

# Project Phoenix

## PERSON-CENTRED SUPPORT FOR MALE PRISON LEAVERS IN NORTH EAST LINCOLNSHIRE

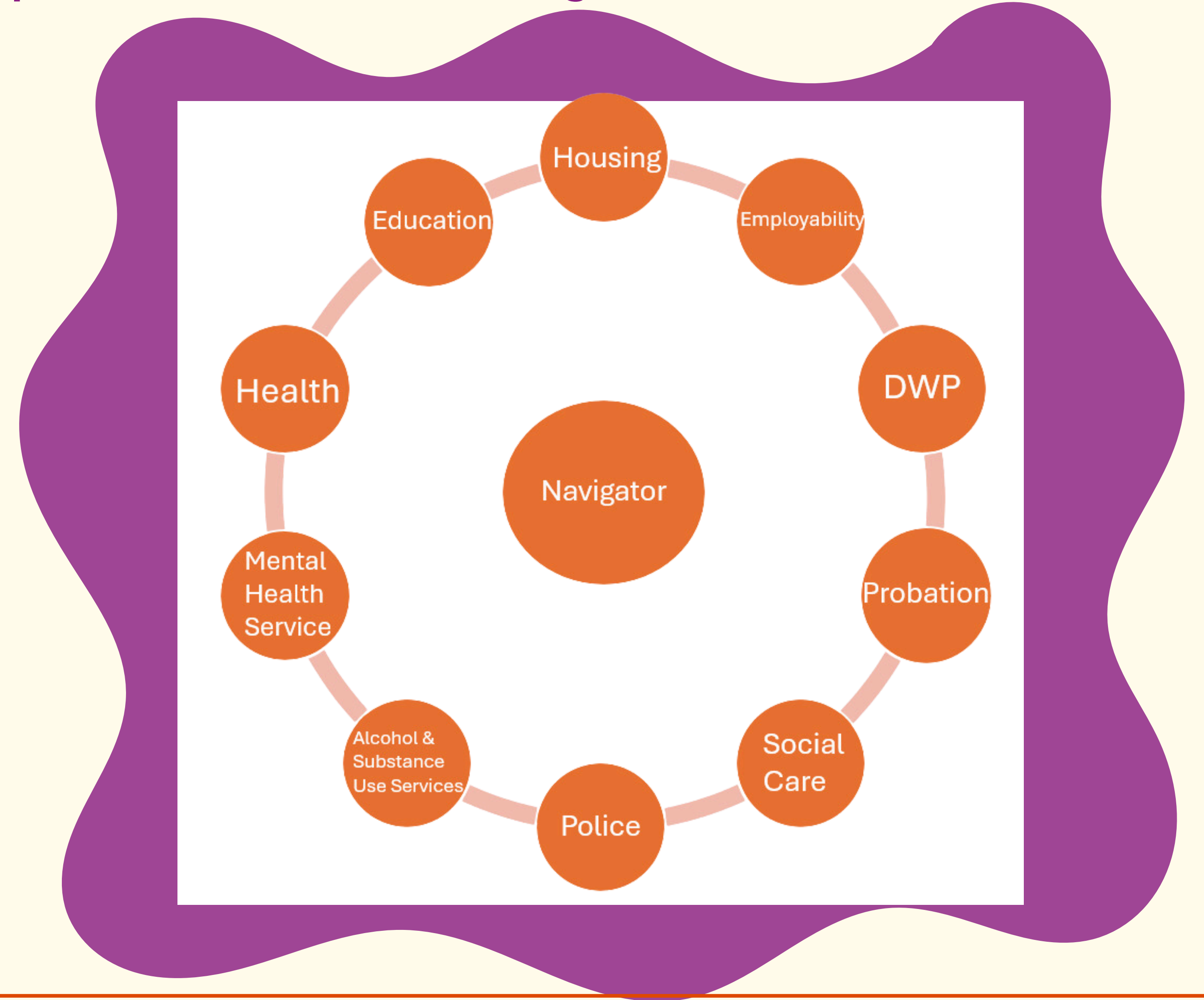
### WHAT IS THE PROJECT?

- Project Phoenix provides wrap around, intensive, long term support for male prison leavers starting from 16 weeks prior to release.
- With a person-centred approach Project Phoenix focuses on an individuals support needs and external barriers or gaps in service provision.
- Spear headed by lived experienced Navigators at Wizer CIC, key stakeholders across North East Lincolnshire work in collaboration to provide continuity of care through daily updates and weekly meetings to discuss and plan care, ensure joint working and prevent duplication.

### WHO ARE WIZER CIC?

Wizer work with those embedded in the criminal justice system by offering intensive mentoring and support in areas such as:

- Healthy trusting relationships
- Prison pick ups
- Accessing Housing
- Accessing drug and alcohol support
- Benefit applications
- Accessing mental health support
- Accessing community support
- Emotional and practical support
- Forward planning and achieving your goals

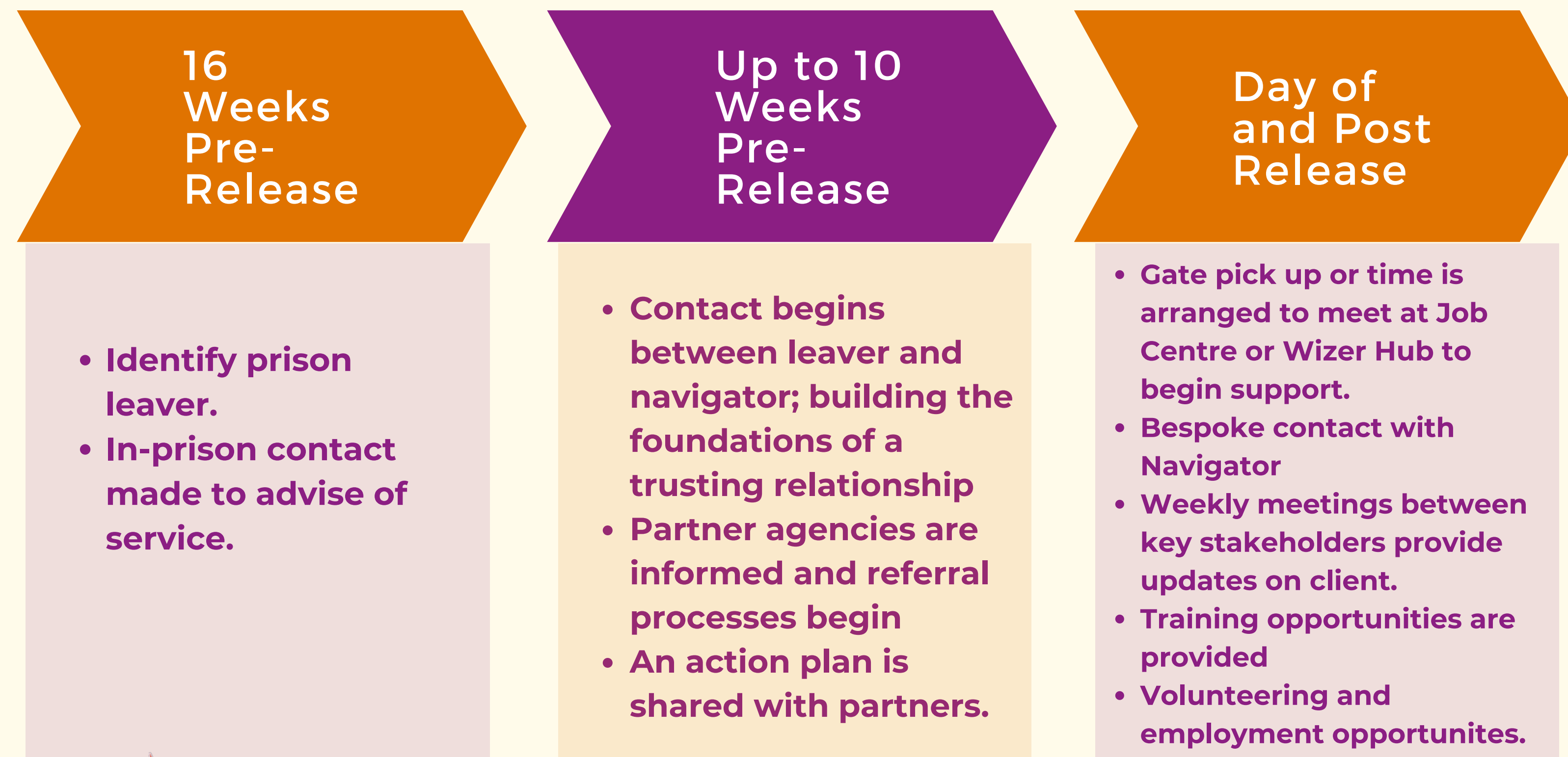


### WHY IS THE PROJECT IMPORTANT?

Prison leavers can be highly vulnerable upon release, they are:

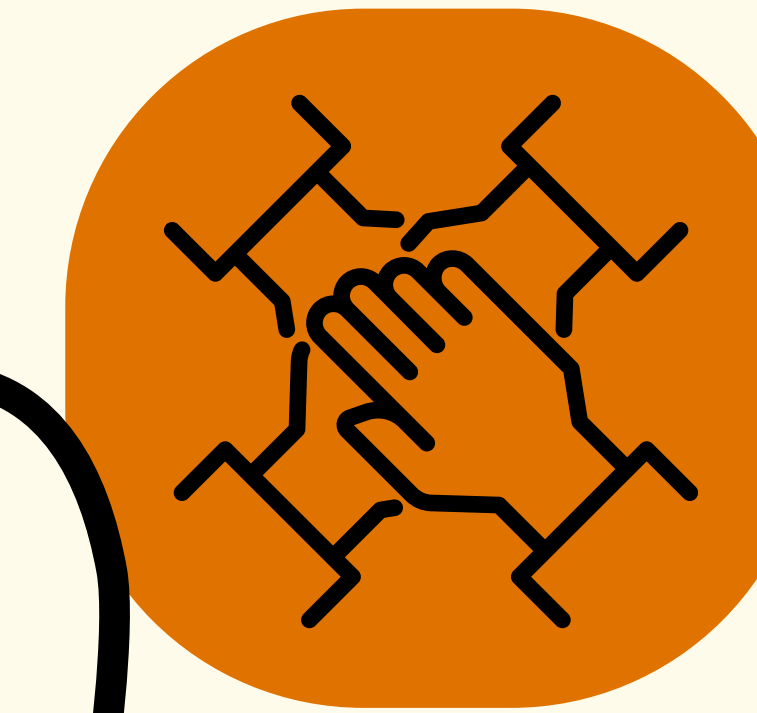
- More likely to have co-existing needs (substance use, mental health, housing etc.)
- Less likely to have friends and family for support.
- A total of 80% of all crime is created by those re-offending
- Keeping prisoners engaged in treatment after release not only improves continuity of care, but prevents drug related death post release.

### PATHWAY



### OUTCOMES

- Reduce re-offending
- Improve continuity of care
- Reduce demand upon statutory and partnership agencies
- Supporting stable and healthier lifestyles
- Engage prison leavers in finding housing and employment
- Reduce the risk of drug related deaths after release
- Raising local aspirations
- Creating 'whole system approach'



### CASE STUDY: BRIAN, MALE, 41

Brian was released towards the end of March 2024 after a short recall and over 25 years in and out of prison for crimes including burglary, robbery and drug possession.

The peer navigator collected Brian on release with less than 24 hours notice of the date change, ensuring that Brian engaged in everything on day of release. They jointly created a care plan, this included getting a fast tracked assessment at a Rehab.

Brian was supported to maintain his script, gain accommodation and secure benefits until a place at Rehab was secured. He has registered with a GP and dentist, was seen by the Hepatitis C nurse, and engaged with all agencies. Brian has also joined the local gym and started engaging in positive activities including recovery groups which he previously refused to attend.

Since his release Brian has not been charged with any offences and has successfully completed the first stage of his Rehab, he is now substance free and no longer on script. Brian is maintaining his accommodation, managing his own money and making positive decisions for himself recognising his own triggers.

Brian's recovery aspirations have already been met however, he now plans to continue his journey and wishes to work as a peer navigator himself in the future

"I have the ability to look ahead and plan and pursue my dreams which I have never had before"

"[My Life] has changed dramatically. I am happier, healthier, more confident... I am no longer getting in trouble with the police, and I have been sober for over 6 months for the first time in 30+ years. I am working in a voluntary position that I love"