



Project Athena

WHO ARE WIZER CIC?

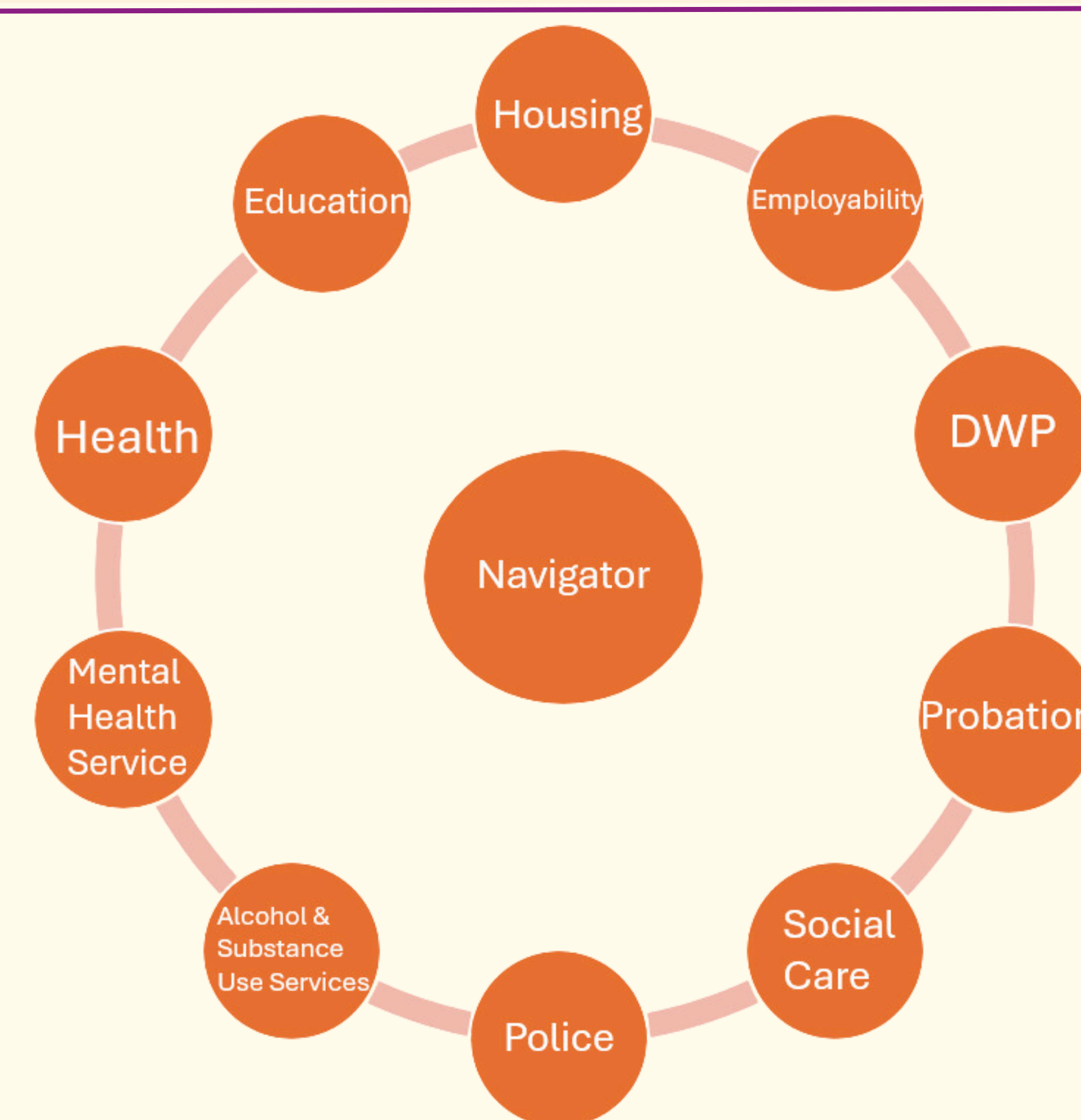
Wizer work with those embedded in the criminal justice system by offering intensive mentoring and support in areas such as:

- Healthy trusting relationships
- Prison pick ups
- Accessing Housing
- Accessing drug and alcohol support
- Benefit applications
- Accessing mental health support
- Accessing community support
- Emotional and practical support
- Forward planning and achieving your goals

PERSON-CENTRED SUPPORT FOR FEMALE PRISON LEAVERS IN NORTH EAST LINCOLNSHIRE

WHAT IS THE PROJECT?

- Project Athena provides wrap around, intensive, long term support for female prison leavers starting from 16 weeks prior to release.
- With a person-centred approach Project Athena focuses on an individuals support needs and external barriers or gaps in service provision.
- Spear-headed by lived experienced Navigators at Wizer CIC, key stakeholders across North East Lincolnshire work in collaboration to provide continuity of care through daily updates and weekly meetings to discuss and plan care, ensure joint working and prevent duplication.
- This project focuses on all aspects of the woman's life to address criminogenic needs, health, employment and sustainability



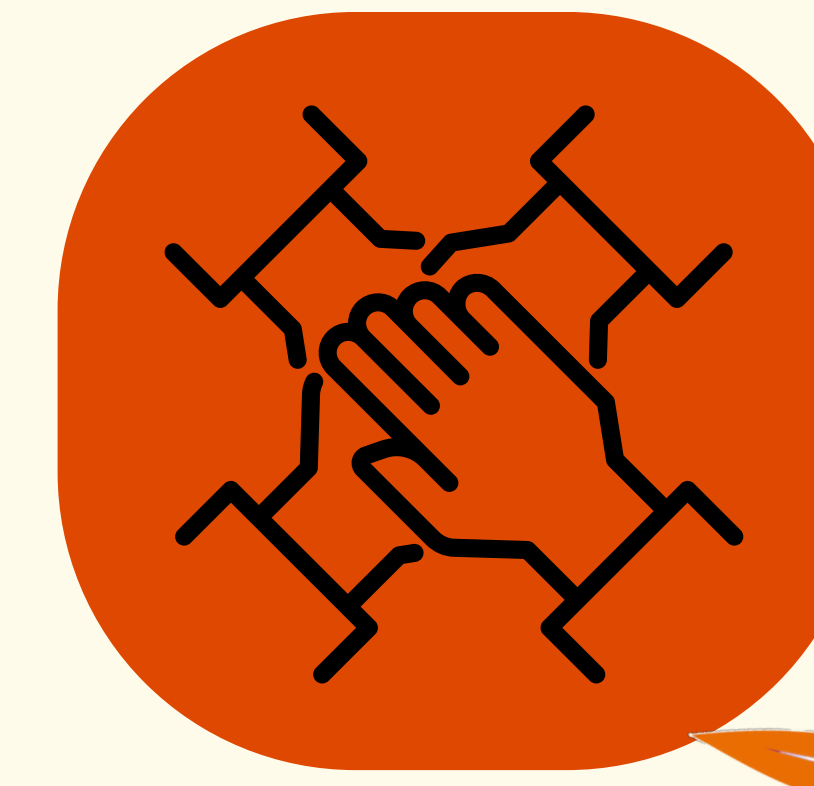
WHY IS THE PROJECT IMPORTANT?

Prison leavers can be highly vulnerable upon release, they are:

- more likely to have co-existing needs (substance use, mental health, housing etc.)
- less likely to have friends and family for support.
- A total of 80% of all crime is created by those re-offending
- Keeping prisoners engaged in treatment after release not only improves continuity of care but prevents drug related death post release.
- The project creates a female only person-centred pathway to promote service engagement and ensures all female prison leavers are provided with consistent support.

OUTCOMES

- Reduce re-offending
- Improve continuity of care
- Reduce demand upon statutory and partnership agencies
- Supporting stable and healthier lifestyles
- Engage prison leavers in finding housing and employment
- Reduce the risk of drug related deaths after release
- Raising local aspirations
- Creating 'whole system approach'



PATHWAY

- Identify prison leaver.
- In-prison contact made to advise of service.

16 Weeks Pre-Release

- Contact begins between leaver and navigator; building the foundations of a trusting relationship
- Partner agencies are informed and referral processes begin
- An action plan is shared with partners.

Up to 10 Weeks Pre-Release

- Gate pick up or time is arranged to meet at Job Centre or Wizer Hub to begin support.
- Bespoke contact with Navigator
- Weekly meetings between key stakeholders provide updates on client.
- Training opportunities are provided
- Volunteering and employment opportunities.

Day of and Post Release