**Continuing Professional Development (CPD) Log Template**

**Guide to completing your CPD log**

**The CPD requirements for practitioners are the following:**

* To complete a minimum requirement of 15 hours of relevant CPD per year, and 75 hours over a 5-year cycle;
* Of the minimum 75 hours, at least 25 hours (1/3rd of the minimum required CPD) will relate to the UKPHR four areas of practice (Professional & Ethical Practice, Technical, Context and Delivery). The new UKPHR Public Health Practitioner standards, under consultation, are available to view on the Yorkshire and Humber Public Health Practitioner Programme webpages:

https://www.yhphnetwork.co.uk/links-and-resources/public-health-practitioner-development-programme/

* Half should also relate to the individual’s PDP;
* The remainder of the CPD hours can be self-selected allowing personal choice and development and linked to appraisals and personal development plans (PDP), peer support arrangements or other ways of progressing work-focussed performance objectives;
* A short reflective note (of a maximum of 150 words) must accompany all CPD entries, including those which registrants self-certify.
* For further information on CPD for practitioners, please refer to our updated policy and guidance on CPD at <https://ukphr.org/maintaining-your-cpd-as-a-practitioner/>

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| **Dates** | **CPD Activity** | **Where did this activity take place?** | **Evidence of completion (course papers, curriculum, certificate or CPD accreditation)** | **Reflective Comment** | **Does it relate to the UKPHR four areas of practice? (*Please tick)*** | **Number of hours** |
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