

HOW'S THI TICKER?

Barnsley's Workplace Health Checks



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How's Thi Ticker Workplace Health Checks are a targeted public health intervention in Barnsley delivering workplace-based screening to identify heart health issues early. It is funded by South Yorkshire ICB but run as a Barnsley Council service. The check includes blood pressure, Body Mass Index (BMI), Cholesterol, Q-RISK and wellbeing advice. The service provides free, on-site health checks for employees, with signposting to appropriate support where needed.



Key Impacts

Since October 2024....

3,300+ health checks completed

130+ businesses attended

30% signposted to pharmacy or GP

Large majority of checks in manufacturing, wholesale, distribution and construction

Health Inequalities

Reaches underserved groups: Workplace delivery engages people less likely to attend GP appointments, including shift workers and manual workforce

Reduces health inequalities: Targets groups at higher risk of poor cardiovascular outcomes

Early awareness: Raises understanding of heart health and risk factors at scale

Approachable delivery: Friendly, non-medical setting encourages engagement

Clear messaging: Health information shared in simple, jargon-free language

Supports action: Encourages individuals to take steps to improve their health



100% of businesses surveyed have rated the service as 'Excellent'