

Substance Care Teams & Beyond: Enhancing hospital treatment for patients with substance use needs

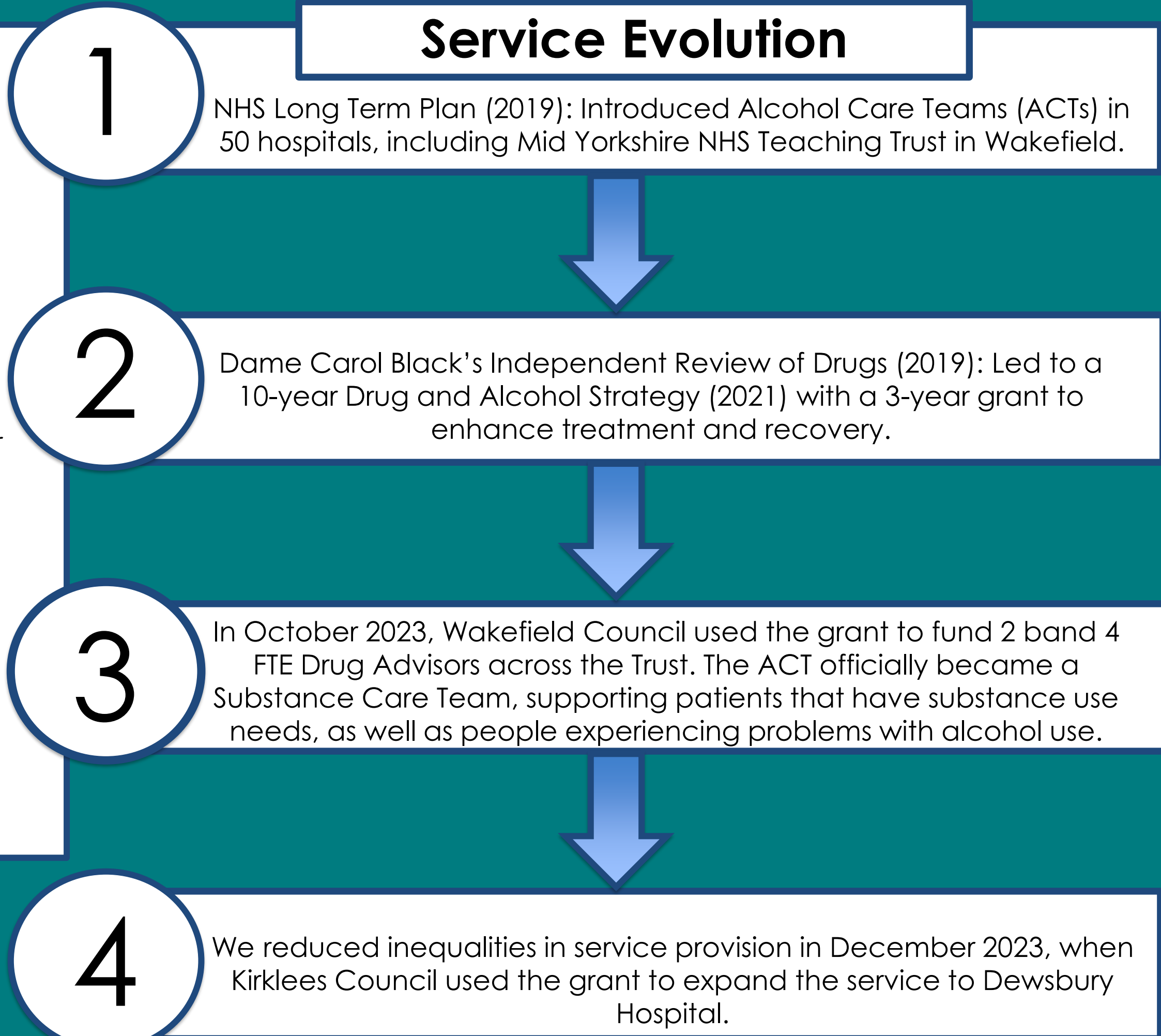
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Background

- **Record High Deaths:** In 2023, drug-related deaths reached 5,448 (93 per million people).
- **Alcohol's Impact:** Fifth leading cause of death and disability in the UK.
- **Health Risks:** Problematic drug use can increase the likelihood of infectious diseases and chronic conditions like liver disease, cardiovascular problems, and mental health disorders.
- **Wide-Ranging Effects:** Alcohol causes cardiovascular disease, cancers, liver disease, and contributes to accidents, violence, and self-harm.
- **Hospital Admissions:** Over 1.1 million alcohol-related admissions annually, with 100,000 directly linked to alcohol dependence.
- **High-Risk Group:** Dependent drinkers are at the greatest risk of alcohol-related conditions.
- **NHS Shortcomings:** Government's Drug Strategy found here was an 'insufficient focus on drugs and alcohol in NHS and mental health services.'

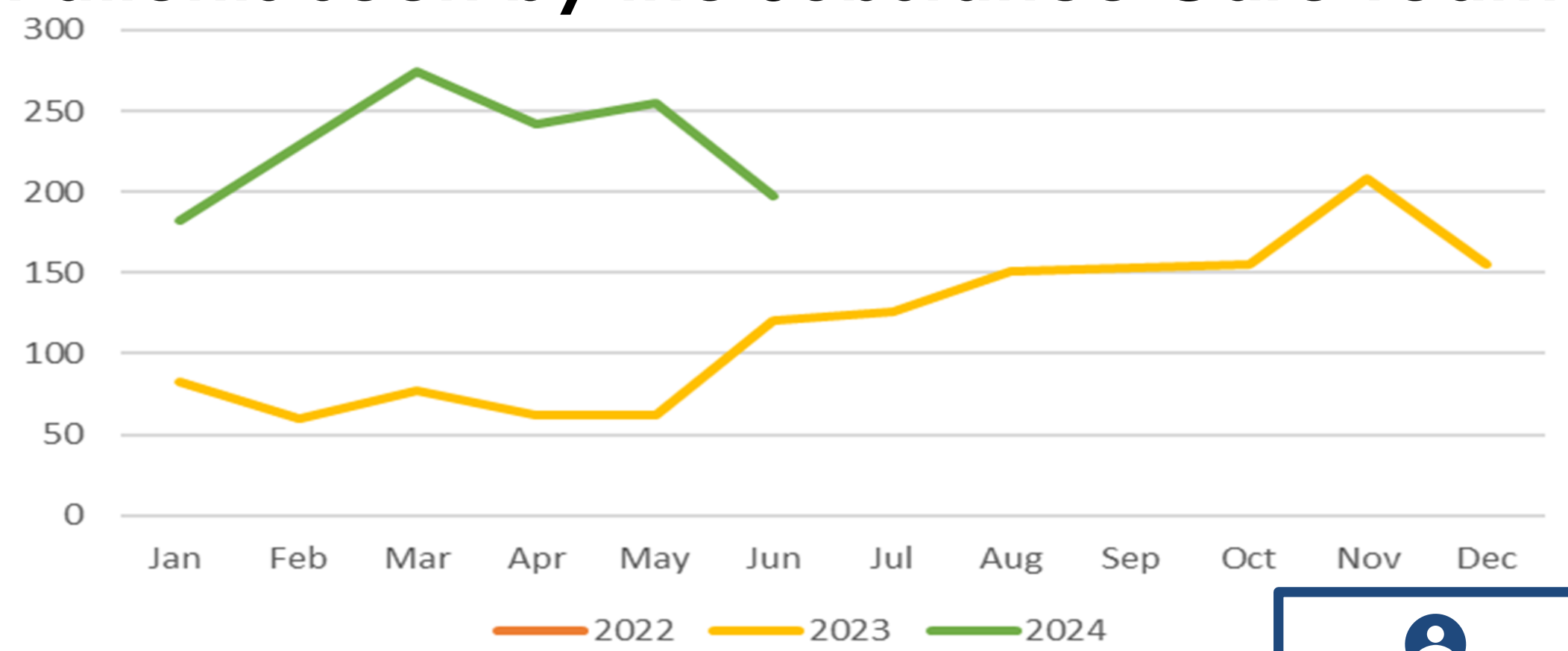
Service Evolution



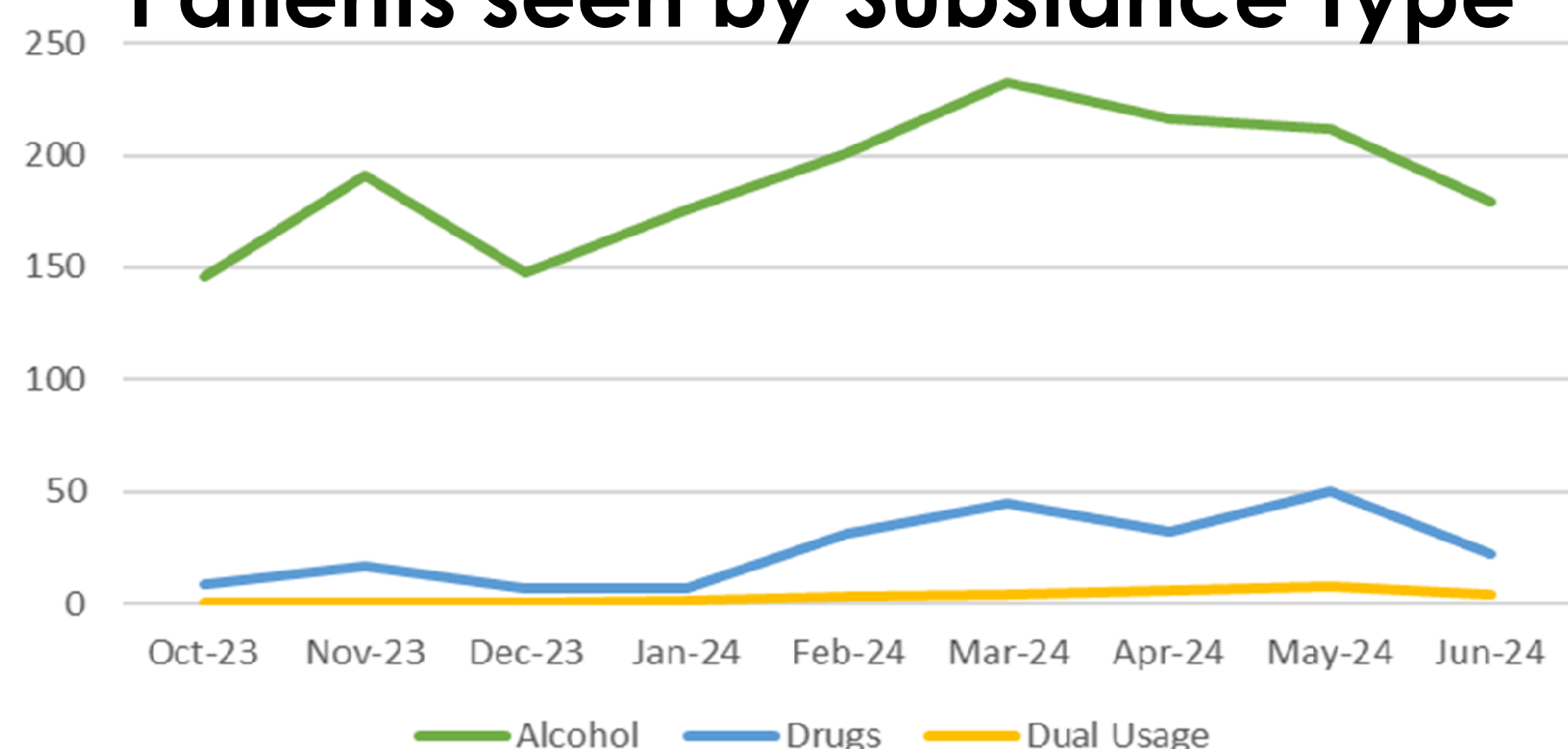
Substance Care Teams...

- ✓ Are dedicated teams that provide targeted care in hospitals for patients with substance use issues.
- ✓ Work with various hospital departments to ensure coordinated and effective treatment.
- ✓ Aim to reduce bed days, hospital admissions, readmissions, and alcohol-related mortality rates.
- ✓ Work with people who are:
 - over 18 years old **and have either**
 - an audit C score of 7 or above for alcohol referrals **or**
 - be identified through initial assessment as taking other substances
- ✓ In Mid Yorks are made up of:
 - Head of clinical service
 - Team leader
 - Band 6 Specialist Drug and Alcohol Practitioner
 - 6 band 4 Drug and Alcohol Advisors
 - Part-time administration support
 - Support from the Consultant in Acute Medicine who is linked to the team for service development.

Patients seen by the Substance Care Team



Patients seen by Substance Type



Partnership Working

- Change Grow Live & Kirklees & Turning Point (Wakefield):**
- ❖ Navigators & Nurses/NMPs attend Trust twice weekly to engage patients and support their discharge into community services.
 - ❖ Clinical team continue detoxes and manage alcohol prescribing.
 - ❖ Daily meetings between community treatment providers and SCT to discuss hospitalised patients.
 - ❖ Collaboration has reduced stigma and educated the wider health sector about substance use.
- Commissioners from Kirklees & Wakefield Councils:**
- ❖ Allocate resources to improving hospital care
 - ❖ Promote the model/service
 - ❖ Attend monthly steering groups to support strategically with operational delivery

Referrals into Community Treatment*

*People eligible for referral, not all these accessed community treatment	Referrals to Turning Point	Referrals to CGL
Jan-Dec 2023	444	185
Jan-Oct 2024	845	326
Total	1289	511

Interventions Completed: Medically Assisted Withdrawals and Welfare Calls

	Year to date (2024)									
	Jan	Feb	Mar	Apr	Jun	Jul	Aug	Sep	Oct	Total
No. of Medically Assisted Withdrawals	0	0	1	50	24	47	46	55	43	266
No. of Welfare Calls <small>* Implementation of welfare calls</small>	--	--	--	16*	38	92	127	62	97	432