



FACULTY OF  
PUBLIC HEALTH

# The Public Health Practitioners Accredited programme

PROGRAMME HANDBOOK 2020/21

## 1. Programme details

The Faculty of Public Health, in partnership with regional UKPHR practitioner schemes, has developed a series of workshops to support public health practitioners and related personnel who wish to develop their professional competence and expertise.

This programme will provide six half day workshops to support public health personnel who are:

- Engaging with a programme of accredited CPD to further their knowledge and skills;
- Seeking to develop their knowledge and understanding about public health for example, those who have recently moved into public health from another discipline/area of work;
- Considering UKPHR practitioner registration<sup>1</sup> in the next few years; and
- Currently working on their portfolio for UKPHR practitioner registration.

The workshops will support attendees in the acquisition and application of knowledge and understanding required by the UK public health practitioner standards 2018 (2nd edition). These standards have been mapped to the Public Health Skills and Knowledge Framework<sup>2</sup> (PHSKF) and are suitable for people working in all sectors and for commissioning or provider roles. We recognise that people in public health careers have often come from a range of other professions and the workshops are designed to provide the theoretical knowledge to underpin good public health practice<sup>3</sup>.

The FPH accredited Practitioner Programme aims to create an environment in which practitioners can learn, or update learning, in the areas of competence described in the UKPHR practitioner standards, the theoretical and technical disciplines that underpin public health practice. It will also:

- provide linked learning to professional frameworks such as the UKPHR standards and PHSKF;
- provide training which practitioners can be confident is at the right level to demonstrate their competence for professional registration (i.e.: Level 6<sup>3</sup> of the national qualifications framework/degree level);
- enable practitioners to apply knowledge acquired during the learning process, and to reflect on the application of the knowledge, to their practice; and
- provide training that will generate suitable evidence for inclusion in the practitioner portfolio for registration and provides 5 CPD credits<sup>4</sup> per workshop.

There is a maximum of 25 learners per session so that attendees have the opportunity to participate in the interactive discussion sessions. To ensure people can access relevant aspects of the learning, the programme is modularised, and candidates can attend one or all of the sessions. Those completing at least four workshops will qualify to participate in an assessment of their learning to gain a Skills for Justice certificate of accredited training, provided by the Faculty of Public Health.

---

<sup>1</sup> <https://www.ukphr.org/i-want-to-apply-for-registration/practitioner/>

<sup>2</sup> <https://www.gov.uk/government/publications/public-health-skills-and-knowledge-framework-phskf>

<sup>3</sup> <https://professionalstandards.org.uk/>

<sup>4</sup> <https://www.fph.org.uk/professional-development/cpd/what-is-the-cpd-scheme/>

At this level of study, learners will be expected to do both pre and post-session reading to maximise the learning from the workshops. It is expected that for each workshop a further four hours is spent on the additional reading suggested by the facilitators during the workshop.

## 2. Workshop details

<b>Workshop 1: Introduction to public health; the context and climate of practice</b>	
<b>Indicative content</b> <ul style="list-style-type: none"> <li>• A brief history of public health and the main organisations in the UK</li> <li>• The public health function: three domains of practice</li> <li>• Individual vs population health</li> <li>• How risks to health and wellbeing are identified, prevented or controlled</li> <li>• The wider determinants of health and an introduction to health inequality</li> <li>• The policy and strategy context</li> </ul>	
<b>Learning outcomes</b> <ul style="list-style-type: none"> <li>• Understand the organisation of public health functions and the key organisations in the UK</li> <li>• Understand the main policies and strategies relevant to public health</li> <li>• Recognise the opportunities for influencing policy and strategy</li> <li>• Recognise the main risks to health and know how these are identified, prevented and controlled</li> <li>• Be able to confidently discuss inequalities in health and the wider determinants of health</li> </ul>	
<b>UKPHR Standards</b>	<b>PHSKF functions</b>
4.1, 4.2, 5.1, 5.2, 5.3	A2.2, A2.3, A2.4, A3.1, A3.5, B1.1, B1.3, B1.5
<b>Workshop 2: Professional skills for public health; ethical practice and communication</b>	
<b>Indicative content</b> <ul style="list-style-type: none"> <li>• Skills for the public sector; legal and practice requirements</li> <li>• Ethical practice and the challenges we face when allocating resources</li> <li>• Developing your own practice and supporting the development of others</li> <li>• Communication for public health and the barriers to effective communication</li> <li>• The media</li> </ul>	
<b>Learning outcomes</b> <ul style="list-style-type: none"> <li>• Understand the basic professional skills required for good public health practice</li> <li>• Identify ethical challenges and how these are overcome</li> <li>• Develop skills to support the practice of others</li> <li>• Know the importance of and key requirements for good communication</li> <li>• Understand the contribution of the media and how to maximise its benefits</li> </ul>	
<b>UKPHR Standards</b>	<b>PHSKF functions</b>
1.1, 1.2, 1.5, 1.6, 1.7, 1.8, 8.1, 8.2, 8.3	Work within ethical and professional boundaries <i>i-v</i> , C1.1, C2.1, C2.2, C2.5, C4.6

### Workshop 3: Introduction to epidemiology: using information for health

#### Indicative content

- An introduction to epidemiology
- An overview of surveillance for communicable and non-communicable diseases
- Identifying and monitoring health inequalities
- Types, sources and levels of data
- Analysing and interpreting data using qualitative and quantitative methods
- Presenting public health data to different audiences

#### Learning outcomes

- Be confident in understanding and using the key epidemiological terms
- Understand surveillance methods for both communicable and non-communicable diseases
- Understand how health inequalities are identified and monitored
- Understand the different types, sources and levels of data
- Be able to discuss the differences and uses of qualitative and quantitative data
- Know how to present data to different audiences

#### UKPHR Standards

2.1, 2.2, 2.3, 2.4, 2.5, 2.6

#### PHSKF functions

A1.1, A1.2, A1.4

### Workshop 4: Using evidence to improve public health practice

#### Indicative content

- Evidence sources and the hierarchy of evidence
- Wider public health, understanding and using evidence from non-health partners
- An introduction to research skills
- Using evidence-based practice to plan and deliver public health outcomes
- An introduction to health economics and the effective use of resources
- CASP critical appraisal skills
- Publishing your work

#### Learning outcomes

- Understand the difference between types of evidence and the evidence hierarchy
- Recognise the value of different types of evidence (including from non-health partners)
- Understand the concept and application of evidence-based practice
- Research skills
- Recognise and use frameworks to ensure the effective use of resources
- Use critical appraisal frameworks

#### UKPHR Standards

3.1, 3.2

#### PHSKF functions

A4.1, A4.4, A4.5

### Workshop 5: Designing, delivering and evaluating public health interventions

#### Indicative content

- Project and programme management skills for public health
- Understanding and involving stakeholders - including the target audience
- Programme risk, economic and political climates
- Quality assurance and reporting methods

<ul style="list-style-type: none"> <li>• Evaluation of public health projects and programmes</li> </ul>	
<b>Learning outcomes</b> <ul style="list-style-type: none"> <li>• Learn and apply a recognised project or programme management framework to deliver public health outcomes</li> <li>• Understand the stakeholders and how to engage effectively with them</li> <li>• Recognise programme risks and know how to use a risk matrix</li> <li>• Understand the importance of evaluation</li> <li>• Be able to evaluate effectively</li> </ul>	
<b>UKPHR Standards</b>	<b>PHSKF functions</b>
7.1, 7.2, 7.3, 7.4, 7.5, 7.6, 7.7	A2.5, A4.6, A5.5, A5.3, B3.3, C2.3, C3.1, C3.2, C3.3, C3.4, C3.5
<b>Workshop 6: Working collaboratively to deliver the public health function in a changing political and economic climate</b>	
<b>Indicative content</b> <ul style="list-style-type: none"> <li>• How organisations, teams and individuals work together - the collaborative advantage</li> <li>• Working in a team, an introduction to team theory</li> <li>• Understanding the local environment, stakeholder analysis, powerbases and politics</li> <li>• Working in a complex partnership environment</li> <li>• Developing your leadership skills and overseeing multi - disciplinary projects</li> </ul>	
<b>Learning outcomes</b> <ul style="list-style-type: none"> <li>• Understand the basic concepts and terms used in partnership working, leadership, management and team theory</li> <li>• Recognise the opportunities and challenges of working collaboratively</li> <li>• Understand your local environment, influencing and advocacy for public health</li> <li>• Evaluate your own professional impact and identify areas for development</li> </ul>	
<b>UKPHR Standards</b>	<b>PHSKF functions</b>
6.1, 6.2, 6.3	B1.5, B1.3, B2.1, B2.2, B2.3, B2.4, C1.1, C1.2

### 3. Quality Assurance (QA)

The Faculty of Public Health Education Committee is responsible for developing, maintaining and monitoring educational standards, including curriculum development and review, and the standards of programme delivery and assessment (including the MFPH examination).

These sessions have been designed and developed by a team of collaborators including senior consultants in public health from local authority settings and lecturers from selected universities. They were reviewed in 2019 to better align with the revised UPKHR standards. A rigorous process of piloting and evaluation has been undertaken to ensure each session meets the requirements of both learners and employers.

The evaluation process is ongoing and it is usually conducted by an online survey, which informs FPH of any adjustments which will be required for the programme, given the changing nature of the public health workforce and tasks. When changes to the programme are made, we evaluate the changes for a minimum of one year.

The optional Skills for Justice assessment is subject to strict IQA processes and overseen by the Faculty IQA Lead, Dr Irfan Ghani. More information on the process can be found in the Skills for Justice (SfJ) accreditation assessment handbook, available on request from [educ@fph.org.uk](mailto:educ@fph.org.uk).

## 4. Assessment

All attendees participate in aspects of assessment, specifically base line (self-assessment of existing knowledge) and formative (post-session self-assessment of knowledge gained) and will receive an FPH certificate of attendance.

Summative written assessment is an optional aspect of the programme and is for practitioners who would like to gain the Skills for Justice accredited certification of their study. For practitioners working towards UKPHR registration, this contributes to portfolio requirements for demonstration of knowledge of the key public health principles, terminology and skills.

## 5. Assessment task

For four of the UKPHR standards, please write a short report that demonstrates your knowledge and understanding of the theoretical knowledge for that standard in relation to your role. You will need to describe the theory, show understanding and illustrate how it relates to your area of public health practice.

- Each account should be between 400 – 600 words.
- An additional section reflecting on your learning should also be provided, demonstrating your skills in reflective writing (max word count 200).
- The total word count for submissions should be no more than 2,600.

Please contact the FPH for the full assessment guidance. Should you opt to submit work, you will be provided with the Skills for Justice accreditation assessment handbook: [educ@fph.org](mailto:educ@fph.org).

## Appendix A; UKPHR Practitioners Standards 2018 (2<sup>nd</sup> Edition)

<b>① Practicing professionally, ethically and legally</b>	
1.1	Comply with statutory legislation and practice requirements in your area of work.
1.2	Use an ethical approach in your area of work, identifying ethical dilemmas or issues arising and how you address them.
1.3	Act in ways that promote equality and diversity.
1.4	Act in ways that value people as individuals.
1.5	Act in ways that recognise people's expressed beliefs and preferences.
1.6	Act within the limits of your competence, seeking advice when needed.
1.7	Continually develop own practice by reflecting on your behaviour and role, identifying where you could make improvements.
1.8	Contribute to the development and improvement of others' public health practice.
<b>② Using public health information to influence population health and wellbeing</b>	
2.1	Identify data and information requirements to deliver the public health function demonstrating use of epidemiological terms and concepts.
2.2	Manage data and information in compliance with policy and protocol, demonstrating awareness of data confidentiality and disclosure.
2.3	Obtain, verify and organise data and information, showing awareness of potential data anomalies.
2.4	Demonstrate how health inequalities are identified and monitored.
2.5	Interpret and present information using appropriate analytical methods for quantitative data.
2.6	Interpret and present information using appropriate analytical methods for qualitative data.
<b>③ Assessing the evidence for public health interventions and services</b>	
3.1	Access and appraise appropriate evidence of effectiveness for public health interventions or services.
3.2	Apply evidence to plan delivery of effective public health interventions or services.
<b>④ Protecting the public from health risks while addressing differences in risk exposure and outcome</b>	
4.1	Demonstrate how risks to health and wellbeing are identified, prevented or controlled.

4.2	Demonstrate how individual and population health differ and describe the possible tensions which may arise when promoting health and wellbeing.
<b>⑤ Designing, delivering and evaluating public health interventions</b>	
5.1	Support the implementation of policies or strategies to improve health and wellbeing and reduce health inequalities.
5.2	Demonstrate how your work is influenced by an understanding of the impact of the wider determinants of health.
5.3	Critically reflect on and make suggestions for how public health policies or strategies could be improved.
<b>⑥ Collaborating across organisations and boundaries to deliver the public health function</b>	
6.1	Show how organisations, teams and individuals work in partnership to deliver the public health function.
6.2	Demonstrate how you work collaboratively with other organisations to improve public health.
6.3	Reflect on your personal impact on relationships with people from other teams or organisations when working collaboratively.
<b>⑦ Planning, implementing and evaluating public health programmes and projects</b>	
7.1	Describe how you have planned a public health intervention to improve health and wellbeing, demonstrating terms and concepts used to promote health and wellbeing.
7.2	Demonstrate how the culture and experience of the target population may impact on their perceptions and expectations of health and wellbeing.
7.3	Show how the target population were involved in intervention planning or delivery and have been supported to make informed decisions about improving their health and wellbeing.
7.4	Evaluate a public health intervention, reporting on its effect and making suggestions for improvement.
7.5	Demonstrate project management skills in planning or implementing a public health intervention.
7.6	Demonstrate how quality assurance principles or policies are applied when planning or implementing a public health intervention.
7.7	Demonstrate how risk management principles or policies are applied when planning or implementing a public health intervention.
<b>⑧ Communicating with others to improve health outcomes and reduce health inequalities</b>	



8.1	Communicate public health information clearly to a variety of audiences.
8.2	Communicate the health concerns and interests of local people to influence service provision.
8.3	Demonstrate awareness of the effect the media can have on public perception of health and wellbeing.