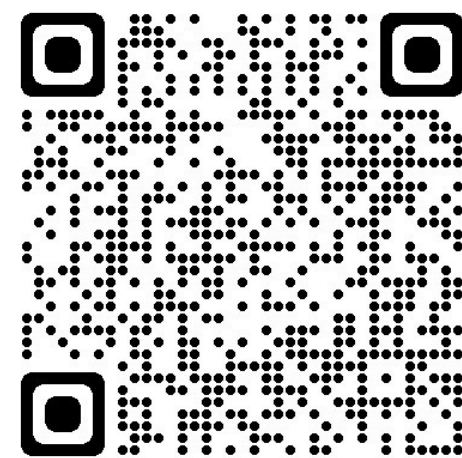


Auntie Pam's

Volunteer Peer Support



Supporting you, your baby and your family



We are a volunteer peer support service for women and their families during pregnancy and early parenthood.

We aim to strengthen resilience, raise aspirations and increase confidence to make positive lifestyle changes which results in improved health and wellbeing for the whole family.

We take a holistic approach to health and wellbeing. We understand that to encourage healthy behaviours, people also need to be supported to address a range of other challenges around areas such as housing, education, money and relationships.

Between July 2023 and August 2024, we supported 1559 families, 263 came to see us for the first time and for 1296 people, it was a return visit!

83% families returned to Auntie Pam's for support

62% families accessed Swap Shop for baby items

23% families supported with money/benefits

20% parents supported with infant feeding

18% supported with strengthening family relationships

We have supported families with over 2600 children between July 2023 and August 2024

Over 2,200 volunteer hours given to support families from July 2023 to August 2024

"Thank you for the warm welcome and help"

"Everyone is so friendly, I am so grateful for your help"

"I don't know how I would have done it without your support"



Auntie Pam's Kirklees

www.auntiepams.org.uk

Lisa Akester, Service Co-ordinator, Kirklees Council