

# Impact of Evaluation of Domestic Abuse Perpetrator Programme on Design and Provision of Services

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- What is domestic violence and abuse
- Foundation for change perpetrator programme
- Findings of the evaluation of FOC perpetrator programme
- Lessons learned from provision and evaluation
- The new programme and what it offers?

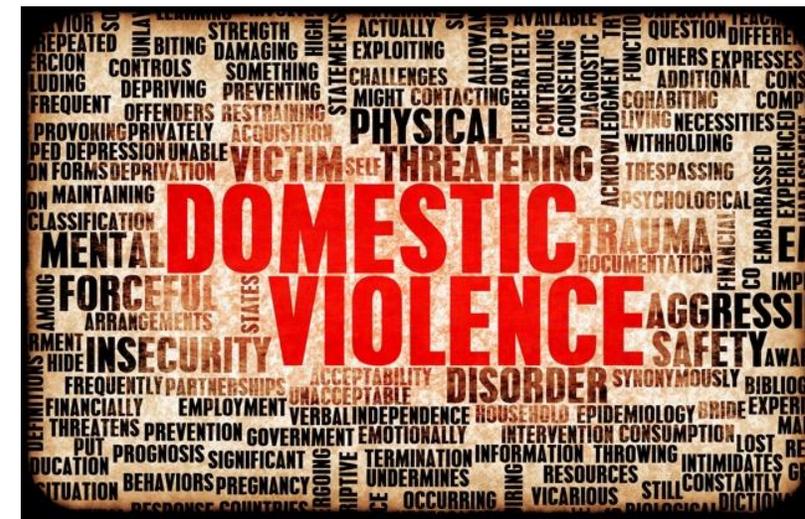
# Domestic Violence and Abuse



- “The intentional use of physical force or power, threatened or actual, against oneself, another person, or against a group or community, that either results in or has a high likelihood of resulting in injury, death, psychological harm, mal-development or deprivation” (World Health Organization, 1996, p. 4)
- “... a pattern of abusive behaviors in the context of an intimate relationships” (Toro-Alfonso & Rodriguez-Madera, 2004, p. 640).

# What is Domestic Violence?

- **Behaviour** within an intimate relationship that causes physical, sexual or psychological **harm**, including acts of:
- Physical aggression
- Sexual coercion,
- Psychological abuse &
- **Controlling** behaviours”  
(WHO, 2010)



# Introduction

- Foundation for Change is an 8 week structured programme for perpetrators of domestic violence and abuse (DVA) in Doncaster
- DVA is a pressing public health issue, with a weak evidence base to inform interventions for perpetrators
- Need for more theory-driven evaluations of community-based interventions for DVA perpetrators

# FOUNDATION

## Services



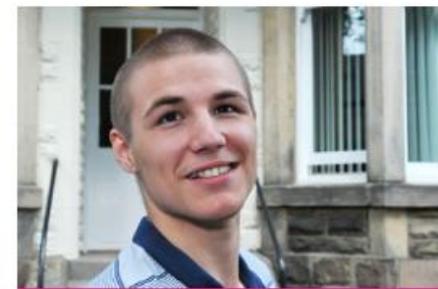
### WORKING WITH ADULTS

We work alongside customers to prevent and tackle homelessness, domestic abuse, drug and alcohol problems and resettle people into the community.

[READ MORE](#)

### WORKING WITH YOUNG PEOPLE

Homeless, leaving care, in trouble with the law; we provide the practical, financial and emotional support young people need to stabilise their lives and realise their ambitions.

[READ MORE](#)

### A PLACE TO LIVE

Finding and maintaining a tenancy, managing money and creating a home within the community is at the heart of Foundation's work to promote positive independence.

[READ MORE](#)

### HOMELESS PREVENTION

Foundation supports a wide range of clients, but the majority of our homeless prevention work is focused on young people, adult offenders and families - especially those with more complex problems.

[READ MORE](#)

### DOMESTIC ABUSE

Foundation offers advice, information, help, support and counselling to those suffering through domestic abuse, through a range of schemes and programmes, and in partnership with external agencies.

[READ MORE](#)

### HEALTH & WELLBEING

Foundation offers a holistic service to enable our customers to develop confidence and make positive choices in all aspects of their lives.

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## Foundation 4 Change



- Initial assessment
- An awareness raising workshop
- 1-1 support sessions with key workers
- Eight structured group sessions
- Drop in hub
- Motivational interviewing, cognitive behavioural therapy and positive role modelling

# Aims

- Develop and test the programme logic, including its key in-built assumptions
- Describe and evaluate the programme implementation
- Explore contextual factors that influence the: (i) change mechanisms; and/or (ii) implementation processes; and (iii) outcomes of the programme
- Describe any differential access, experiences and outcomes of the programme by gender, socioeconomic and ethnic group
- Identify strengths, weaknesses and transferable lessons
- Describe the costs and benefits (including wider social returns) associated with delivering the programme

## ***Study Design:***

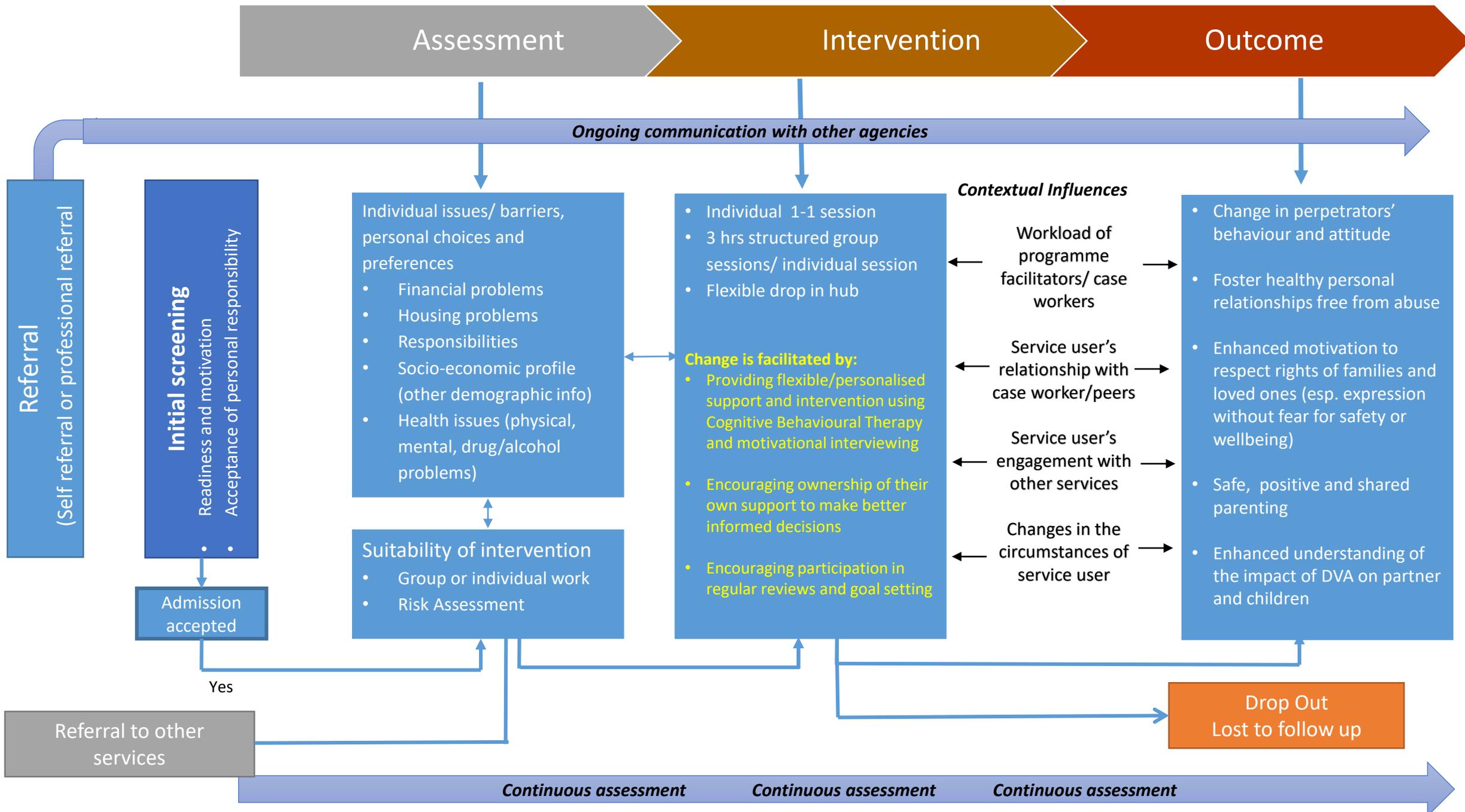
- A mixed-method, theory-driven evaluation, incorporating economic analysis

## ***Setting and population:***

- DVA perpetrators (male or female aged 16+ years) who reside in the Doncaster area and who voluntarily access the Foundation for Change programme, plus their intimate partners and family members

# Data Collection





# Client Summary

**GENDER:** Male=254 (92.4%), Female=21 (7.6%)

## **ETHNICITY:**

White British=240 (87.3%) White other= 14 (5.1%), (Total=92.4%; ONS 2011=93.2%)

Asian or Asian British= 8 (2.9%), (ONS=2.2%)

Black= 3 (1.1%), (ONS=1%)

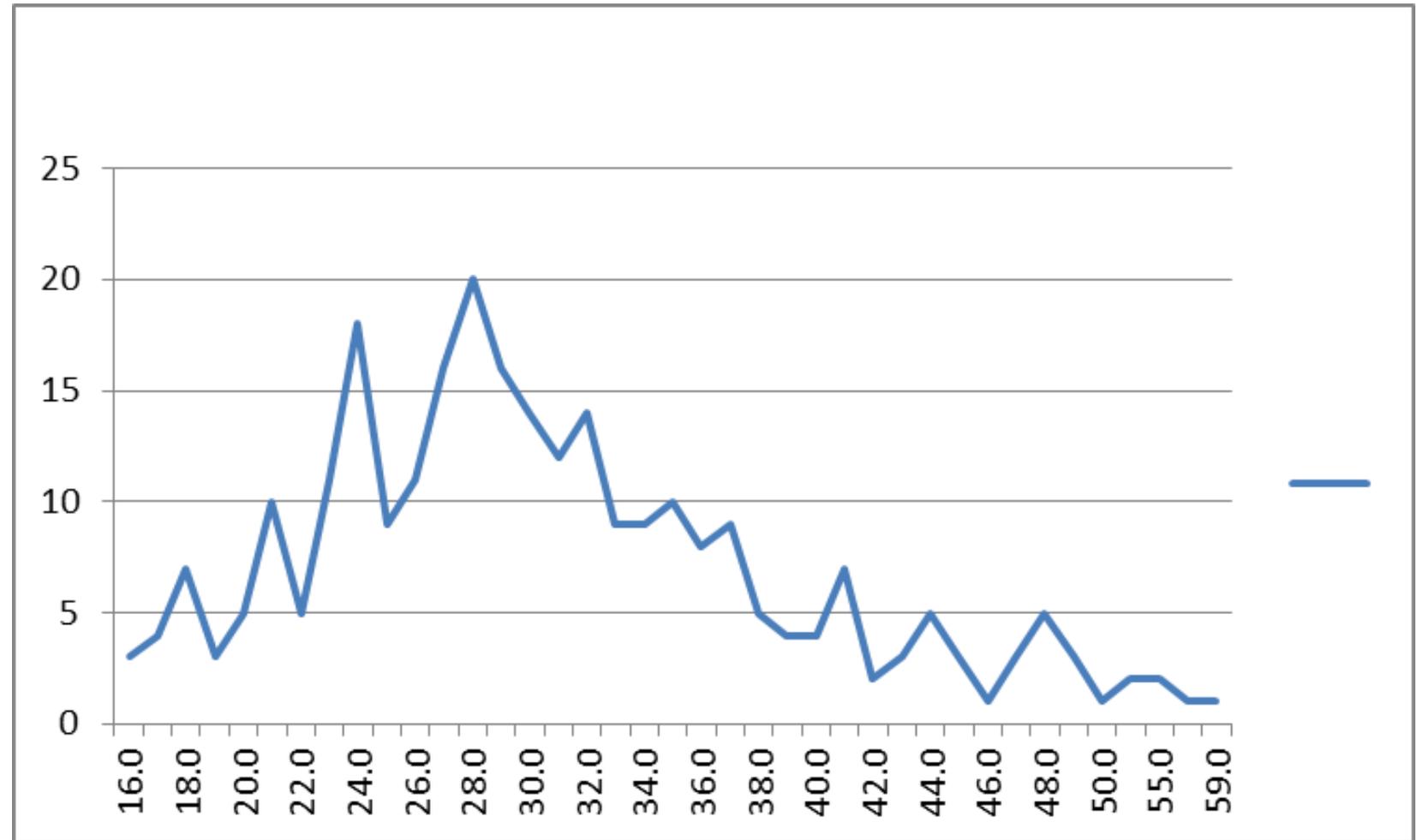
# Age distribution

Age range=16-59 years

Mean= 31 years

Mode= 28 years

54.5% are between age 23-33





# Referral Routes (n=281)

Self: 46%

Children's services: 21%

Other voluntary: 8%

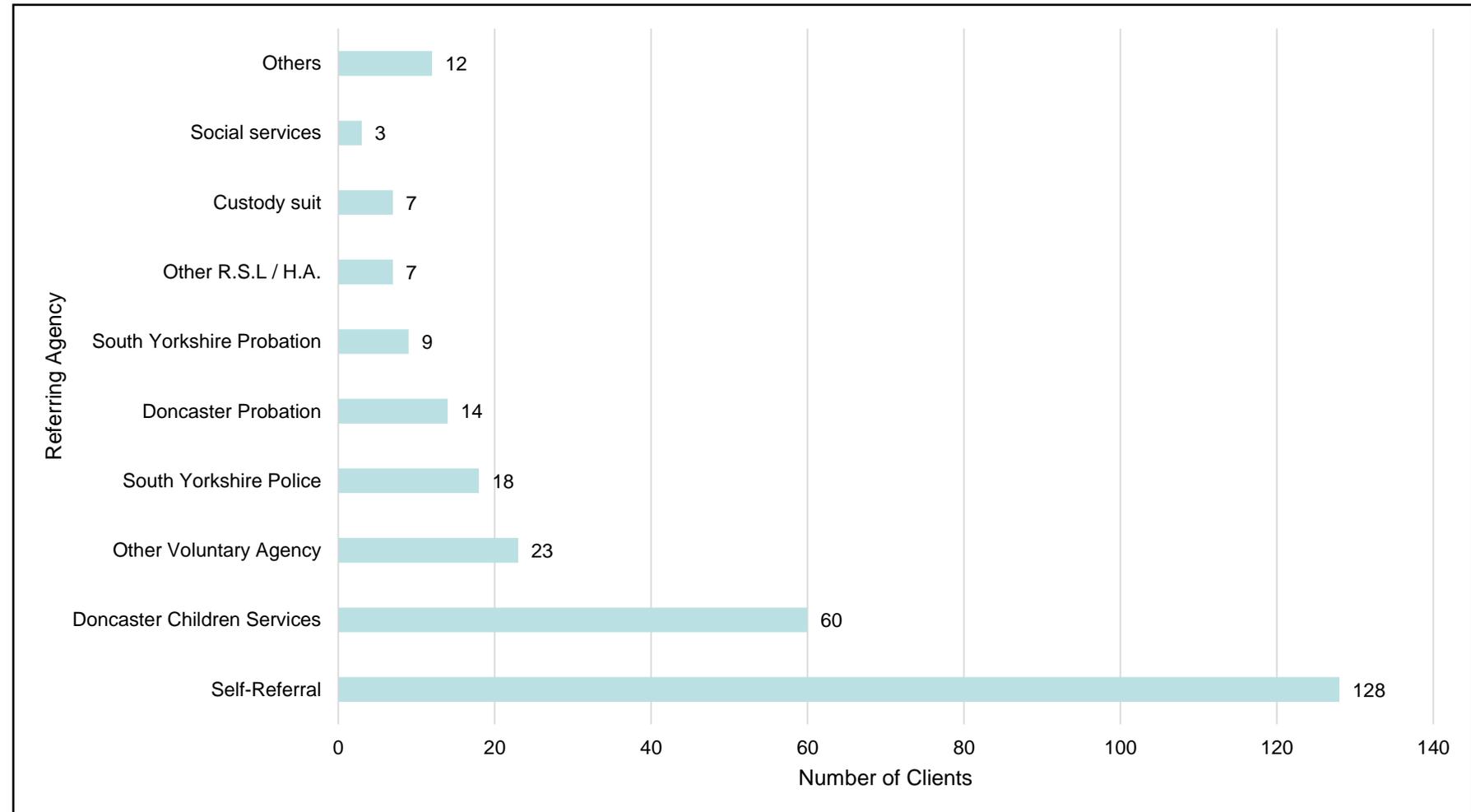
SY Police: 6%

Don. Probation: 5%

## Signposting of self-referrers

Children's Services=76%

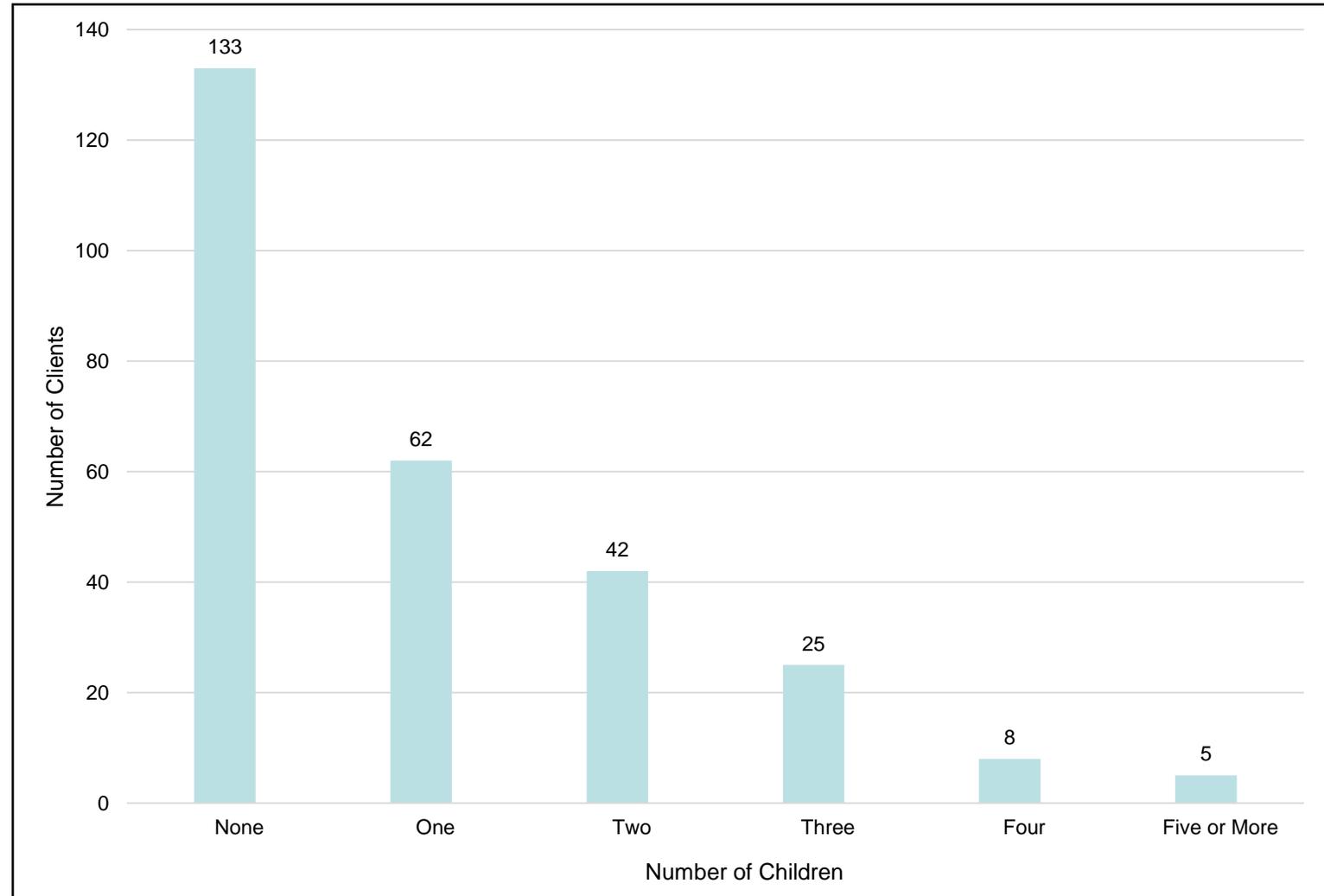
Probation= 6%



# Children (n=275)

Number of Children	Frequency	%
1	62	22.5
2	42	15.3
3	25	9.1
4	8	2.9
5	2	.7
7	1	.4
8	2	.7
<b>Sub Total</b>	<b>142</b>	<b>51.6</b>
<b>None</b>	<b>133</b>	<b>48.4</b>
<b>Total</b>	<b>275</b>	<b>100.0</b>

NB: some clients with 'none' were expecting children, and some were in relationships with people with children



# Personal Contexts: mental health

Ever diagnosed with mental health problem= 42 (16.2%)

Ever suffered from anxiety or panic attacks= 78 (28.8%)

Ever intentionally harmed yourself= 45 (16.6%)

Ever felt suicidal= 55 (20.4%)

# Reason for finishing

<b>Completed a programme of support and no longer needed the service</b>	<b>121 (44%)</b>
Non-engagement	108 (39.3%)
Unknown/lost contact	14 (5.1%)
Moved within same scheme	8 (2.9%)
Taken into custody	6 (2.2%)
Unavailable	2 (0.7%)
Missing/error	16 (5.8%)
<b>TOTAL</b>	<b>275 (100%)</b>

# Findings: Predictors of non-completion\*

- Clients who were not in education, training or employment were less likely to complete the programme ( $p=0.023$ ). In addition, such clients were also more likely to take an unplanned exit from the programme ( $p=0.003$ )
- Clients not registered with a general practitioner were also more likely to take an unplanned exit from the programme ( $p=0.043$ )

\*Chi-Square Test

# Key themes

- Voluntary participation
- Modelling effective relationships
- Taking responsibility for behaviour
- Putting learning into practice

# *Factors affecting Programme Implementation*

- Continuity of service
  - Short term contract- service
  - Short term contracts- staff
  - Staff attrition
- Expansion of F4C services
  - Internal movement of keyworkers to other initiative
- Support from subject specialist
- Links with other services
- Maintaining engagement with clients

# ***Lessons Learned and Commissioning of New Service***

# Inspire to Change – a county-wide service

South Yorkshire  
Community Rehabilitation Company



- This issue affects many thousands of families, households and all walks of life. Sadly no one is immune from its sometimes devastating impacts.
- South Yorkshire alone there were over **30,000** reported crime and non-crime Domestic Abuse Incidents, representing a significant demand to all services and partners engaged in this agenda.
- Whilst we offer significant wrap around support to victims and families affected by abuse. It has been clear that our approach to offenders and perpetrators was not having the desired impact in terms of changing the behaviour of individuals.

# Inspire to Change – a county-wide service

South Yorkshire  
Community Rehabilitation Company



- The model is based upon a successful programme which has operated in Doncaster bet 2015 to 2018
- Secured early evaluation by Parveen and her team who worked with F 4 C throughout programme
- The prog engaged with over **560** clients of which **136** successfully completed.
- The evaluation demonstrated low repeats from successful completion & victims felt safer. This enabled a business case to be put forward, supported by all four local authorities in South Yorkshire and the OPCC. (Gareth)

# Inspire to Change

Alasdair Kirkpatrick  
and Gareth Castick  
Project leads



# Inspire to Change – a county-wide service

South Yorkshire  
Community Rehabilitation Company



- Operating across the South Yorkshire District, launched in February 2018 at Rotherham Utd New York Stadium
- Aims to reduce domestic abuse through early intervention and preventing future victims
- Works to change behaviour through targeted CBT intervention and support
- Free and voluntary programme available to professionals and via self referral, anyone over the age of 16
- Dedicated website and referral hotline

[www.inspiretochange.co.uk](http://www.inspiretochange.co.uk)

0114 256 7270

# Why do we do it

- Very few people come to the attention of the CJS for domestic abuse offences
- Part of a holistic, whole family approach to tackling domestic abuse.
- Lasting impact on children, increased visibility for victims – addressing the root cause.
- Expanding Space for Action
- Research has demonstrated the success of DA interventions

- Two initial assessment sessions
- 10 group sessions- Respectful Relationships.
- Areas covered: BBR/PLW/VICTIM'S.
- About Me
- My Beliefs
- Communication
- Negotiation
- Respect
- Emotions
- Partnership
- Perspectives
- Honesty and Openness
- Future Planning

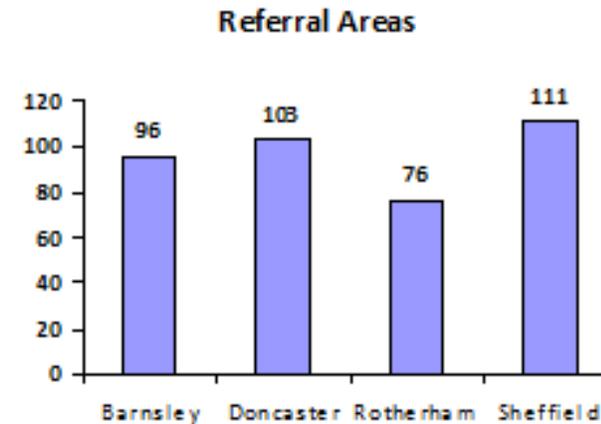


- Total of 386 referrals received across South Yorkshire

- Who is referring
  - CYPS
  - Self referrals
  - Mental Health Services

- 56 referrals for females

- Total of 72 positive completions to date



# Re-offending data

Completed the Programme	Committed a Domestic Crime or Non-Crime Since Start Date	Total Crimes Committed by these Individuals	Total Non-Crimes Committed by these Individuals
17	3	5	2

## • OFFENDING RATES OF PROGRAMME SUBJECTS

- In quarter 2 of 2018/19, seventeen subjects completed the Inspire to Change programme. Of these individuals, three committed a domestic crime or non-crime since starting the programme (18%).
- Two of the subjects committed a domestic offence within five months of starting the programme. The other committed a domestic offence within 9 months after starting the programme.
- Of these three individuals, two committed more than one domestic crime or non-crime since starting the programme. The other individual committed one.
- We are working closely with SYP in order to develop the data analysis regarding completions and re-offending data, we have a potential meeting date in Feb/March to discuss this.

# Service User Feedback

“Inspire to Change provided me with a safe space to be able to talk about my emotions and feelings”- **Stigma attached to abusive behaviour**

“The support I received from the facilitators was brilliant, I felt like they truly wanted to help me change my abusive behaviour”- **Importance of building a professional relationship and investing time and energy into service users. Genuine motivation of our staff to support positive change.**

“Inspire to Change has helped me and my partner repair our relationship, and given me the tools to manage my emotions in a more positive way”- **Point to make that it is about providing strategies and enabling individuals- they need to put them into practice.**

“Our social worker has told me how proud she is of me for completing the programme, I want to help other men change their behaviour” – Find that professional’s who invest an interest in supporting service user

“I’ve never opened up before about the pain my past has caused me”- **Sometimes being able to open up can be the start towards looking at how the past has impacted on own behaviour in future relationships.**

# How to make a referral



[www.inspiretochange.co.uk](http://www.inspiretochange.co.uk)

# Thank you for listening

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