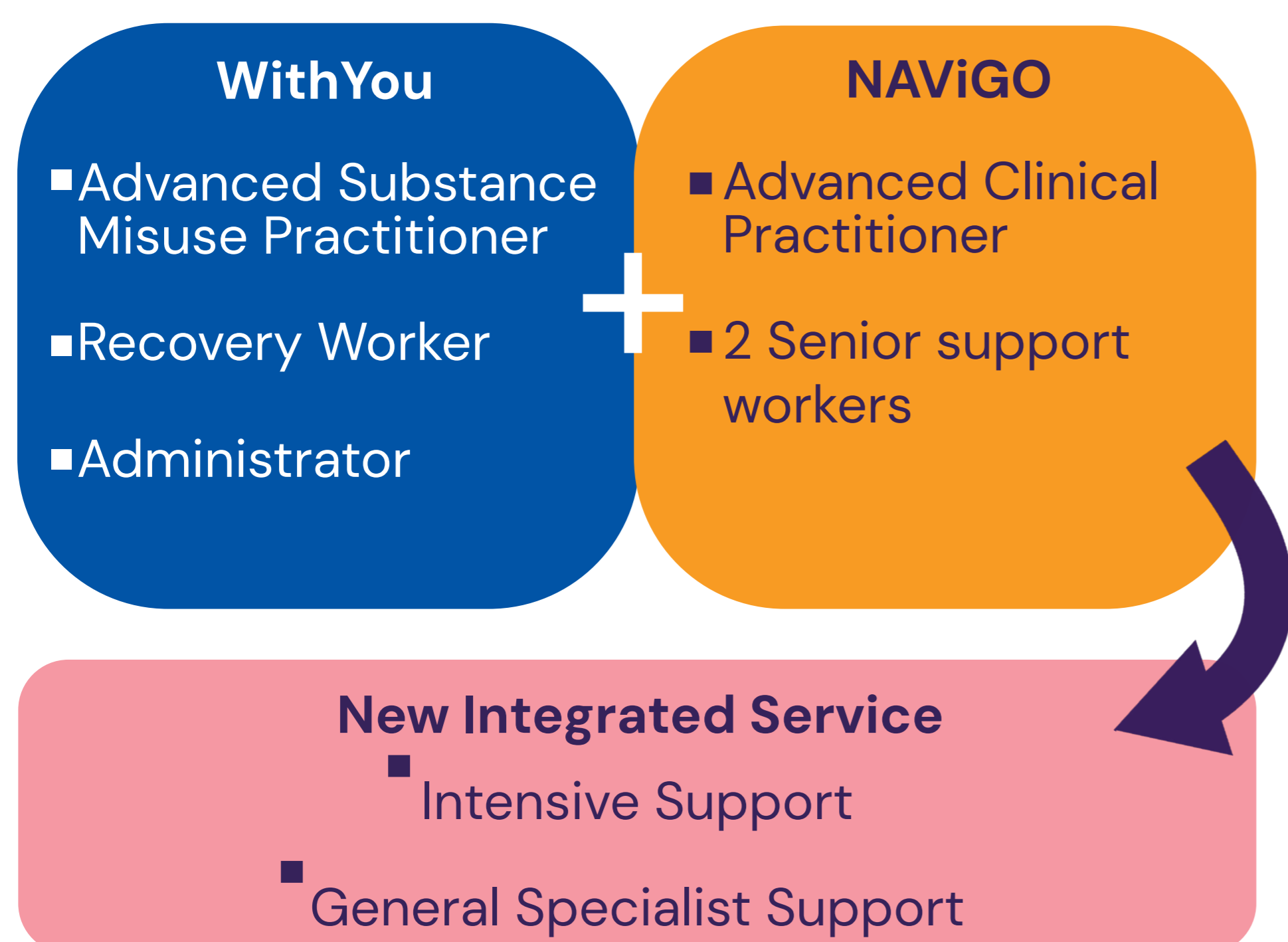


# Well Together Service North East Lincolnshire

We aim to strengthen and develop provision, to ensure clients with Co-Morbidity (Mental Illness and Substance Use) receive the best service they can, at the time they need it.

The Well Together service started in July 2024 after months of planning and discussions with key partners and service users, following an approach by the commissioner to come up with a service plan for dual diagnosis. The service is a 12 month pilot and the staff team are employed by substance misuse or mental health service.



## The Intensive Support Service

- Direct referral from Crisis Team with an assessment within 48 hours
- Minimum of 3 interventions a week
- Access to prescribing for mental health and substance misuse concurrently
- Time limited – aim to stay with service for 6–8 weeks then be referred back into core substance misuse/mental health services

## The General Specialist Support Service

- Accessed from core substance misuse/ mental health service
- Assessment and advice/support re interventions and careplan
- Remains case managed by core service
- Can transfer to Intensive support if team feel appropriate

## Clients May – October 2024

Service	Number
General	11
Intensive	28
<b>TOTAL</b>	<b>39</b>

## Outcomes

We have reduced attendances for the Crisis Team, nine successful transfers back into core mental health and substance misuse service, positive engagement with clients, successfully worked with 2 clients who didn't need referral back to core services and greater partnership working.

*"The service supported me with both my mental health and alcohol use, I've been trying to get help for years and always struggled. I am now sober and on medication for my mental health and feel at last I can get on with my life."*

– **Client, Well Together**

*"A great team – it's all in the name!"*

– **Client, Well Together**

