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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 43, June 2019

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Gemma Mann) |
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| **NCMP and Child Obesity Profile updated**  The [NCMP and Child Obesity Profile](https://fingertips.phe.org.uk/profile/national-child-measurement-programme) has been updated with regional level data for the two inequality indicators for 2006/07 to 2017/18, Reception: Inequality in the prevalence of obesity (including severe obesity) and Year 6: Inequality in the prevalence of obesity (including severe obesity).  This update shows that inequalities in childhood obesity in English regions are widening, particularly among Year 6 children, with London shown to have the most inequality across Reception and Year 6. However, it is the only region not showing a significant increase in inequality, and levels have remained stable over the last 11 years.  The South West has the lowest levels of inequality in childhood obesity at both Reception and Year 6 age. The data is based on [the slope index of inequality](https://www.gov.uk/government/statistics/ncmp-and-child-obesity-profile-academic-year-2017-to-2018-update). This measures the social gradient in an indicator (in this case child obesity) and shows how much child obesity varies with deprivation, enabling monitoring of changes in the inequality gap over time.  **PHE National CYPF Monthly update - May 2019**    **Important information affecting local authority public health and children’s services**  From Spring 2019 significant changes will start to be made to the way child health information is collected across the health and social care system. The Digital Child Health (DCH) bulletin attached includes information from the DCH programme for the benefit of Directors of Public Health and Directors of Children’s Services to help them ensure that commissioned services meet the new information standards and IT requirements.    **Farm visits seasonal safety reminder**  Days out at farms are an enjoyable and educational experience for many people. However, animals can carry a number of infections that may be harmful to humans, especially children and pregnant women. Guidance for the public is available on the PHE website ([Farm visits: avoiding infection](https://www.gov.uk/government/publications/farm-visits-avoiding-infection)). Local Authorities are encouraged to share the guidance document with schools in their local area, in order to assist teachers in making risk assessments. Resources are available for educators through [Access to Farms](https://www.visitmyfarm.org/teachers). Those opening their farms to visitors should consult the [Industry Code of Practice](https://www.visitmyfarm.org/component/k2/339-industry-code-of-practice/339-industry-code-of-practice) and put the necessary control measures in place (including displaying signs to remind visitors to wash their hands with soap and water and ensuring appropriate facilities are in place).  **Close relative (consanguineous) marriage and genetic risk: providing effective and culturally appropriate services**  An interactive learning event for commissioners, service managers and practitioners  Thursday June 27th, 2019, 10.00 – 16.00 (with lunch)  Venue: Pam Liversidge Building, University of Sheffield, S1 3JD |
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| Living Well |
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| Tackling Obesity (H&WB Team Lead: Nicola Corrigan)  **GBSF nutrition standards update - consultation published**  On 21st May Department of Health and Social Care (DHSC) published their consultation to update the nutrition-related standards within the Government Buying Standards for Food and Catering Services (GBSF).  These plans were announced as part of [Childhood obesity: a plan for action, chapter 2](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/718903/childhood-obesity-a-plan-for-action-chapter-2.pdf). The consultation on the GBSF nutrition standards is now live and can be accessed [here](https://www.gov.uk/government/consultations/updating-the-government-buying-standards-for-food-and-catering-services-gbsf).  The aim of the policy they are proposing is to ensure healthier food and drink options are available across the public sector.  All central government departments and their agencies must comply with the GBSF, as well as prisons, the armed forces and the NHS. Schools must follow the school food standards legislation but may also choose to use the GBSF too. The wider public sector is encouraged to apply these standards.  DHSC are asking for any questions or comments regarding the above to be addressed to [childhood.obesity@dhsc.gov.uk](mailto:childhood.obesity@dhsc.gov.uk). The deadline for receipt of responses is **13 August 2019**.  Everybody Active Every Day **(**H&WB Team Lead: Nicola Corrigan)  **Active Travel and Physical Activity Reports**  Sports England have published two new reports on Active Travel and Physical Activity.  The first is a high-quality evidence review ofhow active travel and active travel interventions can support physical activity. This was carried out by an expert team led by Sustrans and including Dr Nick Cavill and Prof. Adrian Davis.  The second is Sport England’s own summary of the findings, key messages and calls to action that will help us realise the potential of active travel to achieve a more active nation.  Both reports are available on this dedicated page: [www.sportengland.org/research/understanding-audiences/active-travel/](http://www.sportengland.org/research/understanding-audiences/active-travel/)  **Physical activity guidelines review**  Updated UK national guidelines on physical activity – first issued by UK CMOs in 2011 – are under development, following completion of a review of evidence that has become available since 2011. The fundamental elements of the 2011 guidance will however remain unchanged, ie: *for children and babies five years and under*: at least 180 minutes (three hours) of activity spread throughout the day and minimising being sedentary (restrained or sitting) from extended periods (apart from sleeping); *for children and young people over five years of age*: at least 60 minutes of moderate to vigorous-intensity activity a day, vigorous-intensity activities that strengthen muscle and bone at least three days per week and minimising being sedentary (sitting) for extended periods; *for all adults*: at least 150 minutes (2.5 hours) of moderate intensity activity over a week, muscle and bone strengthening activities on at least two days and minimising being sedentary (sitting) for extended periods. Two working groups to support implementation of the updated guidelines are being established (see letter from the chair of the review committee attached); further details on the review process will be published on the [guidelines review website](http://www.bristol.ac.uk/sps/research/projects/physical-activity/).  **Adult excess weight supporting data and updated PHOF indicators: adult excess weight, physical activity and fruit/veg consumption**  The PHE Obesity Intelligence team has produced supporting data for the updated indicator on excess weight in adults (aged 18 and over) in the Public Health Outcomes Framework (PHOF). Breakdowns of local authority prevalence data by BMI category are presented in an Excel spreadsheet: underweight, healthy weight, overweight, obese, severe obesity and excess weight.  The new figures for 2017-18 can be downloaded here [Adult excess weight 2017-18](https://fingertips.phe.org.uk/documents/Adult%20excess%20weight%202017-18.xlsx) and are also available to  download from the [PHE Obesity Intelligence KHub Public Library](https://khub.net/web/phe-obesity-intelligence/public-library). The updated adult excess weight PHOF indicator is: [2.12 - Percentage of adults (aged 18+) classified as overweight or obese](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93088/age/168/sex/4)    The following PHOF indicators on physical activity and fruit and vegetable consumption have also been updated:  [2.13i - Percentage of physically active adults](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93014/age/298/sex/4)  [2.13ii - Percentage of physically inactive adults](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93015/age/298/sex/4)  [2.11i - Proportion of the population meeting the recommended '5-a-day' on a 'usual day' (adults)](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93077/age/164/sex/4)  [2.11ii - Average number of portions of fruit consumed daily (adults)](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93078/age/164/sex/4)  [2.11iii - Average number of portions of vegetables consumed daily (adults)](https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data#page/3/gid/1000042/pat/6/par/E12000003/ati/102/are/E08000016/iid/93079/age/164/sex/4)  **Rapha Foundation**  Rapha was established in 2004 to celebrate and promote cycling. Initially we did this by producing high quality road cycling clothing showcased in inspiring photography and stories. Since then, the company has expanded into many more product categories and established a thriving global community of cyclists. Rapha is fiercely ambitious about cycling, and we strive to see it become the most popular sport in the world.  Earlier this year Rapha launched the Roadmap, an extensive report into the state of professional cycling. This followed a two-year research project that investigated how the 'shop window' of cycling – that is, the professional sport – could be made more exciting and more valuable. The recommendations in the Roadmap now guide all of Rapha's investments, starting with a new approach to team sponsorship and now with the launch of our charitable Foundation, focused on the grassroots of the sport.  The Rapha Foundation's mission is to build a better future for the sport of cycling by inspiring, empowering and supporting the next generation of racers. We will provide direct funding to grassroots and not for profit organisations that introduce under-served audiences to the sport. We will champion these organisations and take aspiring racers on a journey from their local park to podiums at the top of the sport. We will do this all over the world. Please [click here](https://www.rapha.cc/gb/en/stories/rapha-foundation?utm_medium=email&utm_campaign=NAC-NAC-EMA%252020190529%2520Rapha%2520Foundation&utm_content=NAC-NAC-EMA%252020190529%2520Rapha%2520Foundation+CID_d1146a9ccce41ad1400ab8f315cd89aa&utm_source=Campaign%2520Monitor&utm_term=Read%2520more) for more information.  Healthy Places (H&WB Team Lead: Peter Varey)  **Healthy Places Webinar Series 2019-20**  Public Health England’s Healthy Places team will be delivering a series of informative and interactive webinars with the purpose of providing public health and spatial planning professionals with a common understanding of the issues around spatial planning, the built and natural environment and how these can impact on health. Please see below for more details.    Reducing Harmful Drinking  **Certificate in the Management of Alcohol Problems in Primary Care**  Please see attached flyer for an overview of the course, contact information and details of how to book.    Mental Health (H&WB Team Lead: Alison Iliff)  **Children and Young People’s Mental Health Improvement – Delivery of Commitments in the Green Paper: Transforming Children’s and Young People’s Mental Health**  A letter (attached below) from the Department for Education (DfE) to allDirectors of Children’s Services and Directors of Public Health provides an update on the implementation of commitments in [*Transforming Children and Young People’s Mental Health Provision: a Green Paper*](https://www.gov.uk/government/consultations/transforming-children-and-young-peoples-mental-health-provision-a-green-paper), and specifically the recruitment of Mental Health Support Teams (MHSTs).  This forms an important component of the overall programme alongside incentivising education settings to train a senior mental health lead and testing shorter waits for specialist [mental health services for children](https://www.england.nhs.uk/mental-health/cyp/) and young people.    **Social Determinants of Mental Health**  Good mental health is integral to human health and well-being. A person’s mental health and many common mental disorders are shaped by various social, economic, and physical environments operating at different stages of life. Risk factors for many common mental disorders are heavily associated with social inequalities, whereby the greater the inequality the higher the inequality in risk.  It is of major importance that action is taken to improve the conditions of everyday life, beginning before birth  and progressing into early childhood, older childhood and adolescence, during family building and working ages, and through to older age. Action throughout these life stages would provide opportunities for both improving population mental health, and for reducing risk of those mental disorders that are associated with social inequalities. Link for report [here.](https://apps.who.int/iris/bitstream/handle/10665/112828/9789241506809_eng.pdf;jsessionid=BEF84B0A272E1C0D984F7C09385D2885?sequence=1)  **PABBS evidence-based suicide bereavement training - NEW DATES AND NEW VENUE RELEASED**  Due to high demand additional dates have been released for PABBS evidence-based suicide bereavement training in **Manchester** on **8th October 2019**. We have received a significant number of requests to deliver PABBS suicide bereavement training in other cities across the UK. In response to this request, we are pleased to announce that we are holding our first PABBS suicide bereavement training in **Cardiff on 1st October, 2019.**    PABBS suicide bereavement training, has been informed by a three-year study conducted at the University of Manchester, funded (£243K) by the National Institute for Health Research (NIHR) Research for Patient Benefit Programme andis first of its kind internationally. For more information about PABBS training, cost and access to testimonials, [click here.](https://suicidebereavementuk.com/pabbs-training) To register, contact Paul Higham directly - 07850 710555, [paul.higham@suicidebereavementuk.com](mailto:paul.higham@suicidebereavementuk.com)  Sexual Health (Yorkshire and Humber Facilitator: Georgina Wilkinson)  **Under-18 conception ward data**  The 2014-16 three year aggregated under-18 conception ward data are now available to Local Authorities from ONS. Local Authorities need to email [vsob@ons.gov.uk](mailto:vsob@ons.gov.uk)  **LGA-PHE briefings**  Following the local elections, it’s a good opportunity to share the LGA teenage pregnancy and RSE briefings with new councillors. There are three briefings available:  [Supporting young parents to reach their full potential](https://www.local.gov.uk/supporting-young-parents-reach-their-full-potential) (LGA-PHE, 2019)  [Good progress but more to do: teenage pregnancy and young parents](https://www.local.gov.uk/good-progress-more-do-teenage-pregnancy-and-young-parents)  (LGA-PHE, 2018)  [Relationships and sex education:](https://www.local.gov.uk/resources-councillors-supporting-relationship-sex-education-rse) contributing to the safeguarding, sexual & reproductive health and wellbeing of children and young people. What role can councillors play?  (RSE Hub, Sex Education Forum, LGA and PHE, 2018). All briefings highlight the reasons for continued local focus and have case studies illustrating good practice.  **Maintaining momentum for statutory RSE**  The proposed statutory guidance on relationships education, RSE and health education was approved by the House of Lords on 24 April. You can read the debate [here.](https://hansard.parliament.uk/lords/2019-04-24/debates/8F9DC3B0-CD59-4FB5-9F00-1554B50ADEDC/RelationshipsEducationRelationshipsAndSexEducationAndHealthEducation(England)Regulations2019) This concludes the parliamentary process and DfE is expected to publish the final guidance in the summer term.  The Sex Education Forum is actively supporting schools and local authorities prepare for statutory status. The following information is from SEF:  *National RSE Day - 27 June 2019*  This annual event begun in Nottingham in 2018, as a way of celebrating good RSE, and will be amplified nationally this year, through partnership with the Sex Education Forum. On 27 June 2019, schools, teachers, young people, families and the wider community are invited to:   * Hold RSE activities in schools / education settings taking inspiration from the RSE day ideas lists * Communicate about your RSE activities through a newsletter, web-site update, local newspaper or other media * Use social media, such as twitter, to share your RSE activities with pride and confidence – follow @RSE\_day and use the hashtags #RSEday and #RSEtogether   [**RSE Teaching Awards 2019**](http://www.sexeducationforum.org.uk/relationships-and-sex-educationteaching-awards) – winners to be announced on RSE Day. Ideas to inspire primary and secondary schools to get involved are free to download. A [**pack for local authorities is also available**](http://www.sexeducationforum.org.uk/sites/default/files/uploads/resources/20190423_RSEDayBooklet_LocalAuthorities.pdf), including case studies describing how RSE Day was celebrated across Nottingham City in 2018.  **RSE Day resources**[**available here**](http://www.sexeducationforum.org.uk/resources/rse-day-27-june-2019).    **HIV Testing in Community Settings 2018 Survey**  PHE is carrying out the third national survey of HIV testing in community settings. We are asking all providers of HIV testing in community settings for information on the HIV tests that they carry out. We will include this information in PHE’s national HIV report, which will be published towards the end of the year.  This collates all nationally available data on HIV testing and uses this to assess the implementation and effectiveness of national [HIV testing guidelines](https://www.nice.org.uk/guidance/ng60/resources/hiv-testing-increasing-uptake-among-people-who-may-have-undiagnosed-hiv-1837567043269) - information from last year’s survey was included in the [2018 report](https://www.gov.uk/government/publications/hiv-testing-in-england). This is the third year this data will be officially collected and is vitally important to demonstrate the value community organisations bring to the HIV testing system. The deadline is 7th June 2019.     **Using audit in commissioning sexual health, reproductive health and HIV services**  On 29th April, PHE published [‘Using audit in commissioning sexual health, reproductive health and HIV services’](https://www.gov.uk/government/publications/audit-and-commissioning-sexual-health-services) guidance for commissioners on how audits can contribute to assuring both the quality of service provision and the continuous quality improvement in sexual health, reproductive health, and HIV (SH,RH&HIV) services.  NHS Health Checks and CVD (H&WB Team Lead: Karen Pearson)  **Option to revise previously published quarterly activity data**  From April 2019, local authorities can revise their previously published data **themselves**.  This replaces previous protocol where local authorities had to email the national team and ask for amendments to be made. Revisions can only be made when the portal for submission of latest quarterly data is opened.  Note that data from previous financial years **cannot** be revised.  ***Upcoming publishing dates for official statistics***  The official statistics for NHS Health Check quarterly data will be published on the following dates:     |  |  |  |  | | --- | --- | --- | --- | | ***Year Quarter*** | ***Portal opens*** | ***Portal closes*** | ***Data published online*** | | *2018-19 Q4* | *01 April 2019* | *10 May 2019* | *13 June 2019 at 9:30am* | | *2019-20 Q1* | *01 July 2019* | *07 August 2019* | *3 September 2019 at 9:30 am* | | *2019-20 Q2* | *01 October 2019* | *05 November 2019* | *3 December 2019 at 9:30 am* | | *2019-20 Q3* | *02 January 2020* | *First week Feb 2020* | *3 March 2020 at 9:30 am* | | *2019-20 Q4* | *01 April 2020* | *First week June 2020* | *7 July 2020 at 9:30 am* |   **Update of the NHS Health Check Competency Framework**  The NHS Health Competency Framework has recently been updated and will be published shortly on the [NHS Health Check website.](https://www.healthcheck.nhs.uk/commissioners-and-providers/training/)The updated document provides guidance to commissioners and providers on the minimum skills and knowledge required to competently, effectively and safely deliver the NHS Health Check programme.  **Print ready patient information leaflets and booklets**  All NHS Health Check patient information leaflets and booklets are now available print ready on the [NHS Health Check website](https://www.healthcheck.nhs.uk/commissioners-and-providers/marketing/leaflets/). They are accessible in PDF so they can be edited and printed in bulk locally.  **Free Blood Pressure Training**  This training, funded by Health Education England Midlands and East, is now available to all pharmacists and pharmacy team members across England. Whilst primarily targeted at community pharmacy teams, the content is also relevant to healthcare providers in other settings.  The training covers:   * blood pressure measurement technique to ensure you can consistently measuring your patient’s blood pressure correctly * lifestyle behaviours that cause high blood pressure and can be adapted to reduce hypertension * health risks of high blood pressure   The webinar lasts about 30 minutes plus an online assessment and opportunity to access related resources. It is compatible with PC, laptop, tablet and mobile devices and accessible at a time convenient to you. All attendees successfully completing the short online multiple-choice assessment can access a certificate which can be used in the future as proof of completion of the training and support CPD and HLP evidence portfolios.  You can access this training by clicking [here](https://pharmacycomplete.org/events/).  Reducing Health Inequalities (H&WB Team Lead: Alison Iliff)  **Updates to the Health Inequalities Dashboard**  The Health Inequalities Dashboard was [updated](https://www.gov.uk/government/statistics/announcements/health-inequalities-dashboard-data-update) on 22nd May. The dashboard presents data on health inequalities within England and includes summary measures of inequality for a number of key health indicators selected from the Public Health Outcomes Framework. This update will include addition of the latest data at England level, and inclusion of inequality data at local authority level for a small number of indicators. Further local authority level data will be added over time.  The Segment Tool was also be [updated](https://www.gov.uk/government/statistics/announcements/segment-tool-2019-data-update) on 22nd May. The tool presents information on the causes of death and age groups that lead to inequalities in life expectancy at a local area level. The tool allows users to view a breakdown of the life expectancy gap within England, each English region, and each local authority, and between each local authority or region and England as a whole. The tool will be updated as a new interactive web tool (using R shiny software), and will include updated 2015-17 data, revision of the methodology used, and inclusion of breakdowns by age group. |
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| Ageing Well (H&WB Team Lead: Alison Iliff) |
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| **Webinar - What works? Age friendly and inclusive volunteering**  The Centre for Ageing Better is holding a webinar during Volunteers’ Week (1-7 June) on ***What Works? Age friendly and inclusive volunteering***. This free interactive webinar, on **Thursday 6th June, 10.30-11.15am**, will be a chance to hear about their recommendations, for you to share your experiences of age-friendly and inclusive volunteering, and to join the conversation. Speakers include Claire Turner, Director of Evidence and Rachel Monaghan, Programme Manager at the Centre for Ageing Better. [Register for the webinar here.](https://zoom.us/webinar/register/WN_oAwkJj_rShqnrV8zP3upww)  **Seminar - Technology Integrated Health Management in Dementia**  The Digital Health Enterprise Zone (DHEZ) Seminar Series showcases innovations in digital health and provides a forum for academics, healthcare professionals and business to learn about approaches to public engagement, multi-disciplinary collaboration and pathways to implementation of digital health solutions.    Professor Helen Rostill is delivering a seminar focused on **Technology Integrated Health Management in Dementia** on **Thursday 6th June, 12-1pm**, at DHEZ Academic / Phoenix SW building, Shearbridge Road, Bradford, BD7 1NX. She will be discussing the [Technology Integration in Health Managment (TIHM) in dementia](https://www.sabp.nhs.uk/tihm) project which she leads at the Surrey & Borders NHS Foundation Trust. [Book onto the event here.](https://www.eventbrite.co.uk/e/technology-integrated-health-management-in-dementia-prof-helen-rostill-tickets-56249095559?aff=erellivmlt)      **University of Bradford - Faculty of the Psychology of Older People (FPOP) DIVERSITY WORKSHOP, Monday 10th June 10-4.30pm**    Services are improving in their provision of equitable services to all. But we know there are still significant gaps. The Equality Act (2010) protects people with ‘protected characteristics’ from discrimination: these are defined as: disability, gender reassignment, marriage and civil partnership, religion or belief, sex and sexual orientation. This workshop will involve reviewing the current literature & research, hearing from people from BAME and LGBT communities, sharing good practice for both equity of access into services and appropriate provision of services in dementia as well as identifying next steps for the workstream.    Speakers include: Professor Jan Oyebode, Sarah Ghani, Shahid Mohamed, Akhlak Rauf, MBE, Dr Sahdia Parveen. Lunch will be provided. [Book onto the event here](https://www.eventbrite.com/e/fpop-diversity-workshop-bradford-tickets-61625789395?aff=utm_source%3Deb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text). |
| Data, Documents, Letters, Reports & General Information  **Job vacancy: Public Health Consultant in Health & Wellbeing**  **Deadline: 11/6/2019**  The Yorkshire & Humber Centre is seeking to appoint a Public Health Consultant in Health and Wellbeing which will provide an exciting opportunity to make a real difference to the lives of people living within Yorkshire & the Humber. Please [click here](https://www.healthjobsuk.com/job/v1752015) for more information.  **Call for bids to test models aimed at improving access to health services for those sleeping rough with substance misuse and mental health problems**  PHE has announced a call for bids from local authority and CCG partnerships for a share of up to £1.9 million for projects that will test models to help improve the health of adults sleeping rough. PHE is aiming to fund approximately 5 projects which will test models that improve access to health services for people with co-occurring mental ill-health and substance misuse problems. Funding comes following the publication of the government’s [Rough Sleeping Strategy](https://www.gov.uk/government/publications/the-rough-sleeping-strategy) which aims to halve the levels of homelessness by 2022. Recent [rough sleeping statistics](https://www.gov.uk/government/statistics/rough-sleeping-in-england-autumn-2018) show that 4,677 people were recorded as sleeping rough on a single night last August, many of who will have significant substance misuse and mental health problems and challenges in accessing health services. The deadline to submit an application is 5 July and successful applicants will be announced later this year. You can find out more about the requirements for the funding and how to apply [here](https://app.box.com/s/n10a5yxin5jtgcll2kbpkplhaeelgb32).    **Musculoskeletal health interactive report for local authorities**  PHE and Versus Arthritis have joined together to produce a [Musculoskeletal Health Bulletin](https://lginform.local.gov.uk/reports/view/sophia-steinberger/musculoskeletal-health-bulletin-6?mod-area=E09000033). The report is  designed to support health and wellbeing boards and their partners in understanding the local needs and service provision for people with musculo-skeletal (MSK) conditions. The report presents a collation of existing indicators available on LG Inform relevant to MSK health.  This includes modelled prevalence estimates for osteoarthritis, back pain, and rheumatoid arthritis from the Versus Arthritis Musculoskeletal Calculator and key risk factor indicators from PHE, Sport England, Ministry of Housing, Communities and Local Government, and NHS Digital.  It allows comparisons between local authority areas and similar areas.    **Winston Churchill Memorial Trust**  **A Churchill Fellowship** is a once-in-a-lifetime opportunity to expand your professional and personal horizons by researching an issue that you care about, with the global leaders in that subject, anywhere in the world.  Winston Churchill Memorial Trust will fund you to spend up to two months overseas, meeting experts, visiting projects and learning new ideas. And when you return, trust will help you to use what you’ve learnt to make change happen in your sector or community.  Trust fund UK citizens from all parts of society to research a practical topic overseas that can make a real difference to their community or profession when they come home. Winston Churchill Memorial Trust award 150 of these Fellowships each year and selection is made on the potential of the applicant and the strength of their idea.  Some of the award categories are:  **Emergency response**  Environment, conservation and sustainable living  **Healthcare: innovations for the twenty-first century**  Palliative and end of life care  **Physical activity: making moves for healthy lives**  Rural living: strengthening countryside communities  **Science, technology and engineering**  Suicide: prevention, intervention and postvention  **Open category**  Education  Applications open in 2019 from 16 May to 17 September at 5pm. This is for travels in 2020 and beyond. [Click here](https://www.wcmt.org.uk/apply/why-apply) for more details.    **Regional Learning Coordinator - Request for Expressions of Interest**  NHS England/NHS Improvement and their Clinical Commissioning Group (CCG) partners are seeking expressions of interest for Regional Learning Coordinator associates in each NHS region (London, South East, South West, North East and Yorkshire, North West, East, and Midlands). These associate roles will facilitate learning opportunities for social prescribing link workers at both a regional level and Integrated Care System (ICS)/ Sustainability and Transformation Partnership (STP) level.  Please see attached for more information. |
| Upcoming Meetings and Seminars |
| **Y&H AMR/HCAI Symposium Registration**  Registration is now open for the Yorkshire and the Humber AMR/HCAI Symposium – ‘Sharing ideas and innovation on reducing antimicrobial resistance and gram negative infections’, being held on 18th June in York.    The morning session will focus on sharing best practice; this is an opportunity to showcase your work to tackle AMR, for example through work to reduce inappropriate prescribing or gram-negative infections.  Afternoon workshops include sessions on behaviour change, and reducing gram negative infections, with a focus on practical application.    This free event is aimed at partners across the heath system including those working in local authorities, CCGS and acute trusts. Lunch and refreshments are provided. Please [click here](https://www.eventbrite.co.uk/e/amrhcai-symposium-sharing-ideas-and-innovation-on-reducing-antimicrobial-resistance-and-gram-tickets-60189001925) to register.    **The Alcohol Change UK Conference 2019: New insights into alcohol research, policy and practice**  **Wednesday 19th June 2019, 10:00 - 17:00, followed by alcohol-free Drinks Reception**  **Rooms on Regent's Park, RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG**  The conference will be focusing on the many factors that impact on alcohol harm including public health, pricing, marketing, treatment, and drinking behaviours and cultures. It provides a unique opportunity for researchers, policy-makers, health professionals, charities, services and treatment delivery organisations, and those affected by their own of someone else's drinking to come together to share ideas, develop networks and explore the latest policies and innovations in the field today.  Pricing and booking information [Book now](https://www.eventbrite.co.uk/e/alcohol-change-uk-conference-2019-new-insights-into-alcohol-research-policy-and-practice-tickets-55761580388)  **Musculoskeletal Health- A Life Course Approach: Five Year Forward Prevention Plan Webinar launch 20th June 2019**  The PHE MSK Health and Wellbeing team and our partners Versus Arthritis and NHS England invite you to join us for the launch of our ambitious plans to improve the musculoskeletal health and wellbeing of the population.  Webinar Details :  Date: 20th June 2019  Time: 11.00 am – 12.00    Following the launch of the PHE MSK Health programme in April 2018, PHE, and Versus Arthritis teams have been working with key collaborators and partners to produce a system wide prevention plan for MSK health.  We would like to take this opportunity to thank all our partners and stakeholders for their continued support and commitment to the programme vision ‘*to Help maintain and improve the* ***musculoskeletal health of the population in England*** *(across the life-course), supporting people to live with good lifelong MSK health and freedom from pain and disability (i.e.* ***prevention****)’.* |
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