

Older LGBT+ Adults Services

The logo for Yorkshire MESMAC is a purple square with a white border. Inside the square, the words "Yorkshire" and "MESMAC" are written in white, stacked vertically.

Yorkshire
MESMAC

Ryan Walsh and Keith Hargreaves

Older LGBT+ Adults Project –
Bradford Day Opportunities
funded.

SAGE Project – Time to
Shine and Yorkshire
MESMAC funded.

Key Project Themes & Responsibilities

- Peer Support
- Independence
- Intersectionality
- Challenging health inequalities
- Overcoming barriers to accessing digital technology
- Mental health
- Partnership working
- Living a happy and healthy lifestyle
- HIV Prevention
- Training for professionals

- Social Isolation and Loneliness exasperated.
- Group services gone digital some more successfully than others.
- Peer support limited.
- “I’m 84 and I can’t wait to get back to my gay support group”
- “the coronavirus came into effect and it felt like the safe space I had curated in recent years had completely fallen apart”
- “It’s one of the few places I’ve truly been able to be my authentic self.”

Any questions?

Yorkshire
MESMAC

www.mesmac.co.uk

0113 2444 209

01274 395815

