



Aben Ripley

they/ them pronouns

**Sexual Health Coordinator for
Community Engagement**

LGBT
foundation

We are LGBT Foundation

Our Vision:

We believe in a fair and equal society where all lesbian, gay, bisexual and trans people can achieve their full potential

Our Mission:

Here If You Need Us

Our Work:



Achieving
Equality



Encouraging
Wellbeing



Promoting
Safety



Our Community Centre is at the heart of Manchester's LGBT community - helping us to serve 40,000 people every year, 98% of which were satisfied with our services

Our helpline - which started in a back bedroom in 1975 - has grown to support over 2,300 people each year who have nowhere else to turn



We've been helping people have safer and happier sex for 25 years with our condom and lube distribution scheme, distributing over 90,000 packs annually

For every £2 invested in our sexual and mental health services we generate an in-year fiscal saving of £11, demonstrating the value and quality of our community based services



2,100,000 patients are now registered at Pride in Practice registered GP practices. 100% of health professionals we've trained can evidence changes to their practice

Our online information, evidence and advice reaches 600,000 people per year with quality information about LGBT issues through our website and social media channels



Founded in 2011, our Village Angel in Manchester have helped almost 100,000 people have a safer and more inclusive night out

LGBT
foundation

Securing a safe, healthy and equal future for all LGBT people.



Achieving Equality

Community Leaders Programme
Pride in Practice
LGBT Cancer Programme
Training and Consultancy
Research, Policy and Campaigns
Guides and Resources
Online Events Directory



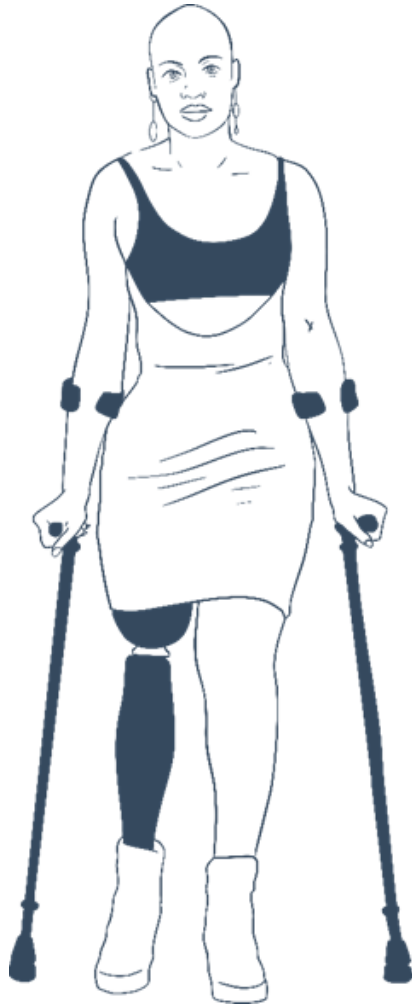
Encouraging Wellbeing

Befriending & Social Support
Women's, Men's and Trans Programmes
Substance Misuse Programme
Talking Therapies
One-to-One, Email and Helpline Support
Social and Support Groups
Trans Advocacy Service



Promoting Safety

Village Angels and Village Haven
Safer Sex Advice and Sexual Health Testing
Free Condoms & Lube
Domestic Abuse Support
Hate Crime Reporting and Support
Legal and Police Advice Surgeries



This is Samia.
Samia has told you she's a lesbian.

What do we know about Samia's sex life?

IDENTITY vs. BEHAVIOUR

- Sexual behaviour ≠ Sexual orientation
- 40% of heterosexual women said they were not having sex exclusively with men (*A Question of Sex*)
- We don't know what parts somebody has, or what they're doing with their bodies, unless they tell us





**stop calling it foreplay
start calling it sex**

@thesexpottherapist

**ANAL SEX
DOESN'T
MEAN
ANAL
PENETRATION**

VULVATIONAL

proper



enjoyable

MISINFORMATION IN ACTION

- Underestimating risk might reduce engagement with necessary healthcare
- Individuals may be less likely to engage with information and services because of fear of stigma or embarrassment
- Overestimating risk might cause health anxiety

ASSUMPTIONS IN HEALTHCARE

- Health professionals frequently make assumptions too

“Only due to being a nurse... very little info, in comparison to the largely broadcasted straight sexual health”

Woman, 18-24, pansexual,

has sex with all genders, gender identity same as assigned at birth

ARE YOU ASKING THE RIGHT QUESTION?

"Do you have a boyfriend?"

"Is there a possibility you could get pregnant?"

How to ask?

<ul style="list-style-type: none">• How do you describe your sexual orientation?• Which of the following best describes how you think of yourself..?• Is your gender the same as assigned at birth?• Would you describe yourself as intersex?	<p>So that we can respect their identity and monitor demographics.</p> <p>(Sexuality, gender identity, trans and intersex status can't all be captured in one question!)</p>
<ul style="list-style-type: none">• Who do you have sex with?	<p>So that we know how to describe their partners</p>
<ul style="list-style-type: none">• What types of sex do you have?	<p>To understand their activity so we can accurately assess risk and provide the correct service</p>
<ul style="list-style-type: none">• If you have a vagina or a front hole, you'll use a swab. If you have a penis, you'll take a urine sample. Which kit suits you best?	<p>To understand their body parts so that we can accurately assess risk and provide the correct service</p>

HERE IF YOU NEED US

one to one support, advice and signposting
community groups, events and guidance



SEX GUIDES
VAGINAL SEX

LGBT
foundation

#SEXWITHOUTSHAME

SEX GUIDES
ANAL SEX

LGBT
foundation

#SEXWITHOUTSHAME

SEX GUIDES
ORAL SEX

LGBT
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WE'RE HERE IF YOU NEED US

lgbt.foundation

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STAY IN TOUCH



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lgbt.foundation/sexualhealth/advicereferral

