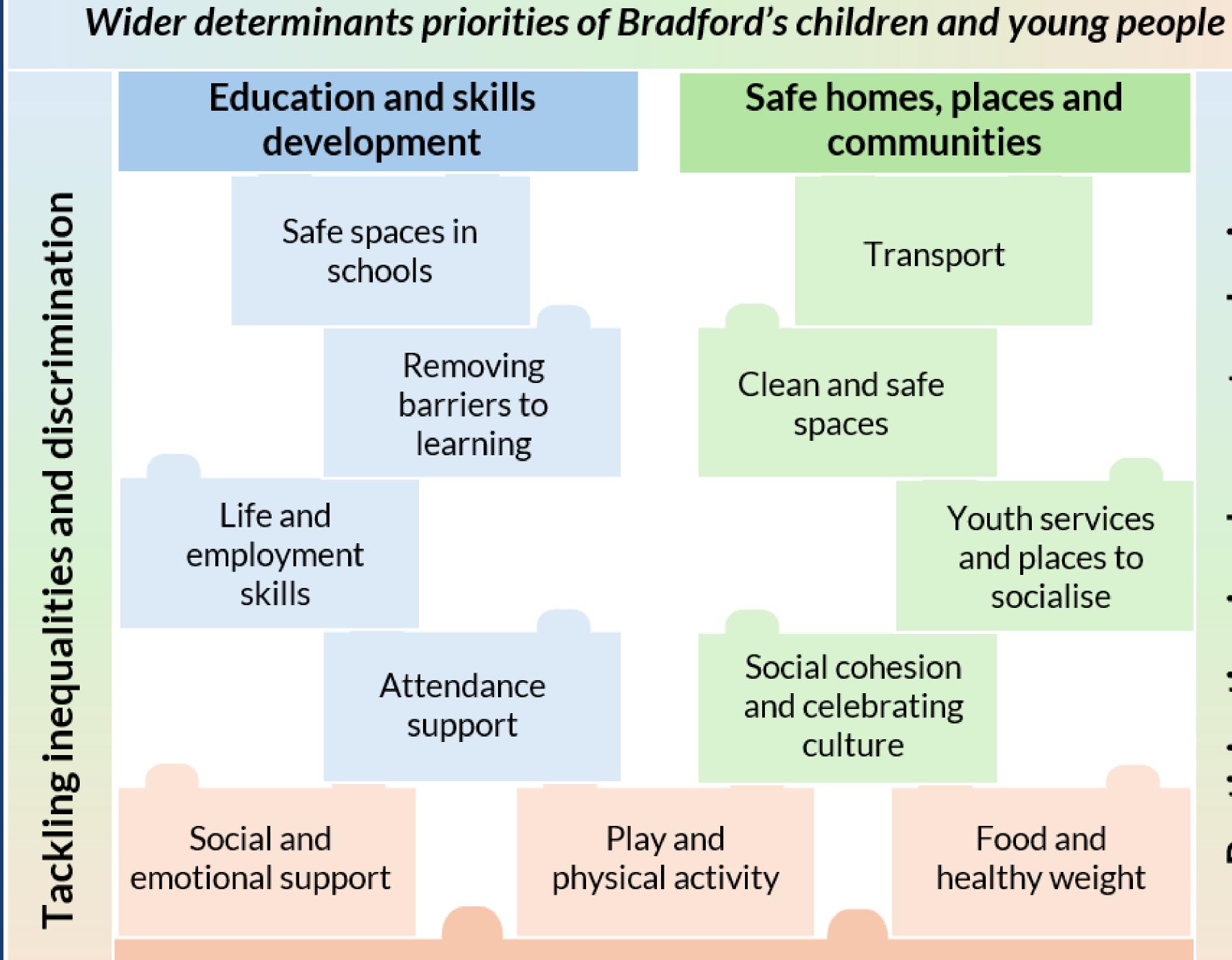
The priorities are a starting point to inform local action and research on the wider determinants of health. They will help ensure that Bradford's HDRC is supporting research on topics that matter most to local children and young people, and can be used to inform service delivery and planning within the wider council.

Figure 1 - Emerging priorities of Bradford's children and young people around the wider determinants of health











Transport

Clean and safe

Youth services and places to socialise

Social cohesion and celebrating culture

Physical and mental health

Food and healthy weight

# Insight gaps

There is limited evidence about **what success would look like** through the eyes of children and young people and potential solutions across the priority areas identified.

There is limited insight from vulnerable groups (those not in employment, education or training, asylum seekers, children in care/care leavers, young carers, teenage parents, and the homeless) and children under the age of 5 years.

## Recommendations

These emerging themes should be integrated alongside other forms of evidence to shape priority areas for future research and action to address the wider determinants of health in Bradford District via local policy development and service planning.

**Participation** 

Further work will likely be required to ensure **sufficient insight** has been gained from seldom heard voices, and to unpick these topics in greater depth, for example, working with children and young people to coproduce solutions to priority issues and understand what success would look like through their eyes.

### Acknowledgements

Bradford HDRC is funded by the National Institute of Health Research (NIHR).

The HDRC would like to acknowledge those who have been involved in gathering and collating the insight used for this research, including all organisations listed in the references. They would also like to thank the children and young people living in Bradford who participated directly and indirectly in this research.

### References

https://engagebdc.com/listen-in-bdc.

1. City of Bradford Metropolitan District Council. Bradford District Children and Young People's Strategy 2023-2025. [Online] https://www.bradford.gov.uk/children-young-people-andfamilies/reports-policies-projects-and-strategies/bradford-district-children-and-young-peoplesstrategy/

2.Bradford District and Craven Health and Care Partnership. Youth Voice Summit. [Online] https://engagebdc.com/29420/widgets/84171/documents/58634. 3. Bradford District and Craven Health and Care Partnership. Listen in. [Online]

4.Citizens UK. Bradford Citizens. [Online] <a href="https://www.citizensuk.org/chapters/leeds/bradford-">https://www.citizensuk.org/chapters/leeds/bradford-</a>

5. The Health Foundation. A place to grow - Exploring the future health of young people in five sites across the UK. [Online] 2018. https://www.health.org.uk/publications/a-place-to-grow. 6. Cartwright, Christopher, et al. People powered research: what do communities identify as important for happy and healthy children and young people? A multi-disciplinary community research priority setting exercise in the City of Bradford, United Kingdom (UK). International Journal for Equity in Health. [Online] <a href="https://doi.org/10.1186/s12939-023-01881-y">https://doi.org/10.1186/s12939-023-01881-y</a>

7. City of Bradford Metropolitan District Council. Needs Assessment: Children and young people with special educational needs and disabilities (SEND). [Online] https://jsna.bradford.gov.uk/media/1czkbxlj/send-health-needs-assessment-may-2023.pdf.

8. City of Bradford Metropolitan District Council. Bradford District Children and Young People's Mental Health Needs Assessment. [Online] https://engagebdc.com/29420/widgets/84171/documents/58635.

9. Young Ambassadors. 2025 Young Ambassadors. [Online] https://engagebdc.com/29420/widgets/84171/documents/55861 10.Mind in Bradford. Youth In Mind 2022/23 - Increasing engagement of children and young people from minoritised ethnic backgrounds. [Online]

https://engagebdc.com/29420/widgets/84171/documents/55322 11. The Royal Society of the Arts, Manufactures and Commerce. State of paralysis: Young people's health and economic security in the UK. [Online] <a href="https://www.thersa.org/reports/state-of-paralysis">https://www.thersa.org/reports/state-of-paralysis</a>.